





# Do you help someone with Medicare?

Do you:

-  Drive to doctor's appointments
-  Go to the grocery and drugstore
-  Help manage daily health needs
-  Use Medicare resources

If you say "Yes," you're a caregiver. And Medicare now has an online information source especially for you. *Ask Medicare* ([medicare.gov/caregivers](http://medicare.gov/caregivers)) helps you address many healthcare issues and concerns.

 **ask Medicare**

Information to Help You Care for Others

**Visit [medicare.gov/caregivers](http://medicare.gov/caregivers)**

**Because the more you know,  
the more you can help.**

