

1 I mean, if I were confronted with that
2 data on a baby, I wouldn't know what to do with it. I
3 go by bradycardias and desaturations and prolonged
4 apnea that's, you know, greater than ten to 15 --

5 DR. JAMES: So the pneumogram is not a
6 useful tool for you?

7 DR. HUDAK: I don't find the pneumogram
8 useful.

9 CHAIRPERSON CHESNEY: Dr. Blackmon.

10 DR. BLACKMON: Well, there are some
11 standards, to just speak to the issue of the
12 pneumogram. There are some standards that require not
13 only the monitoring of respiratory effort in air flow,
14 but also heart rate in making the diagnosis of
15 obstructive apnea.

16 And I think whether that's the kind of
17 apnea that you want to get into or whether you want to
18 use the chime study extreme event documentation, which
19 was, I think, probably a better standard for an apneic
20 or an episode of instability that's concerning.

21 I'd like to go back to Dr. Hassall's
22 comment or question about indications for doing

1 funduplication. I've worked with probably a dozen or
2 more pediatric surgeons over the course of my time. A
3 specific weight criteria was not usually an issue.

4 The indications for funduplication surgery
5 on a respiratory basis were clear documentation of
6 failure of clinical improvement in a time when it
7 should have occurred, usually manifested by recurrent
8 aspiration episodes clinically ore recurrent
9 appearance of infiltrates on X-ray that were in
10 association with changes in the feeding pattern,
11 usually increasing in volume feeds or bolus feeding.

12 Rarely did I ever have an infant that had
13 funduplication under two kilos in the absence of
14 profound neurologic damage. Thus, those infants that
15 were really profoundly damaged, and there was no way
16 to advance enteral feeds without some mechanism of
17 feeding in the stomach, did we ever go under two and a
18 half kilos.

19 But the issue of when we went to
20 funduplication really was severe respiratory
21 complications, by and large, in the absence of either
22 esophageal abnormalities of an anatomical and

1 functional nature or severe neurologic impairment.

2 DR. HUDAK: But that's your one to two
3 babies a year.

4 DR. BLACKMON: That's correct.

5 CHAIRPERSON CHESNEY: Dr. Spielberg, and
6 then I'd like to ask Dr. Murphy and Dr. Raczkowski
7 where we go next.

8 Dr. Spielberg.

9 DR. SPIELBERG: I'm confused, which is not
10 unusual with neonatal studies. I mean, we were
11 involved in a study of a very different compound where
12 we couldn't get two neonatologists in the same unit
13 who attended month to month to agree how to feed the
14 babies the same way.

15 I disagree that this is an easy study. I
16 think this is a profoundly difficult study to do
17 because I don't know what we're treating yet, and I
18 don't really know the patient population and targets
19 that we're looking at.

20 I've heard a lot about different kinds of
21 babes with different kind of physiology, different
22 maturational states. Working against us are two

1 things: one, entry criteria and, second, duration of
2 time because things are changing.

3 Apnea rates are changing with age, as are
4 rates of GI function changing with age. So we have an
5 outcome variable changing at the same time we have an
6 input variable changing, all at the same time.

7 This is why in a sense I would be driven
8 towards an enrichment design. Simply saying, you
9 know, what is clinical practice right now like, in
10 honesty, you try the drug. If you think it works, you
11 keep the babe on the drug. If you think it doesn't
12 work, you take the babe off the drug.

13 You know, a good clinician paying close
14 attention to the patient by whatever criteria is going
15 to behave that way. In a sense what this design does
16 is say if we're going to do the study, we enter
17 patients. Those who respond, we see if that response
18 is really due to the drug in question by doing a
19 withdrawal phase.

20 Having said that, I think the studies are
21 going to be confounded by definition because of
22 changes in maturation, changes in disease state,

1 influence of the drug, that indeed we're working with
2 irreversible inhibitors here, which is why the PK
3 doesn't match the PD.

4 It's going to be a very, very difficult to
5 assess study, which to me says I'm not sure yet that
6 the study is ready for prime time. That is not to say
7 we don't want to do it, and it's not to say that it's
8 not important to get this information for the
9 situation that Dr. Gorman described, you know, the
10 happy spitters, where in honesty that's a practice
11 issue.

12 You know, my second son, you know, was,
13 again, an enormous laundry problem. He hasn't vomited
14 in the past 14 years, but for that first nine months
15 we used more detergent than was available in the City
16 of Toronto to deal with the issue, but he grew and he
17 was fine. So it didn't matter.

18 And I had a pact with the pediatrician not
19 to intervene until nine months, and eight months, 30
20 days, and boom, it stopped.

21 We don't want drugs used that way, but
22 doing studies is not regulating practice, and in a

1 sense our common sense in practice guidelines should
2 reflect that we shouldn't be using drugs as first
3 choice for diseases that aren't diseases in the first
4 place.

5 So that's not the issue. So I'm still
6 concerned we're not quite there in terms of design.
7 If I was responsible for designing the study based on
8 everything I've heard today, I still don't know how I
9 would do it, and I really wouldn't have confidence
10 that I would answer the question, which is: do these
11 drugs work in some children with apnea and bradycardia
12 effectively?

13 And if I can't convince myself I can
14 design that and really get the definitive answer, I'm
15 not sure yet I should be doing it without some
16 additional data, perhaps a good NIH study to provide
17 the rationale and better definitions of the patient
18 populations or better tools that we can use to make
19 sure once we do the definitive study that it gives us
20 a definitive answer.

21 CHAIRPERSON CHESNEY: Thank you very much.

22 You speak very eloquently for many of us

1 who are still very much in a quandary, and when I
2 think about my general pediatric attending, what are
3 the patients where I really want an answer? It's
4 those ones where we have tried everything and it still
5 isn't working. Sometimes they came in with a life
6 threatening event. Sometimes they are failures to
7 thrive. Sometimes they are just repeated apnea and
8 bradycardia.

9 And when we get to the point that our only
10 alternative is reflux surgery, I would love to be able
11 to look at PPIs in that population because of your
12 experience. I think that's phenomenal if we could
13 modify our surgical rate as dramatically as you said,
14 even given that maybe it's not a very long lasting
15 effect, but then maybe that's even more reason to see
16 if these drugs work.

17 So, you know, when all is said and done, I
18 can't really speak for the neonatologists, although I
19 understand that population because we see some of them
20 that aren't in the ICU.

