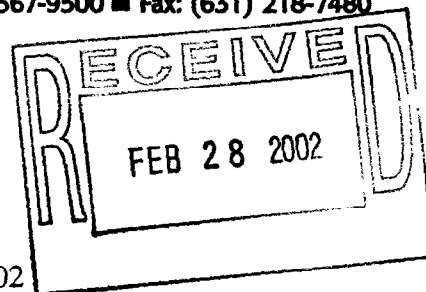




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



February 6, 2002

Office of Special Nutritionals
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Alpha Lipoic Acid supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Your system generates cell-damaging free radicals – natural by-products of the body's daily metabolism.
- Antioxidants play a role in protecting the body from the destructive nature of free radicals.
- Alpha Lipoic Acid acts as an antioxidant to help neutralize cell-damaging free radicals in both the water-soluble and fat-soluble compartments in the cell.
- Alpha Lipoic Acid also helps metabolize sugar in the body, especially in muscles, where it promotes energy.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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