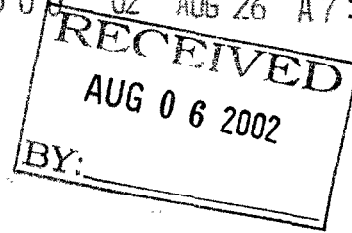


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

July 25, 2002

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

5500 02 AUG 26 A7:18



RE: Notification of Nutritional Support Statements

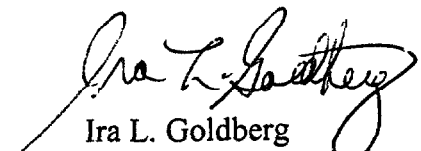
Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Relora® a dietary supplement. Source Naturals® is the manufacturer of Relora.

Statements being made in the labeling of Relora:

- (1) RELORA® is a patent pending plant extract of *Phellodendron amurense* and *Magnolia officinalis* that may help to relieve stress and minimize stress-induced eating.
- (2) Weight gain can be associated with emotional over-eating for people with stressful lifestyles.
- (3) Preliminary research suggests that RELORA® may help regulate cortisol levels in the body that are associated with stress-related weight gain.
- (4) The bark of *Magnolia officinalis* has been used in traditional Chinese Herbalism for centuries for stress reduction and muscle tension.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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