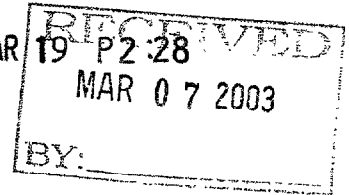




We Make Quality Affordable

February 21, 2003

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Office of Nutritional Products, Labeling, and Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Vegetarian Glucosamine and MSM, a dietary supplement.

Statements being made in the labeling of Vegetarian Glucosamine and MSM, 500 mg VCaps

(1) Glucosamine is an essential substrate for the formation of glycosaminoglycans (GAGs) and proteoglycans, which are the main components of cartilage tissue. GAGs and proteoglycans trap and hold water, forming a dense fluid cushion within the joint and thus, provide lubrication and shock absorption. MSM (methylsulfonylmethane) is a natural source of organic sulfur, a mineral necessary for the production of proteoglycans. NOW's unique and synergistic formula is suitable for vegetarians, because it contains only Glucosamine from vegetarian sources and not from shellfish.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
Director, Quality Assurance  
NOW Foods  
395 S. Glen Ellyn Rd.  
Bloomington, IL 60108

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