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March 20, 2002

Director Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street S.W. Washington, DC 20204



SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED ARTICLE #: 7099 3400 0016 4140 0457

RE: GREEN TEA BENEFITS

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is Andrew Lessman's Green Tea Benefits. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

For centuries, Green Tea has been one of the most common beverages consumed in the healthy Asian diet and its wide range of health benefits have now been associated with its high levels of powerful anti-oxidants called polyphenols and catechins. The primary anti-oxidants in Green Tea are more than powerful anti-oxidants, they have also been shown to support and enhance the activity of your body's natural internal anti-oxidants, including glutathione peroxidase, catalase and quinone reductase, which are important in liver function and the normal, healthy elimination of waste products. Green Tea has also been shown to support the health and normal function of the immune and cardiovascular systems, helping to protect the circulatory system from oxidative damage and support the maintenance of normal levels of cholesterol and triglycerides for those already in the normal range. The polyphenols and catechins in **Green Tea Benefits** help to neutralize a broad range of damaging free radicals thereby supporting the health of a wide variety of tissues, organs and systems throughout the body, including the gastrointestinal tract, the prostate and the delicate tissues of a woman's breast.

Respectfully Submitted,

Dr Nancy Steely, ND

Research & Development Coordinator

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