- 1 language I think.
- DR. TEMPLE: It's what I said. It says
- 3 something about the drug itself. There have not been
- 4 comparative claims of that kind. You could argue about
- 5 whether that's useful, given that the whole class is known
- 6 to behave in a certain way, but I sort of hear positive
- 7 thoughts about such things because they might be useful. I
- 8 just want to be sure I'm interpreting you correctly.
- 9 DR. BORER: If I understood correctly -- and
- 10 I'll let her speak for herself -- what Beverly was
- 11 suggesting was that it would be very legitimate if someone
- 12 wanted to come forward and do those studies and do them and
- 13 show that a certain drug is better in a subpopulation, in a
- 14 minority population, whatever, than another drug, that that
- would be a reasonable thing to do, but not that every
- 16 package needs to show that.
- 17 Steve, you had another comment?
- 18 DR. NISSEN: Yes. Here's the question I would
- 19 ask; at least I asked. What do clinicians need to know in
- 20 order to optimally care for patients? Somebody walks in my
- 21 office with isolated systolic hypertension. If there is a
- 22 drug out there that works better in that population than
- 23 another drug, would it be useful for me as a clinician to
- 24 know that? If it could be proven satisfactorily to
- 25 everybody involved, the answer is you bet. Or in African

- 1 Americans. So, when it's clinically relevant, when there
- 2 is a population out there, we have to decide which drug to
- 3 use. Right now we don't have much information about that
- 4 and I think that would be potentially very valuable to
- 5 clinicians.
- 6 Similarly, many patients that we see
- 7 particularly with diabetes are on poly-drug regimens,
- 8 complex regimens where it's tough to control the blood
- 9 pressure. If some combination or permutations of agents
- 10 had a particularly synergistic effect such that we could
- 11 get better blood pressure control by combining agent X with
- 12 agent A rather than agent Y and if that were really
- 13 robustly shown, then that could have a really big impact on
- 14 how we think about this.
- 15 For example, if adding a drug to a diuretic, if
- 16 drug A added to a diuretic does a better job than adding
- drug B, even though compared to each other, they may not be
- 18 very different, then that's useful information for
- 19 clinicians, and if it can be proven satisfactorily, I'd
- 20 like to know that and I'd like that to be in the labeling.
- DR. BORER: Paul.
- DR. ARMSTRONG: I guess it would be helpful,
- 23 Bob, -- and maybe in the workshop you're going to organize,
- 24 you can deal with this -- the extent to which the label
- 25 should become an advocacy statement for education of

- 1 physicians and doctors and used by the drug detailers to
- 2 impact favorably on the care of patients.
- 3 DR. BORER: Tom.
- DR. PICKERING: Yes, just a word of concern
- 5 about saying that a drug works better in one ethnic group
- 6 than another. When ACE inhibitors first came out, the word
- 7 was that they didn't work as well in blacks as in whites.
- 8 I think there was genuine concern that African Americans
- 9 were not getting some of the benefits of ACE inhibitors
- 10 they might have otherwise have been getting, independent of
- 11 the blood pressure effect. In fact, you can get the same
- 12 effect with just increasing the dose and combining it with
- 13 a diuretic.
- 14 DR. BORER: Have you gotten all the advice you
- 15 need about this one, Doug?
- I'm sorry. Tom.
- DR. FLEMING: I'd like to go back then to
- 18 Paul's answers to questions 3.1 and 3.2. Paul, I think you
- 19 had said yes to 1 and no to 2.
- 20 We had talked a bit, when we answered question
- 21 2, about a scenario where the comparator might have
- 22 substantial evidence indicating that a bi.d. regimen would
- 23 be more effective in its delivery than a q.d. One might
- 24 imagine that the once-daily antihypertensive experimental
- 25 regimen, let's say, yields a 6 millimeter drop, and if you

- 1 compare it to the comparator's once-daily, you would see
- 2 superiority at 6.4. But it's already known that the
- 3 comparator is much more effective at b.i.d. And let's say
- 4 it would be 10. So, it would be inferior. It would be 6
- 5 against 10.
- In general, my answer, I thought, would have
- 7 been you want to compare to the comparator's most effective
- 8 approved regimen if there's evidence strongly indicating
- 9 that the comparator is more effective at a different
- 10 schedule. In the setting in which there isn't such
- 11 evidence, and the evidence suggests that q.d. and a
- 12 different schedule would be relatively comparable in
- 13 efficacy, then I can understand that it would be, as you've
- 14 indicated in 3.1, appropriate to compare it to the highest
- 15 approved once-daily dose.
- But in those settings where there's
- 17 considerable evidence that the comparator is more effective
- in a regimen other than once-daily dosing, then to claim
- 19 superiority, I would think we would have to be superior to
- 20 that optimal delivery of the comparator regimen.
- DR. BORER: For the record, Paul already agreed
- 22 with you when Doug clarified his question, that 3.2 would
- 23 be a reasonable basis for a superiority claim.
- 24 DR. TEMPLE: Tom is saying it's necessary. I
- 25 believe several people said not necessarily if the drug

- 1 that doesn't work as well once a day has a once-a-day
- 2 claim. So, a lot turned on what the nature of the claim
- 3 is.
- 4 DR. BORER: Do you want a more complete
- 5 clarification of the answer to that?
- DR. TEMPLE: Well, we should be sure that we've
- 7 heard you correctly.
- DR. FLEMING: Let me just emphasize this. What
- 9 I'm suggesting is if there is an approval for the
- 10 comparator agent at q.d. and, for example b.i.d., and
- 11 there's considerable evidence that b.i.d. for that agent
- 12 delivers greater efficacy, then if I want a superiority
- 13 claim against the comparator, I'm suggesting that it would
- 14 be necessary to have evidence of superiority against its
- 15 known more effective schedule.
- DR. BORER: Beverly.
- DR. LORELL: I agree with that.
- DR. BORER: Mike.
- DR. ARTMAN: Yes, I agree with Tom.
- DR. BORER: JoAnn.
- DR. LINDENFELD: I'm not sure I agree with
- 22 that. Let me just be sure I'm clear. But I think if the
- 23 less effective drug is approved for once a day, then I as a
- 24 doctor in the office want to know if I can give another
- 25 once-a-day drug and it's better just once a day. So, I

- 1 think even if the drug is more effective at b.i.d., if it's
- 2 approved to be given once a day, then I think it's fair to
- 3 say that these two drugs compare and one is better once a
- 4 day, and then you can make it clear that the once-a-day
- 5 drug, the more effective one, is not as effective as
- 6 against b.i.d. But giving once-a-day drugs is important,
- 7 if I understand your point.
- DR. FLEMING: Well, this might be a situation
- 9 that doesn't exist. I.e., if the comparator agent is known
- 10 to be more effective at, let's say, b.i.d. than q.d., would
- 11 there be a setting where it would be approved in both
- 12 schedules?
- DR. TEMPLE: It could be if it lowers the blood
- 14 pressure at trough by 4 millimeters of mercury or so, which
- 15 is not so different, we might approve it even though the
- 16 peak effect was bigger. There are some cases where that's
- 17 been true, and we'd try to give as much data as we could so
- 18 that people could make a judgment about how they were
- 19 doing. But obviously some people, if they were controlled
- 20 to the physician's satisfaction with the once-a-day regimen
- 21 might choose that because they would conclude their patient
- 22 is more likely to take it. So, there could be cases like
- 23 that. Not with this class which seems to have an effect
- 24 that outlasts its blood levels to a degree, but with
- 25 calcium channel blockers, you could have that certainly

- 1 where the effect is relatively evanescent.
- DR. THROCKMORTON: But we do first start out
- 3 saying, yes, it has potential to be a once-a-day drug or
- 4 not. Certainly if that's not demonstrated, you're right.
- 5 We'll say if you gave tons of it to sort of symptom levels
- 6 at peak, you might eke out a trough. That isn't something
- 7 that we're interested in.
- 8 The typical label for this class tends to
- 9 describe the use at once a day up to maximum dose and then
- 10 when available what to do after you reach that top dose.
- 11 That may mean that you double up the dose, you drop back
- 12 and go to b.i.d., what it is, add a diuretic, what the
- 13 available data suggested. And that's sort of the flavor of
- 14 these labels.
- So, what I'm hearing is if that's the flavor of
- 16 the label, if the label has a sort of once-a-day feel to
- 17 it, then that's an adequate comparator. If the label has a
- 18 twice-a-day dosing, it doesn't even raise the issues of a
- 19 once-a-day possibility, then obviously, as you said before,
- 20 that wouldn't be a fair comparison.
- DR. TEMPLE: There are also some in between. I
- 22 may misremember this, but for at least one beta-blocker --
- 23 but since I'm not sure, I won't name it -- it said usually
- 24 you should use divided doses, but some people may be
- 25 controlled by a once-a-day dose. That's sort of in

- 1 between. That suggests that usually you need multiple
- 2 doses, but somebody might get away with --
- 3 DR. FLEMING: And in that setting in
- 4 particular, I would think it would be compelling to argue
- 5 that you would need to be comparing to the b.i.d. dose.
- 6 DR. BORER: Okay, the unusual setting
- 7 notwithstanding, my opinion would be identical with
- 8 JoAnn's. If the drug is approved for once-a-day dosing and
- 9 people can expect that it would be effective for once-a-day
- 10 dosing, I think it's very reasonable to claim superiority
- 11 for once-a-day dosing, but you have to be very careful
- 12 about the way the label is written so that there's no
- 13 implication that something else is also true that hasn't
- 14 been studied.
- 15 Paul.
- 16 DR. ARMSTRONG: Just to clarify and come back
- 17 to Tom's point, my view would be if we're talking about
- 18 changing a label for comparison of drug X to compare with
- 19 drug Y, that first we look at the comparison at once a day,
- 20 and secondly we say drug Y, which is already approved for
- 21 twice-daily dosing, because it's germane to the discussion
- 22 we're going to have later, you cannot claim superiority to
- 23 an efficacy dosing regimen that's been approved only on the
- 24 basis of once a day. So, the caveat has to be that there
- 25 may be a more effective way of administering the drug that

- 1 you're trying to claim superiority over. There I think the
- 2 principles of fairness apply in the label and are clear.
- 3 DR. BORER: Steve.
- DR. NISSEN: Bob, there are some shades of gray
- 5 here I think. Let me see if I can help to clarify that. I
- 6 can imagine a drug which is somewhat more effective b.i.d.
- 7 than q.d., where as a clinician, in a patient that's near
- 8 to their target blood pressure, I might give the drug once
- 9 a day because of the convenience effect. But to get
- 10 maximum efficacy in a patient that's much harder to
- 11 control, I'd go to b.i.d. So, that shade of gray here
- 12 means that we've got to be careful. So, beating up on a
- 13 drug simply because it has q.d. in its label somewhere that
- 14 you can give it q.d. I don't think is right.
- So, I agree with Tom and I don't agree with
- 16 Jeff or JoAnn. I think that it depends, and it depends a
- 17 little bit on what the peak-to-trough ratios really look
- 18 like. I might use a drug with a .5 peak-to-trough ratio in
- 19 certain patients, and that's fine, but then I might well
- 20 recognize that giving that drug b.i.d. can get a pretty
- 21 much bigger effect, and therefore I wouldn't want somebody
- 22 to be able to say that their drug is superior to such a
- 23 drug when, in fact, we know that that drug can work pretty
- 24 well b.i.d.
- DR. TEMPLE: Well, they're not saying it's

- 1 superior. They're proposing to say that when you use it
- 2 once a day, it gives you a difference of X millimeters of
- 3 mercury. The proposal didn't say how big the difference
- 4 was, but we would include what the difference was.
- DR. NISSEN: No, but you know, in the nuances
- 6 of what a detail person is going to do, once you give them
- 7 that superiority claim, they're going to ram it down
- 8 everybody's throats. I just think it's potentially a
- 9 mistake here. We're very fortunate here I think that we
- 10 have drugs that have very similar peak-to-trough ratios.
- 11 It makes it very clean. But it may not be so clean next
- 12 time, and I think we've got to be careful.
- DR. TEMPLE: Let me mention one thing. You
- 14 have one other thing here too. The usual reason we worry
- about peak-to-trough is that we're afraid the pharmacologic
- 16 effect will emerge and then disappear. What that means is
- 17 that if you give the drug that ought to be given twice a
- 18 day in a single dose early, it ought to be showing its
- 19 maximum effect if the usual thing you're worried about is
- 20 here.
- 21 Well, here the differences were observable both
- 22 at peak and trough. So, one of the things you might worry
- 23 about is not present here. That suggests that it wouldn't
- 24 make much difference even b.i.d. Of course, we don't know
- 25 that.

- 1 DR. BORER: Blase.
- DR. CARABELLO: If you have two drugs that are
- 3 both labeled for once-a-day dosing and one is superior, I
- 4 think it's perfectly legitimate to make that claim of
- 5 superiority. If it turned out that in that context you had
- 6 two drugs where one was superior at once-a-day dosing while
- 7 the converse was true with twice-a-day dosing, you simply
- 8 make the label say that, and then there's no question. I
- 9 don't think these two issues need to be in conflict as long
- 10 as the label states the truth.
- DR. BORER: Susanna.
- DR. CUNNINGHAM: I would agree that I'd like
- 13 both pieces of information and have the label say it. But
- 14 I also think we have to worry about what people will really
- do, and people are most likely to take things once a day
- 16 and less likely twice a day. So, that's another piece
- 17 that's going to add in in the real world.
- DR. BORER: Tom.
- DR. PICKERING: I would say there's no simple
- 20 answer to this question and you have to judge each case on
- 21 its individual merits and look at the time course of the
- 22 two drugs being compared in each case.
- 23 DR. BORER: Now, do you have as much advice as
- 24 you'd like?
- 25 (Laughter.)

- DR. TEMPLE: Oh, yes, we got a lot.
- DR. BORER: I neglected inappropriately at the
- 3 beginning of the session after the break to ask if there
- 4 are any speakers who want to say anything in open public
- 5 hearing. We had nobody sign up to do this, and that's why
- 6 I didn't ask the question. But is there anyone who needs
- 7 to make a public comment?
- 8 (No response.)
- 9 DR. BORER: If not, we'll go on to question
- 10 number 4. Paul, why don't you just read it and go through
- 11 it.
- DR. ARMSTRONG: Is it possible to claim
- 13 superiority if the comparator has other outcome benefits
- 14 not demonstrated by the test drug? I would say yes, most
- 15 certainly.
- On clinical endpoints in hypertensive patients,
- 17 for example, stroke reduction? Yes, enthusiastically.
- And in other populations such as those with
- 19 heart failure, diabetic nephropathy, for example? And
- 20 again, I would say yes.
- 21 And then the final question in that section of
- 22 question 4 is, is it possible to claim superiority if the
- 23 comparator has fewer potential pharmacokinetic interactions
- 24 such as those related to CYP 2D6 or CYP 3A4 inhibition?
- 25 And I would say no unless there was clinically relevant

- 1 drug-drug interactions or special populations where these
- 2 kinetic interactions were shown to have clinical
- 3 significance.
- 4 DR. BORER: Can I ask for a clarification
- 5 there?
- DR. THROCKMORTON: Jeff, I'm sorry. We left a
- 7 phrase out of here, and I think it changes, a bit, the
- 8 sense of this. I'll paint the scenario.
- 9 The question I believe should read is it
- 10 possible to claim superiority as an antihypertensive, that
- 11 is, just measuring differences in blood pressure if the
- 12 agent you're comparing yourself with has some other effect.
- 13 So, an example would be you are comparing yourself against
- 14 ramipril and measuring only differences in blood pressure.
- 15 How would you factor in the description of the HOPE trial
- 16 that's in the approved labeling for ramipril? Would that
- 17 mean that showing a difference in lowering blood pressure
- isn't ever enough to describe in labeling, or is it
- 19 something that's always useful to describe in labeling,
- 20 someplace in the middle presumably?
- DR. BORER: Paul, do you want to start on that
- 22 one?
- DR. ARMSTRONG: So, you're rephrasing all of
- 24 question 4. Is that correct? Or just the last component.
- 25 I'm a little confused, Douglas.

