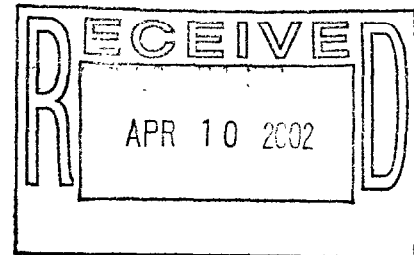


AmerifitTM NUTRITION



March 26, 2002

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT ESTROVEN JOINT & BONE Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for bears the following statements:

"To help build flexible joints"

"... to optimize joint and bone health"

"(ingredients) play an important role in maintaining the health of your bones and joints"

"... promotes bone formation and calcium absorption"

"... for hormonal support ... joint and bone care formula"

"... to maintain healthy joints and cartilage"

"... for hormonal balance which helps support calcium absorption and build strong, flexible joints"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

A handwritten signature in black ink, appearing to read "C. Larsen".

Craig Larsen
Director of Product Integrity

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