



We Make Quality Affordable

March 11, 2002

Office of Special Nutritionals (HF-450)  
 Center for Food Safety and Applied Nutrition  
 Food and Drug Administration  
 200 C Street SW  
 Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Theanine, 100 mg, an antioxidant supplement.

Statements being made in the labeling of Theanine, 100mg

- (1) Theanine is an amino acid naturally found in green tea. Theanine promotes relaxation without the drowsiness or negative side effects associated with other calming agents. Theanine also supports healthy cardiovascular function through this relaxing effect as well as its antioxidant properties.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
 Director, Quality Assurance  
 NOW Foods  
 395 S. Glen Ellyn Rd.  
 Bloomingdale, IL 60108

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