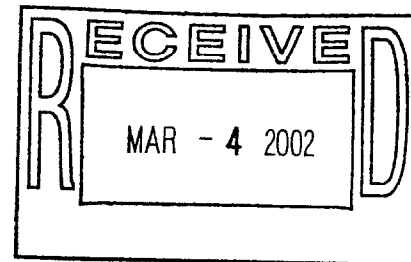




We Make Quality Affordable

February 4, 2001

Office of Special Nutritionals (HF-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, DC 20204



Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Carnosine, 500 mg, an antioxidant supplement.

Statements being made in the labeling of Carnosine, 500mg

- (1) Carnosine is a naturally occurring dipeptide consisting of  $\beta$ -alanine and histidine. It is found in high concentrations in long-lived cells such as neurons and myocytes (muscle cells) and levels decline with age. Carnosine exhibits antioxidant properties and protects structural proteins from detrimental age-related modifications. In the diet, carnosine can be obtained only from animal tissues. Therefore, carnosine supplementation may be important for vegetarians.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
Director, Quality Assurance  
NOW Foods  
395 S. Glen Ellyn Rd.  
Bloomington, IL 60108

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