- 1 the strong point that we have to do better in being able to
- 2 get a larger fraction of patients to target and that it's
- 3 hard. A lot of the existing agents in a lot of patients
- 4 are unsuccessful. Yet, it seemed in this trial that there
- 5 was a large fraction of patients in which there wasn't even
- 6 the attempt made or the additional -- in the population
- 7 here in table 5 in the FDA briefing document, it looks like
- 8 there are approximately 20 percent that received adjunctive
- 9 treatment in weeks 9 to 14 and large fractions in the first
- 10 8 weeks didn't get to maximal dosing.
- 11 So, that seems to be perplexing. It seems like
- in the majority of cases we're not taking advantage of what
- 13 there already is available to us to achieve what you're
- 14 saying we need to achieve. It's not a matter of they're
- 15 trying it and it's not getting there.
- 16 DR. BLACK: I think that worked in both arms of
- 17 the study. You didn't get to 90 or 100 percent control
- 18 rates in the omapatrilat arm either.
- DR. FLEMING: In both arms.
- DR. BLACK: In either arm. And that's only 6
- 21 months. Ours is a year. The trials are 4 and 5 years.
- 22 So, there are several different ways to look at that.
- 23 I don't think that's how people practice. We
- 24 have an education message for that as well, but I'm not
- 25 sure we can manage even with what we do in trials or what

- 1 happened here to get people to practice as we would like
- 2 them to do it. I think a couple of extra millimeters for
- 3 each one of our steps is going to get us much further along
- 4 the road. We've got a lot of education to do beyond what
- 5 you see here to get people to use what we have right and to
- 6 have a more powerful tool to use that right.
- 7 The NHANES IV data is kind of almost done.
- 8 NHANES III is where the 27 percent comes from. There's
- 9 been a big national campaign to improve control rates, and
- 10 it's been, at best, only modestly successful. We've
- 11 improved control rates in men to about 30 percent, which is
- 12 about what women get, but nowhere near what we ought to.
- 13 So, there's a lot to still be done. I think we need better
- 14 agents. Even with the optimal circumstances of a trial or
- of a specialist clinic, we're still not where we want to
- 16 go.
- DR. TEMPLE: That's what I understood your
- 18 argument to be. You're basically saying how can we not do
- 19 better if we have a drug that works a little better than
- 20 the thing it's going to substitute for. And maybe that's
- 21 sufficient. I'm not trying to prejudge this, but that's
- 22 not the same as saying in a population where we couldn't
- 23 get control, here's what we know about substituting versus,
- 24 say, adding another drug. It's a question of whether you
- 25 need data on that point or have data on that point as

- 1 opposed to making some not necessarily unreasonable
- 2 assumptions.
- 3 DR. LEVY: Let me just make two points. We
- 4 freely concede that in patients who can readily be brought
- 5 to target with the addition of a thiazide or up-titration
- of an existing drug or a switch to b.i.d., that this drug
- 7 is not needed. The drug is being proposed for use in
- 8 patients in whom the option of adding another drug or
- 9 adding another drug and reaching target isn't available.
- Now, physicians in this trial, as you pointed
- 11 out, didn't invariably add adjunctive therapy when it was
- 12 available to them. They did so about 40 percent of the
- 13 time, and they were much more likely to do so in patients
- 14 whose blood pressures were well above target on monotherapy
- 15 than in those who were closer to target, just as physicians
- 16 in practice would. But there's a wide variety of practice
- 17 represented in the trial.
- 18 What we did here was just to classify the
- 19 investigative sites according to the aggressiveness of the
- 20 physician, how frequently did they add adjunctive therapy
- 21 at a visit where a patient's blood pressure was above
- 22 target? These are 20 percent of sites, the quintile, where
- 23 the rate of adjunct use was highest, and these physicians I
- 24 think were very diligent adding adjunctive therapy at least
- 25 two-thirds of individual visits where patients remained

- 1 uncontrolled, up to 100 percent at some sites. And even at
- 2 these sites, you see the same difference in blood pressure
- 3 reduction between omapatrilat and enalapril that you see
- 4 overall. You see the same difference in control rate.
- 5 This speaks to Henry Black's point. In the
- 6 difficult to treat patient, if the physician decides to
- 7 become more aggressive, add therapy, up-titrate, they're
- 8 going to do that whether the patient is on omapatrilat or
- 9 enalapril, and the results will be better with omapatrilat.
- DR. FLEMING: But that's not in your targeted
- 11 subgroup. That's all patients at the sites that had the
- 12 highest adjunct use?
- DR. LEVY: These are roughly 2,000 patients at
- 14 the 20 percent of sites where the physicians were most
- 15 aggressive.
- 16 DR. FLEMING: So, what were the results at
- 17 those sites that had the highest adjunct use that were in
- 18 your target population? What were the results?
- 19 DR. LEVY: Well, we haven't done that analysis.
- 20 You've seen the results were extremely consistent across
- 21 this database.
- DR. BORER: Tom and then Steve.
- DR. PACKER: Jeff, if I could, I just want to
- 24 address directly Bob's question. You've seen the data that
- 25 Dr. Levy just showed you, but this shouldn't be too

- 1 surprising and I wouldn't be surprised if it were shown in
- 2 the patient population that was being proposed. The
- 3 concept I think is that if you have a patient who has easy-
- 4 to-control blood pressure and you can get people to target,
- 5 then I think it would be a very easy assumption to say that
- 6 the difference between omapatrilat and an ACE inhibitor
- 7 could be made up by adding a diuretic. No big deal.
- But if patients are very far away from target,
- 9 then a diligent physician, a really good physician, would
- 10 then add incremental therapy or give b.i.d. or however you
- 11 want to do it to both groups. The difference in blood
- 12 pressure only disappears if there's a differential use of
- 13 adjunctive therapy or intensive therapy. But that
- 14 differential use would never occur if you're not to target.
- 15 You would expect a patient who is resistant to therapy to
- 16 -- the physician would add adjunctive therapy or optimize
- dose or would do whatever you would want them to do to both
- 18 groups. As long as they're far from target, the difference
- in favor of omapatrilat would always persist.
- DR. TEMPLE: So, that's an argument of logic,
- 21 although it's not necessarily an argument of data, although
- 22 that last thing was interesting.
- 23 DR. PACKER: Yes. But if you think about it as
- 24 the fact that in order for the difference to disappear,
- 25 there has to be a differential use of adjunctive therapy,

- 1 which cannot -- and by the way, to a substantial degree,
- 2 the calculations that Norm Stockbridge made was 50 percent
- 3 difference in differential use. Regardless of what the
- 4 number is, the number isn't important. As long as you're
- 5 far away from target, that differential use won't happen,
- 6 especially if you're requiring people already to be on
- 7 multiple drugs at the beginning.
- DR. TEMPLE: It's still a question of whether
- 9 that makes sense, which I wouldn't say it doesn't, and
- 10 whether there's actual data so you can see actual numbers
- 11 about how much better you do.
- DR. PACKER: I think what I'm addressing is not
- 13 whether what I'm saying absolutely has to be true, but I
- 14 think you were struggling with how it could be true. What
- 15 I'm proposing is that's the explanation for why it would be
- 16 true.
- DR. BORER: Why don't we move on to another
- 18 issue. Tom.
- 19 DR. FLEMING: Can I have one last comment?
- DR. PICKERING: It is actually a related issue.
- 21 Starting with the possibility that if OCTAVE had been
- 22 continued longer, the difference might have diminished, my
- 23 reading of the protocol was that there were only two clinic
- 24 visits at which it was possible to add additional drugs,
- 25 which in my opinion is not very long.

- 1 Henry, you mentioned the ALLHAT trial. I don't
- 2 know if we could see your number 6 slide which shows that
- 3 using conventional therapy in not perhaps quite as high a
- 4 risk population but certainly in an enhanced risk
- 5 population, you can in fact do extremely well, going from
- 6 27 percent to 69 percent control at 6 years. I guess it's
- 7 a question of whether you see the glass is half full or
- 8 half empty, but I would say that's a huge increment just
- 9 with the use of conventional therapy.
- DR. BLACK: I would agree. I think we did make
- 11 a lot of progress, but I think there's still a lot more
- 12 progress to be made especially in what we don't have the
- 13 tools for. These people are seen every 4 months.
- 14 One thing too, when you begin to add third and
- 15 fourth and fifth drugs, you get into less well-tolerated
- 16 drugs, drugs with their own inherent problems too. It's
- 17 not just adding drugs that are free of side effects when
- 18 you get to that, and patients don't comply well with that.
- 19 So, we begin to run out of well-tolerated options a little
- 20 earlier than maybe has been implied.
- But we're not doing badly here, nor did we in
- 22 CONVINCE, but we're not doing nearly as well for systolic
- 23 as I would like to do. That's where the problem is I
- 24 think.
- DR. BORER: Bob.

- DR. TEMPLE: Well, Henry, if I remember ALLHAT,
- 2 the additional therapy was sort of peculiar. For example,
- 3 if you were in the diuretic group -- you tell me -- you
- 4 couldn't use an ACE inhibitor because that was another
- 5 group and that would have confounded. So, you were limited
- 6 in the number of specific additional drugs you could use.
- 7 DR. BLACK: The trial protocol -- the
- 8 artificiality of any active comparator where you can't use
- 9 what you would ordinarily use --
- 10 DR. TEMPLE: No, I'm not blaming the trial.
- 11 But it means that may not be as good as --
- 12 DR. BLACK: What you could do, though, if you
- 13 felt you needed it, was add an agent of the blinded class
- 14 at half the initial dose, drop down your drugs. So, you
- 15 could do it. I don't have the drug use in ALLHAT yet as to
- 16 how many people got on open-label, how many people crossed
- 17 over, but it was in fact substantive. It wasn't just that
- 18 you couldn't do it. People did use their own drugs.
- DR. BORER: Steve.
- 20 DR. NISSEN: I feel compelled to point out for
- 21 Bob and for others, which I know everybody here knows, but
- 22 we don't know whether that extra 3 over 2 millimeters for
- 23 this drug actually lowers events. So, this is all
- 24 hypothetical, what if we did this and what if we did that.
- 25 The reality is if there were a very large difference

- 1 between the arms, I think one could be more confident, but
- 2 these are small differences. Therefore, without knowledge
- 3 of the relationship for this class of drugs on the amount
- 4 of blood pressure control versus morbidity and mortality,
- 5 we're really speculating about what the ultimate impact is
- 6 going to be.
- DR. BORER: Are there any other questions,
- 8 issues the committee wants to raise? Because if not --
- 9 Tom.
- DR. PICKERING: I'd like to return to the issue
- 11 of adherence. I think we're all agreed that omapatrilat is
- 12 a more effective antihypertensive than the other existing
- 13 drugs. One of my concerns is what the adherence will be
- 14 with this medication, given all the warnings and education
- 15 about potential risks. It could be that the potential
- 16 benefits in its potency might be offset by decreased
- 17 compliance.
- On that note, I think it's just worth
- 19 mentioning that patients' self-report about compliance with
- 20 antihypertensives is generally thought to be next to
- 21 worthless. Pill counts are maybe a little better, but a
- 22 lot of the pills end up in the parking lot of the hospital
- 23 of people in studies. So, I think it is a real issue, and
- 24 I would be concerned about this.
- DR. BORER: We'll structure the remainder of

- 1 our discussion around these questions. I want to frame
- 2 them before we begin. I think, although the questions are
- 3 reasonably straightforward, there are some key issues about
- 4 which we need to make judgments.
- 5 First -- and Tom just mentioned this -- is are
- 6 we convinced that omapatrilat is more effective within the
- 7 labeled range than other available antihypertensive agents
- 8 so that one might expect that it could add something. And
- 9 a subset of that is does it add to other drugs that might
- 10 be given at the same time.
- 11 Second, is there a population that could be
- 12 controlled by omapatrilat that cannot be controlled with
- 13 all the other conventional therapies and approved therapies
- 14 that we have?
- Third, if there is such a population, can we
- 16 define it?
- 17 Fourth, if there is and we can and we do give
- 18 the drug and it does lower blood pressure by some amount,
- 19 is there a clinical benefit associated with that, something
- 20 what we really have never required anybody to show and
- 21 maybe we can take on faith. But the issue still remains as
- 22 Steve has said several times.
- Finally, assuming that lowering blood pressure
- 24 is equivalent to a clinical benefit, what are the risks
- 25 associated with gaining this benefit in the specific group

- 1 that we have defined that couldn't be controlled in any
- 2 other way than by adding omapatrilat? That's really the
- 3 sequence of issues that we have to face and we're going to
- 4 face them in different ways in these questions.
- 5 Bob.
- 6 DR. TEMPLE: If you got to that point, you
- 7 would also really need to address the risk management
- 8 program and whether you think that will do it. We have
- 9 people here who reviewed the risk management program who
- 10 could comment further than what they've already written, if
- 11 that were helpful.
- DR. BORER: Ultimately, presumably that
- 13 mitigates to some extent or may mitigate to some extent the
- 14 total risk, and if you believe there are FDA comments about
- 15 that, then perhaps when we get to that question, we'll ask
- 16 for the comments.
- DR. TEMPLE: Well, you've seen some of them.
- DR. BORER: Yes.
- DR. TEMPLE: There's a fair amount of
- 20 skepticism probably noted.
- DR. THROCKMORTON: It's important for us to
- 22 hear some comment around that I believe not perhaps
- 23 specifics that this one thing you think works or whatever
- 24 it is, but what you said, Jeff, was perhaps it reduces the
- 25 risk or changes the risk somehow. We need to understand

- 1 whether there's sort of a belief that that is possible or
- 2 is not. Again, not necessarily that you know the exact
- 3 right answer but that you are optimistic about those things
- 4 as possible would be something we need some help on.
- 5 DR. BORER: You'll hear it.
- 6 Why don't we then begin. What I'd like to do,
- 7 I'll read the preamble here, and then as we go through
- 8 these questions, I'd like to hear Tom's response first, Tom
- 9 Pickering because he is a nonvoting member, and then we'll
- 10 go to Steve who's our committee reviewer and then to Tom
- 11 Fleming and then the rest of us.
- The committee is asked to provide an opinion on
- 13 the approvability of omapatrilat for hypertension.
- 14 Omapatrilat is an inhibitor of angiotensin-converting
- 15 enzyme and neutral endopeptidase. Reviews of chemistry,
- 16 pharmacology, toxicology, and biopharmaceutics present no
- 17 apparent barriers to approval. Omapatrilat clearly lowers
- 18 blood pressure.
- 19 During its initial development, an increased
- 20 risk of life-threatening angioedema was noted for patients
- 21 taking omapatrilat compared with other antihypertensives,
- 22 including ACE inhibitors.
- To characterize this safety finding and to gain
- 24 additional information on the relative antihypertensive
- 25 efficacy of omapatrilat, the sponsor conducted the OCTAVE

- 1 trial.
- OCTAVE was a randomized, double-blind study in
- 3 which 25,302 subjects with hypertension were randomized to
- 4 once-daily enalapril or omapatrilat and followed for 24
- 5 weeks. During the first 8 weeks, subjects were titrated to
- 6 a maximum dose of 40 milligrams enalapril or 80 milligrams
- 7 of omapatrilat as needed, after which subjects who did not
- 8 achieve the blood pressure goal could have additional
- 9 antihypertensive agents added through week 24. At 8 weeks,
- 10 41 percent of subjects in the enalapril group and 33
- 11 percent in the omapatrilat group were on the highest
- 12 recommended doses. Between weeks 8 and 24, 19 to 36
- 13 percent of the enalapril subjects and 13 to 26 percent of
- 14 the omapatrilat subjects added antihypertensive therapies.
- 15 At 8 and 24 weeks, omapatrilat had a significantly greater
- 16 effect to lower trough blood pressure compared with
- 17 enalapril, but angioedema, including serious angioedema,
- 18 was significantly more common in subjects taking
- 19 omapatrilat. And we have a table outlining those data.
- 20 With these results and the data from the other
- 21 trials of omapatrilat, the committee is being asked to
- 22 characterize the risks of omapatrilat, to identify and
- 23 characterize the benefit to which this risk needs to be
- 24 compared, and to discuss whether omapatrilat's benefits
- 25 outweigh its risks.

