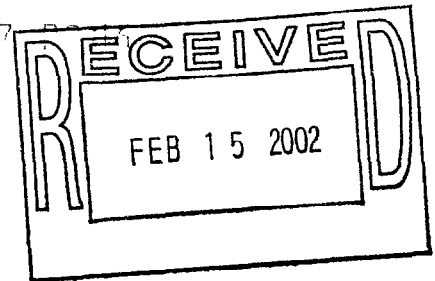




PHARMAVITE

February 8, 2002



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:
Pharmavite Corporation, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):
Flaxseed oil is one of the best sources of the essential fatty acid, alpha-linoleic or omega-3. Essential fats are incorporated into and contribute to the integrity and fluidity of cell membranes. The cell's life and function depends largely on its membrane integrity. Without a healthy membrane, cells lose their ability to hold water, vital nutrients, electrolytes, and no longer function properly. Maintaining the integrity of cell membranes can lead to better health and well-being.
- (3) Name of the dietary ingredient if not provided in the text of the statement:
Flaxseed oil with other fatty acids
- (4) Name of the dietary supplement:
Flaxseed Oil

The above statement(s) may be used in one or more of the following brands of products: B.J.'s Wholesale, CVS, Duane Reade, Kirkland Signature, Jogmate, Nature Made, Nature's Resource, Optimize, Spring Valley, Walgreens.

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79279



PHARMAVITE

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

David Kropp
Acting Director, Regulatory and Consumer Affairs