21 But thank you. I think you really
22 expressed the difficulty we're all having with this.

1 Dr. Hudak?

2 DR. HUDAK: I'd just like to make one
3 comment, and that is that we deal with this all the
4 time. The babies are changing maturationally in every
5 organ system, and yet we've done good clinical trials
6 in neonatology with objective results, clear
7 endpoints, and so forth.

8 And I will still insist that this study
9 can be done and be meaningful and be interpretable and
10 give us an answer, not every answer, and it will
11 probably spark more questions if we show efficacy, as
12 to exactly what population that the drug is effective
13 in and how can we better identify that population.

14 But I think as a first study, this can be
15 done. If I took your reasoning to its extreme we
16 wouldn't be able to do any study of any agent on any
17 organ system, you know, because of all of the factors
18 that you mentioned.

19 DR. SPIELBERG: Absolutely, but I think my
20 greater fear is that we'll end up with a negative
21 study that will perhaps end up disadvantaging kids who
22 would, indeed, benefit from the drugs.

1 And we're dealing with a situation here
2 where labeling does have an impact on that and where
3 studies do have an impact.

4 I'm just saying we've got to work towards
5 a study design that optimizes the chance of showing
6 something if it is there, and I'm just not sure we're
7 quite there yet with the endpoint as opposed to
8 cardiovascular endpoints or other things which we --

9 CHAIRPERSON CHESNEY: Dr. Wilfond and then
10 Dr. O'Fallon.

11 DR. WILFOND: This is a question for Dr.
12 Spielberg.

13 You know, it sounds like what I hear you
14 saying is that studies are needed, but you're making
15 the distinction between the study that was done
16 through this written request process versus through
17 some other non-FDA related approaches.

18 And I'm not sure I understand the
19 distinction between those two about when you pick one
20 approach versus the other. So that's really sort of
21 an open question for anybody, I guess.

22 DR. SPIELBERG: Well, just from an

1 industry perspective, in terms of designing a trial,
2 when we're doing a good clinical practice design trial
3 with endpoints that, in fact, have been validated and
4 tools that have been validated either by us or by
5 external investigators, we have reasonable confidence
6 that we're going to be able to present data to the
7 agency that the review division is going to be able to
8 look at, make sense of, and that everybody is going to
9 be happy with.

10 There are many diseases for which we just
11 don't understand enough yet how to evaluate that
12 process. We're trying to do a study that has all of
13 those implications for labeling and such. It would
14 result in data that are really uninterpretable.

15 And those are often very hard judgment
16 situations in pediatrics because now the beauty of
17 what's happened in the last five years is that lots of
18 drugs are being studied. The difficulty is that in
19 the age before when so few drugs were being properly
20 evaluated, you didn't have to worry about validated
21 endpoints because there was nothing to study.

22 Now we truly have to worry about validated

1 endpoints in order to do those studies, to get away
2 from anecdotal medicine into evidence based medicine.

3 And the sad part is not only in this
4 field, but in many other fields of pediatrics, we've
5 been struggling because, in fact, when we look for
6 those endpoints, they just aren't there, and it could
7 take two, three, four years to get the endpoints so
8 that we can actually do the study.

9 CHAIRPERSON CHESNEY: Dr. O'Fallon.

10 DR. O'FALLON: There are a number of
11 things that concern me. One of them is that I think
12 what I'm hearing is that there really haven't been
13 studies done to get the information in this
14 population. So patients are being treated within
15 almost the lack of any information.

16 Any kind of information would be valuable,
17 I think. So there is a philosophy of clinical trials,
18 you know, the large, simple trial, but basically the
19 idea is you enter the patient if the doc feels that
20 the patient needs to be treated and wants to treat
21 him.

22 You know, this would be done. We'd work i

1 tout, but it seems to me that, you know, you could
2 define if the doctor feels that the patient needs to
3 be treated with this sort of thing. Then enter them
4 in. The treatment would be given, and there would be
5 the well defined failure escape criteria because, you
6 know, if it's clearly not working, they don't have to
7 go eight weeks.

8 But then there would be the randomization
9 at eight weeks or six weeks or four weeks or whatever
10 you guys thought would be the appropriate thing, and
11 you could see whether it was the drug that was doing
12 it or whether it was just something else.

13 But you would have a lot of information at
14 the end. So if you found out that the ones that were
15 always cured were, you know, the ones that turned six
16 months or seven months or something during the course
17 of the trial, you'd have some evidence that maybe it
18 was maturation that was underlying and not the drug.

19 I think that doing a study like this would
20 at least give useful information even if it wouldn't
21 identify the best drug for any given condition.

22 CHAIRPERSON CHESNEY: Dr. Nelson.

1 DR. NELSON: I think we've sort of come
2 full circle to the question as to whether or not any
3 of these pulmonary manifestations or breathing
4 manifestations, apnea, bradycardia, are pH related.
5 And I was writing down four different study design
6 choices, and we bounced back and forth between the
7 assumptions about the role of pH.

8 So, for example, if it's an add-on to
9 prove an effective therapy in nonresponders, you're
10 excluding pH related disease, except for Bob's caveat
11 about those who might not respond to renitidine. If
12 you do it as a replacement for proven effective
13 treatment and then a randomized withdrawal, you're
14 assuming pH related disease.

15 If you do a standardized placebo
16 controlled trial in nonresponders, you're assuming
17 non-pH related disease.

18 And then if you bounce back to an active
19 control equivalence trial, renitidine versus a PPI for
20 apnea and bradycardia, you're assuming a pH related
21 disease.

22 So it strikes me that until we sort out

1 whether we think apnea and bradycardia are related to
2 the gastric pH, it's not clear to me we have a study
3 design that would make sense of those four choices.

4 CHAIRPERSON CHESNEY: Dr. Hassall.

5 DR. HASSALL: Yeah. I think that by
6 suggesting, Dr. O'Fallon, that you should do these
7 studies because there's information to be had you're a
8 priori assuming that it is an acid related disorder.
9 because we're using acid suppressing drugs.

10 I mean, I have a paper in front of me from
11 Pediatrics, January 2002, "Gastroesophageal Reflux,"
12 just as an example of one piece of literature, and
13 apnea of prematurity, no temporal relationship. Here
14 they didn't even use pH studies or acid was not even a
15 consideration. They used impedance, in other words,
16 looking for bolus reflux.