- 1 DR. THROCKMORTON: Just 4.1 refers to lowering
- 2 blood pressure compared to doing other things where
- 3 clinical outcomes have been measured.
- DR. TEMPLE: The question really is suppose
- 5 blood pressure isn't the whole story for this drug. Is it
- 6 okay to concentrate on the blood pressure effect when
- 7 there's outcome data? You could ask the same thing about
- 8 cholesterol-lowering drugs. The fact is that some of them
- 9 have comparative data on cholesterol lowering when there
- 10 are existing considerable differences in how much outcome
- 11 data they have. But what do you think about that?
- DR. ARMSTRONG: Well, I strongly advocated, in
- one of the earlier questions, for intermediate surrogates
- 14 between blood pressure and stroke. So, I think my stance
- on this particular one is pretty clear. I don't know
- 16 whether it's good enough to add a new drug to the ones we
- 17 have in our armamentarium that lowers blood pressure and
- 18 doesn't do the other things that some of the drugs that
- 19 lower blood pressure do that are good for patients. Is
- 20 that helpful?
- DR. BORER: Can I just, again, try to get a
- 22 clarification here? It seems to me that when we recommend
- 23 that drugs should be approved for their capacity to lower
- 24 blood pressure, we're immediately making the inference to
- 25 ourselves in that approval that we're approving a drug

- 1 that's going to reduce the rate of myocardial infarction,
- 2 stroke, cardiovascular death, renal failure. That's a
- 3 given. That's what a surrogate is.
- 4 There are two possible interpretations of the
- 5 question. One is do we have to show that the drug is also
- 6 better than some existing approved drug for outcomes, and
- 7 if that's the case, I would say no, it shouldn't be
- 8 necessary to do that. But the other possible question is,
- 9 if we believe the new drug is better and we show it somehow
- 10 -- and let's not talk about how we show it because that's a
- 11 very different trial design possibly, but if we could show
- 12 that a drug were better, would that be a basis for a
- 13 superiority claim? Am I somewhere in the range of what
- 14 you're asking about?
- 15 DR. TEMPLE: Let's take an example. You, last
- 16 visit, urged us to approve two drugs, including the
- 17 comparator agent here for use in type II diabetes to
- 18 prevent the progression of renal disease. Okay. So, when
- 19 and if we get around to doing that and agree to it,
- 20 losartan will contain a claim that it's useful for that.
- 21 Okay.
- The question here is, does that make you want
- 23 to think in any way differently about giving a claim that
- 24 once-a-day therapy with candesartan lowers blood pressure
- 25 better than losartan? Should we factor that in in some

- 1 way? Should we say something about it? Should we not
- 2 allow it?
- 3 DR. BORER: That's a complicated question.
- DR. TEMPLE: That's why we pay you the big
- 5 bucks.
- 6 (Laughter.)
- 7 DR. BORER: Some relatively quickly stated
- 8 opinions around the table here about that. Steve.
- 9 DR. NISSEN: Yes. I would say one should be
- 10 very, very careful here because what it would mean is let's
- 11 suppose somebody came along with another ACE inhibitor and
- 12 showed that it was superior at blood pressure reduction to
- 13 ramipril. If we said that HOPE trumps everything else,
- 14 then you could never give a blood pressure claim to another
- 15 drug because HOPE has got that 10,000-patient, albeit
- 16 horribly flawed in my opinion, study that showed a
- 17 purported clinical benefit. But you're giving them that
- 18 claim, and so if that trumps everything else, then you've
- 19 got a really big problem because then any drug that wants
- 20 to come along in the class and say we've got a better blood
- 21 pressure effect would have to do a HOPE-sized endpoint
- 22 trial in order to get a superiority claim.
- 23 I think what one could say in such labeling is
- 24 that drug X had a greater blood pressure lowering effect
- 25 than ramipril, although it has not been proven to have a

- 1 superior effect on X outcome. And then I think you've
- 2 covered yourself. So, you may want to put it in the label,
- 3 but I think to say that you can never give a claim for a
- 4 surrogate once you've given a claim for a hard endpoint I
- 5 think is going too far.
- DR. BORER: Why don't we start at that side of
- 7 the table and just go around and get a quicky opinion here.
- 8 Tom.
- DR. PICKERING: Yes, I guess in this context we
- 10 have the LIFE study, and I would agree with Steve, that any
- 11 claim has to be very specifically focused on blood pressure
- 12 reduction and there may be subtle nuances where you say
- 13 it's a better antihypertensive. That doesn't distinguish
- 14 between whether it's better at blood pressure reduction or
- 15 better at preventing complications. So, I think it has to
- 16 be very specific to blood pressure.
- DR. BORER: Susanna, any additional thoughts?
- DR. CUNNINGHAM: I think I'd always like to
- 19 know it prevented events. If I was going to be taking
- 20 something, really my concern is that the event I'm going to
- 21 have, not my blood pressure per se. So, I think we've got
- 22 to be very careful. This is very difficult to give a
- 23 yes/no answer to. It's going to be a maybe answer, and it
- 24 needs to be as specific as possible.
- DR. BORER: Blase.

- DR. CARABELLO: If you had a drug that was
- 2 superior in lowering blood pressure but clearly was
- 3 inferior at other endpoints, I think it would be very
- 4 difficult to allow the claim of superiority to stand.
- 5 Let's say we were comparing hydralazine to propranolol when
- 6 they first came out. Well, at their maximum dose, I
- 7 guarantee you that hydralazine lowers blood pressure more.
- 8 Would we have wanted to go on record as saying hydralazine
- 9 is a better drug than propranolol? I think not.
- DR. BORER: Paul, do you have any additional?
- 11 DR. ARMSTRONG: I think this is slippery and I
- 12 think it's time to change in relationship to blood pressure
- 13 lowering.
- 14 DR. BORER: I think that what Tom said and what
- 15 Steve said are most appropriate; that is, if a drug is
- 16 being judged as an antihypertensive drug and blood pressure
- is what's been measured and other things haven't been
- 18 measured, that it's fair to give a superiority claim for
- 19 blood pressure lowering, if the data support that, and
- 20 perhaps it's appropriate to say, but we haven't studied the
- 21 other things or something like that. We're not going to
- 22 wordsmith here.
- 23 I think the issue that Blase raises, which is a
- 24 very important one, about a drug clearly being inferior on
- 25 events would be an important consideration if we had the

- 1 data to show that. But we don't. In fact, I don't think
- 2 we ever have. So, there would be an important
- 3 consideration.
- But should a drug company, sponsor, be held to
- 5 the standard that it is necessary to do the other study to
- 6 show superiority or inferiority or equivalence on the non-
- 7 blood pressure endpoint, I think that's too high a
- 8 standard. I think that's a separate issue. We all accept
- 9 that from Dr. Kannel's data that the more you lower blood
- 10 pressure, the better off you are, to a certain extent until
- 11 you faint. Therefore, if one drug is better than another
- 12 for that purpose, that's something that should be known and
- 13 can be legitimately factored into clinical decision making.
- 14 So, I think it's a reasonable basis for a superiority
- 15 claim.
- 16 Tom, do you have any other comments about that
- 17 issue?
- 18 DR. FLEMING: Well, this is a situation that
- 19 troubles me greatly in using surrogates. Ultimately what I
- 20 want to be superior with respect to are the clinical
- 21 endpoints, superiority in reducing risk of stroke and MIs
- 22 and death. If I am superior in blood pressure control,
- 23 then it's certainly acceptable to claim superiority in
- 24 blood pressure control. And that's one mechanism by which
- 25 you would be influencing the occurrence of those other

- 1 events.
- 2 But in a setting, which I think this question
- 3 is posing, where I know the comparator has evidence of
- 4 other effects or other mechanisms of action other than
- 5 through blood pressure control whereby it's achieving
- 6 clinical benefit, then I think it's misleading to simply
- 7 state that the study has shown better blood pressure
- 8 control. I think you have to give a more global
- 9 presentation of the results. There is evidence of
- 10 superiority in blood pressure control, but I think you have
- 11 to then indicate where there are these other superior
- 12 benefits of the comparator so that someone can make a more
- 13 informed judgment about global benefit to risk.
- 14 DR. TEMPLE: You don't know about superior
- 15 benefits. All you know is that they've found something
- 16 that the other one hasn't. You could, in some sense, say
- 17 as soon as one member of a class gets an outcome claim, all
- 18 the rest of them ought to be labeled that we don't have
- 19 that outcome claim. Now, that's not crazy, but it would be
- 20 radical.
- DR. FLEMING: So, basically there are two ways
- 22 of reading this question when you say not demonstrated by
- 23 the test drug. It could be that the test drug has been
- 24 assessed and the benefit wasn't demonstrated or that you
- 25 haven't even looked for it yet. And those are distinct

- 1 circumstances. The former circumstance is what I consider
- 2 to be especially problematic.
- DR. BORER: As a practical matter, what Bob
- 4 says I think is very important. Ramipril received a
- 5 labeling claim on the basis of the HOPE trial. No other
- 6 ACE inhibitor has that claim, and in fact if you wanted to
- 7 use another one for that purpose, I would suggest that we
- 8 don't know what dose to use, whereas there was a dose-
- 9 response curve shown in the HOPE trial. So, you have a lot
- 10 of information there.
- But, as Blase and I were discussing earlier, if
- 12 somebody gets his or her medical care at a Veterans Affairs
- 13 hospital, you can't get ramipril for the indication that
- 14 we're talking about. So, people wind up perhaps using
- 15 other ACE inhibitors without the data. So, the point is
- 16 well taken that if we don't have these data, it's hard to
- 17 penalize a drug for not having data that we don't have when
- 18 there are data that may be relevant for other purposes.
- 19 Well, enough said.
- JoAnn, do you have any other thoughts about
- 21 this issue?
- DR. LINDENFELD: No. I would just agree. I
- 23 think it's fair to say that the blood pressure control is
- 24 superior if there are no concerning data that there might
- 25 be other events that are bad, and then in the labeling to

- 1 take care of the idea that we just don't have the same
- 2 outcome data as we have with the comparator.
- 3 DR. TEMPLE: Well, on the last, though, I just
- 4 want to emphasize, for example, we don't have all other ACE
- 5 inhibitors labeled saying I'm not ramipril or I'm not this
- 6 or that.
- 7 DR. LINDENFELD: But they're not specifically
- 8 compared to ramipril, are they, in the labeling?
- DR. TEMPLE: No, but they lack the data that
- 10 ramipril has. If they were directly compared, yes, we're
- 11 not burdened by that --
- 12 DR. LINDENFELD: But here you're asking to say
- 13 that one drug is specifically better than another
- 14 individual drug, and so I think if you want that claim, you
- 15 should say that we don't have the same outcome data with
- 16 the other specific drug that we're claiming to be superior
- 17 to in blood pressure. I think that's a little bit
- 18 different situation.
- DR. TEMPLE: Well, that is.
- DR. NISSEN: A very important point that JoAnn
- 21 makes. I think what she's saying -- and I agree with it
- 22 wholeheartedly -- is if somebody came along and said, we
- 23 lower blood pressure better than ramipril and I want a
- 24 claim, then you also force them to add to the label that
- 25 they don't have the outcomes data.

- DR. TEMPLE: Before we leave that, the claim
- 2 that the comparator agent might get, based on your
- 3 recommendation, doesn't really clearly have anything to do
- 4 with its blood pressure control. Remember, these drugs
- 5 were compared with calcium channel blockers that lower the
- 6 blood pressure just as much. It seems like it has more to
- 7 do with something else. Is that still something that ought
- 8 to be included in there? Keep talking.
- 9 DR. BORER: At the next meeting.
- 10 Mike.
- 11 DR. ARTMAN: I agree with what's been said. I
- 12 think that it's a little easier when you have these, as
- 13 Steve pointed out, within-class comparisons. When you're
- 14 comparing drugs that have antihypertensive effects across
- 15 classes, then that's where I think it gets pretty dicey. I
- 16 think it's very difficult to give a simple yes or no answer
- 17 to this. I think I would agree with what's been said about
- 18 explicitly clarifying those issues in the labeling.
- DR. BORER: Beverly.
- DR. LORELL: I think this is a very slippery
- 21 issue. I think a couple of points that were made are very
- 22 clear, that if drug A demonstrated a claim of superiority
- 23 over drug B on a surrogate endpoint, but that there were
- 24 other endpoints that were formally tested that were
- 25 negative, that must be said in the labeling.

