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February 11, 2002.

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Time Release Ultra Vita Man™ and Ultra Man™ supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Potassium, Choline, Inositol, PABA, L-Cysteine, Silica, Citrus Bioflavonoids, Super Oxide Dismutase, Pycnogenol, Yohimbe Bark extract, Korean Ginseng Root, Oat Straw, Damiana Leaf, Muira Puama Bark, Nettle Leaf, Oyster extract, Saw Palmetto Berry, Prostate Glandular, Pumpkin Seed, Golden Seal Root, Pygeum Bark, Cayenne Pepper Fruit, Alfalfa Leaf, Garlic Bulb, Lecithin, Oat Bran, Parsley Leaf, Sarsaparilla Root, Spirulina Algae, and Watercress Herb.

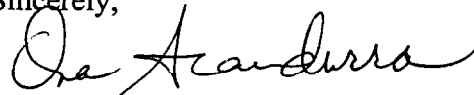
- Provides the nutritional support men need to help live life to the max.
- Contains herbs like Saw Palmetto for prostate health and Ginseng for physical performance plus Yohimbe, an herb that is perfect for those long romantic nights of passion.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink that reads "Ona Scandurra". The signature is written in a cursive style with a large initial "O".

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk