RELIANCE VITAMIN COMPANY, INC.

500 Memorial Drive 7 7 03 MAY -5 P1:59 Somerset, NJ 08873

TEL: (732) 537-1220 FAX: (732) 537-1335

April 11, 2003

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Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, DC 20204

Dear Sir or Madam:

This is notification that Reliance Vitamin Company, Inc. of Somerset, New Jersey will be marketing two products with structure/function label claims as permitted under the Dietary Supplement Health and Education Act of 1994.

BRAND NAME	PRODUCT NAME	STRUCTURE/FUNCTION CLAIM
Foremost Supplements	Aller-7 TM Capsules	"Supports normal respiratory function in the presence of airborne allergens.", "As a dietary supplement, adults take two (2) capsules, two (2) times daily in the presence of seasonal airborne allergens or two (2) capsules daily year around."
Foremost Supplements	Aller-7 TM Support Tablets	"Supports normal respiratory function in the presence of airborne allergens.", "As a dietary supplement, adults take three (3) tablets, two (2) times daily in the presence of seasonal airborne allergens or three (3) tablets daily year around."

I certify that I believe the information presented and contained within this notice to be accurate and, that I believe the company has substantiation that the statements found herein are truthful and not misleading. Sincerely,

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Ken Choat

Director of Regulatory Affairs

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