17 So I think we're getting back to the
18 question: is it the obligation of a study like this
19 to prove cause and effect, or should we first know
20 what causes it in order to even embark on a study in
21 the first place?

22 CHAIRPERSON CHESNEY: Dr. Ebert?

1 DR. EBERT: Well, just briefly in response
2 to Dr. Nelson, my other question would be whether it
3 would be possible to do a three arm trial, one where
4 you would have a placebo as well as an H₂ blocker as
5 compared to agents for the PPI. So that might address
6 in some ways the issues that you talked about with
7 regards to whether, in fact, this is an acid related
8 disease.

9 DR. NELSON: Well, having the placebo arm
10 in there would help you know if it's an acid related
11 disease, but the presumption is if you believe it is
12 an acid related disease, then having the placebo arm
13 in there would be considered unethical.

14 So the honest answer is I don't know. I'd
15 have to look at the evidence and decide. It's unclear
16 to me. Is there any evidence that suggests that
17 neonatal apnea, bradycardia if there is reflux is
18 related to acid at all?

19 CHAIRPERSON CHESNEY: We don't have an
20 immediate response. Let me turn to the FDA folk and
21 provide us with some guidance.

22 DR. RACZKOWSKI: Okay. Well, I think

1 we've had a good discussion on the Question 2. I
2 don't think we're going to get to -- I'm sorry --
3 Question 3.

4 I don't think we're going to be able to
5 get to Question 4. Unfortunately our clinical
6 pharmacologist, Laura James, left because she had a
7 flight to catch, but I wondered if anyone happened to
8 have comments, including from the audience, about the
9 pharmacokinetic and pharmacodynamic studies.

10 We did hear at the break from both Dr.
11 Gardener and Dr. Kerns, and I'd be interested in
12 pursuing Question No. 5 just very briefly.

13 Let me just say that the approach that the
14 FDA took in children greater than a year of age is
15 that enough is known about these acid related diseases
16 in that age group that if you have a blood level of
17 the proton pump inhibitor and you can match that in a
18 child to the blood level in adults, that children and
19 adults are not that dissimilar that you could
20 anticipate that you would have similar pharmacodynamic
21 effects in kids.

22 Part of it was a feasibility issue, that

1 it's difficult to do pharmacodynamic studies in kids
2 more than a year of age, and just in terms of doing a
3 sample size.

4 But the underlying assumption now was that
5 if you have blood levels, sure, there's no immediate
6 correlation between PK and PD, and sure, we know that
7 it takes time for these drugs to build up their
8 pharmacodynamic effects, but if you can match exposure
9 in an adult and in a child, then you would anticipate
10 a similar pharmacodynamic effect in kids more than a
11 year.

12 Kids less than a year, we were unsure, and
13 so we asked for pharmacodynamic data.

14 CHAIRPERSON CHESNEY: Could I ask Dr.
15 Kauffman? I'd be interested in his comments and then
16 maybe Dr. Kerns would also be able to comment on this
17 number five, specific PK/PD issues.

18 DR. KAUFFMAN: I think this is a PK/PD
19 relationship that is different than what we most
20 times deal with where we have a fairly direct
21 relationship between what we're seeing in the plasma
22 and what's happening in the effect chronologically.

1 This is an irreversible inhibitor, I
2 guess. It's an irreversible inhibitor. So the effect
3 last over a different time frame than what we see the
4 compound's life in the plasma or measuring it.

5 What we would like to be doing is
6 measuring it at the receptor, but next best is
7 measuring the effect that we can measure in terms of
8 acid production or acid concentration or hydrogen ion
9 concentration in the stomach.

10 It seemed to me with this relationship
11 that one approach would be to look, as Victor said, to
12 look at exposure whether you define that as area under
13 the curve in the plasma. that's probably the easiest
14 way to do it. Look at exposure and try to approximate
15 exposure in the child to what you have evidence for in
16 the adult; that that measurement of exposure results
17 in this 24-hour suppression of acid, and extrapolate
18 that information, assuming it has essentially the same
19 effect.

20 If we weren't completely comfortable with
21 that, we could do a small group of children where we
22 actually measure acid concentration over time and

1 corroborate that our assumption is approximately
2 correct.

3 And then we may want to do that -- I think
4 the value of that is we're probably going to find that
5 the -- and there was some hint of that this morning --
6 we're probably going to find that in the pre-pubescent
7 group, the per kilo doses required to do this are
8 going to be significantly higher than in the adult,
9 the post pubescent individual.

10 So that we avoid the risk of under dosing
11 and missing efficacy in that age group, and that could
12 be done with a number of different ways, with
13 traditional PK in a smaller number of kids or with
14 pop. PK in a larger number of children, and that kind
15 of information can be gleaned in the same protocol in
16 conjunction with some safety, in the safety study.

17 One thing I've seen that I'm uncomfortable
18 with is laying out a whole sequence of studies, one to
19 do PK, one to do PK/PD, and another one to do safety
20 and maybe efficacy in the population.

21 I think with a finite population of
22 children to work with, we have to try to get as much

1 information in a study as we can without overburdening
2 it with doing too much in one protocol. But I think
3 that one mistake that we tend to make is -- and I
4 think I've seen it in some of these proposals -- is we
5 have a protocol for every single type question we're
6 trying to answer, and we're doing things in some of
7 these samples of kids that we wouldn't need to do if
8 we combined some of the protocols.

9 But I think in terms of PK, we ought to
10 aim at exposure, looking for differences, gross age
11 related differences. These are drugs that appear to
12 have a very wide therapeutic range, a very large
13 therapeutic index. So it's not like a drug that has a
14 high toxicity or toxicity very close to the
15 concentrations or exposures that you need for
16 therapeutic effects. So we have some room to maneuver
17 here.

18 CHAIRPERSON CHESNEY: Dr. Kerns is another
19 PPRU representative.

20 DR. KERNS: I'll try not to make this
21 sound like the Kansas City mafia.

22 Exposure response guidance I mentioned

1 earlier hits right on the head with what Dr. Kauffman
2 just said, and, Victor, you know, do these studies,
3 have a role. Are they important?

4 I think it's very clear that if you look
5 at the exposure there you see these drugs, and if you
6 look at their ability to work in a single dose, there
7 is an association there. It's clear now.

8 Now, what happens with multiple dosing
9 with respect to the PD is not known. PK with multiple
10 dosing is pretty boring because the drug is not there.

