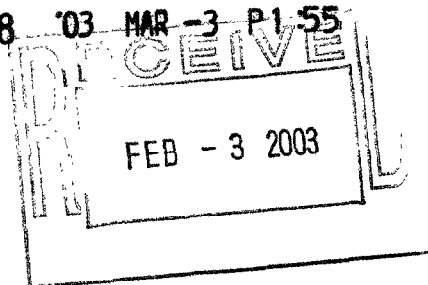


February 3, 2003

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and Regular Mail

Office of Nutritional Products, Labeling, and Dietary Supplements, HFS-810  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

Re: 21 U.S.C. Section 343 (r) (6), Notification of Statements on Dietary Supplements

Dear Sir or Madam:

On behalf of Natrol, Inc., I hereby notify the Food and Drug Administration of the use of statements of nutritional support for the following dietary supplement products:

Theanine                      May Promote Relaxation without Drowsiness.  
Theanine with Serotain from Natrol is a comprehensive formulation designed to support calmness and relaxation without drowsiness.

Carb Intercept with              Scientifically Proven To Neutralize Starch. Supports Weight Loss.  
Phase 2                              Helps "Block" Carbohydrates.  
Carb Intercept will then "neutralize" the enzyme responsible for converting the starch into glucose (and fat), helping to reduce the absorption of starch calories and allow the carbs to pass through.  
Carb Intercept, along with appropriate diet, and exercise, will help you achieve your weight loss goals.

Pyruvate                              More Energy. Plus the Thermogenic Action of Cayenne.  
Pyruvate is a key energy metabolite. Together with the thermogenic action of cayenne, this formula may help support your exercise program.

SAF®                                      Mood Enhancer. The Patented Stress Formula.  
Natrol's patented SAF® formula provides key nutrients to help support mental focus and relaxation. Together with the proper rest and nutrition, Natrol's SAF® can help you combat the effects of daily stress.

Guarana                              More Energy

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Page 2 of 2.

BeneCardia	<b>Heart-Health Formula</b> Basically, triglycerides are fats and oils. BeneCardia has been specially formulated to help maintain triglycerides and cholesterol levels that are already within a normal range. Taking BeneCardia every day can help you maintain the health of your cardiovascular system.
Calcium D-Glucarate	<b>Calcium D-Glucarate for Breast Health</b> Calcium D-Glucarate is a natural substance that promotes the body's detoxification process and supports hormonal balance.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Natrol, Inc. possesses substantiation that the statements are truthful and not misleading.

Sincerely,

**NATROL, INC.**



Maria Solomon  
Corporate Affairs Administrator

MS/abs  
FDA-007

cc: Elliott Balbert, President/CEO  
Laura Moore, Corporate Secretary