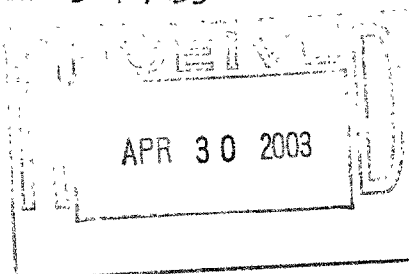




Quality Health From God's Pharmacy

03 MAY -5 P1:55

April 2, 2003



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

Re: Structure/Function Label Claim

This letter is to notify the Food and Drug Administration that within the past 30 days our company has begun to market **A & R Tea Dietary Supplement**, with the following statement(s) of nutritional support included on the label and in labeling for the product:

A & R Relief Tea's traditional combination of herbs helps support healthy cartilage and joint function.* It also provides relief for minor muscle aches and pains after exercising.* Supports cartilage & joint function.*

The dietary ingredients of the product that are the subject of the above statement are **Birch leaf, juniper berries, horsetail herb, bilberry leaf, burdock root, uva ursi leaf, black currant leaf, linden flower, nettle leaf, sage leaf, calendula flower, knotgrass herb, wild plum bark, yarrow herb, high mallow flower, mullein leaf, poppy flower, sunflower petal.**

It is hereby certified that the information in this notification is complete and accurate, and that our company has substantiation that the above statement(s) is truthful and not misleading.

Very truly yours,

Flora, Inc.

Janet Sperry
Compliance Coordinator
Labels & Packaging

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Flora, Inc.

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