- 1 So, we'll begin. How should one best
- 2 characterize the risk of angioedema with omapatrilat? 1.1.
- 3 Are the clinical features of angioedema associated with
- 4 omapatrilat similar to those associated with approved ACE
- 5 inhibitors? Tom.
- DR. PICKERING: Well, I think we've heard quite
- 7 convincingly that the clinical features are generally
- 8 similar, although with omapatrilat, the extent of the
- 9 angioedema is more likely to be severe.
- DR. BORER: Is it not true that the angioedema
- 11 tends to occur earlier also with omapatrilat than with the
- 12 ACE inhibitor?
- DR. PICKERING: Yes, since most of the episodes
- 14 did occur during the first day.
- DR. BORER: Are there any other comments about
- 16 the characterization? Steve.
- DR. NISSEN: I want to emphasize that there's a
- 18 pretty steep gradient here compared to enalapril in terms
- 19 of the risk ratio for mild, moderate, and severe. So, it
- 20 really looks like there's a significant shift from the more
- 21 mild forms to the more severe forms. So, it's not just a
- 22 quantitative measure. It's really also I think a
- 23 qualitative measure which I think you were saying also,
- 24 Tom, that there is disproportionately more severe
- 25 angioedema with omapatrilat.

- DR. BORER: Any other opinions?
- 2 (No response.)
- DR. BORER: Then let's go to 1.2. In the
- 4 original development program, about twice as many subjects
- 5 were exposed to omapatrilat 20 milligrams than to 10
- 6 milligrams as an initial dose, and the rate of any
- 7 angioedema was about three-fold higher in subjects
- 8 initially receiving 20 milligrams. OCTAVE's primary safety
- 9 hypothesis was that starting omapatrilat at a low dose and
- 10 titrating up would reduce the risk of angioedema of any
- 11 severity to no more than twice that of enalapril. Was this
- 12 hypothesis supported by the study?
- I don't think this needs much discussion. It
- 14 wasn't. Is there any dissent from that?
- 15 (No response.)
- DR. BORER: No.
- 1.3. In OCTAVE, there were two cases of life-
- 18 threatening angioedema among 12,000 subjects treated for
- 19 about 6 months. In the original development program, there
- 20 four such cases in a population about one-third as large.
- 21 Estimate the risk of life-threatening angioedema to expect
- 22 post-marketing and estimate the upper confidence limit for
- 23 that risk.
- I think in fairness maybe we better begin with
- 25 Tom Fleming for that one, and then go back to Steve and

- 1 Tom.
- DR. FLEMING: Well, let me respond to this and
- 3 add a little bit of response that relates to question
- 4 number 1.2.
- 5 The sponsor has provided us the estimate with
- 6 these two cases that the upper limit of the confidence
- 7 interval is 5.7 per 10,000.
- 8 Let me just add to this answer to question 1.2
- 9 that as the question indicated, there certainly was
- 10 evidence before OCTAVE that those patients at 10 would have
- 11 had a lower rate of angioedema than 20. Roughly, it
- 12 appears 1.1 percent as opposed to the 2.4 percent. So,
- 13 hence the design of the trial to rule out that the rate
- 14 could be as high as 2 percent, hoping it's around that 1.1
- 15 percent, and obviously, disappointingly the rate was at 3.2
- 16 percent. So, as you said, Jeff, the answer to 1.2 in that
- 17 sense is no, although I'd go on and say when one looks at
- 18 these life-threatening cases, the rate appears to be by
- 19 estimate 10-fold higher in those in the historical
- 20 experience who had received 20 as a starting dose.
- So, the bottom line is, as I see it, the rates
- 22 that had been hopefully reduced to levels below the 2
- 23 certainly were not. The rate was 3, but it might have that
- 24 there was systematic under-detection in the previous
- 25 experience. My own read of this is that there probably is

- 1 a dose response, and again the best measure of that would
- 2 be looking at the fact that we see approximately an
- 3 estimate of 2 with an upper limit of 5.7 per 100,000 life-
- 4 threatening cases in the OCTAVE trial in contrast to a
- 5 10-fold higher rate than that in the previous experience at
- 6 20.
- 7 DR. BORER: How about the 1.3? I'm sorry.
- B DR. FLEMING: I started off by saying the
- 9 estimate that I accept that was given by the sponsor that
- 10 the upper limit of the 95 percent confidence interval is
- 11 5.7 or about 5 to 6 cases per 10,000.
- DR. BORER: Steve.
- DR. NISSEN: Well, I think that, of course, Tom
- 14 is right statistically, but I think there are other factors
- 15 that we have to think about here. Let me see if I can make
- 16 this very clear.
- 17 I'm concerned that when the drug is
- 18 administered in the community outside of a setting of a
- 19 clinical trial, the rigor, the discipline of giving 10 and
- 20 waiting 2 hours, and then waiting 2 weeks before up-
- 21 titrating, that we may lose some of that discipline in
- 22 administration. So, I would tend to raise that estimate
- 23 somewhat because I'm not convinced that in general use you
- 24 achieve the discipline that you do in a clinical trial.
- 25 So, I think I've got to make some upward revision of that

- 1 estimate based upon the fact that in clinical use
- 2 recognition may be a little bit less because people may be
- 3 further from tertiary care centers, and therefore the risk
- 4 of a life-threatening event, which is what you're asking
- 5 us, Bob and Doug, I think could be a lot higher because I
- 6 don't believe that this plan can be as tight as it was in
- 7 the clinical trial.
- 8 DR. BORER: Blase.
- 9 DR. CARABELLO: I see the potential actually
- 10 for the opposite of that, that in post-marketing that we
- 11 don't release this to general use. I agree with Steve. I
- 12 think that's looking for trouble. The risk of an
- 13 angioplasty is not predicated so much upon the equipment or
- 14 the atherosclerotic lesion, but rather the judgment of the
- 15 angioplaster. If you have an experienced person with a lot
- of judgment, his or her complications are usually less than
- 17 someone who doesn't do it very well. I think if you limit
- 18 the use of this to people who have, because of the kind of
- 19 practice they're engaged in, extraordinary judgment, the
- 20 complication rate actually could be less.
- DR. BORER: Yes. The problem is making that
- 22 limitation. But let me ask a question and you can comment
- 23 on that and whatever else, Doug. Dofetalide. In order to
- 24 use dofetalide, it's necessary to go through an educational
- 25 program and then be approved for use. So, I guess the

- 1 precedent exists. I assume we could do that.
- DR. THROCKMORTON: Yes. That's probably not a
- 3 precedent, unfortunately, that we've had a broad amount of
- 4 success with. We understand there has been movement
- 5 towards other pharmaceuticals perhaps in some areas because
- 6 people have been reluctant to use that.
- 7 DR. TEMPLE: But that is because there's an
- 8 alternative. You can get sotalol without it,
- 9 unfortunately, for the same use.
- DR. THROCKMORTON: Right.
- 11 DR. TEMPLE: But here that might not be true.
- DR. CARABELLO: But going back to amiodarone or
- 13 adriamycin, we have plenty of drugs that, even if the
- 14 agency doesn't restrict them, people restrict their own use
- 15 because they're scared as hell to use the drugs. A
- 16 generalist is not going to prescribe adriamycin to the next
- 17 person who walks into his clinic.
- 18 DR. THROCKMORTON: Right, and we of course
- 19 don't restrict that at all.
- 20 And there is precedent for restricted
- 21 distribution, which is I gather what you're sort of talking
- 22 about. Normally it's drugs that have extraordinary
- 23 toxicities that the Office of Drug Safety people are
- 24 convinced can be managed using those kinds of restricted
- 25 distributions. But it's very hard. And for an

- 1 antihypertensive where we have several dozens of
- 2 alternatives, it seems like you'd need to be able to make a
- 3 clear case for doing that. That would be a hard thing,
- 4 maybe not an impossible thing, but not straightforward.
- DR. NISSEN: Just a comment, though. The
- 6 analogy here of, say, the angioplasty population, Blase, is
- 7 not in my view a good one, and I'll tell you why. Somebody
- 8 doing an angioplasty looks at the lesion and all kinds of
- 9 characteristics and can kind of profile the patient. The
- 10 problem is other than skin color, I can't look at a patient
- 11 and know who's going to have it and who's not. So, I could
- 12 be the world's greatest expert in hypertension, but I'm not
- 13 sure that I can pick the patient out who's going to have
- 14 this side effect. So, it's not quite the same as deciding
- 15 who you're going to put a stint into.
- DR. CARABELLO: Yes, but you can, as an expert
- in hypertension, pick out the group of patients for whom
- 18 the benefit is the most, at least alter the risk-benefit
- 19 ratio that way and say, okay, yes, you may get angioedema,
- 20 but in your case my judgment is you're the patient who's
- 21 likely to benefit from this drug. People like Dr. Black
- 22 and others might well want to have this drug in their
- 23 armamentarium when the other stuff doesn't work.
- DR. TEMPLE: We're developing numerous models
- 25 for risk management. You're familiar with one of them,

- 1 bosentan, Tracleer, where there's a central distribution
- 2 system, and it is shipped directly to the patient from a
- 3 single place, which allows you to assure that people get
- 4 the information which could include a video or a lot of
- 5 different things. That's relatively extreme, manageable
- 6 with a relatively small population, somewhat intrusive, but
- 7 in that case we thought it was worth it. And there is a
- 8 wide range of others. Anne or Julie could probably tell
- 9 you some of the details.
- 10 One that might be considered highly relevant
- 11 would be what we did with Lotrinex, which has risks of
- 12 somewhat the same order of magnitude and severity, but we
- 13 thought it was appropriate for a well-described population
- 14 of people who were made miserable by their irritable bowel
- 15 syndrome. That's no so different from people who are put
- 16 at very high risk because their blood pressure is
- 17 uncontrollable. So, perhaps a description of that.
- But in fact, we'd like to hear what you
- 19 suggest. Obviously, shipping directly from a central
- 20 pharmacy is burdensome in one sense but worth it if the
- 21 risk is bad enough and if you really want to be sure all of
- 22 the people involved get educated. As an example, if you
- 23 wanted to be absolutely sure that patients knew what
- 24 angioedema was like, well, the only way to make really sure
- 25 is to tell them, enable them to ask questions, show some

- 1 pictures of it, or something like that. So, I'm skeptical
- 2 of whether your local pharmacist will be able to do this in
- 3 a reliable way, but there might be other people who could
- 4 do that.
- 5 So, there's a very wide range of possibilities.
- 6 We're happy to hear any suggestions you have, and if that
- 7 was considered sufficient to make this available, we would
- 8 work with our own staff and them to figure out what that
- 9 is. They've ranged from giving good advice, having a
- 10 patient insert, putting a black boxed warning, all the way
- 11 to specialized distribution systems.
- DR. BORER: Well, that's exactly the point
- 13 we're up to here, 1.4. I'm sorry. Tom.
- 14 DR. FLEMING: I was just going to briefly say,
- 15 as we're leaving 1.3, I accept Steve's comments as amending
- 16 my response. My response is based on what this trial
- 17 shows, and I understand clearly your concern and endorse
- 18 that concern that this, in fact, in clinical practice could
- 19 be worse. Blase makes the relevant point that we may well
- 20 have a differential benefit-to-risk, but other than blacks
- 21 and smokers we don't know how to prevent this. So, I
- 22 accept your point, Steve.
- DR. BORER: 1.4 requests some opinion about the
- 24 risk management plan. The sponsor has proposed a risk
- 25 management plan focusing on patient education by

- 1 pharmacists. To what extent can a risk management program
- 2 based on patient education be expected to reduce the risk
- 3 of death from angioedema?
- Why don't we begin this time with Steve, and
- 5 then we'll go to Tom.
- 6 DR. NISSEN: Well, I think it's a start and I
- 7 think it certainly does help. The question is how large a
- 8 magnitude of reduction in risk will we get. It's not going
- 9 to prevent angioedema. What it might do is get people to
- 10 seek treatment earlier, and I'm convinced by the arguments
- 11 from Dr. Kaplan that that could make a difference.
- 12 I actually think to really reduce risk, a much
- 13 more comprehensive program of risk management will be
- 14 required. I was a little surprised there wasn't much more
- 15 here for physician education because, in fact, I must tell
- 16 you that I didn't understand the subtleties of differences
- in what drugs work and what drugs don't work and so on.
- 18 So, in my view we would have to get information to most
- 19 emergency department physicians. We'd have to make sure
- 20 they understood about omapatrilat, they knew what to do,
- 21 how to do it, and so on. I didn't see that in here. So, I
- think the effect here of this is likely to be modest rather
- 23 than more than that.
- DR. BORER: Tom.
- DR. PICKERING: Yes, I generally agree. I

- 1 think it's a great idea, but my impression is that brief
- 2 pharmacy education programs are not in general terribly
- 3 effective. Again, I guess I would be concerned about what
- 4 happens in a sort of busy pharmacy in Harlem where there's
- 5 a long line of patients waiting for their prescriptions,
- 6 how much time there would actually be to do this. I think
- 7 it's an untested possibility.
- DR. BORER: Mike, do you have any thoughts
- 9 about the education program, the risk management program?
- DR. ARTMAN: Yes, I agree with what Tom just
- 11 said. I think, in a practical sense, it's impossible to
- 12 say that this is going to be useful or not. It's
- 13 interesting talking about where the trials were done. I
- 14 assume if this is going to be used overseas, we heard from
- 15 Dr. Black how he had an experience in a remote emergency
- 16 room in Connecticut and everything came out of fine, which
- 17 he said was like being in Russia. But I wonder what it's
- 18 really like in Russia. So, I have little confidence that
- 19 this risk management plan is going to do anything.
- Now, that said, the sponsor also sort of made
- 21 the case that it really doesn't matter because these are
- 22 obvious signs and symptoms. The patients recognize them.
- 23 They come on slowly. So, it's six of one, half a dozen of
- 24 the other. I don't know which side of the fence they're
- 25 sitting on.