- I think the second instance is that if drug A
- 2 is seeking a superiority claim for a surrogate endpoint
- 3 over drug B and demonstrates it, but drug B explicitly has
- 4 gone a step further and demonstrated a major endpoint
- 5 that's present in its labeling, I think that in fairness to
- 6 consumers and those who prescribe drugs, that must also be
- 7 stated.
- 8 However, I agree with your point that I don't
- 9 think it should be required in labeling to state something
- 10 that has not clearly been tested, where there's uncertainty
- 11 as to whether something is explicitly a poorly understood
- 12 property of a drug versus a class effect.
- DR. BORER: Okay. You now have a great deal of
- 14 thinking recorded, and I'm sure we'll revisit this again.
- 15 But for now, let's go on to number 5.
- 16 Yes, Tom.
- DR. FLEMING: Well, have we covered this
- 18 adequately, Bob?
- 19 DR. THROCKMORTON: We're going to give you a
- 20 chance to revisit this when you come to tell us how to
- 21 label any of these products. We'll be asking you the
- 22 specifics around these particular products. I think that
- 23 will give us some additional insight.
- 24 DR. TEMPLE: I admit to some difficulty about
- 25 what I hear at least some tendency towards suggesting,

- 1 which is fine, mention that the blood pressure effect was
- 2 bigger but add a series of caveats that say, but they
- 3 haven't shown the outcome data yet for this. We don't
- 4 regularly do that. Other sartans don't say, won't say we
- 5 don't know whether we have the effect that some of them
- 6 have on type II diabetes. It's not that one couldn't do
- 7 that, but we tend to remain more agnostic perhaps to help
- 8 your HMO know what to do because we don't know whether it's
- 9 more sensible to assume that members of a class all behave
- 10 the same or to be rigid about saying if you haven't shown
- 11 it yet, you don't get it yet.
- 12 And we certainly have not, though, as a matter
- 13 of practice, which one could say would be informative, said
- 14 as soon as we gave a claim to one of them, relabel all the
- others saying they don't have this claim. The suggestions
- 16 I think move a little in that direction. So, that's a lot
- 17 to think about.
- DR. THROCKMORTON: Well, the argument is that
- 19 because it's a strict comparison against that drug, there's
- 20 a higher burden of labeling. I think that's what I heard.
- DR. ARMSTRONG: But isn't it also an issue of
- 22 whether the measurement is a surrogate as opposed to a
- 23 direct indicator of the disease process where we get into
- 24 this? In other words, the surrogate may go the opposite
- 25 way to the very thing that we want to modify and that

- 1 conversation can be segmented around that kind of class of
- 2 agents.
- 3 DR. TEMPLE: But in the example we're talking
- 4 about where we see a difference in a blood pressure effect,
- 5 we really don't know whether that has anything to do with
- 6 an effect in type II diabetes. We wouldn't let anybody say
- 7 anything like that. So, I don't know if that's the
- 8 relevant surrogate for the effect in type II diabetes.
- 9 Maybe it is. Maybe it really was the blood pressure, but
- 10 maybe it's really something vascular that is quite a
- 11 different matter. So, to add but we don't know whether it
- 12 has this effect -- well, it's troublesome. We'll certainly
- 13 think about everything that you've said.
- DR. BORER: Beverly.
- DR. LORELL: Well, but I think you just made a
- 16 very important comment, that when you're seeking a claim
- 17 explicitly for superiority between drug A and B --
- DR. TEMPLE: On blood pressure.
- 19 DR. LORELL: -- whether it be for
- 20 hypertension --
- DR. TEMPLE: Only on blood pressure.
- DR. LORELL: For blood pressure. But the
- 23 notion of superiority in a claim and in marketing and in
- 24 what consumers are going to be doing carries some extra
- 25 burden of labeling in my opinion. So, if drug A is

- 1 specifically compared to B for superiority, but B has shown
- 2 something otherwise very important in a long-term outcome
- 3 measure, then it needs to be stated in the labeling. It
- 4 can be simple labeling, but I think the superiority claim
- 5 carries a higher level of statement.
- DR. TEMPLE: Makes it more necessary.
- 7 DR. BORER: Tom, hold just one second, if you
- 8 will. In deference to the need to complete this review
- 9 this morning sometime, let me ask if it's okay that we
- 10 table the remainder of the discussion on this particular
- 11 issue that is a more generalized issue than the question
- 12 we're being asked to focus on because of this NDA, and
- 13 maybe we can get to some of the specifics in the later
- 14 questions or at another time.
- 15 DR. THROCKMORTON: That's fine. Actually I
- 16 think, Jeff, question 5 was generally asking these studies
- 17 are often hard to do. How enthusiastic is the committee at
- 18 encouraging sponsors to continue to do them? I haven't
- 19 heard any lack of enthusiasm. So, unless someone thinks
- 20 that we should say this is useless and we shouldn't
- 21 encourage it, I think we could probably move to question 6.
- DR. BORER: Does anybody think we shouldn't
- 23 encourage more comparative studies?
- 24 (No response.)
- DR. BORER: Nobody seems to.

- DR. THROCKMORTON: In antihypertensives.
- DR. ARMSTRONG: I was just going to say as long
- 3 as they're addressing relevant questions, it would be
- 4 safety or compliance or even cost in terms of making it
- 5 generally available to a large population. Presumably, if
- 6 you're in a position of advocacy and advice to sponsors,
- 7 you should give them a fair chance and likelihood that they
- 8 can make a contribution, and what would be the parameters,
- 9 and those would be three that would occur to me.
- DR. BORER: Let's go on to guestion 6. This
- 11 one does require a vote. So, only voting members can vote.
- 12 Overall, candesartan reduced diastolic blood
- 13 pressure by about 2 millimeters of mercury more at trough
- 14 than did losartan, an effect size that would be sufficient
- 15 for approval if a drug were compared with placebo.
- 16 6.1. Is this difference clinically meaningful
- 17 for a comparison between two antihypertensives? Paul, why
- 18 don't you give your answer first. We don't need long
- 19 reasons, but a sentence might be useful if you want to give
- 20 one.
- DR. ARMSTRONG: Yes.
- DR. BORER: Steve.
- DR. NISSEN: Yes.
- DR. BORER: Blase.
- DR. CARABELLO: Yes.

- DR. BORER: Susanna.
- 2 DR. CUNNINGHAM: Yes.
- 3 DR. BORER: Beverly.
- DR. LORELL: Yes.
- 5 DR. BORER: Mike.
- DR. ARTMAN: Yes.
- 7 DR. BORER: JoAnn.
- 8 DR. LINDENFELD: Yes.
- 9 DR. BORER: Tom.
- DR. FLEMING: Yes.
- DR. BORER: And I vote yes. It's unanimous.
- 12 6.2. Are the comparative safety data submitted
- 13 by the sponsor sufficient to show that the expected
- 14 reduction in cardiovascular risk would not be offset by
- 15 other risks of candesartan, which was an issue that Paul
- 16 was raising earlier. Again, we need a vote on this and
- 17 perhaps a little bit of reasoning here, if you want to give
- 18 some. Paul.
- DR. ARMSTRONG: I would say that the data and
- 20 the references and the body of information would lead me to
- 21 answer that question yes.
- DR. BORER: Steve.
- DR. NISSEN: Yes.
- DR. BORER: Blase.
- DR. CARABELLO: Yes.

- DR. BORER: Susanna.
- 2 DR. CUNNINGHAM: Yes.
- 3 DR. BORER: Beverly.
- 4 DR. LORELL: Yes.
- DR. BORER: Mike.
- DR. ARTMAN: Yes.
- 7 DR. BORER: JoAnn.
- 8 DR. LINDENFELD: Yes.
- 9 DR. BORER: Tom.
- 10 DR. FLEMING: I have some difficulty here
- 11 because the data are so limited as it relates to being able
- 12 to identify relative occurrences of more serious events.
- 13 There are twice as many SAEs, but they are fairly
- 14 infrequent in their occurrence. If one, though, looks at a
- 15 broader experience for agents in this class and is able to,
- in essence, infer from that a favorable safety profile,
- 17 then in that context I could agree as yes.
- DR. BORER: And I would vote yes, but for the
- 19 record I want to echo what Tom has said. I think that in
- 20 voting yes, I'm voting in part on the basis of long
- 21 experience with drugs in this class that make me reasonably
- 22 sanguine, although I don't think there are enough safety
- 23 data in this NDA to make a direct comparison. But with
- 24 that caveat, I would vote yes.
- 25 6.3. Would your answer regarding the need for

- 1 comparative safety data be different if the two drugs were
- 2 from different classes? For this we don't need a vote, but
- 3 we do need some opinions.
- 4 Paul.
- DR. ARMSTRONG: Well, most assuredly yes. I
- 6 think that we know that lowering blood pressure may lead in
- 7 some circumstances to favorable outcomes and in other
- 8 situations the target organ and other issues may behave
- 9 differently. So, I think we need clearly to look
- 10 differently across classes.
- 11 DR. BORER: Tom, do you have any thoughts about
- 12 this particular issue?
- DR. PICKERING: I would agree with that.
- 14 DR. BORER: Are there any dissenting opinions?
- DR. NISSEN: I just want to amplify on this a
- 16 little bit and say that I would actually put the standard
- 17 even differently for both safety and efficacy because it's
- 18 all interwoven here. While I agree with what you said
- 19 earlier, Bob, that in general drugs that lower blood
- 20 pressure by more are generally better, but in fact we do
- 21 know that there are better rather big differences between
- 22 classes in the response of lowering that blood pressure for
- 23 specific endpoints.
- There are some data, which we'll learn a lot
- 25 more from, from ALLHAT, for example, that may suggest that

- 1 calcium channel blockers lower stroke risk more effectively
- 2 than ACE inhibitors and that heart failure is more
- 3 effectively prevented by ACE inhibitors than calcium
- 4 channel blockers. These are examples, but the point here
- 5 being that without very robust data on those endpoints,
- 6 small differences in blood pressure can't really be
- 7 effectively described for the clinician in a way that's
- 8 really fair. So, I think this really does apply to
- 9 intraclass not interclass differences.
- 10 DR. TEMPLE: Let me be sure we understand.
- 11 That in some sense says unless you're prepared to do an
- 12 ALLHAT-sized study, you really can't get blood pressure
- 13 claims across classes. I can see that as a general view,
- 14 but what about the question of whether some drugs are more
- 15 effective at lowering blood pressure in a black population?
- 16 That might be informative. Would that mean the difference
- 17 has to be larger than here, or is that just not worth even
- 18 thinking about?
- 19 DR. NISSEN: That's what I was really saying
- 20 there is that we said earlier that 2 millimeters is enough
- 21 between two drugs in a class, that we're comfortable. I
- 22 would not necessarily be comfortable in saying that drug X
- 23 which was a diuretic and drug Y which was an ACE inhibitor,
- 24 that there was a difference in comparative efficacy when
- 25 there's only a 2 millimeter difference because I really

- 1 wouldn't know how much that 2 millimeters translated into
- 2 differences in clinically relevant endpoints across two
- 3 different classes. I think we could mislead clinicians if
- 4 we did that. People might say, okay, it's more effective.
- 5 I want to give this drug. And in fact the opposite effect
- 6 would be seen on the clinically relevant endpoint, and we'd
- 7 be misleading people about what the real benefits are.
- BORER: I'd like to offer a slightly
- 9 different opinion just so that it's on the record for your
- 10 edification. I think everything Steve says is very
- 11 important, and certainly from John Lara and from Tom
- 12 Pickering, I've gained a healthy appreciation for the
- 13 potential importance of mechanism-specific therapy if you
- 14 happen to know the mechanism.
- But the data that we have thus far suggests --
- 16 and Dr. Kannel showed them -- that if you lower blood
- 17 pressure, you're less likely to have certain problems than
- if you don't do it, particularly in people whose blood
- 19 pressure is high. And the approvability of a single drug,
- 20 before we get to the comparison of two drugs, is based on
- 21 demonstration of effectiveness and acceptable safety for
- 22 the intended use. So, we start out with that information
- 23 about risk and benefit for the individual drugs.
- Now we're comparing two drugs. It seems to me
- 25 that while everything Steve says may well be true -- and in

- 1 fact, my bias is that it probably is. There are some drugs
- 2 that do better at some things than others and alter
- 3 pathophysiological processes differently -- we don't have
- 4 those data yet. And until we do, in terms of outcomes, I
- 5 think that if one drug lowers blood pressure more than
- 6 another drug beyond 2 millimeters, or whatever the standard
- 7 is we want to set, then based on the epidemiological data
- 8 that we've heard and that have been published for years,
- 9 unless there's a relative safety concern of one drug versus
- 10 the other, that it's reasonable to entertain a superiority
- 11 claim for lowering blood pressure. That doesn't mean that
- 12 it's not important to look for the outcome events and to
- 13 modify everything I've said once we get those data in hand.
- 14 But we don't have them now.
- 15 As Tom pointed out earlier, based on putative
- 16 mechanisms, interaction of genetics and mechanisms,
- interactions of gene expression in drugs and what have you,
- 18 to make a guess about what we think is going to happen I
- 19 think is very treacherous, very dangerous, and we shouldn't
- 20 do it.
- So, I would say that it's reasonable to give a
- 22 comparator claim here in 6.3, assuming that the safety
- 23 database is sufficient so that you can be reasonably
- 24 certain that you're not adding some other risk by getting
- 25 the blood pressure lowering.

- 1 Are there any other comments or questions about
- 2 this?
- 3 DR. NISSEN: I just want to take the moment to
- 4 challenge you a little bit, Jeff, and say that imagine a
- 5 drug that produces profound reductions in blood pressure
- 6 but a tremendous amount of reflex tachycardia, and now
- 7 you're comparing it. They come in and they say to the
- 8 agency, we want a superiority claim for blood pressure
- 9 reduction, and there's no comparative data that suggests
- 10 that that reflex tachycardia is really bad, but we have a
- 11 bias that it probably is bad. I think we could really give
- 12 the wrong advice to clinicians. Or a ganglionic blocker
- 13 that reduces blood pressure very effectively but causes
- 14 people to get syncopal.
- So, I think we've got to be awfully careful
- 16 when we compare across classes because there are unexpected
- 17 effects, via the physiological mechanism of blood pressure
- 18 lowering, that are not factored into the decision. So, the
- 19 bar has to get raised a lot higher when you try to do this
- 20 across classes.
- DR. TEMPLE: And you'd certainly, I assume, be
- 22 much more attentive to differences in the basic side effect
- 23 profile because they're fundamentally different drugs.
- DR. NISSEN: Yes.
- DR. TEMPLE: And you'd need to take that into

- 1 account at a minimum, if you did it at all.
- 2 DR. NISSEN: You bet.
- 3 DR. BORER: Beverly.
- DR. LORELL: I think that the example that Dr.
- 5 Carabello brought up earlier of comparing hydralazine and
- 6 beta-blocker is a very important one. So, I think that as
- 7 question 6.3 is explicitly worded, would the need for
- 8 comparative safety data be different, the answer is
- 9 definitely yes. One might require a study of longer
- 10 duration in a larger number of patients to be able to tease
- 11 out differences in safety that might not have been seen in
- 12 the size of study we're looking at today within a class.
- DR. BORER: Blase.
- 14 DR. CARABELLO: Just a comment that we
- 15 certainly couldn't resolve now. I think the whole issue
- 16 really is what is the label. What is the purpose of the
- 17 label? Is this an educational tool by which we are trying
- 18 to teach the people that use the pharmacologic agent about
- 19 it, or is it a marketing tool for the sponsor? I think the
- 20 answer is a little bit of both.
- 21 And how far do we want to go with this? I
- 22 myself would like to see the labels be more of an
- 23 educational tool, but as I say, I think we could easily be
- 24 here until next month on this issue.
- DR. LINDENFELD: Jeff, just to add to what's

- 1 been said, I think there's a little bit of an even more
- 2 middle position that that. I think there's a difference
- 3 between a drug like hydralazine where we have no outcomes
- 4 for the treatment of hypertension from a class like
- 5 diuretics or calcium blockers where we do know that
- 6 lowering blood pressure improves outcome. So, I think we'd
- 7 all be very concerned about a drug that raised heart rate
- 8 14 beats where we had no outcome data at all from drug
- 9 classes where we know there is a correlation between the
- 10 reduction in blood pressure and outcomes data.
- 11 DR. BORER: Yes, I think that's quite right.
- 12 Of course, the approval process requires that experienced
- 13 regulators look at these data and raise concerns and that
- 14 committees like this voice their concerns so that if
- 15 potentially important tachycardia were seen, I think that a
- 16 number of red flags would be raised. But what I was
- 17 suggesting was the principle that if there are no safety
- 18 data from a reasonable safety database that Beverly has
- 19 outlined, if there are no safety data to suggest a problem
- 20 that better blood pressure lowering in drugs across classes
- 21 is a reasonable basis for a claim.
- DR. TEMPLE: Actually one can particularly
- 23 imagine differential effects on systolic blood pressure
- 24 across classes. We haven't gotten that yet, but there are
- 25 certainly suggestions that there might be.

