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Frequently Asked Questions

Listed below are the answers to many frequently asked questions about the Rene Caisse herbal tea.

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1. What is the proper dosage?

[We are not doctors and are not permitted to diagnose or prescribe. However, Rene Caisse, in her writings, suggested that people with an illness take 2 oz. of tea twice daily on an empty stomach. Many of our customers tell us that they prefer to take their 2 oz. of tea at bedtime, and then again first thing in the morning. These are times when the stomach is normally empty, and when the tea can be absorbed by the body without having to compete with food in the stomach. Rene Caisse also suggested that people without an illness should take 2 oz. of tea once a day on an empty stomach.

Most take the tea cold, as it comes from the refrigerator. Some mix it with a small amount of water. Others choose to heat it, but remember **DO NOT MICROWAVE** the herbal tea as some of the teas healing powers will be destroyed.

Some of our customers give the herbal tea to their pets. We suggest for both dogs and cats one oz. of herbal tea twice daily on an empty stomach. Another method is to mix the tea half-and-half with water, and place it in the pet's water dish, so that the pet will drink it with his or her water.]

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2. How soon should I see results ?

[Results vary from individual to individual, but most people tell us that they observe some type of results from taking the tea within 2 to 3 weeks..]

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3. Will the herbal tea conflict with any type of medicine I might be taking ?

[Again, we are not doctors, and cannot diagnose or prescribe. However we have never had a customer report any conflict with the herbal tea and their medicine. All of the herbs in the tea are classified as foods.

In her writings, Rene Caisse emphasized that her Essiac tea helped people who were undergoing Radiation or Chemotherapy, and that the tea helped their bodies "undo" the harmful side effects of Radiation and Chemotherapy.]

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4. What kind of Clinical Trials or Tests have been done on Rene Caisse's Essiac tea ?

[In 1937 Rene Caisse presented her Ojibway herbal formula to the Royal Cancer Commission in Canada. After a thorough study, their report stated that "Essiac is a cure for cancer". In the 1950s, Dr. Charles Brusch (John F. Kennedy's personal physician) conducted trials in his clinic at Cambridge, Massachusetts. After studying Essiac tea for a number of years, he reported "Essiac is a cure for cancer, period".

Rene Caisse herself presented stacks of papers about her Essiac tea to the United States Food and Drug Administration, requesting their approval of her tea. The FDA declined to investigate the claims about the herbal tea, stating that it only evaluated drugs.

At present, there is kind of a "catch-22" about evaluating natural healing modalities such as Essiac tea. Large amounts of money are required to conduct the type of trials which would be acceptable to the mainstream medical establishment. Who is going to fund such studies? It is estimated that \$200 million is required to conduct the studies which are required by the FDA for the approval of a new medicine. It is almost as if the rules are written so that only the large pharmaceutical companies can play in this game. Their inducement to study natural medicines, which have no profit potential for them, is not very high.]

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5. What is the difference between the Essiac tea which has 4 herbs in it, and the tea which has 8 herbs in it?

[The original formula which Rene Caisse got from the Ojibway Indians has 4 herbs in it: Burdock

Root, Sheep Sorrel, Rhubarb Root, and Slippery Elm Bark. It was this 4 herb formula which she presented to the Canadian Royal Cancer Commission in 1937. Later, during the 1950s when she worked with Dr. Charles Bruschi in Massachusetts, they on occasion added small "potentiating" amounts of 4 other herbs to the formula. Dr. Bruschi later presented this "8" herb formula to the public. In our opinion, both formulas are basically the same. In the 4 herb formula Burdock Root and Sheep Sorrel (which Rene Caisse called the "cancer killers") comprise 93 % of the herbs. In the 8 herb formula they comprise 92 % of the herbs. We use the 8 herb formula.]

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6. What does the herbal tea taste like?

[It has a mild, earthy taste. Most of our customers tell us that they either like the taste, or that they tolerate the taste.]

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7. Does the herbal tea really work?

[Yes. We could not stay in business, given the low costs of our products, if the tea didn't work. As a matter of fact, word-of-mouth sells more herbal tea for us than anything else. We sell more of our "Bonus Buy" (buy 12, get 18) to our established customers than anything else.]

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8. Will your herbal remedy cure xxxxxxxx illness?

[This question always places us in a difficult position. In meetings with FDA officials, we have been specifically told that we cannot in any way tell anyone that our herbal remedies will cure any specific disease or illness. For instance, we cannot even mention that Essiac is a remedy for cancer, much less state that it cures cancer in some people. We cannot even show them written testimonials from others. We are only permitted to state that our herbal remedy has general "therapeutic value". Thus we find ourselves with our "hands tied", so to speak, and we cannot freely answer such questions.

What we are permitted to tell people is that Essiac builds the immune system, detoxifies the body, and strengthens the body. If you will "surf" the net and read about the immune system, you will basically find that all illness results when the immune system becomes depleted or weakened. Basically, if you have a strong and healthy immune system, you won't become sick, period. *Our herbal remedy strengthens your immune system.*

We are all aware that modern society causes a lot of toxins, chemicals, and poisons to enter our body. Years of accumulated pesticides, insecticides, chemicals from gas fumes, auto emissions, ingested paint, etc., which have become lodged in our bodies are recognized as a major cause of illness and disease. *Our herbal remedy removes these poisons from your body.*

A strong body is better able to resist illness. Should you become ill, a strong body is better able to fight the illness. *Our herbal remedy helps to make your body strong.*

So, indirectly, we are able to address your question: Our herbal remedy, in building the immune system, detoxifying the body, and strengthening the body, will assist you to overcome all illness.]

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