



Salmonella are naturally occurring bacteria in turtles and turtles with Salmonella don't appear sick.

Turtles May

Look

Cute

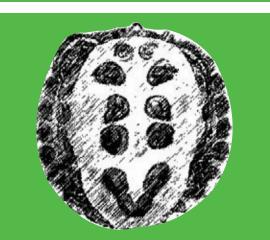
But They

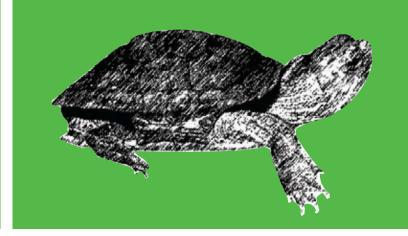
Can Make

You Sick!

## So what can you do to protect yourself?

- Don't buy or bring home a small (under 4 inches) pet turtle
- Wash your hands thoroughly with soap and water if you come in contact with a turtle, its housing and/or food
- Keep turtles out of homes with children under 5 years old, the elderly, or people with weakened immune systems
- Don't allow turtles to roam freely through the house, especially in food preparation areas
- Do not clean turtle tanks or other supplies in the kitchen sink. Use bleach to disinfect a tub or other place where turtle habitats are cleaned









## Turtles may look cute but they can make you very sick!





Turtles carry a type of bacteria on their outer skin and shell called Salmonella.

Salmonella infection can cause the following symptoms:

- Diarrhea
- Stomach pain
- Nausea
- Vomiting
- Fever and headache

Anyone can get Salmonella infection but the risk is highest in:

- Infants
- Young children
- Elderly people
- People with lowered natural resistance to disease due to pregnancy, cancer, HIV/AIDS, diabetes and other diseases.