- 1 DR. BORER: Let's move on.
- 2 DR. FLEMING: Can I just add?
- 3 DR. BORER: I'm sorry. Tom.
- 4 DR. FLEMING: Jeff, just a brief addition. I
- 5 endorse the concerns that have been stated about caution
- 6 that would need to be taken, when we're looking at
- 7 different classes, particularly if there's reason to
- 8 suspect that there could be a different safety profile.
- 9 In fact, I also have that caution from
- 10 efficacy. My answer, for example, on question 6.1 as yes
- 11 is specific only to these two agents being tested from
- 12 within the same class.
- DR. BORER: Let's go on to 6.4 Is the
- 14 comparison between candesartan and losartan fair, as
- 15 defined by ICH E-10? The relevant section is on page 7 of
- 16 the document.
- Paul, why don't you go ahead.
- DR. ARMSTRONG: The question doesn't ask
- 19 whether it was the best or the right test, but whether it
- 20 was a fair test. And fairness isn't a dichotomous
- 21 variable. But in reflecting on this and on the definition
- of fairness, we're asked to consider issues around dose,
- 23 around the population studied and around the selection in
- 24 timing of endpoints, all germane to the current dialogue.
- I would grade this about 3 out of 4 on my

- 1 fairness test in relationship to the issues. I think it
- 2 was a sensible and reasonable population.
- I have some reservations about the doses. I'm
- 4 convinced that 16 of candesartan is better than 50 of
- 5 losartan, and 32 is better than 100. I'm not sure that 16
- 6 is better than 32 or 100 is better than 50, however. So,
- 7 in looking at all of the data, I would probably have
- 8 redesigned it a little differently in terms of the
- 9 candesartan piece, but that's en passant.
- The other issue is the duration of effect and
- 11 the timing of the up-titration that I reflected on in my
- 12 earlier questions. I think the timing would have been and
- 13 could have been different and we could have been clearer
- 14 about what dose to use and when to up-titrate, and we'll
- 15 come back to that discussion in relationship to the actual
- 16 wording of the label, assuming that we want to educate
- 17 practitioners as to how to use these agents wisely. So, on
- 18 balance, I think it was a pretty fair test.
- 19 DR. BORER: Is there anyone around the table
- 20 who does not think it meets the fairness criteria that are
- 21 laid out in the document? No.
- 22 Tom.
- 23 DR. FLEMING: I agree with Paul. This isn't
- 24 simply yes/no. I strongly endorse the spirit of the ICH
- 25 E-10 guideline on page 8, section (a), pointing out that

- 1 there really are merits to understanding, when one is
- looking at superiority, comparisons at multiple doses. My
- 3 own sense is there's a fairness here as long as one
- 4 conditions on what it is that we're claiming here. If
- 5 we're claiming that we're comparing q.d. and q.d., there's
- 6 a fairness here. But if one is trying to go beyond that
- 7 and, in a sense, say we have established superiority to
- 8 another agent relative to what its optimal efficacy might
- 9 be, then I think there's uncertainty here. As I've already
- 10 indicated earlier, it seems to me it would have been more
- 11 informative, since we're doing two trials, in the spirit of
- 12 ICH E-10, that the two trials could have differed in the
- 13 way the losartan was delivered.
- 14 There seems to be more evidence that
- 15 candesartan b.i.d. may not be more effective than
- 16 candesartan q.d., but the data that's presented to us,
- 17 though limited, suggests that there may well be a response
- increase with b.i.d. over q.d. I think we would have had a
- 19 more informative answer, rather than two small, identically
- 20 designed trials, to have taken the full benefit of doing
- 21 two trials here and had the second trial look at a b.i.d.
- DR. BORER: Any other elaborations on this
- 23 issue?
- 24 (No response.)
- DR. BORER: If not. Let's move on to number 7,

- 1 and I'd like to break this into two parts, if I may, so
- 2 they don't get confounded in discussion.
- First, do you recommend approval of candesartan
- 4 for superior antihypertensive efficacy when compared with
- 5 losartan? And forget about how the labeling might have to
- 6 limit that. Let's go through that first, and then if we do
- 7 agree with that, obviously the label, as everyone has said,
- 8 has to be carefully constructed. And we'll talk about the
- 9 labeling construction as a separate issue. So, forgetting
- 10 for a moment that we have to be careful in writing a label,
- 11 do you recommend approval of candesartan for superior
- 12 antihypertensive efficacy when compared with losartan?
- 13 Paul.
- DR. ARMSTRONG: Yes.
- DR. BORER: Steve.
- DR. NISSEN: Yes.
- DR. BORER: Blase.
- DR. CARABELLO: Yes.
- DR. BORER: Susanna.
- DR. CUNNINGHAM: Yes.
- DR. BORER: Beverly.
- DR. LORELL: Yes.
- DR. BORER: Mike.
- DR. ARTMAN: Yes.
- DR. BORER: JoAnn.

- 1 DR. LINDENFELD: Yes.
- DR. BORER: Tom.
- 3 DR. FLEMING: Yes, conditionally given that
- 4 it's clear we're talking antihypertensive efficacy and
- 5 we're talking at q.d. versus q.d.
- DR. BORER: I vote yes too and, of course, with
- 7 Tom's caveats, but we're going to get into that in a
- 8 second. So, you have a unanimous vote in favor of
- 9 approvability.
- Now we have to talk about what it is we've
- 11 actually suggested you should approve. So, if so, how
- 12 should the findings of these trials be included in the
- 13 approved labeling, first of candesartan? And we're going
- 14 to need a vote about this. So, Paul, why don't you give
- 15 the statement and we'll see if anybody disagrees and we'll
- 16 vote.
- DR. THROCKMORTON: Jeff, you've given the one
- 18 vote that we really needed for this particular one. I'd
- 19 like just discussion in general about the labels.
- DR. BORER: Okay. We won't vote.
- 21 Paul.
- DR. ARMSTRONG: Jeff, I'd like to make three
- 23 points in terms of introducing this. The first is that for
- 24 me, rather than have a discussion about a statistically
- 25 significant difference with no context of what the blood

- 1 pressures were or what changes unfolded is unhelpful. To
- 2 me we should dialogue or suggest to the regulatory agency
- 3 that we're serving that, obviously, that be incorporated, a
- 4 clinical context both from where the patients were and to
- 5 what extent the difference was clinically or biologically
- 6 significant as opposed to statistically significant. So,
- 7 that's the first point.
- 8 The second point is I have some concerns in
- 9 relationship to the draft about the notion or the
- 10 implication that if a blood pressure change was not
- 11 perceived to be satisfactory in the minds of the clinician
- 12 caring for the patient, that he or she should up-titrate at
- 13 2 weeks. I think that that's a problem based on what we
- 14 know and indeed what the sponsor has asserted in response
- 15 to an earlier question. So, the notion of the
- 16 appropriateness of up-titration, on the one hand, and the
- 17 timing of up-titrating on the other, vis-a-vis achieving an
- 18 effect, I think needs some discussion.
- 19 And the third piece is the extent to which, if
- 20 one were interpreting this label, seeing a patient on
- 21 losartan once a day, as to whether one should be prompted
- 22 or reminded about the likelihood of increased efficacy
- 23 using the same drug twice a day before switching to a new
- 24 drug once a day.
- So, to me those are the three issues, and I

- 1 certainly have some thoughts, but I don't want to get into
- 2 the nuts and bolts of the wording. But to me those are the
- 3 three issues.
- 4 DR. BORER: May I ask for a clarification here?
- 5 I'm looking at the proposed addition to clinical
- 6 pharmacology, clinical trials subsection from the sponsor's
- 7 presentation where it says that candesartan initiated at 16
- 8 milligrams once daily and force-titrated at 2 weeks, which
- 9 is the point that Paul was just making, to 32 milligrams.
- 10 If I'm not mistaken, two of the most important trials, 230
- 11 and 231, the forced-titration was made at 4 weeks.
- DR. FLEMING: At 2 weeks.
- DR. BORER: At 2 weeks, okay. Then what was
- 14 done at 4 weeks?
- 15 DR. MICHELSON: The CANDLE study was titration
- 16 to effect at 4 weeks.
- DR. BORER: At 4 weeks. Okay, I understand.
- 18 Thank you.
- 19 Bob.
- 20 DR. TEMPLE: This is a problem. That's how the
- 21 study was done, so you can't really describe it any other
- 22 way. The dosing and administration says that you get most
- 23 of the effect by 2 weeks and really all of it by 4 weeks.
- 24 So, I think the implication is that the observing physician
- 25 looks and sees if you're getting close at 2 weeks. If

- 1 you're nowhere, you maybe increase it. But it's a problem
- 2 as to what to do. The real recommendation is you can
- 3 expect you're not going to get any more after 4 weeks.
- 4 That's what labeling has said from the beginning based on
- 5 the bulk of their data.
- I wanted to ask one question. We've already
- 7 concluded that just saying statistically significant is not
- 8 very helpful, but our immediate thought was that we'd give
- 9 the numbers probably with a confidence interval and a p
- 10 value. We would not have thought of saying how important
- 11 and significant this is, however. Is that what you were
- 12 suggesting? That's getting dicey since the whole labeling
- doesn't say much about that.
- 14 DR. ARMSTRONG: Sorry. Bob, what I was
- 15 suggesting was that the -- and maybe you can clarify then
- 16 for me. In other words, these numbers -- that is, the
- 17 absolute difference between the two agents -- I thought
- 18 should be reflected in the baseline values from which they
- 19 occurred. In other words, the implication of those numbers
- 20 might be a whole lot different in a hypertensive population
- 21 that at entry came in rather different than this one.
- DR. TEMPLE: That's a good addition too. It
- 23 could say who the people were. Right, that's fine.
- DR. BORER: Steve.
- DR. NISSEN: I wanted two things added to the

- 1 label that are not in the current proposal, and they're
- 2 similar to what Paul suggested. The magnitude of the
- 3 change. But one of the things that troubles me about it is
- 4 that clinicians may look at that and they may say, gee, 2
- 5 millimeters is trivial. A lot of clinicians don't really
- 6 recognize. That in my opinion is biologically significant.
- 7 So, it's going to tend to undermine the claim a little bit
- 8 which I'm sure is why the sponsor didn't originally propose
- 9 that. I happen to think that 2 millimeters is relevant
- 10 clinically, but it may be misinterpreted. And I don't know
- 11 any alternative to that. That's what I think you were
- 12 probably getting at when you were saying that we think
- 13 that's clinically significant, but we can't tell people
- 14 that.
- DR. TEMPLE: So, they could just put something
- in that says this is a really big deal?
- 17 (Laughter.)
- DR. NISSEN: I was thinking about slightly
- 19 different language than that.
- DR. TEMPLE: It's a problem.
- DR. NISSEN: It's a problem. It's a problem
- 22 because clinicians don't necessarily get it. We want to
- 23 give informative advice to clinicians. Unfortunately, it
- 24 may be trivialized by some people which I'm concerned
- 25 about.

- 1 Then lastly I think the way to handle the
- 2 baseline issue is to describe the baseline range of blood
- 3 pressures at entry. So, this was shown in people who came
- 4 in between 95 and 114. Then say no more than that because
- 5 I don't think we know what it is for under 95 or over 114.
- So, those two additions would be helpful. But
- 7 I am concerned that we not trivialize those differences,
- 8 and anything you could do in the wording that doesn't
- 9 undermine the clinical importance because I as a clinician,
- 10 if I really -- this will change my practice, and I think
- 11 that that is important when that happens. I think when I
- 12 need more blood pressure reduction, I'm going to favor the
- more effective agent, and to me 2 millimeters or 3
- 14 millimeters is significant.
- DR. BORER: Beverly.
- DR. LORELL: Thank you.
- I actually think the proposed label as worded
- 18 is an extremely good starting point. I like it because it
- 19 states the facts very clearly of the results explicitly in
- 20 two trials. So, in a sense it does not have to get to the
- 21 point that you were making, Dr. Armstrong, about the issue
- 22 of when you up-titrate or don't.
- I think it is very important in this label that
- 24 it have an explicit statement as to who the study
- 25 population was. This study, unfortunately, cannot be

- 1 extrapolated to patients who have isolated systolic
- 2 hypertension, and I think it's very important not just that
- 3 there be sort of a demographic, this is the baseline, but
- 4 that it be very clear that an inclusion criteria required
- 5 having diastolic hypertension.
- 6 Secondly, I think going back to the points
- 7 we've discussed over and over here, we're all extremely
- 8 sympathetic and hopeful that this reduction in blood
- 9 pressure that was seen as the superiority claim will
- 10 translate to outcome measures that are very important. But
- 11 we don't know that. So, I think that probably the most
- 12 straightforward approach and also as a precedent for the
- 13 FDA is to simply state the facts of the trial, to have a
- 14 very simple table that lists baseline blood pressure and
- 15 the mean and median reduction at the 8-week endpoint. And
- 16 it can be left for the clinician to interpret, as he or she
- 17 sees fit, what that means.
- I think to have a statement in trying either to
- 19 encourage or to dissuade interpretation of that right now
- 20 is very flawed because this study did not compare endpoints
- 21 between the between the two drugs. We hope it will
- 22 translate to endpoints, but we don't know that.
- DR. BORER: Before I ask Tom Fleming to
- 24 comment, because I think some of his earlier comments are
- 25 crucial with regard to the response to this question, let

- 1 me ask, Beverly, would you modify those parameters you
- 2 mentioned, mean, median -- and I'm sorry. I didn't hear
- 3 the third one.
- DR. LORELL: The baseline demographic absolute
- 5 blood pressures.
- DR. BORER: In addition to the mean and median
- 7 change, I would suggest one might want to include either
- 8 the standard deviation or the range --
- 9 DR. LORELL: Certainly.
- 10 DR. BORER: -- because even if you really
- 11 didn't understand or didn't know all the epidemiological
- 12 data, you would at least have a sense that sometimes you
- 13 can have a fairly marked effect, and that would be
- 14 reassuring.
- Tom, why don't you go ahead and talk about the
- 16 label.
- DR. FLEMING: There were two or three aspects.
- 18 The first couple have already been raised by Paul and
- 19 Beverly for which I would suggest there be modifications.
- 20 First, I think it's not sufficient just to
- 21 provide statistical significance as the conclusion here. I
- 22 agree with Paul's point that there really needs to be
- 23 explicit data indicating the essence of what the
- 24 antihypertensive efficacy results are.
- 25 By doing that, we address two of my concerns.