- 1 DR. WACLAWSKI: Dr. Borer?
- DR. BORER: One second. Once we start this
- 3 part of the session, we don't really want input unless we
- 4 ask for it.
- 5 Susanna.
- DR. CUNNINGHAM: Is there any evidence that
- 7 actually a pharmacist-based program can do risk reduction?
- 8 It's a very theoretical thing and I think, really, we've
- 9 already heard how it probably is quite impractical. So, I
- 10 would be interested if somebody has evidence that it would
- 11 work.
- DR. BORER: Is there any experience that we can
- 13 refer to?
- 14 DR. TEMPLE: Julie or Anne may want to comment,
- 15 but I'm sure they'll tell you the answer is probably not.
- 16 But come on. Don't let me speak for you.
- DR. TRONTELLE: I'm Anne Trontelle from the
- 18 Division of Surveillance Research and Communication Support
- 19 in the CDER Office of Drug Safety.
- 20 We do have some evidence. It's mostly known at
- 21 this point to be published by Duke Center for Education and
- 22 Research in Therapeutics on the dofetalide program which
- 23 involves not only education of pharmacists, but also of
- 24 practitioners and specially staged introduction of that
- 25 drug. I think there's some suggestion of improved efficacy

- 1 over comparable drugs, but that's again a highly
- 2 specialized program and one that has probably resulted in
- 3 substantial voluntary restriction on use of the product
- 4 perhaps because that program has been perceived to be
- 5 burdensome. We really are lacking data from any of the
- 6 other programs at this point.
- 7 DR. TEMPLE: But a crucial distinction. You
- 8 start dofetalide in the hospital or some ambulatory
- 9 equivalent.
- 10 DR. TRONTELLE: That's correct.
- 11 DR. TEMPLE: So, it's not your local CVS
- 12 pharmacist who's responsible for this. It's the hospital
- 13 pharmacist. Well, no. That was no offense. It's not your
- 14 local pharmacist. It's a highly specialized group of
- 15 people and there's a lot of exchange of information. But
- 16 do we believe that a complicated information system will be
- 17 handled by local pharmacies? I'm not aware of any
- information, and as a profound user of many drugs, I think
- 19 that's very unlikely.
- 20 (Laughter.)
- DR. TRONTELLE: I think it's hoped for but we
- 22 don't have data at this point.
- 23 DR. TEMPLE: Actually we know that patient
- 24 package inserts are not well handed out by local
- 25 pharmacies. That's a not a very hard thing to do. But we

- 1 even know that. That seems unlikely.
- DR. ARMSTRONG: Maybe I'll speak to that point
- 3 and also give an opinion on this issue on the table.
- 4 There is data in western Canada on pharmacists
- 5 and cholesterol lowering and adherence to medication which
- 6 engages pharmacists and actually demonstrates enhanced
- 7 adherence to the guidelines. So, there is some data.
- 8 On the point about the education program on the
- 9 table, notwithstanding the great intentions and efforts of
- 10 the sponsor, my worry would be that the infrequency of the
- 11 event, even with the best efforts of educating the
- 12 physicians and the patients would lead to desensitization,
- 13 and I use that term advisedly in relationship to
- 14 recognition of the event as time elapses.
- DR. NISSEN: Would the pharmacist be reimbursed
- 16 for this activity, or would this be sort of gratis?
- DR. THROCKMORTON: Yes. It's important to note
- 18 and we may want to ask the sponsor to comment on it. The
- 19 program they've proposed, the outline of the program --
- 20 again, remember, the specifics would be worked out were you
- 21 to give us some level of comfort that it was possible. The
- 22 program that they've outlined involves a central pharmacist
- 23 who would interact with the patients initially and I
- 24 wouldn't want to guess how that person would make their
- 25 living. The sponsor might want to comment a little. Is

- 1 that enough, Elliott, that there's a central pharmacist and
- 2 then a follow-up with the dispensing pharmacist?
- 3 DR. LEVY: Well, there's no intention to make
- 4 the local pharmacist the focus for patient education. We
- 5 would use pharmacists in a program that would require that
- 6 every patient receive counseling before they went to the
- 7 local pharmacy and got the drug. That, of course, is in
- 8 addition to physician counseling and to a host of messages
- 9 that are provided them through the packaging and
- 10 educational materials.
- 11 DR. CARABELLO: I personally don't think we'll
- 12 have too much success in mitigating risk, although patient
- 13 education to let them know what angioedema is would clearly
- 14 be valuable. Going back to my original plan, I think our
- 15 best bet is trying to improve the risk-benefit ratio by
- 16 focusing on the prescriber so that whatever the risk is
- it's only matched by the higher benefit by prescribing this
- 18 to some specific patients.
- 19 Finally, I'd like to distance myself from any
- 20 group that would compare both South Dakota and Connecticut
- 21 to Russia. I think that's a very dangerous thing to do.
- DR. BORER: Because you have asked for a lot of
- 23 opinions about this, I want to say a couple of things here
- 24 in addition to what's already been said.
- 25 My perception of the risk has been modified in

- 1 an important way by Dr. Kaplan's comments and the fact that
- 2 there are perhaps several hours off usually before major
- 3 sequelae of angioedema might be expected to occur. On the
- 4 other hand, that means you have to be within a couple of
- 5 hours of help and you have to be aware that you need help.
- I share the concern that has been raised by a
- 7 couple of people on the committee that a patient education
- 8 program just isn't going to cut it, or by itself it won't.
- 9 It's an important component if one could do this at all,
- 10 but the physician education is crucial. I don't know how
- 11 one could achieve adequate physician education without
- 12 limited distribution, which is a tall order, as we've
- 13 heard. So, I have real concern that a practical program
- 14 could be developed.
- 15 But I do not believe that a risk management
- 16 plan focusing on the patients and the pharmacists would be
- 17 sufficient to deal with the risk if we perceived the risk
- 18 to be an important risk relative to the benefit and if --
- 19 on and on and on. Again, I think we still have to discuss
- 20 what the risk is in view of the information we received
- 21 today, but I don't think this kind of a plan would do it.
- Was there another comment?
- 23 DR. THROCKMORTON: Susanna, do you have a
- 24 comment at all?
- DR. CUNNINGHAM: No.

- DR. BORER: Tom, I'm sorry. I didn't ask you
- 2 specifically for a comment about this.
- 3 The sponsor has shown the results of
- 4 OVERTURE --
- DR. TEMPLE: Jeffrey, before we leave that,
- 6 could we hear other people's views of that last point? I
- 7 mean, that's not unimportant, after all. You are skeptical
- 8 that anything but a limited distribution system which
- 9 allows you to interact clearly with the physician -- I
- 10 assume that's the point --
- DR. BORER: That's right.
- DR. TEMPLE: -- is likely to do anything. Is
- 13 that everybody's view? That's potentially very critical
- 14 depending on your answer to the rest of it.
- DR. BORER: Well, let's hear.
- DR. NISSEN: I also concur.
- DR. CARABELLO: I think I made my own point
- 18 clear.
- DR. CUNNINGHAM: I agree.
- DR. ARTMAN: Well, I agree but yet even that --
- 21 there are two issues. One is controlling the use of the
- 22 drug and restricting its use, and the other is managing
- 23 this adverse event and that we can't really predict who's
- 24 going to get that. There are some that are at little bit
- 25 higher risk than others, but anybody who's on this drug for

- 1 any given time at any dosage may develop significant
- 2 angioedema. So, yes, I agree with that that you can maybe
- 3 minimize it by minimizing the number of people you expose,
- 4 but I think it's a whole different issue to say that that's
- 5 going to reduce the risk. I don't think it will.
- DR. TEMPLE: The theory I think -- Blase has
- 7 said this several times -- is that you make the risk
- 8 acceptable because the benefit is particularly good.
- 9 That's certainly the theory of Lotrinex. If you only give
- 10 it to people who are willing to accept and understand all
- 11 the various risks, then the benefits might outweigh the
- 12 risk for that portion of the population, whereas if you
- 13 just gave it to everybody with IBS, you wouldn't feel that.
- 14 DR. ARTMAN: Well, let's extend that logic that
- 15 Blase used to amiodarone and angioplasty. There are
- 16 knuckleheads out there using amiodarone and angioplasty.
- 17 And some of these things started out being sort of
- 18 restricted. So, once the cat is out of the bag, all bets
- 19 are off.
- 20 DR. NISSEN: There's one other part of the
- 21 equation again I think that's very important to understand,
- 22 and that is that the suggestion here is that we can
- 23 optimize risk-to-benefit ratio by selecting patients that
- 24 are most likely to benefit. Tom Fleming tried to drill
- 25 down very hard to find that group that's most likely to

- benefit and to see whether or not there's very good
- 2 evidence here that lets us identify such a group and then
- 3 to estimate the magnitude of benefit.
- The problem I have is I'm not quite sure how to
- 5 drill down to that group that's most likely to benefit, and
- 6 I'm certainly not sure how to estimate the magnitude of
- 7 benefit of a 3 over 2 millimeter blood pressure difference
- 8 in a new class of drugs. So, this is all predicated on the
- 9 assumption that we know that and therefore, by picking
- 10 these high risk individuals, we can somehow optimize
- 11 overall benefit, and I just don't think the data gives us
- 12 that information.
- DR. BORER: Let's go on to question 2. The
- 14 sponsor has shown the results of OVERTURE, a comparison of
- 15 omapatrilat and enalapril in the treatment of chronic heart
- 16 failure. If the results of this study are as presented,
- 17 how relevant are these data to the approval of omapatrilat
- 18 for hypertension?
- Tom and then Steve.
- DR. PICKERING: Well, I certainly think the
- 21 results are relevant because I guess we were hoping there
- 22 was some evidence of additional benefit on outcomes from
- 23 omapatrilat above those of enalapril. But my own
- 24 interpretation is that the study was negative. In terms of
- 25 the blood pressure reduction, there doesn't seem to be any

- 1 convincing evidence that there was a difference using the
- 2 b.i.d. dose. On the other hand, I guess you could argue
- 3 that the doses weren't necessarily the maximal that are
- 4 used for blood pressure control, and it wasn't designed as
- 5 a blood pressure study. So, the bottom line is I don't
- 6 think it adds a whole lot of support for the case.
- 7 DR. BORER: Go on to 2.2. How reassuring are
- 8 these data with respect to the use of omapatrilat in a
- 9 hypertensive population? I think you've just answered
- 10 that, but do you want to elaborate a little bit? I think
- 11 you've answered it.
- DR. PICKERING: Yes.
- DR. BORER: Steve.
- DR. NISSEN: I guess I think the OVERTURE data
- 15 are minimally relevant. I'm glad we have them, and I agree
- 16 with Milt Packer's suggestion that it does tend to make us
- 17 believe that there's not being harm done by this drug with
- 18 respect to that particular group of patients. But because
- 19 it is a different group of patients, it's hard to interpret
- 20 it.
- I think I'm convinced that probably there was a
- 22 blood pressure difference in OVERTURE, particularly given
- 23 the greater incidence of hypotension. But I think the
- 24 amount of weight I would put on OVERTURE in our decision is
- 25 very, very small, and I wouldn't urge us to consider it

- 1 very much in our overall decision making.
- DR. TEMPLE: Let me ask a specific question.
- 3 You've raised the issue several times now that you don't
- 4 know what a new drug that hasn't got outcome data does.
- 5 You don't know whether the expected benefit of a 3
- 6 millimeter of mercury systolic pressure difference -- okay.
- Well, there are a number of possible reasons
- 8 for that, but one of them is maybe it's like a high-dose
- 9 diuretic and it kills you in some way.
- 10 One might have argued -- I'm not trying to put
- 11 words, but we need to understand this because, without
- 12 understanding, we might go off and say the wrong thing.
- 13 One might think that OVERTURE is somewhat reassuring on
- 14 that point. You have a fragile population susceptible to
- 15 getting MI, sudden death, all those things, and that didn't
- 16 happen to them. So, why doesn't that, to some extent,
- 17 contribute to your answer on that?
- DR. BORER: Let me respond to that. It does
- 19 for me. I don't think that the OVERTURE data are the
- 20 panacea to respond to our concerns, but it's hard not to
- 21 begin to develop the belief that there isn't a smoking gun
- 22 in terms of other cardiovascular toxicity out there. When
- 23 you look at the OVERTURE data, as Tom said, it's not an
- 24 antihypertensive study and the doses were half the maximal
- 25 doses that were given in OCTAVE and half the maximal doses

- 1 that would be used in clinical practice, though they were
- 2 relevant for a heart failure study. But remember, of the
- 3 people with heart failure, more than half had coronary
- 4 disease as the basis, and we didn't see a jump in
- 5 myocardial infarction, sudden death, and whatever.
- 6 So, I think these are useful data. They're not
- 7 dispositive, but I think they're useful data in making us
- 8 focus in on the safety concern that we have to balance
- 9 against the benefits, specifically the angioedema. It
- 10 wipes away some of the potential peripheral noise.
- 11 DR. NISSEN: Bob, I wanted to also respond
- 12 directly. Let me see if I can be clear about this.
- I agree with Jeffrey and I agree with Milton
- 14 that it does, in fact, help us in the belief that there is
- 15 no harm being done by the drug. But I was speaking to the
- 16 question of what inference can we place on that 3 over 2
- 17 millimeter blood pressure decrease upon the likelihood that
- 18 that will produce an incremental benefit on events, and I
- 19 can't tease that out of OVERTURE. I still don't know yet
- 20 whether the better blood pressure reduction that we get
- 21 with omapatrilat will, in fact, ultimately translate into a
- 22 reduction of events.
- 23 DR. TEMPLE: You obviously have no direct
- 24 information on that. And Henry may be invited to talk to
- 25 this too. The people who do meta-analyses and look at

- 1 various drugs generally reached the conclusion that, if you
- 2 like, it's the blood pressure, stupid, and that a fallen
- 3 blood pressure, unless it's balanced by something toxic or
- 4 some failure to treat a component, maybe like doxazocin,
- 5 will have the expected effect. That's not proof, but I'm
- 6 curious to know where your skepticism comes from. Do you
- 7 doubt that or where does it come from?
- B DR. NISSEN: I do doubt it, and I doubt it
- 9 because of some studies. I doubt it because LIFE is a
- 10 study where similar blood pressure reductions produced
- 11 different effects on events. Looking at all the different
- 12 events, I'm pretty well convinced, for example, that the
- 13 same amount of blood pressure lowering with a calcium
- 14 channel blocker may lower stroke to a greater extent than,
- 15 say, ACE inhibitors, whereas lowering with ACE inhibitors
- 16 may do a better job of preventing heart failure. I think
- 17 there are lots of clinical trial data that suggest it is
- 18 not just the blood pressure, stupid.
- 19 I think that given that fact and given the fact
- 20 that we've got an entirely new drug in a new class, I
- 21 cannot estimate -- and OVERTURE doesn't allow me to
- 22 estimate -- the magnitude of benefit of a 3 over 2 blood
- 23 pressure increase on the long-term morbidity and mortality
- 24 in this population. It was even a different population
- 25 from OVERTURE.

