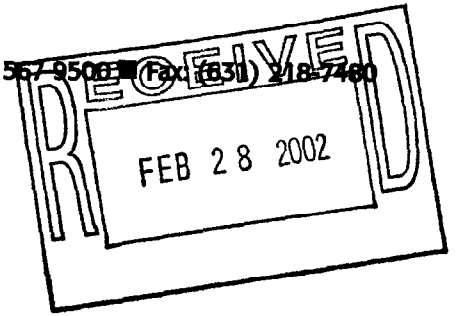




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

February 11, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our L-Carnosine supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, and Vitamin World:

- Carnosine, one of the most abundant water-soluble nitrogen compounds found in muscle, is a powerful antioxidant that helps neutralize cell-damaging free radicals.
- Studies have shown that oxidative stress caused by free radicals may contribute to aging.
- Carnosine is also involved in the chelation of some heavy metals and may play a role in eye health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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