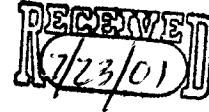


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR § 101.93



This notification is being filed on behalf of iNutritionals, Inc. which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 633-D MERRIMON AVE., ASHEVILLE, NC 28804. This notification is being made pursuant to Section 6 of DSHEA and 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling the statements appear is BRAIN SUSTAIN.

A. The text of each structure-function statement for which notification is now being given is:

(Statement 1): sustain brain function

(Statement 2): protect the brain from the effects of free radicals

(Statement 3): maintain memory

B. The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
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- | | |
|----|---|
| 1. | <u>N-Acetyl-L-Carnitine, Vitamin E</u> |
| 2. | <u>N-Acetyl-L-Cysteine, Vitamin E, Ginkgo Biloba, Coenzyme Q10, Lipoic Acid</u> |
| 3. | <u>Phosphatidylserine</u> |

C. The following identifies the brand name of each supplement for which a statement is made: (Complete this section only if the supplement(s) were not identified in Paragraph B.)

<u>Statement Number</u>	<u>Brand Name</u>
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- | | |
|----|----------------------|
| 1. | <u>Brain Sustain</u> |
| 2. | <u>Brain Sustain</u> |
| 3. | <u>Brain Sustain</u> |

I, David Perlmutter, am authorized to certify this Notification on behalf of iNutritionals, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that iNutritionals, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 7/1/2001 By: [Signature]
[Name] David Perlmutter MD
[Title] President

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