11 The difficulty with the PK/PD studies, and
12 we've participated in a few of these, is that if you
13 look at most of the PPIs, they are not
14 pharmacologically clean substrates. These are
15 polyfunctional substrates for cytochromes P450, 2C19,
16 3A4, which means when you look at the variability of
17 the data, which was actually reflected in Dr.
18 Hassall's J.Peds. paper when he reported the wide
19 range of doses, what you really had there underneath
20 it all was AUC had a huge range, a huge range, with
21 the same milligram per kilo dose.

22 Now, if you go back to examining the

1 impact of ontogeny on the pathways, you can't look at
2 a benzodiazapine examine for 2C19, which was mentioned
3 earlier, and make since out of omeprazole because a
4 huge amount of it is biotransformed in the small
5 intestine where it's also a P. glycoprotein substrate.

6 So a lot of what falls out in the
7 relationships between PK and PD is the fact that
8 there's so much variability. Now, let's try to
9 separate age out of all of that. Let's try to get to
10 ontogeny.

11 But we've first got to get to
12 pharmacogenetics. How many studies of any of these
13 drugs in pediatric patients have you seen include 2C19
14 genotyping or 2C19 phenotype assessment?

15 And the answer is in the public domain,
16 zero. Now, that's important, especially if you're
17 doing the study in San Francisco where you've got a
18 huge percentage of Asians. Okay?

19 And I bring this up not to add
20 controversy, not to put kerosene on the fire, but to
21 say to sit around and talk about designs that
22 ultimately have to get to exposure effect correlate,

1 you have to be able to tease out the impact of age,
2 and it has to be done effectively.

3 One of the limitations of pop. PK, even
4 though it's part of the template, and I applaud that,
5 population PK can be very useful as long as you've got
6 a drug where the variability is small.

7 but when the variability is huge and you
8 have no idea how to parameterize the model, you could
9 wind up with, you know, kind of dog food at the end of
10 the day and no answers that will really help children.

11 So these studies have to be designed very
12 critically, carefully. They have to take into
13 consideration the impact of growth and development on
14 the disposition of the drug, and by all means, the
15 exposure response stuff is critical because if the
16 drugs work on the proton pump in a reliable way, in a
17 reproducible way, make the exposure the same.

18 And as Dr. Kauffman mentioned, these drugs
19 are not digoxin. You know, to give you an idea,
20 omeprazole at a .4 milligram per kilo dose makes the
21 same range of AUC, which is 240 to about 2,200
22 nanograms per mL per hour. Okay? Do you get the

1 picture? Tenfold, one dose tenfold as the 30
2 milligram dose does in adults.

3 And the thing of it is when you look at
4 the PD part, just as far as acid suppression, they
5 both work the same.

6 CHAIRPERSON CHESNEY: Thank you for that
7 great clarification.

8 Now we have to start doing genetics.
9 Very, very, very interesting. Any other comments
10 before we turn to our -- yes, Dr. Danford.

11 DR. DANFORD: I'm wondering particularly
12 about the designs that involve pharmacokinetics in the
13 under 44 weeks corrected gestational age population.
14 If we've just spent the morning discovering that we
15 have a poorly defined disease that we're treating and
16 indications that are very murky, and we don't even
17 know how to design the efficacy study to show whether
18 it's good or whether it causes adverse effects, what
19 are the ethics of exposing premature infants to these
20 medicines to learn their pharmacokinetics?

21 CHAIRPERSON CHESNEY: I think that raises
22 the whole issue of the immature GI tract, and there

1 have in some animal models been associations with
2 malignancy. So I think that's a very concerning issue
3 also.

4 Dr. Murphy and -- no, I'm sorry. Dr.
5 Kauffman.

6 DR. KAUFFMAN: This is not
7 pharmacokinetics. I sit here watching us as we have
8 for decades degenerate into research therapeutic
9 nihilism because we can't figure out how to do it
10 perfectly, and so by default, we're going to make the
11 greatest ethical mistake, and that is to continue
12 giving these medications to kids without any
13 information, where we've been told by some people,
14 particularly neonatologists, that there is a way to do
15 this to at least get some information so that we're
16 not completely in the dark.

17 Sometimes a candle is better than nothing,
18 but it's not a spotlight, and it's a candle, and maybe
19 we're striving for a candle here and that's the best
20 we can do, but it's certainly better than being
21 completely in the dark.

22 And I think too often we have allowed

1 ourselves to by default end up doing the most
2 unethical thing, and that is continuing to expose
3 children to medications without the kind of evidence
4 we should have.

5 We're all applauding evidence based
6 medicine. It's hard to practice when there's no
7 evidence.

8 CHAIRPERSON CHESNEY: What I think I've
9 heard this morning is that, from the people who have
10 been using these proton pump inhibitors now for years,
11 is that what they need is the PK and PD data. That's
12 what I thought I heard very clearly. So it seems to
13 me like that's a given.

14 I think the area that we are least sure
15 about is this association of respiratory
16 manifestations with reflux that we do see in premature
17 infants and in some term infants that ultimately come
18 to reflux surgery. And I think that's for me where
19 I'm not -- Dr. Spielberg is always much more eloquent
20 than I -- but that's where I'm puzzled.

21 But the PK and PD data, it seems to me, we
22 need, and I agree with you. To me it seems like

1 that's a given. We should absolutely do that.

2 Dr. Santana.

3 DR. SANTANA: But I think the additional
4 safeguard for that very young age group is that we do
5 like, for example, we do with a lot of HIV trials. We
6 try to get as much information to establish the
7 relationships in the older populations first, and then
8 once we clearly have identified those relationships,
9 then we start exploring them in the much younger age
10 groups to try to minimize the risk and safeguard them.

11 So it's not you do it. It's the timing of
12 when you do it, I think, with good information to
13 minimize that group.

14 So it needs to be done in that group
15 because Ralph is correct. If not, we're not going to
16 learn that, but we minimize it by getting the
17 information on the older age groups first.

18 DR. DANFORD: I don't disagree with
19 anything that Dr. Kauffman or you just said. I raise
20 the question of whether people like Dr. Nelson are
21 going to let us do this.

22 (Laughter.)

