

Utah State UNIVERSITY

DEPARTMENT OF HEALTH,
PHYSICAL EDUCATION and RECREATION
College of Education
7000 Old Main Hill
Logan, UT 84322-7000

11/31 10:10 AM

November 10, 2002


Mr. Tommy Thompson
Dept. of Health and Human Services
200 Independence Ave. S.W.
Washington D.C. 20201

Dear Mr. Thompson:

I am writing you concerning the bill that requires trans fat to be printed on food labels. I am pleased to see that the FDA is requiring that labels disclose how much trans fat a serving of food contains. I am however, concerned that the FDA is not requiring labels to show how much of a day's worth that is. With obesity and diabetes at an all time high in our country, it is indisputable that consumers are uneducated about the products that they are consuming. Currently, consumers have to look on labels for words such as 'hydrogenated' or 'hardened' to determine if trans fatty acids are present in the product. As a student majoring in community health and an employee of Intermountain Health Care, I am concerned about the health of our country. I am pleading to you to include the recommended daily intake of trans fat on ALL labels. I believe it is a big step toward lowering cholesterol and additional health risks in our country's citizens.

Mr. Thompson, I appreciate your time and efforts and I know that my voice will be heard. Thank you once again for your understanding and leadership.

Sincerely,



Ande Uriguen-Ferguson

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