- 1 One is that it be made very clear that what we're talking
- 2 about here are 8-week results on blood pressure, and that
- 3 will become explicit, and what the magnitude of these
- 4 effects are, which is critical that that be conveyed beyond
- 5 just statistical significance.
- 6 The third suggestion that I have or the third
- 7 issue that I would like to have addressed is related to
- 8 what the FDA medical reviewer raised on page 27, and that
- 9 is, I think there needs to be a sense, kind of in the
- 10 spirit of fairness of E-10, a sentence at the end or at
- 11 some point that says that comparisons were not made against
- 12 losartan b.i.d. that might be more effective as a regimen
- 13 than q.d. Then it's made explicitly clear that the
- 14 superiority in blood pressure effects are q.d./q.d. and yet
- 15 it's acknowledging that there is not an assessment relative
- 16 to b.i.d. losartan that, in fact, might be more efficacious
- 17 than q.d. losartan.
- 18 DR. BORER: Can I ask for a little bit more
- 19 discussion about that last point? My understanding of the
- 20 data -- and correct me if I'm wrong, and Tom, maybe you can
- 21 help us with this -- is that there is the sense from some
- 22 of the published data that the b.i.d. dosing schedule may
- 23 be more effective than the q.d. dosing schedule of
- losartan, and that certainly for some patients it's
- 25 observably better. But are the data sufficient to make a

- 1 general statement that it is known that b.i.d. dosing of
- 2 the one drug is better? And if not, is it appropriate to
- 3 include a statement like that in a new label?
- DR. PICKERING: Well, I think from what we've
- 5 heard so far, the difference was with the 25 milligram dose
- 6 but not with the 50 milligram dose from the data that we
- 7 saw from the Weber study.
- DR. FLEMING: Let me just clarify, Jeff,
- 9 because I think you said something substantively different
- 10 from what I said. I said a sentence should be added that
- 11 indicates that comparisons were not made against the
- 12 losartan b.i.d. schedule which may be more effective than
- 13 q.d., as opposed to what I thought you said which is has
- 14 established to be.
- On page 14 in the FDA briefing document what we
- 16 have -- and granted, it's only at the 25 dose, but we have
- 17 differences of 2.2 millimeters. It's in a study of a size
- 18 100 per arm. So, that's 1.4 standard errors larger --
- 19 standard errors are 1.4 times larger than in the two
- 20 pivotal studies that had 300 per arm. But those pivotal
- 21 studies, relative to the primary endpoint, basically yield,
- 22 if you look at 8-week results, 1.3 and 1.8 millimeter
- 23 differences. So, the estimates that we're viewing on
- 24 primary endpoint as evidence of efficacy, when you're
- 25 comparing candesartan and losartan, are actually of smaller

- 1 magnitude than these differences q.d. versus b.i.d. within
- 2 losartan. They are statistically a little bit stronger
- 3 because they're based on three times the sample size, but
- 4 they're only two-thirds the magnitude of effect. So, the p
- 5 values are not all that different.
- 6 So, basically I'm not claiming or I'm not
- 7 stating that there needs to be an acknowledgement that
- 8 b.i.d. losartan is more effective than q.d., but it
- 9 certainly may be. There's certainly some evidence here to
- 10 suggest that it is, and that evidence is not a whole lot
- 11 weaker than the evidence that we're using for the primary
- 12 endpoint for the conclusion that candesartan is more
- 13 effective than losartan.
- DR. BORER: Beverly.
- DR. LORELL: I would respectfully disagree with
- 16 that opinion. I think that it is correct that losartan may
- 17 be more effective, but I don't think the data is clear
- 18 enough to state that explicitly in the labeling. In fact,
- 19 the current labeling for losartan -- and perhaps you could
- 20 clarify that for us -- uses very careful terminology of
- 21 "could consider using" as opposed to making a statement
- 22 "may be more effective." And those are really two very
- 23 different statements.
- 24 DR. FLEMING: But let's pursue that. Are they
- 25 different? I intentionally used the word "may" be to be

- 1 very cautious.
- DR. LORELL: Well, I think that the statement
- 3 in labeling "could consider using" is quite a different
- 4 statement than "may be more effective." I think that an
- 5 alternative approach could be to simply state that in the
- 6 labeling as proposed, these studies did not compare b.i.d.
- 7 regimens of either drug. And that makes it very clear to
- 8 the practitioner who is deciding to use either drug that
- 9 the comparison wasn't there. We wish it were, but it
- 10 wasn't there.
- DR. BORER: Yes. If we mandated a statement
- 12 about this at all, I would favor Beverly's statement that
- 13 says we just didn't do it, rather than drawing a conclusion
- 14 about what it might be.
- 15 Steve.
- 16 DR. NISSEN: Yes. I really fairly strongly
- 17 disagree here, and let me see if I can articulate it.
- 18 First of all, if you read the label, it says
- 19 once daily. I mean, it's very clear that that's what's
- 20 being compared when describing the studies. To me that's
- 21 quite sufficient.
- DR. TEMPLE: Which drug are you talking about?
- 23 DR. NISSEN: I'm talking about the candesartan.
- 24 The proposed label says: compare the antihypertensive
- 25 efficacy at their once-daily maximum doses. It's

- 1 absolutely crystal clear in that proposed label that's
- 2 what's being said.
- 3 Look, in designing a clinical trial, you can't
- 4 look at every combination and permutation of administering
- 5 a drug. So, you can set the bar impossibly high here and
- 6 you can kind of whittle away at it. But the comparison was
- 7 fair, by the terms of my interpretation of the guidance,
- 8 and I just think we don't comment on b.i.d. And frankly,
- 9 the sponsor isn't suggesting saying anything about b.i.d.
- 10 administration. The label says once a day.
- 11 My view here is actually colored a little bit
- 12 by the fact that I wish we had more comparative trials
- 13 between agents in the same class like this. If we kind of
- 14 whittle away at the claim when there's a very clean pair of
- 15 trials that show us the answer here, then we undermine our
- 16 ability to get data like this in the future.
- B.i.d. dosing wasn't studied. It would have
- 18 taken another large study to actually do it, and maybe some
- 19 day they will do it. But all they're commenting on in the
- 20 label is once-daily maximum doses, and I think that's all
- 21 we should comment on based upon the study.
- DR. BORER: Beverly, did you have another
- 23 comment?
- 24 DR. LORELL: I think in a sense we're on the
- 25 same page, Steve. I would look at adding that labeling

- 1 simply as a bit of an added clarification for the naive
- 2 reader, thinking about labeling not just as marketing, but
- 3 an education tool.
- DR. LINDENFELD: May I change the topic? Are
- 5 we done with this one?
- DR. BORER: Let me just ask, are there any
- 7 other opinions different from what we've heard? You've
- 8 heard a range.
- 9 I'm sorry. Tom.
- 10 DR. FLEMING: Just to follow up on Beverly's
- 11 and Steve's comments, if there were no data or if the data
- 12 that existed, even better yet, really provided some
- 13 considerable reassurance that losartan q.d. and b.i.d. were
- 14 the same, I'd be very comfortable with what you're
- 15 proposing. There's not a lot of data here that were
- 16 presented. What were presented on page 14 is suggesting to
- 17 me magnitudes of effects that aren't a lot different than
- 18 what we are seeing for candesartan against losartan. But
- 19 maybe there's a lot more to it than what these data are
- 20 showing.
- So, what is the committee's sense about is it
- 22 your belief that these data on page 14 that are showing a
- 23 2.2 millimeter difference are entirely misleading and this
- 24 is irrelevant? And essentially you have the strong sense
- 25 that there really isn't a difference, in which case then I

- 1 understand your recommendation.
- DR. LORELL: If I could respond to that. I
- 3 would say that they raise an hypothesis that we all wish
- 4 had been more rigorously tested. I think that my rationale
- 5 -- and I want to be clear about this -- for adding a very
- 6 straightforward comment that b.i.d. dosing was not tested
- 7 relates more to the current labeling of the drugs as
- 8 isolated agents where the clinician is given the option of
- 9 using b.i.d. So, I think your concern is a very fair one.
- 10 I think we'd all love to see another trial done to address
- 11 that, but we just don't know.
- DR. ARMSTRONG: Perhaps another way of coming
- 13 at this, Jeff, would be to find out from the sponsor, since
- 14 the label currently for candesartan lists b.i.d. as an
- option for the new agent, as to whether we're equally
- 16 unclear about the efficacy of b.i.d. candesartan as we are
- 17 b.i.d. losartan.
- DR. BORER: They showed us the data. Well, why
- 19 don't you go ahead and answer.
- 20 DR. MICHELSON: To address that first piece,
- 21 yes, we have the same limited data that you saw, very
- 22 limited and not sufficient to answer other than there
- 23 appears to be small differences with each of the agents.
- I would point out just one thing, if I may,
- 25 just to Dr. Fleming. I could tell you there's been a

- 1 commitment by both the manufacturers of losartan and to us
- 2 in every large outcome study that's either ongoing,
- 3 completed, or to be done with each of these agents is
- 4 employing only the once-daily dosing either, for example,
- 5 losartan 50 milligrams once daily or 100 milligrams once
- 6 daily, and the same for us. All the outcomes trials we
- 7 have basically are including either 16 or 32 milligrams
- 8 once daily so that all the outcomes data that you're going
- 9 to see and have seen, in fact, such as RENAAL and others
- 10 will employ that dosing. So, that will also make it even
- 11 more relevant.
- DR. BORER: I haven't stated my opinion about
- 13 this, but I will, if I may. I don't think it's necessary
- 14 to include a statement about b.i.d. dosing in the label.
- 15 But if the sense was that one needed to, I would do what
- 16 Beverly suggested, just state that it wasn't studied.
- 17 In terms of Tom's point, because he asked a
- 18 question, I'm not persuaded by the data on page 14. The
- 19 number of patients involved was relatively small so that my
- 20 confidence in the absolute values, the absolute changes is
- 21 not overwhelming. There's a wide confidence interval.
- The populations were sufficiently small so that
- 23 I certainly don't infer immediately that the population
- 24 involved here was the same as the population or
- 25 superimposable upon the populations that were studied in

- 1 230 and 231.
- In addition, as Tom pointed out, this is 25
- 3 b.i.d. It's very hard for me, without a direct comparison,
- 4 to draw inferences about how those results would compare
- 5 with 100 q.d. of losartan or 32 milligrams q.d. of
- 6 candesartan, or what have you.
- 7 So, I think those are interesting data. They
- 8 raise questions. As Beverly says, they're hypothesis-
- 9 generating. But I'm not influenced in my conclusion about
- 10 what to put in this label by those data. Now, that may be
- 11 wrong, but that's the way I would respond to the question.
- 12 Are there any other comments about this issue?
- 13 I'm sorry. Tom, if you would turn on your light, I'll see
- 14 you every time.
- 15 DR. FLEMING: Just a very brief added comment.
- 16 If the FDA, in fact, gains access to additional data
- 17 beyond what's on page 14 that provides additional
- 18 substantive insight and if that in fact suggests that
- 19 there's less gradient here between b.i.d. and q.d., then
- 20 I'm entirely comfortable with what Steve has proposed as
- 21 not adding any statements.
- On the other hand, if we're essentially looking
- 23 at this evidence, I would consider Beverly's proposal as
- 24 kind of a compromise middle ground from what I had proposed
- 25 as a very acceptable alternative.

- DR. TEMPLE: I said this before, but nobody
- 2 seemed impressed. Let me try again.
- 3 The fact that you see the same differences at
- 4 peak, it seems to me, has a lot to do with how worried one
- 5 should be because the reason you use b.i.d. for some drugs
- 6 is that you think their half-life is too short. But you do
- 7 expect that the dose, when you first take it, will probably
- 8 get into the right range. Even in that circumstance, where
- 9 the two were compared at doses that really should have been
- 10 adequate, there was a difference at peak, suggesting that
- 11 it's not just a matter of half-life and timing, but maybe
- 12 something else.
- DR. NISSEN: That was also part of my thinking
- 14 as well, and also, Bob, the fact b.i.d. candesartan appears
- 15 to have a little bit bigger effect than q.d. candesartan.
- 16 So, Tom, the reason that I think we've got to be careful
- 17 here is that if you did b.i.d. candesartan against b.i.d.
- 18 losartan, I think there's every reason to expect you'd see
- 19 the same differentials because both drugs show a little bit
- 20 more efficacy when given b.i.d. So, to me it's just kind
- 21 of a nonissue.
- 22 DR. BORER: Let's move on to the issue of the
- 23 implications for labeling of losartan. Paul.
- DR. ARMSTRONG: I don't see any implication for
- 25 losartan labeling. So, no.

- DR. BORER: Is there anyone around the
- 2 committee who would suggest any changes in the losartan
- 3 label based on these studies? JoAnn.
- 4 DR. LINDENFELD: No.
- 5 But I just wanted to come back to one point
- 6 earlier in the labeling. I don't know if this troubles
- 7 anyone else, but if you do put the numbers of actual blood
- 8 pressure, I'd like to see the numbers for the lower dose of
- 9 each drug, 16 and 50, because that's where almost all of
- 10 the difference is. Now, we could argue about whether or
- 11 not that's fair. That was not the endpoint of the study,
- 12 but there was, I think, on page 18 of the briefing booklet
- 13 a suggestion for a phrase that might indicate that. I
- 14 think it would be helpful to the physician using these
- 15 drugs to know what the increments of effect are as you go
- 16 up on the dose. You get almost all of it early. I think
- 17 that would be helpful data to have in there.
- DR. BORER: We're not suggesting any changes
- 19 for the losartan label.
- Finally, 7.3. Do we suggest any implications
- 21 of these findings for combination products containing
- 22 either of these two drugs, candesartan or losartan?
- Paul.
- 24 DR. ARMSTRONG: I'd have to take them one at a
- 25 time. I would say that there may well be implications and

- 1 each would need to be addressed on its own merit.
- DR. BORER: Specifically with regard to
- 3 candesartan, how would you suggest these results should be
- 4 used?
- 5 DR. ARMSTRONG: Sorry. Are we talking about
- 6 candesartan combined with something else?
- 7 DR. BORER: Yes, a combination with a diuretic
- 8 or something.
- 9 DR. THROCKMORTON: Candesartan with a thiazide
- 10 or CCB or something.
- 11 DR. ARMSTRONG: I would say it hasn't been
- 12 studied.
- DR. BORER: Blase.
- 14 DR. CARABELLO: Yes. You couldn't possibly
- 15 make a statement about superiority of this drug when mixed
- 16 with something else. It could entirely disappear. We
- 17 couldn't possibly be justified in adding that to the label
- 18 of essentially another drug.
- DR. BORER: Does anybody around the table
- 20 disagree with that? Beverly.
- DR. LORELL: I strongly agree.
- DR. BORER: We have a strong agreement and
- 23 other degrees of agreement.
- 24 DR. THROCKMORTON: Sense of committee so noted.
- DR. BORER: I think that that concludes our

- 1 business, but I would like to ask one final question just
- 2 for the edification of the committee, if nobody else. A
- 3 precedent was noted here with regard to an angiotensin-
- 4 converting enzyme inhibitor that's marketed by two
- 5 different companies. I am not aware that studies similar
- 6 to this one were performed with that drug and its
- 7 comparators, and I'd like to know the basis of the labeling
- 8 that was quoted here. Can you tell us a little bit about
- 9 that?
- DR. THROCKMORTON: Can you give me a page
- 11 number?
- DR. BORER: Yes.
- 13 DR. NISSEN: It's CR-12 in the AstraZeneca
- 14 presentation.
- DR. MICHELSON: Would you like to see the study
- 16 design?
- DR. BORER: Sure. Well, I'd be interested to
- 18 see the study design, sure. It may be obvious why the
- 19 labels were written.
- 20 DR. TEMPLE: I'll tell you what. It was
- 21 probably a brain spasm.
- 22 (Laughter.)
- DR. TEMPLE: We were trying to think more about
- 24 giving people some idea what the ball park was. So, for a
- 25 number of drugs, we said this is in the general range of

- 1 most ACE inhibitors or this is in the range. That's really
- 2 what that reflects. Is it a non-inferiority study with a
- 3 margin calculated? Absolutely not. It's well short of
- 4 that. What it says is this looks like one of those, and
- 5 that's all it is. We've sort of stopped doing it because
- 6 it's really hard to justify. But there was some desire to
- 7 say, well, you know, don't be confused. This is another
- 8 one of those. That's what it is. We're not necessarily
- 9 proud of it.
- 10 (Laughter.)
- 11 DR. BORER: So clarified. I would like to
- 12 suggest, for whatever it's worth -- and I don't think
- 13 anybody on the committee will disagree -- that the
- 14 principles in ICH E-10 here ought to be more rigorously
- 15 applied before the label is written again.
- Are there any other comments from the
- 17 committee?
- DR. FLEMING: Jeff, we had deferred just a few
- 19 additional comments on question 4. Is this timely to
- 20 return to that?
- DR. BORER: Sure, why don't we take a few
- 22 minutes and get some comments about that.
- 23 DR. FLEMING: Let me try to be really brief in
- 24 clarifying at least what I was trying to suggest we would
- 25 need to state in response in particular to question 4.1.