1 CHAIRPERSON CHESNEY: Dr. Raczkowski and
2 Dr. Murphy.

3 DR. MURPHY: I mean, one extreme, which I
4 don't think anyone wants here, is that we don't have
5 enough information to really understand as fully as we
6 all would like as scientists and physicians, and
7 therefore, you know, the agency should just not issue
8 anymore written requests and wait until NIH funds the
9 studies and we all have precise understanding of what
10 might be the best endpoint.

11 And I think that clearly is not what we
12 want to do. We have always said that we understand
13 for all of the reasons that have been stated that our
14 knowledge base is not what we wish it to be, but it's
15 our responsibility to try to improve that knowledge
16 base.

17 And then we want to do it in the most
18 ethical and most hopefully enriching way as far as
19 information is concerned.

20 Clearly, this is a difficult area, and I
21 said in the beginning we brought this to the committee
22 because we feel that what we have asked for in the

1 past, we've learned that we think we have more
2 questions. That's exactly what happens, is that as
3 you move forward and begin to study children, you
4 actually have more questions.

5 And we think that we need to develop in
6 the older age group the better dosing information and
7 better relationships between the dosing and the
8 outcomes.

9 I think that for the older population the
10 committee appears to agree with us in that area. I
11 think that the issue here that we're all struggling
12 with and we've heard both sides of this argument,
13 which is that we don't even know enough to design the
14 trial or that the people, the neonatologists feel that
15 they do know enough to at least give us their best
16 assessment of what the endpoints should be.

17 And where we're really struggling is
18 because of that limitation in our knowledge of what
19 the best endpoint may be is what is the best trial
20 design in how to define moving forward with getting
21 information whether there is this relationship or not.

22 And I think one of the things that we may

1 need to consider here is as we go forward in the older
2 age groups with potential PK/PD studies, would be
3 instead of waiting completely is to ask is there --
4 and we've done this. In some ways this is what PK/PD
5 is, one could say, but it wouldn't really be. It
6 would be more of the outcome type of study -- would be
7 can we define maybe a test of our hypothesis in this
8 young age group, that the trial should be a test of
9 whether we have the right endpoints or not instead of
10 going for the complete question of efficacy.

11 I think that might be something that we
12 have not really considered as extensively as we may
13 need to at this point.

14 Another question that was put to me by
15 medical officers during our discussion would be if we
16 said for the younger age group -- and I'm going to
17 just not even put a date, age on its right now --
18 somewhere below six months down to a weight that one
19 can keep alive, if you will, in the premie; if we
20 don't do an efficacy trial, what are the most
21 important questions that the neonatologists would
22 want us to try to address?

1 I think that that might help us work on
2 this some more, think about it some more. So I Don't
3 know if we actually have time to go around to ask
4 that, but since Bob isn't there, how many
5 neonatologists or others do we have? If we could ask
6 you to think about that and provide us some input on
7 that.

8 CHAIRPERSON CHESNEY: Well, we have at
9 least two neonatologists and Dr. Spielberg.

10 DR. SPIELBERG: Let me try to take a quick
11 crack at it because I think what Ralph said is the
12 heart of what we're all here about, which is to shed
13 maximum light in often very, very difficult
14 situations.

15 There's no question but that one of the
16 issues in the preemie is formulation. You know, these
17 compounds by definition have all kinds of problems.
18 We talked at the break about even in nursing homes of
19 crushing omeprazole and putting them down G tubes so
20 that no one gets efficacy.

21 So we need a formulation that works, and
22 in that context, we need good PK on that formulation,

1 and we need good PK/PD on that formulation so that if,
2 indeed, we are going after an acid suppression
3 mechanism, neonatologists are going to know how to do
4 it because that's the first key thing that we want to
5 understand here.

6 Can we suppress acid appropriately,
7 safety? What are the doses? And how do we administer
8 it accurately in the volumes required for these small
9 babes so that they, in fact, receive the drug in an
10 appropriate way, recognizing that GI absorption, all
11 sorts of things may differ here, and we've got to get
12 that part of the story down for sure.

13 If we went ahead, regardless of what kinds
14 of efficacy studies, be it carefully done PK outcome
15 studies done by NIH by the Neonatal Network or whether
16 it be sponsored studies, we need the formulation, the
17 PK and the PD, before we even start off so that we
18 know that those trials will have optimum control of
19 acid if the question is: is acid suppression going to
20 lead to the outcome of concern?

21 So those things I think we for sure need,
22 and are very reasonable to do. Then the question is

1 the efficacy trials and are they ready for prime time.

2 Do we need more now?

3 In my heart of hearts, just looking at
4 what I would try to design, I think we do need more
5 because, again, I mean, the thing I'm most fearful of
6 is doing a study that's negative because we've really
7 picked -- and we'll never get to do it again. I mean,
8 you know, we're not going to be able to do it or --

9 DR. MURPHY: Steve, I don't agree with
10 that. You know, maybe -- maybe --

11 DR. SPIELBERG: Well, I am concerned
12 because --

13 DR. MURPHY: Bob can kick in here, but I
14 mean, we do negative studies. We get negative
15 studies, and we go on and do more studies because we
16 know that one negative study does not constitute the
17 answer all the time, and some time in that negative
18 study we actually learn quite a bit about how we need
19 to do the next study better or what we shouldn't do in
20 the next study.

21 DR. SPIELBERG: Yeah.

22 DR. MURPHY: So I don't want people to

1 leave the meeting saying because we have one negative
2 study that we'll never do another study.

3 DR. SPIELBERG: But in peds. it is all the
4 more critical because of patient numbers and because
5 of other interventions.

6 DR. MURPHY: But particularly if you have
7 efficacy.

8 DR. SPIELBERG: We're beginning to chew up
9 the number of neonates with different drugs that we're
10 going to be studying. So we do have to be careful.

11 It's not to say we shouldn't do it. I'm
12 just putting out the cautionary note that I'm not sure
13 how I would design the study now. Maybe some
14 additional data really would provide us the basis for
15 doing it, but regardless, formulation, PK, PD, that's
16 going to be the basis of any of the studies.

17 CHAIRPERSON CHESNEY: Dr. Blackmon and Dr.
18 Hudak, you've been on the hot seat all morning.
19 Responses to Dr. Murphy?

20 DR. BLACKMON: I don't know that I have a
21 good answer for her in terms of what we need beyond
22 what he's already outlined. A background study, and

1 I'm not sure that this particular step in it is really
2 the issue as does acid reflux have a significant
3 etiology role in apnea and bradycardia that is of
4 serious nature.

