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NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA  
AND 21 CFR §101.93.

RECEIVED  
MAR 28 2002

This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label and labeling the statements appear is Best Alpha Lipoic Acid.

The text of each statement for which notification is now being given is as follows:

Statement 1: Supports the body's defenses against free radicals.

Statement 2: Recycles antioxidant nutrients such as vitamin C and Vitamin E.

Statement 3: Helps maintain a healthy blood sugar level when used as part of the diet.

The following summary identifies the dietary ingredient for which a statement has been made.

<u>Statement Number</u>	<u>Identity of the Dietary Ingredient that is the Subject of the Statement</u>
1	alpha lipoic acid
2	alpha lipoic acid
3	alpha lipoic acid

The following identifies the brand name of the supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label/Labeling</u>
1	Doctor's Best	label/labeling
2	Doctor's Best	label/labeling
3	Doctor's Best	label/labeling

I, KEN HALVORSRUD, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 3-5, 2001 By: 