- 1 Let me give three scenarios.
- 2 The first scenario is you have a comparator
- 3 agent that has shown a blood pressure effect and ultimately
- 4 has a clinical endpoint study that's directly shown effects
- 5 on stroke reduction. Now, your experimental agent in
- 6 comparison to the comparator has been shown to be superior
- 7 in blood pressure effects, and that's all that you know.
- 8 But there's no reason to expect that it doesn't contain all
- 9 of the other mechanisms in this particular scenario. Then
- 10 I would think that the comparator agent would be labeled
- 11 for not only blood pressure control, but actually having
- 12 documented that it prevents stroke, whereas the
- 13 experimental agent in this case could be called superior in
- 14 its antihypertensive efficacy. I don't think you'd have to
- 15 explain what isn't known because there's no specific
- 16 evidence that it doesn't provide the benefits, but you're
- 17 not making a claim for it having established effect on
- 18 stroke.
- Scenario B is a scenario where the comparator
- 20 agent has had clinical endpoint studies and there's
- 21 considerable evidence to show that its effects on clinical
- 22 endpoints exceed that that you would expect to be mediated
- 23 through blood pressure reduction. In this setting then, if
- 24 you have done a comparative study of the experimental agent
- 25 and showed a superior antihypertensive effect, you can

- 1 claim a superior antihypertensive effect. But what I was
- 2 saying is I would think there has to be an acknowledgement,
- 3 though, that the comparator agent has achieved clinical
- 4 benefits in ways that would exceed what you expect to be
- 5 mediated through blood pressure lowering.
- 6 The third scenario would be one where you
- 7 actually have the experimental agent showing a superior
- 8 antihypertensive effect, but you actually have clinical
- 9 endpoints on both and the comparator is superior in
- 10 clinical endpoints. In that setting, I would think without
- 11 question the focus has to be on the clinical endpoints and
- 12 you wouldn't be even talking about a label that would talk
- 13 about superiority in antihypertensive effects.
- 14 Those are sort of the cascading three separate
- 15 scenarios that kind of cover the possible options. This
- 16 was what I was trying to argue before we would need to
- 17 report.
- DR. BORER: Paul, did you have a comment?
- 19 DR. ARMSTRONG: Just on point three, there will
- 20 be circumstances, Tom, it seems to me, when benefits of an
- 21 agent are largely a function of the participation in the
- 22 clinical trial and the rigor, discipline, and monitoring
- 23 associated with it as opposed to clinical practice, and the
- 24 issues of efficiency and efficacy come to mind, of course.
- 25 So, I think in approving a new drug, one needs to take into

- 1 account not only the evidence for efficacy in a clinical
- 2 trial, the safety, the compliance issues, and the cost, but
- 3 the general applicability. So, I would have some sympathy
- 4 as a clinician to keeping an open mind, notwithstanding the
- 5 fact that the points you raise are good discussion points
- 6 as we take each new customer who comes to the table.
- 7 DR. BORER: I think the principles that Tom has
- 8 stated are important for the FDA to consider. Obviously,
- 9 they're going to have to be considered in the context of
- 10 specific data sets and specific trial designs, and you can
- 11 take that advice.
- 12 With that having been said, why don't we
- 13 adjourn for the moment. We have 46 minutes and 48 seconds
- 14 before we will reconvene.
- 15 (Whereupon, at 12:13 p.m., the committee was
- 16 recessed, to reconvene at 1:00 p.m., this same day.)

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1 AFTERNOON	SESSION
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- (1:03 p.m.)
- 3 DR. BORER: We'll begin very slowly so that our
- 4 stragglers can come back.
- 5 The committee is composed of the same people
- 6 that were introduced this morning. In the interest of
- 7 complete disclosure, we'll introduce ourselves again. Tom.
- DR. PICKERING: I'm Tom Pickering from Mount
- 9 Sinai Medical Center in New York.
- DR. CUNNINGHAM: Susanna Cunningham from the
- 11 University of Washington in Seattle.
- DR. CARABELLO: Blase Carabello from the Baylor
- 13 College of Medicine.
- 14 DR. NISSEN: Steve Nissen with the Department
- 15 of Cardiovascular Medicine at the Cleveland Clinic School
- 16 of Medicine.
- DR. ARMSTRONG: Paul Armstrong from the
- 18 University of Alberta.
- DR. BORER: I'm Jeff Borer. I'm from the Weill
- 20 Medical College of Cornell University. This morning I
- 21 slipped and said Cornell Medical College. That should be
- 22 corrected.
- 23 MS. PETERSON: I'm Jayne Peterson. I'm the
- 24 acting Executive Secretary of the committee.
- DR. FLEMING: Tom Fleming, University of

- 1 Washington, Seattle.
- DR. LINDENFELD: JoAnn Lindenfeld, University
- 3 of Colorado.
- 4 DR. LORELL: I'm Beverly Lorell, Harvard
- 5 Medical School and Beth Israel Deaconess Medical Center,
- 6 Boston.
- 7 DR. THROCKMORTON: Doug Throckmorton, Director
- 8 of the Cardio-Renal Division, FDA.
- 9 DR. TEMPLE: Bob Temple, Director, ODE I.
- 10 DR. BORER: Jayne Peterson will read the
- 11 conflict of interest statement.
- MS. PETERSON: Thank you.
- The following announcement addresses conflict
- 14 of interest with regard to this meeting and is made a part
- 15 of the record to preclude even the appearance of such at
- 16 this meeting.
- Based on the submitted agenda for the meeting
- 18 and all financial interests reported by the committee
- 19 participants, it has been determined that all interests in
- 20 firms regulated by the Center for Drug Evaluation and
- 21 Research which have been reported by the participants
- 22 present no potential for an appearance of a conflict of
- 23 interest at this meeting with the following exceptions.
- 24 Dr. JoAnn Lindenfeld has been granted a waiver
- under 18 U.S.C. 208(b)(3) for her potential consulting for

- 1 the sponsor of Pravagard on unrelated matters. Potentially
- 2 she could receive less than \$10,001 from this firm per
- 3 vear.
- 4 Also, Dr. Jeffrey Borer has been granted a
- 5 waiver under 18 U.S.C. 208(b)(3) for his potential
- 6 consulting for the sponsor of Pravagard on unrelated
- 7 matters. Potentially he could receive less than \$10,001
- 8 per year.
- 9 A copy of these waiver statements may be
- 10 obtained by submitting a written request to the agency's
- 11 Freedom of Information Office, room 12A-30 of the Parklawn
- 12 Building.
- In the event that the discussions involve any
- 14 other products or firms not already on the agenda for which
- 15 an FDA participant has a financial interest, the
- 16 participants are aware of the need to exclude themselves
- 17 from such involvement and their exclusion will be noted for
- 18 the record.
- 19 With respect to all other participants, we ask
- 20 in the interest of fairness that they address any current
- 21 or previous financial involvement with any firm whose
- 22 products they may wish to comment upon.
- Thank you.
- DR. BORER: Thank you, and for completeness,
- 25 our final committee member will introduce himself.

- 1 DR. ARTMAN: I'm late.
- 2 (Laughter.)
- 3 DR. ARTMAN: I apologize. I'm Mike Artman.
- 4 I'm at New York University School of Medicine.
- DR. BORER: This afternoon we're going to
- 6 consider the NDA for the pravastatin-aspirin combination
- 7 product that was considered initially at an earlier
- 8 meeting. Some additional information is going to be
- 9 presented by the sponsor and we'll start with Dr.
- 10 Baumgartner.
- 11 DR. BAUMGARTNER: Thank you, Mr. Chairman.
- 12 Good afternoon. My name is Tom Baumgartner. I'm Vice
- 13 President of Regulatory Sciences for Bristol-Myers Squibb.
- We market pravastatin and buffered aspirin.
- We're here before you today as you reconsider
- 16 our NDA for a combination product consisting of our lipid-
- 17 lowering agent pravastatin, along with aspirin, for use in
- 18 the setting of secondary prevention in patients with
- 19 established coronary artery disease.
- As you know, both these agents are approved by
- 21 the FDA to reduce the incidence of clinical cardiovascular
- 22 events in the secondary prevention population and also are
- 23 recommended as cornerstone of therapy in secondary
- 24 prevention by the American College of Cardiology and the
- 25 American Heart Association in their treatment guidelines.

- 1 I'd like to recap for the committee the
- 2 chronology of events which have led us to come before you
- 3 again today. As part of this, I will also frame what are
- 4 the issues we've been asked specifically to focus on today.
- 5 Bristol-Myers Squibb originally submitted an
- 6 NDA for this combination product in June of 2001. The
- 7 basis for this application was a meta-analysis of five
- 8 pravastatin cardiovascular event trials in patients with
- 9 established coronary artery disease. The application was
- 10 reviewed by this committee at its January 2002 meeting
- 11 where numerous issues were discussed.
- 12 Since that time we've worked closely with the
- 13 FDA to try to clearly define what were the remaining issues
- 14 to be resolved to allow for the approval of this product.
- 15 Based on these interactions, we revised our application to
- 16 address these outstanding issues, and the application was
- 17 refiled in May, which has led us to come before you today.
- The core of the original application consisted
- 19 of the meta-analysis of five pravastatin cardiovascular
- 20 event reduction trials which demonstrated that the
- 21 combination of pravastatin plus aspirin was safe and
- 22 effective and that the combination provided added benefit
- 23 over both pravastatin and aspirin when given alone in the
- 24 prevention of subsequent cardiovascular events in patients
- 25 with existing coronary heart disease. Following my

- 1 presentation, Dr. Rene Belder of our Metabolics Clinical
- 2 Research Group will briefly review these analyses for you.
- In addition to the meta-analysis, the original
- 4 NDA also included a pharmacokinetic study which
- 5 demonstrated that there were no pharmacokinetic
- 6 interactions when the two drugs were given together.
- 7 When this application was reviewed by this
- 8 committee in January, many issues were discussed. As noted
- 9 by FDA in the prologue for today's questions for the
- 10 meeting, at the time of the January meeting, there appeared
- 11 to be several areas of the application where general
- 12 agreement had been reached.
- 13 First, it appeared that there was general
- 14 agreement that there was indeed a population which could be
- 15 identified for which this combination product would be
- 16 indicated.
- In addition, it was generally agreed that the
- 18 meta-analysis demonstrated the safety and efficacy of the
- 19 combination, as well as the independent contribution of the
- 20 components, to the beneficial cardiovascular outcomes in
- 21 the secondary prevention population.
- 22 Finally, the choice of aspirin doses to be
- 23 offered appeared to be acceptable to the committee.
- While there appeared to be general agreement on
- 25 some aspects of the application, other issues remained

- 1 outstanding. We feel we have addressed these issues in the
- 2 refiled NDA, including the briefing book which was
- 3 distributed for today's meeting. For today's presentation,
- 4 we will be focusing on four of these issues as were
- 5 outlined by the FDA in their prologue to the questions for
- 6 today.
- 7 In his presentation, Dr. Rene Belder will
- 8 address issues raised by the committee in January regarding
- 9 the range of pravastatin doses to be available for this
- 10 combination product.
- 11 In addition, he will address aspects related to
- 12 the safe use of aspirin, considering that it now will be a
- 13 component of a prescription combination product. This will
- 14 include a discussion of the features of this product which
- 15 we feel may, in fact, reduce the risk for the inadvertent
- 16 use of aspirin in settings where it might not be desirable,
- 17 such as in surgery. In addition, he will address the
- 18 implications and risks for bleeding should aspirin not be
- 19 discontinued prior to surgery.
- 20 Dr. Belder also will discuss the potential for
- 21 inappropriate discontinuation of pravastatin during times
- 22 when it might be desired to temporarily interrupt this
- 23 product owing to its aspirin component.
- In the next few minutes, I'd like to address
- 25 the final bullet on this slide, which is the concern over

- 1 the potential for inappropriate use of this product in a
- 2 non-indicated population such as in primary prevention.
- In addressing this concern, first I'd like to
- 4 reemphasize that the indication we are seeking and the only
- 5 indication which we plan to promote is for the reduction of
- 6 the risk of clinical cardiovascular events in the secondary
- 7 prevention population. This is a use in a population for
- 8 which both aspirin and pravastatin already are approved by
- 9 FDA.
- 10 As shown on this slide, we have proposed an
- 11 intersection label for this combination product. By that I
- 12 mean a label which we feel reflects a population where the
- 13 secondary prevention claims in both the aspirin and
- 14 pravastatin labels intersect. The proposed indication
- 15 provides for a medication that allows for and enhances
- 16 long-term management to reduce the risk of cardiovascular
- 17 events in patients with clinically evident coronary heart
- 18 disease.
- 19 Regarding the potential for off-label use of
- 20 this product in primary prevention, the reality is that in
- 21 the current practice environment with aspirin available
- 22 over the counter, aspirin is currently being used in
- 23 primary prevention. However, we do not feel that the
- 24 availability of this combination product will increase the
- 25 likelihood of off-label use of aspirin over what currently

- 1 exists with aspirin being available over the counter.
- 2 Rather, the fact that the pravastatin-aspirin combination
- 3 will be a prescription product should actually allow
- 4 prescribers to have greater control over ensuring that
- 5 these drugs are used in the appropriate population.
- 6 In support of our refiled application and our
- 7 presentation, we have brought some of the world's experts
- 8 on the topics to be discussed today who are available to
- 9 us, as well as to the committee, for the discussion. These
- 10 consultants include: Dr. Jerry Avorn, a
- 11 pharmacoepidemiologist from Harvard, who authored the
- 12 literature review on the risk of aspirin use during surgery
- 13 which was provided as part of the briefing book for the
- 14 meeting today; Dr. Don Berry from M.D. Anderson who worked
- 15 with us on the meta-analysis for the original submission;
- 16 Dr. Bernard Chaitman from St. Louis University who is an
- 17 author on the ACC/AHA guidelines on perioperative
- 18 noncardiac surgery; Dr. Lawrence Dacey who is a
- 19 cardiothoracic surgeon from Dartmouth who has published on
- 20 the perioperative use of aspirin in cardiac surgery. Dr.
- 21 Charlie Hennekens from Miami has extensive experience on
- 22 the use of aspirin in secondary prevention and submitted a
- 23 citizens' petition for aspirin to be approved in secondary
- 24 prevention which was approved by the FDA in 1998. Dr. Tom
- 25 Pearson from Rochester is a preventive cardiologist. Dr.