5 Let me say right off the bat I do not
6 think it is a part of apnea prematurity, which is a
7 mandatory drive, maturational problem. It has nothing
8 to do with that.

9 I do believe that a study could be
10 designed to answer that question and measure efficacy.

11 It would require a very large, multi-center
12 population to do it because I think the numbers of
13 infants in which that is the probable etiology are
14 relatively small in an already small population of
15 very premature infants.

16 CHAIRPERSON CHESNEY: Dr. Hudak.

17 DR. HUDAK: Well, I would just echo
18 Lillian's comments. I think that, I guess, to give
19 some idea of the number of patients that might be
20 eligible with the criteria that we sort of loosely
21 talked about, my nursery that has about 600 -- two
22 nurseries that have about 600 admissions a year a

1 piece; we probably have about two to three babies a
2 month to be eligible in centers that large.

3 So the need for a good, multi-center study
4 is clear, and I think, you know, the formulation PK/PD
5 data are critical.

6 I would also want to very carefully look
7 at the known adult toxicities and just make sure that
8 we look at those matters in the babies that are
9 dosed, you know, whether they're related to possible
10 hepatic issues or whatever, but just to design it
11 where we look at some sort of a chemical safety
12 profile while we're at it, if that's relevant.

13 DR. RACZKOWSKI: I want to thank the
14 committee for all of their considered discussion.
15 It's been extremely helpful, and we've held you back
16 from lunch, but it's been very, very helpful to the
17 agency, and on behalf of FDA, I want to thank
18 everyone, including the invited guests.

19 CHAIRPERSON CHESNEY: Could I suggest that
20 we reconvene at quarter after two? That would be an
21 hour.

22 And I would also like to thank everybody

1 who made comments today. I think this has been
2 extremely interesting, and everybody here added yet
3 another piece to this puzzle. Thank you all very
4 much.

5 (Whereupon, at 1:07 p.m., the meeting was
6 recessed for lunch, to reconvene at 2:15 p.m., the
7 same day.)

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1 A-F-T-E-R-N-O-O-N S-E-S-S-I-O-N

2 (2:21 p.m.)

3 CHAIRPERSON CHESNEY: I'd like to start
4 with a few administration issues.

5 Dinner is on our own tonight. Use your
6 salary that you got today for dinner tonight.

7 (Laughter.)

8 CHAIRPERSON CHESNEY: Tomorrow morning's
9 meeting starts at nine o'clock, and if we could all
10 meeting in the lobby at 8:30, we'll arrange to have
11 taxis there so we can take group taxis to the FDA.

12 Be sure to check out of the hotel in the
13 morning and have your luggage to take with us, and --

14 DR. SPIELBERG: Joan, for those of us not
15 staying here, what time are the taxis going to leave
16 the hotel?

17 CHAIRPERSON CHESNEY: We're ordering them
18 for 8:30, and I guess we'll probably need more than
19 just enough for bodies because of luggage maybe.

20 The training will end at two o'clock
21 tomorrow afternoon for those of you with or without
22 plane reservations that can be modified.

1 And one other announcement. Dr. John
2 Walkup from Johns Hopkins is part of our group today,
3 and he can hear us and we can hear him when he speaks,
4 but otherwise, we won't know that he's there; is that
5 correct?

6 DR. WALKUP: Yes, that's correct.

7 (Laughter.)

8 CHAIRPERSON CHESNEY: Thank you.

9 Tom Perez was just telling me I should ask
10 you to say something, and I hadn't quite made it that
11 far.

12 So this afternoon we have a very
13 interesting collection of issues to address, and I
14 guess -- I don't know, Dr. Murphy, if you want to make
15 introductory comments or Dr. Roberts, or should we go
16 right away to Dr. Willoughby?

17 DR. WILLOUGHBY: Okay. Thank you, Dr.
18 Chesney.

19 I'm Anne Willoughby. I'm the Director of
20 the Center for Research for Mothers and Children at
21 the National Institute of Child Health and Human
22 Development at the NIH.

1 And it's a pleasure for me to join my FDA
2 colleagues today in discussing some important issues
3 with the distinguished Advisory Subcommittee.

4 As you all probably know, it's stated in
5 the Best Pharmaceuticals for Children Act that not
6 later than one year after the date of enactment of
7 this Act, the Secretary, acting through the Director
8 of NIH and in consultation with the Commissioner of
9 FDA and experts in pediatric research shall develop,
10 prioritize, and publish an annual list of approved
11 drugs for which there is no patent protection or
12 market exclusivity.

13 The act goes on to state that in
14 developing and prioritizing the list, the Secretary
15 shall consider for each drug on the list the
16 availability of information about its safe and
17 effective use, whether new information is needed,
18 whether new pediatric studies concerning the drug may
19 produce health benefits in the pediatric population,
20 and whether reformulation of the drug is necessary.

21 So we're talking about the generation of
22 lists here. What list or lists are we talking about?

1 From an implementation point of view,
2 there are two. That is, there's a preliminary
3 priority list that contains a number of drugs that are
4 slated for consideration and evaluation starting in
5 fiscal year 2002.

6 My FDA colleagues, Dr. Rosemary Roberts
7 and Dr. William Rodriguez, will present the
8 considerable work that permitted the development of
9 the preliminary priority list of drugs.

10 After their presentation, I'll briefly
11 summarize the role of NIH in the further refinement of
12 this 2002 preliminary priority list.

13 I'd like to underscore the fact that the
14 preliminary prioritization list by FY 2002 is intended
15 to accelerate the implementation of the BPCA. So
16 we're talking about a list that's already here and
17 we're going to present today.

18 The other lists refer to the new annual
19 list that shall be published in 2003, 2004, 2005, and
20 2006 of drugs prioritized for study in pediatric
21 populations.

22 The process for the generation of these

1 annual lists that will follow the list we'll present
2 today for 2002 will insure that the periodic
3 examination of new knowledge and the identification of
4 new needs with respect to drugs for use in the
5 pediatric population will occur regularly.

6 At present, the process for the generation
7 of these annual lists has not been specified.

8 It's my pleasure right now to turn to Dr.
9 Rosemary Roberts who's going to present the
10 considerable background that permitted the generation
11 of this list.

