



Ministry of Public Health

Deputy Ministry of Policy, Planning and Preventive medicine

General Directorate of Preventive Medicine and PHC

IEC Department

Progressive Report

on

Distribution of Afghan Family Health Book

July 2006

I. Introduction

Afghan Family Health Book (AFHB) is designed to give the essential health messages to afghan families in a user-friendly way introducing for the first time the talking book. It is covering various aspects of health education especially on Malaria, nutrition, Family planning and hygiene. Its efficiency in terms of improving health related issues awareness is significant however there have been questions regarding the sustainability and cost effectiveness of the project. Primarily developed for afghan families it is aimed to be introduced by the Community Health Workers (CHWs) to the community. Secondly it is appropriate to make them available in all health facilities to be used as a tool of health education by the health workers.

II. Proposed Distribution Plan

1) Identifying the CHWs and Health facilities:

The first step was to know the target audience and its number. We used all our resources to have an estimate number of CHWs and Health Facilities. Our official report on number of CHWs and health posts was exactly like this:

Health Post: 2500

CHWs Number: 5000

Health Facilities : 420

Number of Hospitals: 160

But what we faced was twice and three times of our expectations. Only number of CHWs went to more than 15000. It was shocking. There were two bias: first probably our counterpart NGOs had over reported the number. This fact was thoroughly analyzed and we reviewed the population each NGO covers and the number of CHWs they should have. So practically it was quite logical that for at least 23 million afghan there should be around 15300 CHWs as per 1500 population. So consequently the claim of the NGOs is not illogical. However, in practice they don't have as many trained CHWs as claimed. So we requested once more to get the trained number of CHWs. So most of NGOs insisted that there is no over reporting and it is their real CHW reserve. We ignored the future to be trained CHWs in order to give priority to present active CHWs.

The committee for training and coordination requested that we have to give some copies to Community Health Supervisors. It was accepted by NGOs. As per each Health Facility there will be a CHS. As a result we decided to give one copy to each CHS as well. It is not contrary to what we had planed. In fact we anticipated one copy for each health facility and as per policy of Community Based health Care of MOPH should have one Community Health Supervisor.

2) Contacting all stakeholders including NGOs, MoPH departments

Soon after we received the fund and we could transfer the books to MoPH we contacted Grant and Contract Management Unit (GCMU) director , Dr. Ahmad Jan naeem to share the project with him and to ask how to involve the relevant NGOs. He suggested that we should have a presentation on 30th April in Performance based Project Agreement (PPA) monthly coordination meeting where head of all NGOs who have a contract to implement Basic Package of Health Services (BPHS). The presentation included the introduction to Afghan Family Health Book and its distribution project and how NGOs would be involved. This introduction was done by Dr. Ab. Tawab Saljuqi as planned. Questions regarding the book and its distribution was answered and NGOs happily showed there agreement to introduce one focal point for the orientation in the month of May.

3) Training of NGOs focal points for how to use the book:

The focal points of NGOs were trained on 11th May 2006. There were 40 representatives from various NGOs. Three Facilitator which were working as a team to prepare the curriculum and plan of Training. These people were:

1. Dr. S. Habib Arwal , CBHC Coordinator, MoPH
2. Dr. Malang Amiri, Training Coordinator of Preventive Medicine and PHC General Directorate , MoPH
3. Dr. Ab. Tawab Saljuqi, IEC national Coordinator, MoPH and Project Manager for AFHB distribution project.

The curriculum, training material and resolutions are given in Appendix 1

4) Distribution of the books to NGOs:

From 11th May till 4th June we were receiving the request of NGOs for books. It took longer than we expected we wanted to have the request within ONE WEEK but the first one came at least ten days later. The last request from IMC came one month later. So we started the real distribution on 3rd June 2006 and ended it on 18th June 2006. We distributed only 80% of what these NGOs have requested, in order to have an equal number distributed to all Afghanistan.



