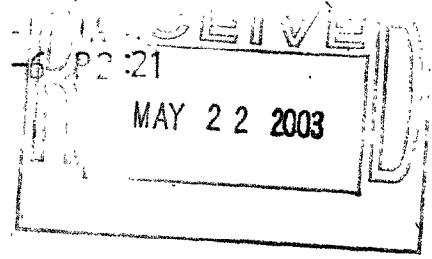


# NATURE'S HEALTH CORPORATION

 LIFE RISING FORMULAS

2836 '03 JUN -6 12:21



April 30, 2003

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, S.W.  
Washington, DC 20204

**Re: Fulfillment of Reporting Obligation  
Under 21 U.S.C. & 343 and 21 C.F.R. §101.93**

Dear Dr. Yetley:

Nature's Health Corporation, in accordance with 21 U.S.C. & 343 and 21 C.F.R. §101.93, hereby submits an original and two copies of its notification of its product marketing with the structure-function statements presented herein. Nature's Health Corporation retains documents supporting the statements.

The enclosed structure-function statement submission is for the following product:

HawHeart (Hawthorn Chews)

In accordance with 21 U.S.C. & 343 and 21 C.F.R. §101.93, each of the enclosed statements will be followed by an asterisk that will cross-reference to another asterisk on the very same panel or page next to which the enclosed statements will appear in the box in bold face type: **"These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent and disease."**

Respectfully Submitted,

Nature's Health Corporation

Qi Zhang

Production Director

975 0162

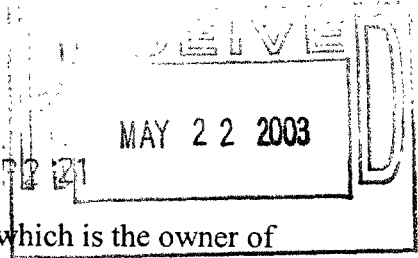
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NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 C.F.R. §101.93

2837 '03 JUN -5 7P 121



This notification is being filed on behalf of Nature's Health Corporation, which is the owner of the product that bears the statement identified in this notification. Its business address is 2131 South Archer Avenue, Suite A, Chicago, IL 60616. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. This dietary supplement product on whose label or labeling the statements appear is - **HawHeart (Hawthorn Chews)**

The text of the structure-function statements for which notification is now being given is:

Statement 1: "Promotes Health Circulatory Support"

Statement 2: "Helps Maintain Cholesterol Levels Already within the Normal Range"

Statement 3: "Supports A Healthy Heart"

Statement 4: "Helps Healthy Digestion"

Statement 5: "Enhances Healthy Weight Management"

The following summary identifies the supplement for which a statement has been made:

Statement      Identity of Supplement that is the Subject of the Statement

1-5.            HawHeart (Hawthorn Chews)

The following identifies the brand name of the supplement for which a statement is made:

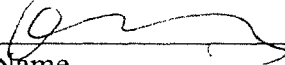
Statement  
Number        Brand Name

1-5.            HawHeart (Hawthorn Chews)

I, Qi Zhang, am authorized to certify this "Notification" on behalf of Nature's Health Corporation. I certify that the information presented and contained in this "Notification" is complete and accurate, and that Nature's Health Corporation has substantiation that the structure-function statements are truthful and not misleading.

Date Signed:

4/30/03

By:   
Name

Its: Production Director  
Title