12 DR. ROBERTS: Good afternoon and thank you
13 all for being here and thank you, Dr. Walkup, for
14 teleconning in.

15 And I wanted to just talk to you about yet
16 another list. You know how much we loved the last
17 list. Well, if you don't, you will know as I get
18 through this talk.

19 Next slide.

20 So I'm going to go through the various
21 lists that we've had to date and then end with the
22 off-patent list, which is our charge here today to

1 talk about a process for developing that list and
2 prioritizing it.

3 Next.

4 Now, the first list was actually started
5 to be worked on in 1995, and that was by a working
6 group of the initial pediatric subcommittee that was
7 formed in December of 1994, and in your packet you
8 will see this two-pager, and all it does is it just
9 talks about how this list was developed.

10 And the charge of this working group was
11 to identify drugs that are most widely used in
12 pediatrics on an out-patient basis for which there was
13 inadequate use information.

14 And some of the general findings they had
15 were that in the population less than two years old,
16 there was almost no drug that had any pediatric use
17 information.

18 And for drugs that were used a lot in
19 pediatrics for classes, categories such as for asthma,
20 seasonal and perennial rhinitis, which are very
21 commonly used in children, there was almost no
22 information; whereas for the anti-infectives, there

1 did tend to be information that was collected by
2 sponsors, mainly because of one of the bread and
3 butter general diagnoses of the general pediatrician
4 is otitis media. So there was always interest in
5 developing antimicrobials for otitis media.

6 Now, the ten drugs that were on this list,
7 and some are still on the list, were albuterol
8 inhalation solution, and at the time this was put
9 together, there was information on how to use this
10 product down to the age of 12.

11 Subsequently, information has been -- this
12 has been studied. Albuterol solution has been
13 studied, and we currently have labeling down to the
14 age of two.

15 Promethazine hydrochloride has not been
16 studied.

17 And ampicillin sodium, this was a
18 parenteral use, and remember this is out-patient data.

19 This is from IMS, which is an international marketing
20 survey company, and they have 2,900-plus physicians
21 where they actually go into the offices and look at
22 mentions of the drugs, and this was parenteral use of

1 ampicillin. It has also not been studied.

2 Auralgan otic solution for ear pain also
3 has not been studied.

4 Clotrimazole betamethazone dipropionate.
5 Actually the entire betamethazone dipropionate
6 topical formulations have been studied, including the
7 combination product with clotrimazole under the -- via
8 written request, and that product is now currently
9 labeled all the way down to birth.

10 Fluoxetine hydrochloride, or Prozac, has
11 been studied. It's been granted exclusivity. We do
12 not have labeling to date.

13 Now, cromolyn sodium, we do have a
14 cromolyn sodium that's been studied, but it was a
15 nasal spray that was studied for allergic rhinitis,
16 and as an over-the-counter indication. What was
17 referred to in this initial list was Ental or
18 chromalin sodium for asthma.

19 Sertraline hydrochloride, or Zoloft, has
20 been issued a written request, and those studies are
21 underway, and may even come in. I'm not sure.

22 Methylphenidate hydrochloride, or Ritalin,

1 it was asking for studies below the age of six. It
2 has not been studied to date via written request. WE
3 have not issued a written request, and the reason is
4 we really did not know how to study attention deficit
5 under the age of six years. How does one consistently
6 diagnose it? What criteria to use; what kind of tools
7 for assessment.

8 The National Institutes of Mental Health
9 currently has an ongoing trial looking at exactly that
10 in the less than one year old.

11 Metaproteranol sulfaterol, Alupent, has
12 not been studied to date. Information was needed on
13 the less than six year old.

14 And beclomethasone dipropionate nasal
15 sprays, written request was issued, but the studies
16 were never performed.

17 So that's the first list.

18 Next.

19 Now, I'm going to talk about the FDAMA
20 list, and I want to highlight some things, and
21 Willoughby just read to you what the Best
22 Pharmaceuticals for Children Act says as to the list

1 that was to be developed under the new act, and this
2 comes directly from the Modernization Act.

3 Not later than 180 days after the date of
4 enactment, which was 11/21/97, of the Modernization
5 Act, the Secretary, after consultation with experts in
6 pediatric research, shall develop, prioritize, and
7 publish an initial list of approved drugs for which
8 additional pediatric information may produce health
9 benefits in the pediatric population, and the list is
10 to be annually updated.

11 Now, there are several areas of similarity
12 in what we were charged to do by the Modernization
13 Act. It was delegated to the Secretary, who delegated
14 it to us. It was the Food and Drug Administration
15 Modernization Act.

16 We were to consult experts in pediatric
17 research as we are to do for the Best Pharmaceuticals
18 for Children Act list. We were to develop,
19 prioritize, and publish an initial list within 180
20 days.

21 We now have twice that amount of time to
22 do it, and it was to be a list of approved drugs only.

1 It doesn't say anything about the status with respect
2 to exclusivity or patent protection, and it was to be
3 information that may produce health benefits in the
4 pediatric population.

5 Next.

6 Now, the initial working list, we actually
7 consulted many, many organizations and groups and got
8 their recommendations: the American Academy of
9 Pediatrics, PHARMA, the National Institutes of Health,
10 the Pediatric Pharmacology Research Units, the
11 National Pharmaceutical Alliance, the Generic
12 Pharmaceutical Industry Association, National
13 Association of Pharmaceutical Manufacturers, and the
14 U.S. Pharmacopeia.

15 In addition, any drug in the orange book
16 that had existing patent protection or exclusivity was
17 put on the initial working list.

18 Next.

19 Then this working list internally, we
20 divided all of these drugs that were now on this list,
21 and it was several hundred. We determined which
22 divisions regulated each product, and we then put that

1 on a list with the indications that were approved in
2 the adult, and asked each of the regulatory divisions
3 to look at the drugs on there and to see if they fit
4 one of three criteria.

5 And really the first criteria is sort of
6 like the definition we use for a priority review of a
7 drug. Will it have a significant improvement compared
8 to marketed products labeled?

9 Well, marketed products labeled, remember
10 I just said most drugs weren't labeled. So it was not
11 a problem here to be concerned about whether we had
12 too many already in this category labeled.

13 "For use in the treatment diagnosis or
14 prevention of the disease in the relevant pediatric
15 population", so that was one criteria, or it was
16 being widely used in the pediatric population.