- DR. BORER: Are there any other comments from
- 2 the committee about OVERTURE? Susanna. I'm sorry. Tom.
- 3 DR. FLEMING: I find OVERTURE very relevant to
- 4 the setting in which it was conducted. In this chronic
- 5 heart failure setting, we see a 6 percent reduction in
- 6 these primary endpoints, and in my sense, a nonsignificant
- 7 modest difference here is not an adequate difference when
- 8 you're looking at angioedema risks as part of the overall
- 9 spectrum of side effects.
- To get to the question, though, how relevant is
- 11 this to the antihypertensive setting? As I understand it,
- in essence the way it's supposed to be relevant is we --
- 13 and I'm going to oversimplify the world probably, but
- 14 omapatrilat, let's say, is an inhibitor of ACE and NEP, and
- 15 let's say that it's the inhibition of NEP that's the causal
- 16 mechanism by which we're achieving a higher level of blood
- 17 pressure control. So, what I really want to do is be able
- 18 to be reassured that the only effect that that inhibition
- 19 of NEP has is mediated through this blood pressure control.
- 20 That's essentially, I assume, the reassurance I'm supposed
- 21 to get out of this study. And yet, I don't see the
- 22 magnitude of blood pressure difference in this setting that
- 23 I have in the antihypertensive setting.
- I struggle to see the logic behind how I'm
- 25 going to be able to then use this as a way to conclude that

- 1 in the antihypertensive setting, that these data provide me
- 2 compelling evidence or reliable or even useful insights
- 3 that I'm not going to have unintended effects on clinical
- 4 endpoints which, in fact, wouldn't have to occur in the
- 5 magnitude that they would occur in a chronic heart failure
- 6 setting to be important on relative risk. Events are much
- 7 more rare in an antihypertensive setting. So, if something
- 8 doesn't show up in a setting where events are frequent, it
- 9 doesn't mean that there isn't a signal there that's being
- 10 lost in the background of a lot of other naturally
- 11 occurring events that in the antihypertensive setting would
- 12 be important. So, I don't see how this is informative for
- 13 our setting.
- 14 DR. BORER: May I just ask you to elaborate a
- 15 little further, Tom? I wonder whether the data from
- 16 OVERTURE have to be understood in context of the data from
- 17 OCTAVE about cardiovascular events. There was no
- 18 significant reduction in cardiovascular events, but they
- 19 went in the right direction and we didn't see a problem
- 20 with excessive cardiovascular events in this very high risk
- 21 population of OVERTURE. Taken together, do they or do they
- 22 not give you some confidence that we don't have to be
- 23 overly concerned?
- DR. FLEMING: There's not nearly enough known
- 25 to draw that conclusion. One could argue -- and maybe it's

- 1 entirely wrong -- that what small trends that are there
- 2 are, in fact, due to the intended mechanism that is the
- 3 added blood pressure control.
- What I want to be reassured about is the point
- 5 Steve has articulated on several occasions, and that is if
- 6 we now have a new agent that not only is an inhibitor of
- 7 ACE but NEP and it may be through that mechanism that we
- 8 get this additional 3 millimeter blood pressure control,
- 9 that I can now conclude I'm going to achieve the full
- 10 benefit in reduction of clinical events, and there won't be
- 11 any other unintended effects on cardiovascular events. I
- 12 can't glean that from the OVERTURE data.
- DR. TEMPLE: But, Jeff, this is really
- 14 critical. If the committee as a whole doesn't believe that
- 15 lowering the blood pressure more, even if that were well
- 16 documented, is of any value, then we can stop now.
- 17 DR. BORER: But I'm not sure we're at that
- 18 point.
- 19 DR. FLEMING: We're not at that point.
- DR. BORER: We'll answer that question.
- 21 Blase.
- DR. CARABELLO: Just to make the point that in
- 23 OVERTURE, I think it is somewhat reassuring that in what is
- 24 surely a very sick group of patients, we didn't see
- 25 increased cardiovascular events.

- But the other point I was going to make is that
- 2 in some respects this is comparing apples with freight
- 3 trains. Remember, cardiologists only have to remember two
- 4 things at once. In this case it's total peripheral
- 5 resistance and cardiac output. And the two things
- 6 supporting blood pressure and heart failure are so vastly
- 7 different with every system known to man revved up and
- 8 screaming at one another. Whatever the difference between
- 9 that is and in essential hypertension I don't know, but I
- 10 suspect that we're talking about two very different
- 11 pathophysiologic settings.
- DR. BORER: Paul.
- DR. ARMSTRONG: Just to respond to Bob's point,
- 14 I'm not sure that the prevention of the degradation of AMP,
- 15 adrenomedullin, and bradykinin long term aren't harmful.
- 16 So, I'm not prepared to accept blood pressure lowering with
- 17 this agent as a likely mechanism for the prevention of
- 18 long-term cardiovascular morbidity and mortality.
- 19 DR. BORER: Bob, has pointed out that we do
- 20 have to deal with this issue as to whether we accept blood
- 21 pressure lowering as a surrogate. I think that what's
- 22 developing from this discussion may not be that everybody
- 23 wants to tell the FDA to junk the surrogate -- or maybe
- 24 they do and we'll ask specifically -- but that when the
- 25 surrogate is achieved by the use of a new agent that acts

- 1 by a different mechanism, are the risks associated with the
- 2 use of that new agent sufficiently modest so that even
- 3 though there may be mechanism-specific differences in the
- 4 magnitude of benefit from a given degree of blood pressure
- 5 lowering, we can assume that the blood pressure lowering
- 6 causes a benefit sufficient to overcome those risks that we
- 7 don't understand so well. That's sort of a complicated
- 8 statement, but I think you get the idea.
- 9 DR. TEMPLE: But it is fundamentally
- 10 untestable. You can't use this in a 10,000-patient study
- 11 because it wouldn't be even ethical to even give those
- 12 people the drug.
- DR. BORER: Right.
- DR. TEMPLE: Just remember.
- DR. BORER: Just to answer your question, is
- 16 there anyone here at the table who wants to tell the FDA
- 17 today that we just cannot accept the blood pressure
- 18 lowering as a surrogate anymore?
- 19 DR. THROCKMORTON: In this case, you must say
- 20 -- since yesterday you said you could do that for drugs
- 21 within the same class. Specifically you must now be saying
- 22 comparing drugs not within the same class.
- DR. FLEMING: Jeff, we don't really want to
- 24 make a blanket statement. Right? I mean, I think as has
- 25 been articulated by many people, it depends on the

- 1 circumstance. There are an awful lot of surrogates that I
- 2 wouldn't put much stock in at all. This one is one that
- 3 stands out among the few that really has some considerable
- 4 credibility, and yet you don't blanketly apply it. And
- 5 there are certain settings, for example, within drugs
- 6 within the same class where there are no detected concerns
- 7 in safety where you're going to be more confident in
- 8 relying upon it than in other settings where you have
- 9 different drugs in different classes or, in particular, as
- 10 is in this case -- I'm not saying you wouldn't give it some
- 11 credence, but there is a higher bar that you have to hit
- 12 when you have to overcome an important significant side
- 13 effect.
- 14 DR. BORER: I think that that statement
- 15 probably stands for the committee here. The committee
- isn't suggesting that the surrogate has to be scrapped. We
- don't have the database to be able to suggest such a thing.
- 18 But with this particular agent, there is information that
- 19 indicates a risk that's higher than we might have expected
- 20 for some new antihypertensive drug, and now we have to
- 21 explore whether the risk or other risks that we haven't
- 22 quite fully fathomed yet outweigh the putative benefits of
- 23 the blood pressure lowering. And that's what we're sort of
- 24 grappling with here.
- DR. TEMPLE: I think I'm hearing that you think

- 1 under these circumstances, it's sufficiently uncertain as
- 2 to whether there is a benefit, that there cannot be
- 3 anything that outweighs the well-known risk. The risk is
- 4 documented. That can't go away. You can manage it, but
- 5 you can't make it go away. But in this case, you can't
- 6 know with enough certainty that there's a benefit of a 3
- 7 millimeter of mercury difference, so that there is really
- 8 no presumed benefit from that outcome.
- 9 DR. BORER: I don't think that's the consensus
- 10 here yet.
- 11 DR. TEMPLE: I'm being provocative. I want to
- 12 hear what you do think.
- DR. NISSEN: I know you are and I really want
- 14 to try to directly answer that a little bit.
- 15 The reason that I think Tom Fleming said that
- 16 it depends is because it depends on the magnitude of the
- 17 difference in blood pressure and the magnitude of the risk.
- 18 So, if you give me a drug that has no defined risks above
- 19 that of comparators and has a fairly robust and substantial
- 20 blood pressure advantage over a 24-hour period of time,
- 21 we're going to probably be just fine. And we did that
- 22 yesterday. We took a few hundred patient trials, a couple
- 23 of trials, and we said a drug in the same class with no
- 24 special risks that has a couple of millimeters better blood
- 25 pressure reduction is superior.

- So, if this drug could produce an 8 or 10
- 2 millimeter increase, very, very robust differences, that
- 3 would shift the equation a little bit. And if the risks
- 4 here were a bit smaller, if it were only a twofold increase
- 5 in the risk of angioedema, not a threefold, and there
- 6 weren't these racial issues.
- 7 And so, the reason it's context that makes a
- 8 difference here is we have to as clinicians and you have to
- 9 as an agency balance the magnitude of the benefit with the
- 10 magnitude of the risk. What I think we're saying is that
- 11 for a 3 millimeter over 2 millimeter blood pressure
- 12 difference, we know that there are interclass differences
- in effect on events, and those could potentially overwhelm
- 14 that 3 over 2 benefit, particularly in the context where
- 15 safety is a problem.
- 16 DR. TEMPLE: I just want to ask one other
- 17 thing. To my best knowledge, no placebo-controlled trial
- 18 of any class of drugs, which includes calcium channel
- 19 blockers, reserpine, hydralazine, even high-dose diuretics
- 20 which are lethal, has failed to show a favorable effect on
- 21 stroke in other matters. That doesn't mean there can't be
- 22 differences between the classes. There can.
- 23 But I would have said the general observation
- 24 of lowering blood pressure, barring some bizarre thing like
- 25 causing arrhythmias, is always good for you was fairly well

- 1 established. You're absolutely right. That doesn't mean
- 2 there can't be interclass differences. But you don't think
- 3 that's necessarily good enough because you can't really
- 4 quantify it.
- 5 DR. NISSEN: Well, it's true, true, and
- 6 unrelated. I mean, the fact that drug X is better than
- 7 placebo, because it lowers blood pressure, isn't the same
- 8 as saying that drug X is better than drug Y because it
- 9 lowers blood pressure by a little bit more. I think that's
- 10 the problem. The problem is we have shown interclass
- 11 differences. So, it's true that every drug that lowers
- 12 blood pressure has been better than placebo. I think
- 13 that's right.
- DR. TEMPLE: So, across class, even something
- 15 that was a little bit better at lowering blood pressure
- 16 might not be better because of other factors.
- DR. NISSEN: And that's what ALLHAT is testing
- 18 in an enormous population. If ALLHAT is a wash, then okay.
- 19 But I would make you a prediction that different endpoints
- 20 in ALLHAT may go in different directions based upon which
- 21 agent you use independent of blood pressure.
- DR. BORER: Today, however, we have to make our
- 23 judgment based on what we know. Of course, ALLHAT isn't
- 24 available yet.
- 25 And I want to hear Tom's comment about this,

- 1 but I think to put it in a slightly different context, I'm
- 2 willing to accept that 3 over 2 is good. If omapatrilat is
- 3 what it takes to get there, that's a good thing. The issue
- 4 is do the benefits outweigh the putative risks. At the end
- 5 of the day, we're going to have to come to a qualitative
- 6 judgment of that because there is absolutely no way we can
- 7 quantify these things. And we're going to get there, I
- 8 promise. I don't know what that judgment will be, but
- 9 that's what we're going to have to do and that's what we're
- 10 sort of moving towards.
- 11 Tom.
- DR. PICKERING: Yes. I'm one of those who says
- 13 that a 3 over 2 reduction in blood pressure is extremely
- 14 important clinically for the reduction of risk.
- 15 I'd like to sort of clarify what we're talking
- 16 about in terms of risk here. Maybe angioedema is one
- 17 that's clearly defined, but I think I'm sort of hearing
- insinuations that there may be other risks that we really
- 19 don't know about, and if so, I think that's unfair to the
- 20 sponsors. What we should be judging is the blood pressure
- 21 and the known risks at this stage.
- DR. BORER: Yes, I agree with that statement to
- 23 the extent that we have looked at the adverse event profile
- 24 for this 25,000-patient study plus the OVERTURE data for a
- 25 different population. That's true. If anything, it would