The total number of books we received from IMC was **16749** From this **8849** were Dari copies and **7900** were Pashto. The total amount requested by NGOs were **14049**. We expected only **5000** CHWs however it was revealed that we had under estimated the CHW numbers in Afghanistan. We distributed **12282** from which **7437** were Dari and **4845** were Pashto. Now we have totally **4467** copies of which **1412** are Dari and **3055** are Pashto.



There are certain community based NGOs that are demanding some copies for their trainers. We have decided to give them 50% of what they request. These NGOs have CHWs who are not under the BPHS program. The distribution plan is in **Annex 2**.



We plan to give some copies to Institute of health Sciences who are training midwives and nurses and who would have direct contact with communities.



5) Distribution of the book by NGOs:

Right now the training of CHS are going on all around the country by various NGOs and some even have started to distribute the book to them. We have feed back from three provinces (Panjshir, Kapisa and Parwan) where MoPH has the role of implementer and it is a successful process till not.

6) Training of CHWs and health facilities for Usage of the book and its sustainability:

Not yet started . It will be done soon after all CHS are trained and the books are submitted to them to distribute them to CHWs. The training would be more kind of briefing on how to use the book. And CHS will be in continuous contact with CHWs to see how well they have understood the book content and how well they are applying it.

7) Distribution of the Book to CHWs and Health facilities

Started in provinces but not in all of them. This process is dependent on the previous activity.

8) Training of Provincial Moph focal Points for Monitoring and supervision of the distribution

The training could not start yet as the MoPH have added IEC focal points in its new structure. So it was decided by the team to train these IEC focal points for monitoring when they are required. However still the structure is not approved so we are impatiently waiting for their arrival.

9) Supervision and Monitoring

Not yet started. Planned to be done soon after the IEC provincial officers are trained. It will be for six months. Normally it was planned that these officers will start their work as soon the distribution is started. But it was delayed due to delay in approval of New structure of MoPH for the current year.

11) Evaluation

Not yet started. To be done at the end of project.

12) Reporting

The activities which were explained in previous paragraphs are summarized in the below table. Only there is one major change and that is the change of time. From Quarter one to Quarter two.

Working Plan for Distribution of AFHB						
Expected Out put	Planned Activities	Time Frame (2006)				Responsible Organ
		Q1	Q2	Q3	Q4	
Distribution of 1600 AFHB to all CHWs and Health Facilities Indicators: Till the end 2006 all CHWs and Health Facilities will have access to one AFHB Till the end of 2006 all CHWs and CHW supervisors will be trained on how to use the AFHB Till the end of 2006 all CHWs and CHW supervisors will be trained on how to use the AFHB	1) Identifying the CHWs and Health facilities		X			MoPH
	2) Contacting all stakeholders including NGOs, MoPH departments and IMC		X			IEC, International Relation
	3) Training of NGOs focal points for how to use the book		X			IEC, IMC
	4) Receiving of AFHB from IMC and delivering it to NGOs		X			IEC, Procurement, IMC
	5) Distribution of the book by NGOs.		X			MoPH and NGOs
	6) Training of CHWs and health facilities for Usage of the book and its sustainability			X		NGOs
	7) Distribution of the Book to CHWs and Health facilities			X		NGOs
	8) Training of Provincial MoPH focal Points for Monitoring and supervision of the distribution			X		IEC
	9) Supervision and Monitoring		X	X	X	PHC and IEC
	11) Evaluation				X	IEC/ Donor
	12) Report				X	IEC to GD
	Estimated Budget: 35000.00 USD					

IV. Financing and Budget

The transportation will be done by the NGOs but two types of transportation was predicted to be done by our team: first the transport from IMC to MoPH which was done using private sector and as well as MoPH trucks. The second was the transportation of books from MoPH to three provinces which are under MoPH authority. The site of the stock is far away from MoPH so the transportation of staff to and from stock was done by team resources.

It was suggested from MoPH to get the budget in three installments. So the first installment was transferred in April **(10477.82 USD)** and till today the cost has been **8960.00 USD**. So, there is need to receive the second installment. For the detail of expenses you can refer to Annex 3 at end of this document.

