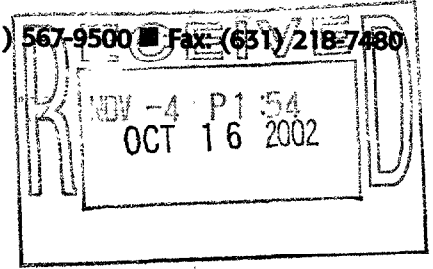




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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

October 14, 2002

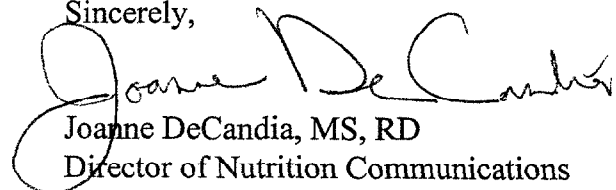
Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Kava Kava supplements under the Spring Valley label:

- Helps you relax naturally.
- Kava Kava helps promote a calm and relaxed feeling.
- Our Kava Kava is standardized to contain 30% Kavalactones which means that you are guaranteed consistent quality to soothe everyday, occasional anxiety and promote a general feeling of well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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