- 1 tend to reassure one that bad things aren't happening. I
- 2 think Tom's point, which is absolutely right, is it also
- 3 doesn't tell you you're clearly benefiting in terms of
- 4 event reduction from the blood pressure lowering. On the
- 5 other hand, that's not what the trial was designed to do,
- 6 but it does make a pretty reasonable case that there's not
- 7 a smoking gun out there that some horrible thing is going
- 8 to happen besides the angioedema, the relative importance
- 9 of which we're going to have to judge at the end of the
- 10 day.
- 11 Why don't we try. Unless anybody has anything
- 12 else to say about 2, we'll move on to 3, which is fairly
- 13 specific. Consider the antihypertensive effects of
- 14 omapatrilat relative to other drugs. 3.1. Is omapatrilat
- 15 superior to enalapril? What results support this?
- Tom, can you give us an opinion about that?
- DR. PICKERING: Yes. I would say the answer is
- 18 yes and I accept that these studies against twice-daily
- 19 enalapril might have reduced the superiority a little, but
- 20 I would expect it would still be there.
- 21 As I said earlier, I'm sort of disappointed
- that there aren't head-to-head studies between omapatrilat
- 23 and enalapril or lisinopril plus a diuretic. I would very
- 24 much like to see what those data would show. I know
- 25 there's an additive effect when you add omapatrilat to a

- 1 diuretic, but I think the head-to-head studies would have
- 2 still been helpful.
- 3 DR. BORER: Steve, what do you think about
- 4 omapatrilat versus enalapril?
- 5 DR. NISSEN: I'm convinced. If you show it in
- 6 a 25,000-patient trial of this strength, the evidence is
- 7 just overwhelming that it is superior at lowering blood
- 8 pressure to enalapril. Not controversial.
- DR. BORER: Tom, do you have any concerns about
- 10 that? No. Anybody else?
- 11 (No response.)
- DR. BORER: So, we're willing to accept the
- 13 answer to 3.1 as being yes.
- How about 3.2? Steve, why don't you start.
- DR. NISSEN: Two adequately controlled trials
- 16 against lisinopril in reviewing Dr. Throckmorton's material
- 17 -- and I think they were well done, and there's also
- 18 ambulatory blood pressure data. So, I think that in fact
- 19 there is adequate evidence of superiority to lisinopril.
- DR. BORER: Tom.
- DR. PICKERING: I agree.
- DR. FLEMING: Well, I just have a comment,
- 23 additional thought that will apply to 3.2, 3.3, and 3.4,
- 24 and that is I certainly agree the data are there to
- 25 establish a superior antihypertensive effect. All of these

- 1 studies, though, that will be relevant for 3.2, 3.3, and
- 2 3.4 had starting doses of 20. So, these superior
- 3 antihypertensive effects were established in settings
- 4 where, from a point estimate perspective, the angioedema
- 5 rates were maybe an order of magnitude higher than what we
- 6 see in OCTAVE, although I suppose it could reasonably be
- 7 presumed that had these studies also been done with the
- 8 lower starting dose, that they still would have yielded
- 9 comparable improvements in antihypertensive control or
- 10 effects.
- DR. BORER: So, you've extended now to 3.3 and
- 12 3.4 and accepted omapatrilat as superior to the other drugs
- 13 as well.
- 14 Tom Pickering, would you agree with that?
- DR. PICKERING: Yes.
- DR. BORER: And Steve?
- DR. NISSEN: I do not. I reviewed this pretty
- 18 carefully. Let's take 3.3 first. There were two trials
- 19 against amlodipine, one of which was positive with a delta
- 20 of minus 2.1, and one of which showed a delta of minus .3
- 21 and a p value of .6. So, if you say it takes two trials,
- 22 the two trial rule was not achieved against amlodipine.
- 23 Now, both trials were adequately done, but I don't think
- 24 there are two positive trials. Doug, correct me if I'm
- 25 wrong, but when I read your review here, the study CV137-

- 1 032, your review said, failed to detect a significant
- 2 difference between omapatrilat and amlodipine, and the
- 3 delta was minus 0.3, p equals .617. So, I would say not
- 4 proven.
- 5 And for 3.4, I don't think there's adequate
- 6 data against losartan. I think the two trial rule
- 7 requiring well-performed trials simply isn't there. But
- 8 correct me if I'm wrong, Doug. You've reviewed this.
- 9 DR. THROCKMORTON: Review the losartan data,
- 10 maybe.
- 11 DR. NISSEN: You'll have to point me to the --
- DR. BORER: While you're looking for --
- DR. NISSEN: I think the only trial I saw was
- 14 the LVH study, but maybe there's something I don't know
- 15 about. I don't think that was adequate.
- 16 DR. BORER: While you're looking for them,
- 17 though, remember that the replicability of effect principle
- is really an approvability principle. We're talking here
- 19 about whether we have data that would convince us rather
- 20 that for approval purposes for moving forward with an
- 21 opinion about whether this drug adds something that the
- 22 drug actually was more effective than losartan or
- 23 amlodipine, in which case it might be reasonable. I'm not
- 24 suggesting you should do it, but it might be reasonable to
- 25 add the data together and look at the average. Both trials

- 1 went the same way, for example. I'm not suggesting that
- 2 that should be the opinion, but one might look at it that
- 3 way.
- DR. NISSEN: Let me tell you why it's relevant.
- DR. THROCKMORTON: Let's ask the sponsor to
- 6 just briefly review the losartan.
- 7 But just to comment, the general notion here
- 8 was, is there any superiority that you discerned for any
- 9 comparative antihypertensives? Where you define none, then
- 10 we're done.
- 11 DR. LEVY: Just two points. First of all, in
- 12 addition to the 38 study, there were two adequate and well-
- 13 controlled trials versus losartan, one of which is shown
- 14 here and the second of which is shown on the next slide,
- 15 which was an ambulatory blood pressure comparison shown on
- 16 the right.
- 17 I'd just like to briefly comment on the -32
- 18 study. Dr. Throckmorton's comment on the office trough
- 19 diastolic blood pressure results are correct. This was an
- 20 ambulatory blood pressure study, powered for ambulatory
- 21 blood pressure. Primary outcome measure, ambulatory mean
- 22 blood pressure, which was positive, as were ambulatory
- 23 systolic, diastolic, and office systolic pressures. The
- 24 sole outcome measure in the entire program that I described
- 25 to you that was not positive was the office diastolic blood

- 1 pressure in this study which was not even a primary outcome
- 2 variable.
- 3 DR. NISSEN: That's helpful I think. That
- 4 might have been pruned, Doug, from your packet because in
- 5 the material we got, the losartan studies were not in here.
- 6 So, I didn't get a chance to review them.
- 7 DR. THROCKMORTON: No. That's correct. They
- 8 were not part of my original review.
- 9 DR. NISSEN: So, when I said there wasn't
- 10 adequate evidence, it was based upon what I was given to
- 11 review. So, I stand corrected. It sounds like you've done
- 12 the two adequate trials against losartan. So, I think the
- 13 answer to that is yes.
- 14 DR. THROCKMORTON: Jeff, we've heard what we
- 15 need, I believe, on this question. You've identified
- 16 agents where superiority is adequately demonstrated. That
- 17 allows you to go the next step I think.
- 18 DR. BORER: Which we will now do. Ouestion
- 19 number 4. And here we're going to need a vote. With what
- 20 potential benefit should the risk of angioedema be
- 21 balanced? We may need a little clarification here from the
- 22 FDA, but let me read through the question. The sense of it
- 23 is reasonably clear, but we may need some specific
- 24 clarification so we answer you correctly.
- With what potential benefit should the risk of

- 1 angioedema be balanced? OCTAVE allowed the addition of no
- 2 new antihypertensive drugs during the first 8 weeks, at
- 3 which time the blood pressure was about 3 over 2
- 4 millimeters of mercury lower on omapatrilat. During the
- 5 following 16 weeks, other drugs were to be added to meet
- 6 blood pressure goals, but at the end of 24 weeks, the blood
- 7 pressure difference was still 3 over 2 millimeters of
- 8 mercury. What explains the persistence of the differential
- 9 effect at 24 weeks?
- 10 4.1. Is a regimen including omapatrilat able
- 11 to lower blood pressure to an extent that combinations of
- 12 enalapril and other drugs cannot? Which is one of our key
- issues here. If so, is the risk-benefit comparison between
- 14 the risk of angioedema and the expected reduction in
- 15 cardiovascular events attributable to this blood pressure
- 16 difference?
- DR. TEMPLE: I think the question is should the
- 18 risk-benefit comparison be based on that difference.
- 19 That's sort of the question that Norm emphasized in his
- 20 review and that I raised before. What if they had added
- 21 another drug or gone up in dose, which didn't happen? So,
- 22 that's the question.
- 23 DR. FLEMING: Which the second part of the
- 24 question does more get at.
- DR. THROCKMORTON: That is the second option.

- 1 The first option, to phrase it another way, is that
- 2 omapatrilat has a property that allows a regimen using it
- 3 to lower blood pressure 3 millimeters of mercury more than
- 4 any regimen containing enalapril by some means. Even if
- 5 you add additional medications, you can't obtain those
- 6 additional 3. If so and you concluded that 3 millimeters
- 7 of mercury matter, then it seems that what you want to know
- 8 is the potential benefits of those extra 3 millimeters of
- 9 mercury compared versus the risks of angioedema.
- If, on the other hand, you're not convinced or
- 11 on the other side, that you believe that perhaps just
- 12 adding one more drug in the OCTAVE trial would have
- 13 sufficed to bring the enalapril group to the same blood
- 14 pressure control as the omapatrilat group, then perhaps --
- 15 and that's what we need to have some discussion about --
- 16 the comparison is the risk of adding that additional
- 17 approved medication compared with the risk of the
- 18 angioedema.
- Does that help to clarify things?
- 20 DR. TEMPLE: But also, you don't know what
- 21 would have happened had they done that because it didn't
- 22 happen.
- 23 DR. THROCKMORTON: They may be convinced that
- 24 they do.
- DR. TEMPLE: Yes, okay.

- DR. BORER: I'll tell you what let's do here
- 2 because you said you wanted a specific vote on the
- 3 components of this and we'll restructure it so you get one.
- 4 Let me start by asking Tom for his opinion because he
- 5 can't vote, and then we'll move on from there.
- 6 DR. PICKERING: My problem with this question
- 7 is that I don't think this was a question that OCTAVE was
- 8 really designed to answer. It was designed to look at the
- 9 relative incidence of angioedema. The word is "cannot."
- 10 I'm not convinced that if the study had continued longer
- 11 and additional drugs had been added to the enalapril group
- 12 that the difference might have become smaller. I don't
- 13 think I know. It may have persisted, but as I say, it
- 14 wasn't really designed to get at this guestion.
- DR. BORER: Steve.
- DR. NISSEN: My sense here is that this was an
- 17 artifact of the trial design, and let me see if I can be
- 18 clear. There were only two opportunities for dose
- 19 titration in the trial, in a relatively short-term trial.
- 20 If you think about patients and physicians and how they
- 21 care for them, there's a little bit of inertia here, and if
- 22 you see a patient over time and your blood pressure is not
- 23 falling, eventually you come around to adding another
- 24 agent. Now, should we be quicker on the draw? Maybe. Are
- 25 we a little lackadaisical? I think Henry and others have

- 1 taught us that we are.
- 2 But my guess is that the reason there was such
- 3 a small amount of additional drug use in the enalapril arm
- 4 related to that artifact of only having two opportunities
- 5 to do so, and if you had carried this trial out for a year
- 6 and had five or six or seven attempts, or opportunities
- 7 rather, to add additional drugs, that eventually you would
- 8 have seen some upward creep in the additional drug use in
- 9 the enalapril arm and that would have equalized. We don't
- 10 know that. I'm just trying to help explain why that
- 11 difference persisted.
- DR. TEMPLE: Some trials, of course, insist
- 13 that you titrate and insist that you add if a criterion
- 14 isn't met. This didn't do that.
- DR. NISSEN: That's right.
- DR. TEMPLE: The question is how important it
- 17 is.
- DR. NISSEN: Yes, and I guess what I'm saying
- 19 is I think this was a design issue, not an efficacy
- 20 advantage because I'm convinced that if those physicians
- 21 had been instructed to do so and given time to do so, they
- 22 would have closed the gap between the two regimens. Or
- 23 they might have.
- DR. CARABELLO: But, Steve, why wouldn't it
- work with the other arm as well?

