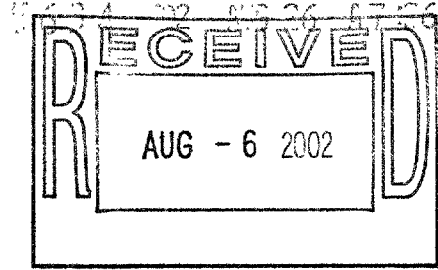


August 1, 2002

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835



Dear Sir or Madam;

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product Manufacturer: Twin Laboratories, Inc.  
150 Motor Parkway  
Hauppauge, NY 11788

Text of statement being made: "enhances fat loss, preserves lean body mass and promotes energy" "when ephedra alkaloids are combined with other ingredients having similar properties, the result is one of a potentiated thermogenic effect."

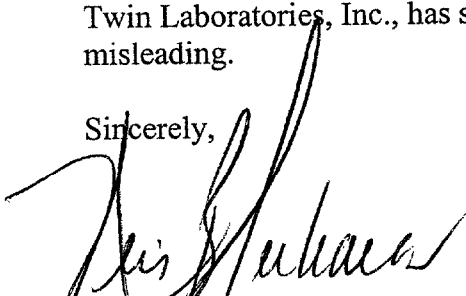
Dietary supplement ingredients: Guarana Seed Extract, MaHuang Extract, DHEA, 7-Keto™, 19-Nor Androstendione.

Dietary supplement brand and name: Twinlab NOR ANDRO RIPPED FUEL STACK

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statements being made are truthful and not misleading.

Sincerely,



Neil Blechman  
Executive Vice President  
Twin Laboratories Inc.

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