- 1 Marc Pfeffer from Brigham and Women's Hospital who was an
- 2 investigator on the pravastatin CARE study, and Dr. Eric
- 3 Topol, Chair of Cardiovascular Medicine at the Cleveland
- 4 Clinic, who is an expert on antiplatelet therapy in
- 5 cardiovascular disease.
- 6 The agenda for our presentations for this
- 7 afternoon is as follows. Following my remarks, Dr. Rene
- 8 Belder from our Metabolics Clinical Research Group will
- 9 review the contents of our refiled NDA and address the
- 10 issues I noted previously regarding the pravastatin doses
- 11 which are now to be offered in the combination, safety
- 12 aspects related to the aspirin component of the product,
- 13 and temporary discontinuation of statin therapy. Dr. Fred
- 14 Fiedorek, also of our Metabolics Clinical Research Group,
- 15 will conclude by summarizing our application and by
- 16 providing the regulatory context and rationale for this
- 17 product.
- 18 I'd like to introduce Dr. Rene Belder,
- 19 Executive Director of Clinical Design and Evaluation for
- 20 Metabolics from Bristol-Myers Squibb. Thank you.
- DR. BORER: Are there any questions for Dr.
- 22 Baumgartner at this point, or are we all set to move on?
- 23 (No response.)
- DR. BORER: Okay, let's move ahead then.
- DR. BELDER: Good afternoon, ladies and

- 1 gentlemen. I'm very happy to be back here today to present
- 2 to you the features of our refiled pravastatin-aspirin
- 3 application.
- To give a top line overview, cardiovascular
- 5 disease remains the leading cause of death in the United
- 6 States. However, we also know that both pravastatin and
- 7 aspirin are approved medications for use in the secondary
- 8 prevention population. The pravastatin-aspirin combination
- 9 will, therefore, provide a useful tool for both health care
- 10 providers, as well as patients, to prevent coronary artery
- 11 disease.
- 12 As Tom already indicated, I will give you a
- 13 brief summary of the data that we presented last January
- 14 for those of you who were not here at that time.
- The efficacy and safety of the pravastatin-
- 16 aspirin combination was based on a meta-analysis of five
- 17 pravastatin prevention trials. These trials are listed
- 18 here on this slide. All trials randomized pravastatin 40
- 19 milligrams and placebo. All trials had as a prespecified
- 20 endpoint cardiovascular events, and in total there were
- 21 about 15,000 patients randomized to either pravastatin or
- 22 placebo. The largest contribution came from the CARE and
- 23 the LIPID study that provided about 98 percent of the total
- 24 patient-years of exposure, which was almost 80,000 patient-
- 25 years. In addition, you can see that about 80 percent of

- 1 these patients were also taking aspirin.
- 2 The results of the meta-analysis are presented
- 3 here on this slide for three endpoints considered of most
- 4 importance for this combination product, namely fatal or
- 5 nonfatal MI, ischemic stroke, and the combination of
- 6 coronary heart disease death, nonfatal MI, ischemic stroke,
- 7 or revascularization procedures. For both comparisons,
- 8 namely the combination of pravastatin and aspirin versus
- 9 aspirin alone, indicated here in yellow, as well as the
- 10 comparison between pravastatin and aspirin versus
- 11 pravastatin alone, for all these comparisons there was a
- 12 significant benefit of the combination over the individual
- 13 components.
- In addition, we examined the safety of
- 15 pravastatin and aspirin when used together in these trials,
- 16 and we did not find any sign of an increased incidence of
- 17 CK or liver function test abnormalities or gastrointestinal
- 18 bleeds or hemorrhagic stroke, obviously all events of
- 19 interest for these products.
- 20 Let me now move on to the topics I've been
- 21 asked to discuss with you today.
- 22 First of all, the choice of pravastatin doses
- 23 to be provided in this combination product. Last January
- 24 we presented to you the rationale of a combination product
- of 40 milligrams of pravastatin with either an 81 milligram

- dose of aspirin or a 325 milligram dose of aspirin. The 40
- 2 milligram dose of pravastatin was chosen because that's
- 3 currently the approved starting dose of pravastatin. In
- 4 addition, the 40 milligram dose was used as a starting dose
- 5 and maintenance dose in all prevention studies with
- 6 pravastatin.
- 7 The committee, however, felt that a greater
- 8 flexibility in the dosing with regard to pravastatin was
- 9 desirable, and we're therefore now also offering the 80
- 10 milligram dose of pravastatin for those physicians who like
- 11 to see greater cholesterol reductions in their patients, as
- 12 well as the 20 milligram dose of pravastatin, which is
- 13 provided for physicians who are taking care of patients
- 14 with renal or hepatic impairment or patients who are also
- 15 using immunosuppressive therapy.
- I'll now move on to the potential of excessive
- 17 bleeding should the pravastatin combination not be
- 18 discontinued prior to surgery, and this aspect is divided
- 19 into two topics. The first one is the potential of
- 20 inadvertent continuation of aspirin with this prescription
- 21 combination product, and the other aspect is if aspirin is
- 22 continued during surgery, what is the risk associated with
- 23 its use. Let's start with the first part.
- In order to understand the risk of inadvertent
- 25 use of aspirin, we first have to understand what is the

- 1 current situation with respect to over-the-counter use of
- 2 aspirin for secondary prevention. The current situation is
- 3 characterized by ambiguity for both health care providers
- 4 as well as patients primarily because there are many OTC
- 5 aspirin-only products available from which the consumer has
- 6 to make a selection for secondary prevention. You see some
- 7 of these products here on this slide. In addition to these
- 8 products, there are also numerous generic aspirin products
- 9 available. Also, you can see that the doses available of
- 10 these products of up to 650 milligrams would not be
- 11 desirable for secondary prevention.
- 12 Secondly, there are many over-the-counter
- 13 products available that contain, in addition to aspirin,
- 14 other active ingredients, some of which may not be
- 15 appropriate for patients with coronary heart disease. And
- 16 these are the products that are available for the consumer
- 17 to choose from of products that contain aspirin. I would
- 18 also like to mention that these products may actually
- 19 contribute to inadvertent use of aspirin prior to surgery
- 20 because many patients or even physicians may not realize
- 21 that one of the active ingredients of these products indeed
- 22 is aspirin.
- 23 Lastly there are also OTC products available
- 24 that can be confused by a consumer as aspirin substitutes,
- 25 and it was indeed shown here by a study from Cook from Dr.

- 1 Hennekens' group that showed that of those patients who
- 2 were thinking that they were taking aspirin for secondary
- 3 prevention correctly, actually 15 percent came home with
- 4 aspirin substitutes, such as acetaminophen. In addition,
- 5 of note is that in this study in a general population, only
- 6 51 percent of those patients who should have been taking
- 7 aspirin for secondary prevention were actually taking it.
- 8 These are the products that can easily be
- 9 confused by a consumer as aspirin equivalents and products
- 10 that do actually not provide the benefit in secondary
- 11 prevention.
- 12 It may, therefore, be clear that the
- 13 prescription use of aspirin in this combination product may
- 14 actually offer some advantages. Physicians will be better
- 15 able to ensure that aspirin is used rather than a
- 16 substitute and will also be able to select a dose that is
- 17 most appropriate for secondary prevention. In addition, we
- 18 believe that other physicians will be better able to
- 19 recognize that aspirin was used as part of a prescription
- 20 product and recommend discontinuation or continuation as
- 21 appropriate.
- Of course, it is important that both physicians
- 23 and patients are aware of the aspirin component of this
- 24 product, and we have, therefore, developed labeling that
- 25 clearly indicates the aspirin component of this product.

- 1 This is the example of the proposed package showing the
- 2 aspirin component indicated four times. In addition, we
- 3 have developed a patient information leaflet also clearly
- 4 indicating that this product does contain, indeed, aspirin.
- 5 I'll now move on with what is the risk if
- 6 aspirin is, indeed, continued during surgery. What is the
- 7 risk of excessive bleeding?
- 8 Aspirin has been studied in noncardiac patients
- 9 in several surgical settings, and the results of these
- 10 studies are summarized on this slide.
- 11 First of all, aspirin has been studied in
- 12 vascular surgery to prevent graft occlusion, and the
- 13 results here are of a meta-analysis performed by the Oxford
- 14 Group.
- In addition, aspirin has been studied in
- 16 patients at high risk for venous thrombosis and pulmonary
- 17 embolism, and that's the middle study presented here on
- 18 this slide.
- 19 And finally, there was a large prospective
- 20 study of aspirin in patients undergoing hip surgery also to
- 21 prevent pulmonary embolism. In this study, aspirin was
- 22 started 7 days prior to surgery.
- 23 When we look at the safety of aspirin used
- 24 during surgery in these studies, we see that there was no
- 25 large excess of bleeding and there was no increase of fatal

- 1 bleeds associated with its use. Indeed, aspirin prevented
- 2 graft occlusions and prevented pulmonary embolism. So,
- 3 there was an overall benefit of aspirin in this setting.
- 4 Aspirin has also been studied in several
- 5 studies in patients undergoing coronary bypass procedures.
- 6 Of note is that the earlier studies indeed show that there
- 7 was an increased need for transfusions and an increased
- 8 need for reoperation for bleeding. However, the more
- 9 recent studies do not observe this same finding, and
- 10 there's actually a hint of a possible benefit when aspirin
- 11 is used during surgery in these patients undergoing
- 12 coronary bypass procedures. And I will discuss these data
- 13 a little bit more.
- 14 We, therefore, believe that the concern about
- 15 the inadvertent use of aspirin in surgery in patients with
- 16 coronary heart disease has actually decreased over the last
- 17 number of years for several reasons, and I will discuss
- 18 these with you.
- 19 First of all, improved surgical procedures
- 20 reduce the risk of bleeding complications. This is data
- 21 from a study from Dr. Dacey's group, and as indicated, Dr.
- 22 Dacey is here today. If you look at the last observational
- 23 period on this slide, indicated here -- and this is data
- from over 12,000 coronary bypass procedures performed in
- 25 northern New England -- you see that the rate of re-

- 1 exploration due to bleeding is actually decreased, while
- 2 during this same period of time, the use of aspirin in
- 3 these procedures has actually dramatically increased from
- 4 22 to 78 percent. This effect is mainly attributed to
- 5 improved surgical techniques and procedures, as well as
- 6 improvements in hemostatic measures.
- 7 As I indicated before, there may even be some
- 8 indication of a potential benefit with respect to the use
- 9 of aspirin in this particular setting, patients undergoing
- 10 bypass procedures. Again, this is data from Dr. Dacey's
- 11 group who showed in an observational study in over 8,000
- 12 coronary bypass procedures that there was no increased rate
- 13 of re-exploration for bleeding. There was no difference in
- 14 the need for blood products. However, there was a
- 15 significant reduction in in-hospital mortality associated
- 16 with aspirin use.
- 17 However, there's no good, well-controlled,
- 18 prospective clinical data of the use of aspirin in the
- 19 surgical setting in patients with coronary heart disease.
- 20 Therefore, there remains a lack of consensus about what to
- 21 do with aspirin in these patients, continuation or
- 22 discontinuation. And that is evidenced by the ACC/AHA
- 23 quidelines on the perioperative medical treatment of
- 24 patients with coronary heart disease in noncardiac
- 25 surgeries. These guidelines do not provide specific

- 1 recommendations about discontinuation or continuation of
- 2 aspirin. One of the authors of these guidelines was Dr.
- 3 Chaitman. Dr. Chaitman is here today to comment on these
- 4 recommendations.
- 5 However, most importantly, we believe that with
- 6 the availability of this combination product as a
- 7 prescription product, the likelihood of inadvertent
- 8 continuation of aspirin is actually reduced compared to the
- 9 current situation where aspirin is essentially used over
- 10 the counter for a variety of reasons.
- 11 The last topic to be discussed today is the
- 12 potential for inappropriate continuation of pravastatin,
- 13 again in a setting where, for instance, this combination
- 14 product would be discontinued, if needed, before surgery.
- 15 First of all, it's important to note that
- 16 unlike aspirin, whose onset of action is very acute, with
- 17 statins in general in the secondary prevention population,
- 18 it takes a while before the effects from cardiovascular
- 19 events become apparent. One would, therefore, not expect a
- 20 brief interruption of statin therapy, for instance, for a
- 21 couple of days before a surgery, would have any immediate
- 22 adverse consequences. And indeed, there's no data pointing
- 23 in that direction. However, more importantly, the
- 24 individual components will remain available for the
- 25 physicians to manage interruption or discontinuation of one

- 1 component and continuation of the other.
- In summary, we believe that with the actions
- 3 discussed today, we have addressed the main concerns.
- 4 First of all, we have now made three pravastatin doses
- 5 available: in addition to the 40 milligrams, also the 20
- 6 and 80 milligram doses of pravastatin. In addition, we
- 7 have developed packaging and labeling that clearly
- 8 identifies the aspirin component, increasing awareness by
- 9 both patient and physician of the aspirin component of this
- 10 product.
- I would now like to hand over to Dr. Fred
- 12 Fiedorek for summary comments unless there are questions.
- DR. BORER: Are there any questions for Dr.
- 14 Belder? Paul.
- DR. ARMSTRONG: I may have missed it, but in
- 16 the approximately 1 out of 5 patients not on aspirin in
- 17 LIPID and CARE, were the baseline characteristics of those
- 18 patients as compared to the others in those studies
- 19 factored into the meta-analysis?
- 20 DR. BELDER: Yes. That was extensively
- 21 discussed last January.
- DR. ARMSTRONG: Okay.
- DR. BORER: Any other questions? Okay, why
- 24 don't we go on to Dr. Fiedorek. Oh, sorry. Steve.
- DR. NISSEN: In the original application, we

- 1 were asked to consider this as if the two drugs would be
- 2 together in one tablet. Has there been a withdrawal of the
- 3 request for approval for a single tablet containing both
- 4 compounds?
- 5 DR. BELDER: No. The prologue to the initial
- 6 meeting advised you to consider this as a single tablet.
- 7 And we still have a single tablet on stability. So, a
- 8 single tablet will be offered as soon as we have enough
- 9 stability data to launch it. At this point in time, it's a
- 10 co-packaged product.
- 11 DR. NISSEN: Right. But what you said earlier
- 12 was that if we wanted to discontinue the aspirin component
- 13 for any reason or the statin component, we would be able to
- 14 do so. But that's true only in the co-packaged product.
- 15 The intent is not only to market the co-packaged product,
- 16 but also the combination eventually.
- DR. BELDER: Correct, yes. But what I meant is
- 18 that if a physician continues the single combination
- 19 tablet, but wants to continue one of the components, then
- 20 he would go back to the single component use. So, it's
- 21 basically back to the old situation.
- DR. NISSEN: So, it really isn't a change then
- 23 in what you're requesting.
- DR. BELDER: Correct.
- DR. BORER: Dr. Fiedorek.