Challenges and How did we over come them:

We faced certain challenges that were not anticipated:

- 1- Requested number of books was more than we expected and had in our hand so we distributed 80% of the requested number.
- 2- Request for Dari version was more than Pashto: By reducing the percentage of distribution we could have more copies of dari version. Some areas were given more Pashto copies even if there request for Pashto books were less.

Appendixes :

i. Appendix One Training for NGO focal points - Agenda, Curriculum and Resolution

Activity	Agenda	Speaker	Duration	Evaluation/ Resolution
Registration	Participants will register in the registration form		9:00 – 9:15 AM	Completed successfully
Welcome	Main Facilitator	Dr. Ab Tawab Saljuqi	9:15-9:20 AM	Completed Successfully
Recitation	Recitation of few verses of Holy Quran	Qari Ibrahim	9:20-9:25 AM	Completed Successfully
Opening Speech	Background information about the program and Role of NGOs in the implementation of Health education programs	Dr. Shukruallah Wahidi , GD of Preventive Medicine and PHC, MoPH	9:25:9:35 AM	Dr. Wahidi was absent and the opening was done by dr. Saljuqi
Introduction to Book	Explaining the agenda , program and Role of IEC in the improving the health status of the people	Dr. Ab. Tawab Saljuqi, Project Manager of the distribution and National IEC coordinator at MoPH	9:35-10:00 AM	Had been done by two presentation : one about IEC and the other about AFHB. It was suggested that IEC should have a direct contact with BPHS implementers maybe through regular meetings at the frame work of IEC working group. IEC material should be based on the standard messages. Distribution System through provincial offices
		Tea Break		Tea break was eliminated and it was served during the presentations
Distribution Process	Goal, Strategy and Process of Distribution s	Dr. M. Malang Amiri, Training Coordinator in GD of Preventive Medicine and PHC, MoPH	10: 00 – 10 : 30 AM	<p>1-At health facility the responsibility of the book should be given to the CHS.</p> <p>2- in the request for the books , the approval of both provincial health directorate and NGO director must be included. Distribution receipt by the CHS must be approved by the head of health facility along with the NGO approval. For the CHW receipt the approval of shura and CHS is required.</p> <p>3- the training for the CHS should be started as soon as the books are received. Some NGOs proffered to launch two level of training one for provincial health coordinators of their organization who will then train the CHS. While the others proffered to directly train CHS.</p> <p>4- The CHWs who are not yet trained but are expected to be trained soon will be put in waiting list. They will not be counted for the first series of distribution because all agreed that we have distribute for the existing CHWs. It was proposed that a list of IEC material distribution used by</p>

				<p>other NGOs (specially by REACH/USAID) could be adapted to reduce the volume of receipts.</p> <p>4- The books for IHS will be given to the central IHS office in Kabul .</p>
How to use the book	Who is using the book and how?	Dr. S. Habib Arwal, CBHC National coordinator at GD of Preventive Medicine and PHC/ MoPH	10:45 – 11:15 AM	<p>1- the question of batteries became very hot. The issue of changing battery and the type of the batteries were discussed thoroughly and finally it was concluded that proper is usage of the book is a key element in the sustainability. Batteries are available in the local market. S</p> <p>2- the electric power can be used but with the adaptor specified at the end of book.</p> <p>3- Always used by CHW to the people. And by CHS at the clinic level.</p> <p>4- Always used as a complementary material with other IEC material.</p>
Monitoring and Reporting	How the monitoring process is designed and how should we reports?	Dr. Ab. Tawab Saljuqi	11:15 – 11:45 AM	<p>1- There must be a coordination between MoPH and NGOs for monitoring and reporting.</p> <p>2- Where there are no PHC the PEMP should be chosen or TB or Malaria provincial officer.</p>
General Discussion	Question and Answer about Distribution, Usage and Monitoring	All Participants	11:45 – 12:15 AM	At the beginning of the program it was decided that all the question and answers should take place in between presentations. So the result of each discussion is concluded at the end of each section.
Closing	Conclusion and Announcing the Starting date for distribution	Dr. Tawab Saljuqi	12:15 – 12:30 AM	<p>It was agreed that the request for the books should be delivered to the MoPH till next Thursday. After all the NGOs have sent their lists. There will be a time table for the submission of the books to all the NGOs within one week to ten days.</p> <p>For provinces where security is not good or they are far away we can wait longer.</p> <p>The Contact mobile phone and email of Dr. Tawab Saljuqi was given to all participants and for back up the phone number of Dr. Arwal was presented to all.</p>
		Lunch		Was on time and was satisfactory .

