

Get Your *Game On*

You know you're smart—now it's time to let it show. It's recommended to play this game with three or more people. One person—the answer master—will need to check the answers (see page 4). To win, you simply need to know the truth about alcohol. Each player needs a coin and a different token: a button, a paper clip, a pen cap.

HOW TO PLAY:

1. All players place their tokens on START. 2. Players take turns flipping the coin. Move forward one space for heads, two spaces for tails. 3. If you land on a T/F square, answer the statement TRUE or FALSE. If you land on a multiple choice square, choose one answer. If correct, flip again. If incorrect, next player flips. 4. If a player lands on a square that someone else has already answered correctly, that player should advance to the next "new" square. (Otherwise it's too easy to remember the answer!) 5. If you land on an action square, such as LOSE A TURN, do what it says. 6. Here's a twist: The first player to reach the FINISH hasn't won yet! That player must answer one more T/F statement or multiple choice question that the other players choose. If possible, it should be one that nobody else has landed on. If that player answers correctly, he/she wins. If not, it's the next player's turn, and the player at FINISH must wait for his/her next turn in order to answer correctly and win.

Start

1. Alcohol affects how much of your brain? (a) all (b) half (c) one-third

2. **TF** Alcohol can affect your judgment and can make bad decisions.

3. **TF** Alcohol can give you a headache but will never make you throw up.

4. **SKIP AHEAD TWO SPACES.**

5. **TF** Alcohol can cause you to become dehydrated.

6. **LOSE A TURN.**

7. **TF** Drinking alcohol can help you get better grades.

8. **TF** Drinking alcohol under age 21 is illegal and dangerous.

9. **SEND ANOTHER PLAYER BACK ONE SPACE.**

10. **TF** Alcohol can cause you to have to go to the bathroom over and over in an unhealthy way.

11. **TF** It is legal to drink alcohol once you turn 16.

12. **MOVE BACK ONE SPACE.**

13. **TF** Alcohol can help you be a better athlete.

14. **TF** Alcohol can make you clumsy.

15. **SKIP AHEAD ONE SPACE.**

16. In the U.S., which causes the most deaths each year? (a) shark attacks (b) getting struck by lightning (c) drinking too much alcohol

17. **TF** Alcohol can make you forget basic facts, such as your address.

18. **FLIP AGAIN.**

19. **TF** Some alcoholic drinks contain more alcohol than others.

20. **TF** All of these are types of alcohol except which? (a) beer (b) seltzer (c) wine (d) rum

21. **MOVE BACK TWO SPACES.**

22. **TF** Alcohol can lead to a number of diseases.

23. **TF** There is never a right time to drink alcohol when you are underage.

24. Which body parts does alcohol affect? (a) lungs (b) heart (c) both and more

25. **SEND ANOTHER PLAYER BACK TWO SPACES.**

26. **TF** If someone pressures you to drink, it's okay to say no.

27. **FINISH**

DEAD END

GAMES

SKATE CITY

MOVIE

BIG BURGER

MAIL

Report Card

SOLUTION:

1. (a) all. It can affect almost all other body parts, too. 2. True. 3. False. Alcohol can make you vomit, and if you vomit too hard, it can tear your esophagus. 4. True. It can cause you to go to the bathroom over and over, which can cause dehydration, meaning your body's fluids are reduced to an unhealthy level. 5. True. A slower reaction time could make it harder to kick a soccer ball or hit a baseball. 6. False. Alcohol can affect your thinking, which interferes with your ability to focus and concentrate. That makes it harder to study—and remember. 7. True. 8. True. 9. True. 10. True. (See answer to #5.) 11. True. In the U.S., the legal drinking age is 21. 12. False. Alcohol affects all parts of your body, making you uncoordinated and tired. If anything, it will make you a worse athlete. 13. True. (See answer to #14.) 14. (b) drinking too much alcohol. 15. True. 16. True. In fact, any amount of alcohol is too much if you are underage. 17. (c) both and more. 18. True. 19. True. 20. True. 21. (b) seltzer. 22. True. Alcohol can lead to liver disease, heart disease, and more. 23. True. 24. True. 25. (c) both and more. 26. True. 27. True.