- DR. NISSEN: I'm not sure I understand your
- 2 question.
- 3 DR. CARABELLO: Well, why wouldn't the ability
- 4 to titrate omapatrilat more aggressively continue to
- 5 maintain the gap? Why would they only titer to one of the
- 6 arms?
- 7 DR. NISSEN: Well, because there was a
- 8 differential. So, the group that's in the differential
- 9 with the higher blood pressures is going to naturally get
- 10 more adjunctive therapy. I think that there's a tendency.
- 11 If you're treating to target and you give the same target
- 12 to both arms and one arm has omapatrilat, then the group
- 13 that doesn't have omapatrilat is going to end up getting
- 14 more adjunctive therapy and is going to tend to close that
- 15 gap. So, I'm going to guess that a 1-year trial with five
- or six opportunities to titrate would have -- now, whether
- 17 it would have closed it completely or not, nobody knows
- 18 because it wasn't done. But I think that's the explanation
- 19 for the difference.
- DR. BORER: Yes, I think an important issue
- 21 here is that, for better or for worse, we treat to goal and
- 22 once you achieve the goal, perhaps inappropriately there
- 23 really isn't an aggressive attempt to lower further. If
- 24 you weren't able to achieve the goal in either arm,
- 25 presumably you'd give more and more and more drug until you

- 1 did, and then we would have known the true impact of
- 2 omapatrilat.
- 3 Susanna, do you want to talk about 4.1 and 4.2?
- 4 DR. CUNNINGHAM: Well, I don't think I know for
- 5 sure what would have happened, just as Steve has just
- 6 outlined. So, I think it's unfortunate.
- 7 DR. BORER: Do you have any other comment?
- 8 DR. CARABELLO: No.
- 9 DR. BORER: Mike, Tom.
- DR. FLEMING: Should we be answering both
- 11 questions?
- DR. BORER: Yes.
- DR. FLEMING: Actually there are two parts, as
- 14 I see it, to 4.1. The first is relating to the answer that
- 15 Steve was just giving about whether omapatrilat is able to
- 16 achieve better blood pressure lowering than other
- 17 combinations would be able to do. I support Steve's answer
- 18 and I would ask one other scenario that could justify why
- 19 more aggressive dosing might have closed the gap is that if
- 20 a lot of patients at baseline that we've had reported to us
- 21 had been on ACE inhibitors and had not, in fact, achieved
- 22 adequate response, if I'm going to randomize those people
- 23 to something else to achieve a better result, omapatrilat
- 24 is a very logical option as something that provides a more
- 25 aggressive approach. If I'm going to randomize in control

- 1 to enalapril, one of the ways that you could have gotten
- 2 better response there would have been a b.i.d. or more
- 3 aggressive dosing in that as a control arm.
- What I don't know -- and I've already said I
- 5 won't put too much stock in the OVERTURE trial, but maybe
- 6 the OVERTURE didn't show as much difference in blood
- 7 pressure dosing because of that reason. It's uncertain,
- 8 and I would agree with Tom's original answer. I think the
- 9 trial was not designed in a way to truly address this
- 10 question. It may not be true and it may be true that more
- 11 aggressive dosing with enalapril and then with other
- 12 adjunctive therapies might, in fact, have closed the gap.
- The second part, as I understand the rewording
- 14 of question 4.1 in the second part, it's -- and I'm going
- 15 to read it as I understand the rewording -- what is the
- 16 risk-benefit comparison between the risk of angioedema and
- 17 the expected reduction in cardiovascular events? At least
- 18 I'm going to answer the question as I've just worded it.
- 19 The risk of angioedema at the most serious
- 20 level, as has been approximated here, the upper limit of
- 21 the confidence interval is around 5.7 per 10,000, although
- 22 it could be considerably larger if one, in fact, starts
- 23 with a dose of 20.
- 24 What is in fact the benefit? And there are two
- 25 ways of getting at the benefit. One way is through the

- 1 surrogate and extrapolating from a 3 millimeter reduction
- 2 in blood pressure and essentially using estimates from HOPE
- 3 and other sources that would say we would expect per 1,000
- 4 person-years 30 clinical events of cardiovascular death,
- 5 MI, heart failure, stroke, and using the HOPE trial with
- 6 the 3 millimeter reduction, maybe a 15 to 20 percent
- 7 relative risk reduction, that would translate to something
- 8 on the order of 40 to 80 events per 10,000 person-years.
- 9 We actually observed much less than that.
- 10 Granted, the data are limited, but we still had 170 events,
- 11 and these are from the very trial on which we're trying to
- 12 make our assessment. The actual event rate was maybe half
- 13 what was expected, and in turn, the actual relative
- 14 reduction was half of what was expected. So, we ended up
- 15 with maybe a quarter of the number of reduced events. The
- 16 data of 89 versus 82 cardiovascular deaths, MI, heart
- 17 failure, stroke at 6 months translates into roughly 10 to
- 18 15 events prevented per 10,000 person-years.
- 19 So, I stand back and basically make the
- 20 assessment of what's prevented based on two sources of
- 21 information, one, what the data actually said, and that's
- 22 10 to 15 percent, against what you might extrapolate if you
- 23 truly believed in the surrogate. And it's probably twice
- 24 that size. So, that's what we achieve in the context of
- 25 what we are seeing as serious events of life-threatening

- 1 events of angioedema which are roughly 5.7.
- 2 What it indicates to me is that there is a
- 3 favorable benefit to risk in those analyses, although the
- 4 serious events of angioedema are not trivial in the context
- 5 of what we're trying to achieve, hence the concern that can
- 6 we achieve what we're trying to achieve in ways without
- 7 raising those events.
- 8 DR. BORER: Paul.
- 9 DR. ARMSTRONG: I would say that based on the
- 10 doses of amlodipine and diuretic we heard were used in the
- 11 adjunctive therapy, that there was additional opportunity
- 12 for enhanced blood pressure control in the comparator arm.
- I would say in relationship to 4.2 that the
- 14 obvious blood pressure lowering superiority of the new
- 15 agent may translate into a long-term benefit, and if the
- 16 risk of angioedema was not a player, I would be comfortable
- 17 in that proposition.
- But given that there are three separate
- 19 neurohumors that are affected by this agent and at least
- 20 one and perhaps others that we don't know about is
- 21 modulating the angioedema, and that the risk of angioedema
- 22 is not likely to diminish over the lifetime of a
- 23 hypertensive patient once the early first or 2 days is
- 24 obviated, I have meaningful and real concerns.
- DR. BORER: Bob and then Doug.

- DR. TEMPLE: I just want to be sure we separate
- 2 the two things out. The first part of the question is
- 3 about do you believe this difference would persist if
- 4 people had titrated or added other drugs, and what I heard
- 5 from a number of people is the study wasn't designed to
- 6 tell that, therefore you can't know in a hands-on way. You
- 7 might suspect, but you can't know.
- 8 And the second was Tom's observation that even
- 9 though there was a better control of blood pressure, you
- 10 didn't the events. But I have a question for you on that.
- 11 This was a relatively short-term study. Is that a
- 12 question that could be answered in a study of this
- duration, or does it really take a little longer before you
- 14 even have a shot at showing a benefit from that change?
- 15 So, that's a question of how negative the failing to find
- 16 that difference is.
- DR. FLEMING: If what you're saying is we can
- 18 estimate a relative risk reduction in these clinical
- 19 events, but recognizing this is a small study, how wide is
- 20 the confidence interval?
- DR. TEMPLE: No. I'm saying it's short. It's
- 22 true the benefits of antihypertensive therapy are observed
- 23 relatively quickly, but I don't think they're usually seen
- 24 in 6 months or a year very prominently. So, I'm not sure
- 25 what the expected benefit would be even if it had the usual

- 1 effect. So, I'm really asking how negative should one feel
- 2 about the failure to see the reduction in actual risk in
- 3 that study. Obviously, my implication is I'm not sure you
- 4 would have expected it in a study of that duration.
- 5 DR. BORER: I'd like to provide a response.
- 6 Everybody else has responded to this. I look at it just a
- 7 little bit differently than some of the other commenters.
- 8 And I'm going to divide it into parts here if I can.
- 9 Is a regimen including omapatrilat able to
- 10 lower blood pressure to an extent that combinations of
- 11 enalapril and other drugs cannot? I believe that it can,
- 12 and the reason I do is not that there are direct data.
- 13 There are not direct data of the kind that I would have
- 14 liked to see to come to a firm conclusion. But in every
- 15 comparison that we saw, regimens containing omapatrilat
- 16 were better than the comparators. So, I believe that a
- 17 regimen containing omapatrilat would be able to lower blood
- 18 pressure to an extent that combinations of enalapril and
- 19 other drugs cannot.
- However, I'm not sure what group of patients
- 21 that's referable to because that study wasn't done. The
- 22 truly refractory patients weren't identified here. So, if
- 23 you asked me to write a label, I would be hard-put to do it
- 24 because I'm not entirely sure what group we're talking
- 25 about, and I'd like a little bit more evidence that in such

- 1 a group, this drug actually does provide a benefit of the
- 2 magnitude we're talking about, though I believe it probably
- 3 does.
- But having said that, I believe that the
- 5 judgment should be based on the risk-benefit comparison to
- 6 angioedema because I haven't seen evidence that there is
- 7 any other meaningful risk that we ought to be worried
- 8 about. There don't seem to be other problems coming up
- 9 with this drug.
- 10 Having said that, if I accept the 3 over 2
- 11 millimeter fall in blood pressure, additional reduction in
- 12 blood pressure, if I accept that, in a truly refractory
- 13 group that I didn't really look at here, but if I accept
- 14 that for the moment as the benefit, or the surrogate for
- 15 the benefit, and I compare the angioedema risk, I would
- 16 come to the same conclusion that I think Tom did, that the
- 17 benefit outweighs the risk.
- 18 Why do I say that? It's not just on a basis of
- 19 event rate, but the fact that the risk of angioedema is not
- 20 immediate closure of the airway and sudden death, but that
- 21 in most cases the problem is not so severe as that, that
- there's some time to respond, and on and on and on. So,
- 23 the really meaningful mortal risk is I think relatively low
- 24 although we probably underestimated it here because of the
- 25 fact that this was a study constructed as it was.

- But my real sticking point here is figuring out
- 2 who these people are that the drug would be used for, how
- 3 you would define that. I'm saying it's people who were
- 4 refractory, but I'm not sure exactly how I would define
- 5 that.
- 6 Then the issue of the persistence of the blood
- 7 pressure difference at 24 weeks. Is it a consequence of
- 8 trial design goal, the blood pressure goal or the goal
- 9 blood pressure, inadequate use of additional drugs? I
- 10 think it's all of the above.
- 11 DR. THROCKMORTON: But you just said that you
- 12 believed in your heart of hearts that despite difficulties
- in interpreting the 24-week data, that there was some
- 14 population there for which omapatrilat alone had a greater
- 15 blood pressure lowering effect than combinations of
- 16 enalapril and other agents?
- DR. BORER: No, no. That a regimen including
- 18 omapatrilat would achieve better blood pressure control
- 19 than a regimen of multiple drugs that didn't include
- 20 omapatrilat.
- DR. THROCKMORTON: I think we're saying the
- 22 same thing, that you couldn't get to the place that you
- 23 could get with a regimen containing omapatrilat with a
- 24 regimen --
- DR. BORER: Without it.

- DR. THROCKMORTON: -- without. Then your
- 2 trouble is you're not sure you can identify the population,
- 3 but that the data from that trial are sufficient for you to
- 4 believe that.
- 5 DR. BORER: Well, no. I said the data really
- 6 are not sufficient. I'm making an inference. I'm making a
- 7 leap of faith here.
- 8 DR. THROCKMORTON: I want to understand that
- 9 leap.
- DR. BORER: I'm looking at the data here and
- 11 I'm saying in every comparison that was made, omapatrilat
- 12 was superior to the comparator. Within the OCTAVE trial,
- 13 there were, I believe, undoubtedly people who would be
- 14 within the population for whom the sponsor is suggesting
- 15 the drug should be used, people who were on multiple drugs
- 16 probably at reasonable doses who just didn't respond and
- 17 who were given omapatrilat instead of enalapril as part of
- 18 the regimen and who did better.
- 19 It's just that I haven't seen precisely those
- 20 data. The sponsor may be able to tease them out. I don't
- 21 know if the documentation is sufficient to do that, but
- 22 certainly one could look at the subpopulation that was on
- 23 multiple drugs at at least such and such a dose of each of
- 24 the components and omapatrilat rather than enalapril and
- 25 could show that that group had a greater blood pressure

- 1 reduction than the comparator. I mean, you could do that.
- 2 You could ask them to do that.
- 3 DR. TEMPLE: Well, they actually did do that in
- 4 some sense. What's missing I think is what would happen if
- 5 they added quanfacine or something like that. That you
- 6 don't see.
- 7 DR. BORER: Well, that's true. We don't know
- 8 what range of drugs they gave, but we didn't see how much
- 9 of each component they gave. So, we really don't know
- 10 whether the maximum appropriate dose or the maximum labeled
- 11 dose of all the components was given. We don't know that.
- 12 That's a tough row to hoe, and I'd like to see
- 13 those data. I think it would be useful for the company to
- 14 go back and tease them out because that would allow us to
- 15 begin to answer one of the key questions that Tom raised.
- 16 But if you asked me, do I believe we would find it? Yes, I
- 17 do believe we would find it. And if we did, and if the
- 18 blood pressure dropped 3 over 2 or greater, then I would
- 19 say the risk-benefit relationship would favor the use of
- 20 the drug for the reasons that I stated about risk. It's
- 21 just that I'm having a hard time identifying the
- 22 population.
- DR. TEMPLE: I won't ask it now but I might
- 24 later. Obviously, there's not complete agreement on that 3
- 25 over 2 because I don't think Steve would say the same

- 1 thing, but that's what makes horse racing.
- One possibility I guess if you did believe that
- 3 a bona fide advantage of that amount was meaningful is that
- 4 there could be another study in people who are refractory
- 5 in some well-defined way in which people were randomized to
- 6 two different approaches, including adding another drug,
- 7 and you got to see if there was a persistent difference.
- 8 So, maybe it's available in those data, but if it were not,
- 9 I take it, that's another possibility.
- 10 DR. BORER: That would be an alternative
- 11 solution to the problem.
- DR. NISSEN: You kind of took the words right
- 13 out of my mouth. I was going to suggest that -- I mean,
- 14 this would be a very useful piece of information for us --
- 15 to take patients and to do everything you can to get them
- 16 to goal using conventional agents, used aggressively with
- 17 multiple opportunities for titration, and then randomize
- 18 either to have them switched to omapatrilat or to continue
- 19 on the ACE inhibitor that would be part of their regimen
- 20 and see whether or not, in fact, you could do better.
- DR. TEMPLE: But that only works if you believe
- 22 that lowering blood pressure more with this drug is good.
- 23 I just want to remind you.
- DR. NISSEN: I understand. I'm not disagreeing
- 25 with you, Bob, that lowering blood pressure is a very good

- 1 thing. I'm not disagreeing at all. But I'm trying to say
- 2 that in the context of a drug with very significant risks
- 3 associated with it, we just can't accept that as being
- 4 sufficient.
- DR. FLEMING: If I could add to the comments
- 6 you were just making. You had noted, as I had stated, that
- 7 I believe there is a favorable benefit-to-risk in terms of
- 8 cardiovascular events prevented against life-threatening
- 9 cases of angioedema, which I do believe. I don't believe
- 10 that the data are as strong as the sponsor said a couple of
- 11 times when they said there's an order of magnitude
- 12 difference in frequencies of those events. I would have
- 13 put it more as a twofold larger number of cardiovascular
- 14 events, and if you truly believe in the blood pressure
- 15 lowering surrogate, maybe it's two- to five-fold. But then
- 16 we have the uncertainties we've been discussing about the
- 17 full validity of the surrogate in this setting and about
- 18 the durability of maintaining that 3 millimeter difference.
- 19 All of this would be adequate from my
- 20 perspective; i.e., I would consider those uncertainties of
- 21 not sufficient magnitude to cause concern to me if it
- 22 weren't for the life-threatening angioedema. And it's in
- 23 the context of that life-threatening angioedema then that
- 24 what I worry about is even though I do see a favorable
- 25 benefit-to-risk here, it seems entirely plausible that you