ii. Appendix Two: Distribution List of Afghan Family Health Books for NGOs

	Name of NGO	80% of Total Rquest			Requested Books			Date	Day
		Dari	Pashto	Total	Dari	Pashto	Total		
1	ADRA	254	27	281	351	13	364	Jun 4 2006	Sunday
2	MOVE	361	19	380	475	0	475	2006 Jun 4	
3	CHA	1000	448	1448	1229	581	1810	Jun 5 2006	Monday
4	IbnSina	356	450	806	872	136	1008	2006 Jun 5	
5	HN-TPO	0	641	641	0	802	802	Jun 6 2006	Theusday
6	STEP	673	35	708	867	53	920	2006 Jun 6	
7	SDF	226	12	238	271	31	302	Jun 7 2006	Wednesday
8	MEDAIR	110	6	116	158	0	158	2006 Jun 7	
9	SOZO	61	3	64	80	0	80	Jun 8 2006	Thursday
10	CAF	743	39	782	978	0	978	2006 Jun 8	
11	BRAC	807	42	849	1045	17	1062	Jun 11,2006	Sunday
12	AMI	396	446	842	496	557	1053	2006 11 Jun	
13	AADA	484	20	504	596	0	611	Jun 12,2006	Monday
14	NAC	11	205	216	120	150	270	12,2006 Jun	
15	SCA	24	200	224	163	118	281	Jun 13,2006	Theusday
16	BDF	720	652	1372	1563	152	1715	13,2006 Jun	
17	AKHS	213	50	263	326	8	334	Jun 14,2006	Wednesday
18	SM	490	80	570	633	80	713	14,2006 Jun	
19	AHDS	50	320	370	120	413	463	Jun 15,2006	Thursday
20	IMC	0	280	280	0	350	350	15,2006 Jun	
21	SC-US	70	10	80	300	0	300	Jun 18,2006	Saturday
22	MoPh Res. Center	3	5	8	5	10	15		
23	HHE	6	6	12	15	15	30		
24	Doykondi	6	0	6	15	15	30		
25	AFGA	6	6	12	9	9	18		
26	HIV Library	4	4	8	6	6	12		
27	Care	5	5	10	33	0	33		
	Total	7079	4011	11090	17510	3461	14049		

iii. Appendix tree : Expense Report for the first three months (First Installment)

Subject	Unit Cost	Duration/Quantity	Total	Description
Human Resource				
Project Coordinator	400.00	3	1200.00	
Logestic officer	200.00	3	600.00	
Administrative officer	200.00	3	600.00	
Subtotal			2400.00	
Training				
NGOs Focal Point	440.00	1	440.00	
PHC Focal Points	0.00	1	0.00	Not yet conducted
CHWs and CH supervisors(supported by MOPH)	2000.00	1	2000.00	
Subtotal			2440.00	
Distribution and Transportation				
Transportation of the Books to MoPH	1000.00	1	1000.00	
Rent of Vehicle/Distribution/Coordination	1000.00	3	3000.00	
Subtotal			4000.00	
Communication				
with Provinces	20.00	3	60.00	
Within Kabul	20.00	3	60.00	
Subtotal			120.00	
Monitoring/One year				
By IEC/once at the end of project			0.00	Not started
By PHC/ every quarter/			0.00	Not started
Subtotal			0.00	
Grand Total			8960.00	