- DR. FLEMING: One other question.
- DR. BORER: Oh, I'm sorry. Tom, go ahead.
- 3 DR. FLEMING: In the materials that the medical
- 4 reviewer presented to us from FDA, there was a lot of
- 5 consideration to the Nelipovitz article that set up
- 6 basically models to try to address the tradeoffs between
- 7 bleeding risks against reductions, for example, in MIs.
- 8 Will you be giving us more information on that?
- 9 DR. BELDER: We were not intending to. We're
- 10 also not making a strong argument that we think aspirin is
- 11 beneficial during surgery in patients with coronary heart
- 12 disease. Our primary contention is that since this is a
- 13 combination prescription product, physicians should be able
- 14 to continue or discontinue its use. We believe that there
- 15 may be some evidence that aspirin would be beneficial
- 16 during surgery, but as indicated before, the guidelines
- 17 clearly say there's not enough data. We cannot make any
- 18 firm recommendation.
- 19 And the articles that were included in the
- 20 medical review from FDA was our initial literature review
- 21 in March that we discussed with the agency. Subsequently
- 22 we have done a lot more work, including work by Dr. Avorn,
- 23 and of course, have looked at more literature and other
- 24 studies. The Nelipovitz article was just one example of
- 25 where you could see that perhaps there would be a

- 1 beneficial effect of aspirin.
- Does that answer your question?
- 3 DR. FLEMING: Only partially. Basically what
- 4 you're saying is now that you've gone further, there are a
- 5 lot of other sources of information, if I'm interpreting
- 6 you correctly, that you believe to be more informative and
- 7 relevant than that article?
- DR. BELDER: We believe that with respect to
- 9 the use of aspirin in surgery there is no firm evidence
- 10 about continuing or not continuing. There's no well-
- 11 controlled data.
- Dr. Chaitman, would you want to comment on
- 13 that?
- 14 DR. FLEMING: While he's preparing to comment,
- 15 maybe he can also comment on this aspect as well. Is it
- 16 fair to say any evidence that we do have comes from
- 17 observational experience as opposed to any specific
- 18 intentional randomization?
- DR. CHAITMAN: Yes, you're correct. There are
- 20 no randomized clinical trials looking at aspirin usage in
- 21 this situation, so it is mainly observational data. That's
- 22 the reason that there wasn't a discussion of this in the
- 23 quidelines because the quidelines are evidence-based, and
- 24 the evidence wasn't strong enough to include them in the
- 25 quidelines.

- DR. BORER: Beverly, you're the committee
- 2 reviewer. Do you have any issues that you want to raise at
- 3 this point, or do you want to wait?
- 4 DR. LORELL: I'll wait.
- 5 DR. BORER: Dr. Fiedorek.
- 6 DR. FIEDOREK: Thank you, Rene.
- 7 Good afternoon, committee members, ladies and
- 8 gentlemen. If you'll recall, I was here in an introductory
- 9 role in January, and I'm now concluding to provide a final
- 10 framing of the issues and book-ending, we hope, of what
- 11 we've discussed today and back in January. My purpose,
- 12 besides giving a brief recap on the issues, is also to
- 13 provide a final concluding rationale that is based in part
- 14 on existing FDA regulations that provide the context for
- 15 what we're considering today.
- 16 This list includes the six key components that
- 17 we described in January and we've discussed to a certain
- 18 extent today. The first four components, as indicated in
- 19 the preamble today to the questions that you're
- 20 considering, were generally reviewed in more detail in
- 21 January and there was general agreement by the committee at
- 22 that time and we have not dwelt on these in any additional
- 23 detail today.
- The final two points, highlighted in green, are
- 25 what we've discussed today, as well as in January. Clearly

- 1 in the refiled application, we will now be offering three
- 2 doses of pravastatin, in addition to the 40 milligrams, the
- 3 80 milligram and 20 milligram dose, to go along with the
- 4 approved doses of aspirin in secondary prevention, 81
- 5 milligram and 325 milligram.
- 6 The last point has been one that had particular
- 7 concerns in January, and what we've done today is to review
- 8 the relevant data. As we've just heard, it's relatively
- 9 sparse data, but we've reviewed it and I think provided to
- 10 you the context of using aspirin, or pravastatin for that
- 11 regard, inappropriately and possibly either continuing or
- 12 discontinuing either component of this combination in such
- 13 settings. We've put particular emphasis on the setting of
- 14 surgery where we've gone into the best data on this
- 15 particular topic, and we have experts here today to answer
- 16 those questions as well, should you have further questions.
- Overall, with the prescription use of aspirin
- 18 we are offering in this combination product, we think that
- 19 the lower doses of aspirin relative to available doses in
- 20 the OTC setting, as well as clear labeling that this
- 21 product contains aspirin, and sort of the inherent
- 22 specificity of prescription use so that the physician is
- 23 able to implement the use appropriately for secondary
- 24 prevention in CHD patients, will be meaningful in your
- 25 considerations.

- Overall, we feel that this particular
- 2 prescription combination product will not impact in any
- 3 adverse way, in any deleterious way the potential for
- 4 bleeding during surgery that exists with the OTC
- 5 availability of aspirin currently.
- 6 Besides these six points, I want to now provide
- 7 a context based on the current FDA regulation for fixed-
- 8 dose combination products. This particular regulation was
- 9 actually established quite some time ago in 1971. I think
- 10 it's worthwhile to read it.
- "Two or more drugs may be combined in a single
- 12 dosage form when each component makes a contribution to the
- 13 claimed effect and the dosage of each component (amount,
- 14 frequency, duration) is such that the combination is safe
- 15 and effective for a significant patient population
- 16 requiring such concurrent therapy as defined in the
- 17 labeling for the drug."
- 18 But I think the emphasis that we provided here
- 19 in the underlining serves to stress what we've been
- 20 bringing forward to committee in January and again today,
- 21 the key components of the pravastatin-aspirin combination.
- 22 In this context, this regulation from 1971 still provides
- 23 a valid framework for considering pravastatin and aspirin.
- 24 The four key components listed here have been met in our
- 25 view based on discussions in January and again today.

- 1 Number one, efficacy through differing
- 2 mechanisms of action has been met in the setting of
- 3 secondary prevention of clinical events.
- 4 Number two, safety in CHD patients for
- 5 secondary prevention, including in situations surrounding
- 6 surgery, is assured in terms of the benefit-risk assessment
- 7 that we feel exists for aspirin in these settings.
- 8 Number three, the key component of contribution
- 9 which was discussed in most detail in January and that the
- 10 combination with A plus B being greater than either
- 11 pravastatin alone or aspirin alone is also a key feature
- 12 which was determined by the meta-analysis discussed
- 13 primarily in January.
- 14 Finally, we've established that there is a
- 15 clear medical need in the setting of secondary prevention
- in a demonstrated population at risk.
- Besides these four key features, I think there
- 18 are some reassuring aspects to the pravastatin-aspirin
- 19 product as well. As indicated earlier, it's comprised of
- 20 component drugs at selected doses previously approved by
- 21 the FDA. In addition, it will be labeled for secondary
- 22 prevention, an indication previously approved for these
- 23 component medicines. And finally, practice patterns and
- 24 medical guidelines support the concurrent use of
- 25 pravastatin and aspirin as a secondary preventative in the

- 1 CHD population.
- I think it's quite instructive to consider this
- 3 last point very briefly here. Generally medical guidelines
- 4 rely on sort of assessment of benefit and risk as
- 5 determined by a consensus committee. Recently some of
- 6 these guidelines have actually outlined risk based on a
- 7 possible recurrent event over the subsequent 10 years.
- In this slide here, the risk of a CHD event in
- 9 some of the populations represented by the secondary
- 10 prevention population we intend to treat with the
- 11 combination are described. These are based on landmark
- 12 statin trials as well as other sources of information.
- 13 Shown in the column with the percentages are the placebo
- 14 event rates in these trials over time. You can see in
- 15 patients with a history of an acute MI, the risk of a
- 16 subsequent CHD event, either MI or a CHD death, ranges from
- 17 26 percent up to 51 percent over the subsequent 10 years.
- 18 For patients who've undergone a revascularization
- 19 procedure, this risk is between 26 and 30 percent, and for
- 20 patients with stable angina pectoris, this risk is about 20
- 21 percent.
- I think given these event rates and risks in
- 23 the secondary prevention CHD population, it's also
- 24 interesting to consider that recent recommendations and
- 25 quidelines -- one of them actually mentioned this week from

- 1 the American Heart Association recommends the use of
- 2 aspirin, the one component that we've been most concerned
- 3 about, in patients who have a relative risk of a subsequent
- 4 CHD event of 10 percent. Earlier this year, the U.S.
- 5 Preventative Task Force also recommended the use of aspirin
- 6 in the preventative setting in patients who had a risk of a
- 7 subsequent event of 6 percent or greater.
- 8 So, to conclude our presentation today, we feel
- 9 that pravastatin-aspirin is a rational combination that's
- 10 supported through evidence-based medicine. We are offering
- 11 three doses of pravastatin to go along with the prior doses
- of aspirin, 81 and 325 milligrams. The safety of aspirin
- 13 has been discussed in some detail this afternoon, and we
- 14 think that the benefit-risk profile in this patient
- 15 population, the coronary heart disease population seeking
- 16 secondary prevention, is certainly warranted.
- We also have described some possible advantages
- 18 of using the combination product, pravastatin and aspirin,
- 19 as a prescription medicine where clear use as a secondary
- 20 prevention medicine can be designated by the physician and
- 21 that both physician and patient will know with our labeling
- that the product, in fact, does contain aspirin.
- Thank you for your attention. If there are any
- 24 other questions, you can call on me and we can also call on
- 25 the experts assembled today.

- DR. BORER: Thank you very much, Fred.
- Beverly, why don't you start and then we'll
- 3 move around the committee if there are any other questions.
- DR. LORELL: I think your presentation has been
- 5 very cogent in addressing the concerns that were raised by
- 6 the committee at the last meeting.
- 7 I'd like to open the discussion with one of
- 8 several points that I think the committee is going to want
- 9 to address and that is the issue of recognition of what a
- 10 combination product includes. I appreciate the query by
- 11 Steve and your clarification that what we're really
- 12 discussing here is not the temporary co-packaging of two
- 13 pills, but the ultimate presentation of both drugs in a
- 14 single tablet or single capsule. Is that correct?
- DR. FIEDOREK: Yes, that's correct. In
- 16 January, the preface provided to the questions specified
- 17 that it was a combination co-tablet. As part of our
- 18 development work for this combination, we will have
- 19 available both a co-package with each component available
- 20 to punch out separately, and that will be available
- 21 initially. Subsequently we will have a true combination
- 22 tablet, but as Dr. Belder mentioned, it's undergoing
- 23 stability testing currently.
- 24 DR. LORELL: I think one of the themes that
- 25 many of the questions derive from is the issue of

- 1 recognition, not short term but long term, by both patient
- 2 and clinician provider that a single tablet does contain
- 3 aspirin, a potent antiplatelet agent. One of the concerns
- 4 that I would raise, based on my own clinical practice from
- 5 one of the precedents that we have -- and that is co-
- 6 packaging in a single tablet or capsule of antihypertensive
- 7 agents -- is that even though those are often clearly
- 8 identified on the pill bottle and on the packaging and the
- 9 labeling, it is extremely common to have confusion not only
- 10 on the part of the patient as to what a pill actually
- 11 really contains -- patients know that it is vaguely for
- 12 their blood pressure or for their heart -- but even on the
- 13 part of providers.
- 14 I guess that one of the pieces of evidence that
- 15 we don't have, because this is such an important issue, is
- 16 actually any prospective data regarding recognition of the
- 17 components. I would welcome comments from others around
- 18 the table.
- DR. BORER: Fred.
- 20 DR. FIEDOREK: Yes. We actually took those
- 21 concerns seriously, and I think the description of how we
- 22 would describe in the patient leaflet, as well as the clear
- 23 labeling, as effectively as we can that the product
- 24 contains aspirin and that both prescribers, physicians, as
- 25 well as patients, should recognize that.

- 1 We have not done anything other than that at
- 2 this time, and I'm not aware of any label comprehension
- 3 studies or other label interpretation studies by patients
- 4 that would address that point from other products.
- 5 But I think our main contention is that the
- 6 prescription use here in this product, as well as the clear
- 7 labeling that we intend to provide, would not be
- 8 deleterious at all compared to the current situation that
- 9 Dr. Belder reviewed with the availability of many OTC
- 10 aspirin products that may not be recognized by the patient
- 11 or physician as well. That's a general issue that perhaps
- 12 the agency would want to address regarding aspirin use in
- 13 general, and what we're trying to do with pravastatin-
- 14 aspirin is to be clear that this product contains aspirin
- and to make it a prescription product for secondary
- 16 prevention.
- I don't know if that helps.
- DR. BORER: Steve.
- 19 DR. NISSEN: I just want to understand this
- 20 better. I really like the label that you show here in the
- 21 slide set. But isn't what happens in reality that a
- 22 pharmacist has a stock bottle of a product and then they
- 23 take and they put X number of pills in a container and pass
- 24 it on to the patient? I mean, these labels aren't likely
- 25 to appear, are they, on the final product that the patient

- 1 is going to actually see.
- DR. FIEDOREK: Well, the patient package insert
- 3 would be part of that product.
- DR. NISSEN: Yes. But I mean, this label,
- 5 which is really terrific, says aspirin three times on it.
- 6 The patient doesn't see that label.
- 7 DR. FIEDOREK: It's currently a proposed label,
- 8 and perhaps Dr. Temple would want to --
- 9 DR. TEMPLE: Well, a point we've made often in
- 10 the past goes to the very question Dr. Nissen raised. If
- 11 it's not a unit-of-use package, there's very little reason
- 12 to believe that the patient will actually get the patient
- 13 package insert. Now, for the combination, obviously with
- 14 all the punching out, they will. Sorry. For the co-
- 15 packaging, then I guess they will because that's how it's
- 16 going to be given out.
- But what about for the combination tablet? Are
- 18 you thinking of unit-of-use packaging which would assure
- 19 that the patient labeling goes to the patient?
- 20 DR. FIEDOREK: Yes, it would have the same type
- 21 of intended labeling.
- DR. TEMPLE: Well, I know but unit of use or
- 23 something that the pharmacist has to take an active role in
- 24 handing out? That's a crucial distinction.
- DR. FIEDOREK: Yes, that's our intent.

- DR. BELDER: We have not developed the
- 2 packaging of the single combination tablet yet, but of
- 3 course, we are listening to you and will definitely take
- 4 your comments in consideration when we develop that to
- 5 assure that the patients, indeed, will get a similar type
- 6 of package as indicated here for the initial co-package
- 7 with a single tablet.
- B DR. THROCKMORTON: Steve, you and Beverly are
- 9 saying that the notion would be that that would increase
- 10 the awareness of aspirin use. Is that the particular issue
- 11 you're raising?
- DR. NISSEN: Yes. Well, I guess Bev and others
- 13 of us the last time around wanted to make certain.
- 14 Obviously, when a combination product is administered,
- 15 there's a tendency for physicians and patients to lose
- 16 track of the fact that there's more than one component.
- 17 So, part of the safety issues related here are to maintain
- 18 that awareness.
- 19 I understand how having a blister pack with
- 20 that on it, nobody in their right mind could miss it. You
- 21 put it on there three times. It's very prominent and I
- 22 think quite desirable.
- 23 The problem is a little pill bottle -- I'm not
- 24 so sure that this label is going to appear. It's very
- 25 challenging. None of the medicines that I take have