- 1 could readily alternatively achieve the benefit without the
- 2 risk.
- 4 talking about, and I think this is the essence of question
- 5 4.2 -- whether or not it was a design feature, so to speak,
- 6 that led to these observed differences. I have serious
- 7 concerns that we might have been able to have provided
- 8 alternative management that would have had much lower
- 9 differences in blood pressure without the corresponding
- 10 risk of life-threatening angioedema.
- 11 DR. BORER: Okay. I think we've given you a
- 12 great deal of opinion.
- Depending upon the committee's answer in
- 14 question 4, identify a target population and estimate the
- 15 magnitude of expected benefit. I think we've discussed
- 16 that. You don't really want us to define precisely what it
- 17 means to be refractory, and we've all said refractory is
- 18 what we're talking about.
- DR. THROCKMORTON: Well, you've all at various
- 20 times sort of said that you believed that -- and obviously,
- 21 the sponsor has made proposals about target populations
- 22 where the benefits were greater. I guess one useful thing
- 23 would be to comment on how you would go about doing that.
- 24 The sponsor has made one set of proposals, and you may find
- 25 that credible. You may have alternative ways that you

- 1 might use to identify a population that might most benefit
- 2 from this drug.
- DR. BORER: We'll split this into two parts
- 4 then and get some opinions about the target population and
- 5 then make separately a comment about how one would estimate
- 6 the magnitude of the expected benefit.
- 7 Why don't we start out with the target
- 8 population issue. Tom, do you have an opinion about that?
- 9 DR. PICKERING: Well, obviously, I don't think
- 10 anybody is suggesting that it should be indicated as first
- 11 line treatment for the general population. So, there has
- 12 to be some selection of people who are at increased risk.
- 13 I guess my problem with this is, again, OCTAVE was designed
- 14 I guess on the assumption that this was going to be
- 15 something that was approvable as a first line drug, and it
- 16 wasn't intended specifically to focus on any high-risk
- 17 target population. So, any information that's provided is
- 18 a sort of retrospective analysis. Some of the other
- 19 studies that were done comparing it with other agents in
- 20 the high-risk population such as the one with people with
- 21 very high diastolic pressures gave data that were less
- 22 convincing than some of the other data that we've heard.
- 23 So, the other area where I have a real problem
- 24 is the issue of the increased risk in blacks who obviously
- are going to be in this country a very big portion of any

- 1 high-risk population. And I'm concerned that the
- 2 angioedema rate in these patients is I think 1 in 19, and I
- 3 don't know how one can separate out, to say that you
- 4 shouldn't give this patient this medication to blacks. I
- 5 think that opens up a whole nest egg of problems both
- 6 political and how do you define who's black and who's not
- 7 and also other things like that. So, I have a problem
- 8 trying to define a specific high-risk population at this
- 9 time.
- DR. BORER: Steve.
- 11 DR. NISSEN: I don't think I can identify a
- 12 target population based upon what we now know. Part of the
- 13 reason I say that is that if we tried to do so by doing
- 14 some kind of a subset or subgroup analysis from OCTAVE,
- 15 then what we're talking about is we're trying to make a
- 16 decision based upon lumping together some non-prespecified
- 17 subgroups and saying, all right, well, if you had all this
- 18 and this and this, it looks like you would benefit. I
- 19 think that the level of evidence that you should look for
- 20 here is a target population should be prospectively defined
- 21 not retrospectively defined. So, I just don't like the
- 22 idea of trying to carve up the data we have and use that
- 23 carved-up data to try to define a population that would
- 24 benefit. I don't think that's a proper in a drug with this
- 25 kind of risk level, and therefore I cannot identify a

- 1 target population.
- DR. BORER: Susanna.
- 3 DR. CUNNINGHAM: All I can define is who
- 4 probably shouldn't have it by the risks of the angioedema,
- 5 but I don't think I can really define who should have it.
- DR. BORER: Blase.
- 7 DR. CARABELLO: Yes, I agree. It seems silly
- 8 to give this to blacks and smokers unless there's a
- 9 compelling reason to do so. And the sponsor has already
- 10 suggested that it be targeted at a population in whom other
- 11 therapies have failed to control their hypertension. I
- 12 think that's a start, but it has to be defined more
- 13 carefully than that.
- DR. BORER: Paul.
- 15 DR. ARMSTRONG: I think Steve and Blase have
- 16 articulated my opinion.
- DR. BORER: Mike.
- DR. ARTMAN: Well, I think one population would
- 19 be the population that Dr. Black showed us, his patients in
- 20 his clinic that are on multiple drugs in a well-controlled
- 21 setting that can't be controlled. I think that would be a
- 22 place to start with this, and I think that would be a very
- 23 sort of quick and easy study to do. So, I think that you
- 24 could try to get your hands around that defining patients
- 25 who are on adequate doses of at least three drugs and still

- 1 are not controlled, that sort of thing.
- DR. BORER: Tom.
- 3 DR. TEMPLE: Jeffrey, just on that last point,
- 4 that's a different proposal from what the company said.
- 5 DR. BORER: I understand.
- 6 DR. TEMPLE: It says the blood pressure is what
- 7 defines the population, not all these other things.
- BORER: I was going to comment on that just
- 9 now myself.
- I just made a suggestion a few minutes ago that
- 11 maybe the data could be teased out of the 25,000-patient
- 12 study, which is a pretty big study. But I must agree with
- 13 my colleagues here who say that that may not be the proper
- 14 way to go. Maybe another trial is necessary although I
- 15 hate to say that, given the resources that would have to be
- 16 lavished on such a trial.
- But I don't think there's anything unreasonable
- 18 about the target population that the sponsor has proposed,
- 19 assuming that refractoriness of blood pressure is defined.
- 20 They said difficult to control. I'm saying refractory
- 21 which is qualitatively maybe a little bit worse. I too
- 22 would say look at Henry's population that he can't control
- 23 and see which one of them have the other problems and study
- 24 them and show that omapatrilat adds something that wasn't
- 25 added by the comparator.

- I guess it would be very difficult to be
- 2 reasonably certain that the benefit that I'm willing to
- 3 impute to the drug, if it lowers blood pressure by 3 over
- 4 2, can be imputed unless we actually see it in the
- 5 appropriate population. I think the best way to do that is
- 6 to study it prospectively. It may be that the sponsor can
- 7 come back with a subanalysis by searching its data that
- 8 would be compelling. I don't want to rule out the
- 9 possibility that that could happen, but I think the better
- 10 way would be to do a trial.
- 11 DR. THROCKMORTON: Jeffrey, standard advice,
- 12 when talking about sponsors about resistant populations,
- 13 has been three classes of drugs, maximum doses, one ACE
- 14 inhibitor, one CCB, and one diuretic, that sort of thing.
- 15 Is that the sort of general thing that people -- I mean,
- 16 does that define Dr. Black's clinic in some reasonable
- 17 sense?
- 18 DR. BORER: That kind of construct would be
- 19 reasonable to me. That specific algorithm might not be,
- 20 three drugs, three different classes. But I would ask Tom
- 21 for his opinion about that.
- DR. PICKERING: I think that's a reasonable and
- 23 commonly used criterion for resistant hypertension.
- DR. THROCKMORTON: Just to go back one more
- 25 time. What Bob said was important. That's a different way

- 1 of thinking about a high risk or a population that might
- 2 benefit from drug, the one that the sponsor has been
- 3 putting forth which was looking at cardiovascular risks and
- 4 then possible benefit.
- 5 DR. BORER: No, that's not different. If I
- 6 understood their proposal --
- 7 DR. THROCKMORTON: No. There were two separate
- 8 sort of things.
- 9 DR. BORER: I thought it was not exclusive but
- 10 inclusive. You had to have the high blood pressure and you
- 11 had to have the problem.
- DR. TEMPLE: Yes, but that's the question. Do
- 13 you have the problems or is a systolic pressure of 160
- 14 uncontrolled by three classes of drugs bad enough?
- DR. BORER: Sufficient.
- DR. TEMPLE: That's what I'm asking.
- DR. BORER: Why don't we start with Tom and
- 18 let's go around.
- DR. PICKERING: Well, I guess it's a guestion
- 20 of what risk you want to start with. Obviously if there's
- 21 the additional risk factors as well, which I suspect there
- 22 will be in most of these patients, the risk will be higher.
- DR. BORER: Must we demand that those
- 24 additional risk factors be present to give the opinion that
- 25 the drug is effective and has safety acceptable for the

- 1 intended use if all they have is refractory hypertension
- 2 rather than refractory hypertension plus these clinical
- 3 evidence of these other problems.
- DR. TEMPLE: For those people who meet SHEP
- 5 entry criteria, we know what blood pressure lowering does
- 6 in those people, and they weren't selected because they had
- 7 other risks particularly.
- B DR. PICKERING: I guess I would say other risk
- 9 factors present as well.
- DR. BORER: Steve.
- 11 DR. NISSEN: I actually agree with you, Bob. I
- 12 think that you could define a population here. We know
- 13 that people with refractory hypertension do very, very
- 14 badly, and I think you could lower the bar here a little
- 15 bit and I would still be very comfortable if you said show
- 16 us that in a group of people we just can't control with the
- 17 best drugs we've got, three of them, are still above some
- 18 threshold and make that threshold significant, not above
- 19 130 over 80. I'm not sure where to set that. Because we
- 20 know that people that can't be controlled despite
- 21 everything we can throw at them do badly, and a drug that
- 22 could get those people to goal would have enough likely
- 23 advantages that it might well, in my view, if it were a
- 24 robust study, outweigh the disadvantages of angioedema. I
- 25 think you could define such a trial, but it would have to

- 1 be very rigorously done.
- DR. BORER: Susanna.
- DR. CUNNINGHAM: So, let me clarify. We're not
- 4 answering number 5 here. We're defining what a future
- 5 study might look like.
- DR. BORER: What's the population that we want
- 7 to define as appropriate for getting this drug if it works
- 8 in that population? Is it just a refractory hypertension
- 9 population, or do these refractory patients also have to
- 10 have cardiovascular problems or other end organ problems as
- 11 was proposed by the sponsor? Do we want to be that
- 12 rigorous or just blood pressure problems?
- DR. CUNNINGHAM: I think just refractory
- 14 hypertension would be enough.
- DR. BORER: Blase.
- DR. CARABELLO: I don't know how to answer the
- 17 question. I'm not too concerned about the other risk
- 18 factors.
- I am concerned about how much demand we put on
- 20 previous control of blood pressure. If we say that the
- 21 population to be tested in one in which we've minutely
- 22 titrated every last drug before we add this one and that's
- 23 the only way in which we'll accept efficacy, I don't think
- 24 that's a very good standard because we've got a whole bunch
- of folks out there who have had reasonable medical therapy

- 1 and still are hypertensive. Now, could you get them a
- 2 little lower if you beat the hell out of them and their
- 3 providers? Maybe? But is that actually going to translate
- 4 to benefit to the patient? I don't know. I think that
- 5 this has to be taken in the context of current good but not
- 6 impossible-to-reach standards.
- 7 DR. BORER: Just to ask for a further statement
- 8 on that, the way it's been set forward -- and Tom indicates
- 9 that this is routine practice in this area -- what we've
- 10 now suggested is that to be declared refractory you should
- 11 be on three classes of drugs, not necessarily five or six,
- 12 but three, and that the drugs should have been titrated up
- 13 to their maximally tolerable or maximally labeled doses.
- 14 Would that be too much of a standard?
- DR. CARABELLO: Well, unless of course going to
- 16 three drugs generates so many additional side effects that
- 17 now the patient won't take them.
- 18 DR. BORER: Then it's not tolerated, and I
- 19 would think such patients could be included in such a
- 20 trial.
- 21 Steve.
- DR. NISSEN: I was just going to say, Blase,
- 23 there are an awful lot of people out there that are on ACE
- 24 inhibitor, diuretic, and amlodipine. There's a world of
- 25 people like that and some of them aren't controlled on

- 1 that. Some are still greater than 150 over 100 on 10
- 2 milligrams of amlodipine and 40 a day of enalapril and 50
- 3 of hydrochlorothiazide, let's say. I think if you could
- 4 get those people down significantly with a drug, it might
- 5 mitigate the risk involved in a drug like omapatrilat. So,
- 6 I think such a trial would go a significant way toward
- 7 making that an approvable drug.
- 8 DR. BORER: Paul.
- 9 DR. ARMSTRONG: The patient that Steve just
- 10 described is often controlled with the addition of a beta
- 11 blocker. So, the notion that three should be the standard
- 12 for refractory hypertension, and the addition of a new
- 13 class of drug is not necessarily for me adequate, but if
- 14 the patient was truly refractory to best medical therapy in
- 15 a supervised hypertension clinic environment and had
- 16 evidence of target organ damage, I could see taking the
- 17 additional and unknown risk of adding a drug such as this,
- 18 especially if that patient was being supervised by experts
- 19 who understood the side effect implications and were
- 20 following the patient carefully.
- DR. BORER: Mike.
- DR. ARTMAN: Well, I sort of made the proposal
- 23 and you guys refined it a little bit. So I stand as
- 24 suggested.
- DR. BORER: Tom.

