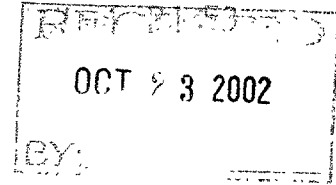


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

October 9, 2002

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements


Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of L-Carnosine 500mg dietary supplement. Source Naturals® is the manufacturer of L-Carnosine 500mg.

Statements being made in the labeling of L-Carnosine 500mg:

- (1) L-Carnosine is a dipeptide composed of the amino acids *beta*-alanine and L-histidine.
- (2) It occurs naturally in muscle, brain and other tissues in high concentrations
- (3) In *in vitro* studies, L-carnosine reduced glycation, a process in which DNA and protein are damaged by glucose.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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