- DR. FLEMING: If the question is in what
- 2 population is it most plausible that this agent could be
- 3 established to have a role, I would accept the logic of the
- 4 sponsor saying that you would want to target a population
- 5 that simultaneously satisfied two criteria. First, it
- 6 would be patients at high risk for major cardiovascular
- 7 events, i.e., so the setting where the benefit is
- 8 substantial; and where it's difficult to control
- 9 hypertension, i.e., where it's less likely that alternative
- 10 available therapies could yield that benefit. So, in the
- 11 context of having a risk of life-threatening angioedema, I
- 12 want to identify a population where there is substantial
- 13 up-side benefit and simultaneously a population in which I
- 14 can more readily achieve that up-side benefit with this
- 15 agent, even though it carries the side effect.
- DR. TEMPLE: Jeffrey, there really have been
- 17 two slightly differing themes, and it's important. We know
- 18 from SHEP that being 70 and having a systolic of 160 is a
- 19 high-risk situation by definition. How much more than
- 20 knowing the blood pressure do you all think that the entry
- 21 population in this other study would have to have?
- DR. BORER: You've heard a couple of opinions
- 23 already. I think there's a slight preponderance in favor
- 24 of blood pressure alone being sufficient. And I'm going to
- 25 add my voice to that. While I'd love to see people with

- 1 all the end organ problems in the population, I'm sure they
- 2 will be, as Tom pointed out, just by the nature of the
- 3 beast, but I would accept uncontrollable blood pressure
- 4 alone as the population to study, uncontrollable by the
- 5 definition that we've used.
- 6 DR. NISSEN: Jeff, if I could just add. It
- 7 would be nice also to have that trial not be a 24-week
- 8 trial because I think one of the things that really limited
- 9 the current design was there really wasn't enough time to
- 10 see potential differences emerge here. If we're going to
- 11 do it, it ought to be pretty solid.
- DR. TEMPLE: That's a very important question.
- 13 If you're not looking for end organ damage and you're
- 14 really just now looking at the substitution of one drug for
- 15 something else in the regimen, you don't need a very long
- 16 trial to do that. Why would it have to be more than 8
- 17 weeks?
- 18 DR. NISSEN: Well, because I would not want to
- 19 preclude the addition of other drugs to either regimen. In
- 20 other words, some people like the idea of adding a beta
- 21 blocker, and I'd like both arms to have that open to them.
- 22 DR. TEMPLE: No. That should be done before
- 23 they even get into it.
- 24 DR. NISSEN: That means four drugs, though.
- DR. TEMPLE: Whether it's three or four is no

- 1 matter. They're refractory and then you randomize to
- 2 substituting this and keeping the same regimen.
- 3 DR. NISSEN: That would be certainly one way to
- 4 approach it. I don't think we can design the trial at this
- 5 table, but I think what you're getting from us I think is
- 6 the sense that showing efficacy in a truly refractory
- 7 population, well studied would be meaningful.
- DR. TEMPLE: No. I've got that. It was the 26
- 9 weeks that threw me.
- DR. NISSEN: Well, I guess part of it is that
- 11 I'm always more comfortable when the exposure is a little
- 12 longer and when you have a little more observational time.
- 13 Part of it relates to the fact that I think there are some
- 14 major risks associated with this drug. I guess I don't
- 15 think we've characterized them very well.
- DR. TEMPLE: Yes, but the study we're talking
- 17 about is going to be small compared to OCTAVE, as is any
- 18 study in the world. So, it's not going to get you much
- 19 more safety information, at least as I'm hearing it. It's
- 20 going to document unequivocally that you control people
- 21 that were uncontrolled before. That's a very limited
- 22 thing. It's not very hard to do if it's true and it
- 23 shouldn't take 26 weeks if that's enough. But you need to
- 24 be clear.
- 25 DR. NISSEN: Let me see if I can be more

- 1 specific. Again, I hadn't really thought of this before I
- 2 came in here. But also we'd like to know that the
- 3 differences are stable, that they're not differences that
- 4 are closing with time. Tom Pickering raised this question
- 5 earlier. So, I personally would be a lot more comfortable
- 6 if I knew that you could sustain for a year an advantage in
- 7 blood pressure because it's going to be a smaller
- 8 population, so it's easier to follow them for a little bit
- 9 longer and see if you can get that kind of sustained
- 10 benefit in this population. If they escape after 24 weeks,
- 11 then you don't gain very much.
- DR. BORER: I'd like to comment on that also.
- 13 I'd love to see a very long trial. On the other hand,
- 14 that's not a standard that we've ever set for an
- 15 antihypertensive drug because there hasn't been any
- 16 compelling evidence that problems develop late because we
- 17 didn't run the trials long enough.
- I would be perfectly happy with a 6-month
- 19 trial, which is longer than the usual antihypertensive
- 20 trial. I'm concerned, as Steve says, about exposure for
- 21 safety, but if it's a small trial, we're not going to get
- 22 much from that. I'd like to know, though, from the sponsor
- 23 of the 25,000 patients involved in the trial, 12,000 were
- 24 on omapatrilat. Have they been continued in an open-label
- 25 experience or any subset of them?

- DR. LEVY: No, they haven't.
- DR. BORER: You did show us, though, some 1-
- 3 year data in a withdrawal study that showed persistence of
- 4 effect at 1 year, which I find sort of compelling.
- DR. TEMPLE: I was going to ask you that.
- 6 There's a lot of data that goes long. There isn't any
- 7 suggestion that whatever effect there is goes away. It's
- 8 really important. For one thing, I would be damned
- 9 uncomfortable allowing a trial to continue that showed a
- 10 difference and not doing something else to get those people
- 11 under control. I think that would be dubious. We allow 8-
- 12 week trials against placebo, but we don't allow 26-week
- 13 trials against placebo.
- DR. NISSEN: But, Bob, you've already said
- 15 these are people that can't be controlled any other way.
- DR. TEMPLE: No. There's a fifth and sixth and
- 17 seventh and eighth drug too. Somebody would have to go do
- 18 something.
- But my fundamental question is, what's the
- 20 question? I thought, from all the previous discussion, the
- 21 question was can you take people who are bona fide
- 22 refractory and who are refractory at entry -- they're on
- 23 all these drugs at entry -- and get control when you
- 24 couldn't before, a question that I would have thought could
- 25 be answered in 6 to 12 weeks tops.

- DR. ARTMAN: I think that's right. I think
- 2 that is the question and I think it could be done in a
- 3 relatively short trial because I think under that
- 4 circumstance, we would be happy to see that incremental
- 5 reduction in blood pressure if it were true in that
- 6 population.
- 7 DR. FLEMING: In the absence of angioedema, I
- 8 could be persuaded to accept that, but part of the
- 9 fundamental issue at hand here is to be convinced that
- 10 we're going to get a difference, sustained for adequate
- 11 duration, that it will offset a very real and important
- 12 side effect. So, coming back to what you were saying,
- 13 Jeff, this isn't the standard situation. If there wasn't
- 14 angioedema, one would be more permissive here and would be
- 15 less concerned.
- DR. THROCKMORTON: Absent angioedema, we
- 17 wouldn't be here.
- DR. TEMPLE: But you already have data on
- 19 whether the effect of this drug is evanescent. So, why do
- 20 you need to answer that question again?
- DR. NISSEN: We have that data relative to
- 22 placebo I think. We have it relative to an active control
- 23 arm with three drugs. Do we know that?
- DR. TEMPLE: Well, you could say OCTAVE answers
- 25 that question to a degree, couldn't you? They didn't add

- 1 on other drugs or push the dose, but you do have that
- 2 difference persisting.
- 3 DR. BORER: I may have missed something, but I
- 4 thought the withdrawal study you did was in a trial against
- 5 enalapril, was it not?
- 6 DR. LEVY: No. Let me just clarify. I did
- 7 show you data from a 1-year-long losartan controlled trial
- 8 in which the blood pressure differential was maintained. I
- 9 commented on the results of a withdrawal study. That was
- 10 conducted in patients being followed in a long-term open-
- 11 label extension, and they were randomized to continue
- 12 treatment with omapatrilat or to withdrawal to placebo, and
- 13 a difference in blood pressure emerged very quickly.
- 14 DR. BORER: That's fine. Thank you for the
- 15 information.
- To me those are pretty important pieces of
- 17 information if you were able to maintain for a year a
- 18 differential against an active comparator and you were able
- 19 to show a difference on withdrawal to placebo after a year,
- 20 I'm not sure that we have any information from any body of
- 21 data that would suggest that people who are really severely
- 22 ill would be less likely to maintain the effects of a drug.
- 23 They may be less likely to remain in control, but then
- 24 again that's what blood pressure cuffs are for, to find
- 25 that out, and then you can alter the regimen.

- But, Tom, is there any reason to expect that a
- 2 severely hypertensive population put on a drug and
- 3 responding to the drug will lose their responsiveness to
- 4 that drug after a year as compared with somebody with mild
- 5 to moderate hypertension?
- DR. PICKERING: I don't think so necessarily,
- 7 no.
- DR. BORER: I would say, although I absolutely
- 9 agree we'd like long-term experience so that we can get a
- 10 better sense of safety and all those things, I don't think
- 11 it's necessary to mandate a long-term trial to show the
- 12 persistence of effect. I think they've already done that.
- But you want to get the opinions of everybody
- 14 around the table. You've just heard Tom's. Susanna.
- 15 DR. CUNNINGHAM: I think I'd take 6 months'
- 16 worth.
- DR. BORER: Steve, you already gave your
- 18 opinion. Mike, Tom. Okay.
- I think we've sort of dealt with 6, but I think
- 20 we need to do it formally. Should omapatrilat be approved
- 21 for the treatment of hypertension? Let's deal with that
- 22 first, and then depending upon the answer, we may go to
- 23 6.1, 6.2, and 6.3. Steve.
- DR. NISSEN: My answer is no, and I think the
- 25 reasons have come out in the discussion. Mainly they

- 1 relate to the fact that we have limited data on the effect
- 2 of the drug on events which would have strengthened the
- 3 argument and that the risk of angioedema is substantial
- 4 enough to mitigate against the potential benefit of the
- 5 lower blood pressure.
- I would like to say that I see two potential
- 7 routes to approvability from my perspective. One we've
- 8 already discussed, which is a trial showing that people
- 9 that are absolutely refractory can be controlled or have a
- 10 better blood pressure result when omapatrilat is
- 11 substituted for an ACE inhibitor adequately done.
- 12 But the other which I think should not be ruled
- 13 out is to show that in fact in a broader population, there
- 14 is a morbidity and mortality advantage that outweighs the
- 15 angioedema. Tom and others and the company have tried to
- 16 estimate the ratio of benefit to risk, but measuring it
- 17 would be the most compelling evidence of all. So, if one
- 18 could define a population -- if I were going to do such a
- 19 study, I'd probably pick people at pretty high risk, and
- 20 I'd try to show that there was a morbidity and mortality
- 21 advantage in that population that really quite
- 22 significantly outweighed the very real risk of angioedema.
- The advantage of such a development program is
- 24 that it would allow this drug to be used in a broader
- 25 population, not just in the absolutely refractory patients,

- 1 but in other patients because it may be that the company is
- 2 right. There may be an order of magnitude benefit greater
- 3 than risk in a relatively broad population. And if that
- 4 were proven, then I think it would be a slam dunk that we'd
- 5 accept the angioedema and we'd counsel about how to do
- 6 everything possible to prevent it and all that risk
- 7 management stuff, but we would be pretty comfortable that
- 8 that overall would help the health of this population.
- 9 DR. TEMPLE: Just to be sure, would this be a
- 10 trial in which people were allowed to be better controlled
- 11 on omapatrilat than on the other drug, or would this be a
- 12 case where they would have to show that using that is
- 13 better than the other thing even though there's equal
- 14 control?
- DR. NISSEN: You know, I'd have to think about
- 16 this. Again, I'm not sure I can design the trial at the
- 17 table here, but I guess I would like to see in such a trial
- 18 a design -- because it would be a longer-term trial -- then
- 19 the opportunity for titration of the active control arm
- 20 would continue as would the opportunity for titration of
- 21 the omapatrilat arm. So, you'd really be looking for
- 22 whether or not a regimen containing omapatrilat, when
- 23 optimally delivered over a long period of time, would have
- 24 a better efficacy at preventing morbidity and mortality
- 25 than a conventional regimen titrated to optimal effect over

- 1 time.
- DR. TEMPLE: But their hope is that the way it
- 3 would do that is by giving better control, and if you
- 4 obliterated better control, then it would have to be
- 5 through some magic thing.
- 6 (Laughter.)
- 7 DR. TEMPLE: They don't have a proposal like
- 8 that.
- 9 DR. NISSEN: And if it obliterated better
- 10 control, then there's no reason to ever use omapatrilat.
- 11 So, I guess the point would be if you can't produce a
- 12 persistent differential in blood pressure, then there's no
- 13 reason for us to use this drug in a population we can
- 14 achieve that control with conventional agents in.
- So, I think you have to let both arms be
- 16 titrated and you'd probably want to do it more rigorously
- 17 than was done in OCTAVE, meaning mandate up-titrations. I
- 18 have to think about it a little bit, but the idea is to try
- 19 to show that there is a clinical advantage to regimens
- 20 containing omapatrilat with respect to some harder
- 21 endpoints other than just blood pressure.
- 22 Again, I'm not putting down the surrogate. I'm
- 23 with you, Bob. I think the surrogate is a good surrogate,
- 24 but it's only relevant when you have a drug that has
- 25 comparable risks to what else is out there. So, when you

- 1 don't have that, then I think you've got to go to those
- 2 harder endpoints. I think it could work. I think you
- 3 could find that over 3 years or 4 years that a regimen
- 4 containing omapatrilat will end up with a blood pressure
- 5 differential that's maintained and that leads to a
- 6 difference in hard events, in which case this drug would be
- 7 a good drug to make available for a broader population.
- BORER: Tom Fleming.
- 9 DR. FLEMING: I agree very much with the
- 10 essence of what Steve has said, and in the interest of
- 11 avoiding repeating that and other things that I've said
- 12 before, I'll just state that for those reasons I vote no.
- DR. BORER: Mike.
- DR. ARTMAN: I would vote no at this time.
- DR. BORER: Susanna.
- DR. CUNNINGHAM: No.
- 17 DR. BORER: Blase.
- 18 DR. CARABELLO: I'll be the one dissenter and
- 19 vote yes. I believe that if the drug were added to the
- 20 community now, it would result in a substantial fall in
- 21 blood pressure in our hypertensive patients. For me, it's
- 22 not the question can it, under the rigorous controls of the
- 23 trial, make a difference, but what difference would it make
- in the community in which apparently we as a medical group
- are doing a lousy job of controlling people's blood

- 1 pressure. And I think it's that group of people that I'm
- 2 most interested in. I think that the risk of truly life-
- 3 threatening angioedema could be controlled.
- DR. BORER: Reluctantly I'm going to vote no,
- 5 and this is a very difficult vote and sort of a close call
- 6 because my intuition is that this drug would offer a
- 7 benefit that we don't get with other agents. But I'd like
- 8 to see the data in a refractory population, defined as
- 9 we've all discussed, that it does indeed improve blood
- 10 pressure control because there's a countervailing risk
- 11 which I think can be superseded by the benefit of the
- 12 additional blood pressure lowering, but I'd like to see
- 13 that. So, I don't think this is not an approvable drug,
- 14 but I don't think it's an approvable drug today.
- 15 We don't have to go to 6.1, 6.2, and 6.3.
- 16 Bob.
- DR. TEMPLE: I just want to thank the committee
- 18 for struggling with what was a very difficult set of
- 19 issues.
- DR. BORER: Doug.
- DR. THROCKMORTON: Yes, I'd just echo that.
- 22 The materials and the issues you've been asked to look at
- 23 over the last couple of days have been very challenging,
- 24 and the agency really thanks you for your help. It's truly
- 25 valued.

```
1
                 DR. BORER: And it's only 3:53 and 52 seconds.
 2
                 (Whereupon, at 3:53 p.m., the committee was
 3
     adjourned.)
 4
 5
 6
 7
 8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
```