17 For those of you that were here this
18 morning, we know there's a lot of use of the proton
19 pump inhibitors in the neonate, in the less than one
20 year old, and that's part of the reason that's driving
21 trying to study it, because it is being used.

22 And it was defined for purposes of this

1 criterion as at least 50,000 prescription mentions per
2 year. Now, that dates back to the mentions we talked
3 about in the IMS database, or it could be a class of
4 drugs or an indication for which additional
5 therapeutic or diagnostic options were needed in the
6 pediatric population.

7 If a drug, according to the division that
8 reviewed it, met any one of those three criterion, it
9 was put on the draft list.

10 Next.

11 The draft list was published March 16th of
12 1998 in the Federal Register. So we actually got that
13 out within four months of when the Act went into
14 effect, and we asked for comments to come back within
15 30 days that we then had to review because we had to
16 publish that list by May 20th of 1998.

17 Next.

18 There were 89 comments that were received.
19 Many of them simply asked that a specific drug be
20 added to that list or deleted from that list for
21 whatever reason the commenter had.

22 There were several that said the criteria

1 that we used were far too narrow, and there were
2 several that said one should include all drugs used in
3 the treatment of diseases or conditions that occur in
4 the pediatric population.

5 Next.

6 So what we decided to do after we reviewed
7 those comments was to say that any drug that's
8 approved for use in adults that's applicable to the
9 pediatric population is on the list. That's a lot of
10 drugs.

11 Now we had a challenge. That's the list.
12 How do we prioritize this?

13 Well, depending upon which group you talk
14 to, whatever drugs they need to treat their condition
15 are the drugs that go on the list first, without a
16 doubt. But that wasn't helpful to us.

17 So next.

18 What we decided to do was that if you fit
19 one of the three previously outlined criteria, you
20 became part of the priority section of the list, and
21 so we published this list May 20th of 1998. It was a
22 bit large and unwieldy to deal with, as it had 400 to

1 500 drugs on it. And we updated it manually as we
2 were mandated to do every May.

3 And that meant we removed drugs that were
4 studied or had been labeled. We added approved new
5 drugs that were for conditions in adults that were
6 applicable to children. Also, industry could petition
7 the agency to put a drug on, and we looked at those
8 petitions, and if the petition was granted, we added
9 that drug for the indications that they petitioned to
10 go on with.

11 And then the division had a chance to
12 relook at all of their drugs that they regulated to
13 see if they had other input that had come in over the
14 past year, if they had reasons to take it off because
15 of some safety concern that had developed, et cetera.

16 So it was not an easy task to update this
17 every year. It took an awful lot of resources by the
18 agency to do this.

19 So what if you were on the priority
20 section of the list? What did that do for you?

21 Well, it didn't constitute a written
22 request. So we still had to write a written request

1 if you were on the list.

2 It didn't mean that you would qualify for
3 pediatric exclusivity, and there could be several
4 reasons. One, you may not do the studies that were
5 asked for in the written request.

6 Two, it may have been for a product, like
7 an old antibiotic, that didn't have any exclusivity or
8 patent protection to which pediatric exclusivity could
9 be attached.

10 And the sponsor wasn't required to do the
11 studies in the written request. So what exactly it
12 did to be on the priority list is questionable. So it
13 didn't help us in prioritizing, we learned, because we
14 couldn't get a consensus.

15 So we ended up with a long list that was
16 unwieldy. It's a voluntary program. So why
17 prioritize the drugs that need to be studied when
18 you're going to issue the written request, and if
19 industry is interested in doing it, they'll do it, and
20 if they're interested in doing it, they'll also send
21 you a proposal and indicate to you they want to do it
22 as we've now received over 300 proposals since June of

1 1998.

2 It was resource intensive for us to update
3 this list, and while we're updating the list, we're
4 taking the same people that are supposed to be
5 reviewing the proposals, reviewing the supplements,
6 and now we've got them updating the list.

7 So overall the list wasn't helpful from
8 our point of view, and actually in the report to
9 Congress that we were mandated to write and that we
10 submitted to Congress in January 2001, we recommended
11 eliminate the requirements for the list.

12 Next.

13 Then at our request, we asked the American
14 Academy of Pediatrics for their suggestions of drugs
15 that are most frequently used by pediatricians in the
16 care of their patients and for which additional
17 information is needed.

18 And Dr. Rodriguez will talk to you about
19 that list and how it has subsequently been used in
20 putting together the preliminary priority list.

21 Next.

22 Other lists historically, the USP has

1 looked at available information, pediatric information
2 for products that are used off label in the pediatric
3 population, and post enactment of the Best
4 Pharmaceuticals for Children Act, the USP has put
5 together a list of off-patent and off-label drugs that
6 have narrow therapeutic indices or for life
7 threatening diseases and are being used in the
8 pediatric population.

9 Next.

10 Now, we have the Best Pharmaceuticals for
11 Children Act, and what I can say is that Congress did
12 listen to us. They did read our report, and they did
13 some of the things that we asked.

14 They eliminated the list. However, in the
15 next section they created a new list.

16 (Laughter.)

17 DR. ROBERTS: And this is a list to study
18 off patent. So in order to be on this list, and the
19 criteria that are outlined in Section 3 of the act,
20 most of those criteria refer to the fact that you have
21 to be off patent and have no exclusivity remaining.
22 So you have to have an approved generic application or

1 have submitted one and qualify to get a generic
2 application.

3 So we are now mandated to do a new list.
4 Now, they created a research fund. They authorized
5 appropriations of \$200 million for FY 2002 so we could
6 do these studies, but we got this much in the budget
7 to do them. So we got a research fund authorized, but
8 not money yet.

9 Okay. Next.

10 Now, this is what Anne just read to you,
11 and now we have a year after the enactment, which was
12 January 4th, 2002, and now NIH is in the lead.
13 They're to consult with the FDA and experts in
14 pediatric research, one of the reasons that we're here
15 today, and to develop, prioritize, and publish an
16 annual list of approved drugs for which -- next --
17 now, the drugs on this list I want to emphasize are to
18 have no patent protection or market exclusivity. That
19 is, they are not listed in the orange book, and they
20 need additional studies to assess the safety and
21 effectiveness of the use of the drug in the relevant
22 pediatric population.

1 Next

2 Now, in developing and prioritizing this
3 list, we are to consider for each of the drugs
4 availability of information concerning the safe and
5 effective use in the pediatric population whether
6 additional information is necessary, whether new
7 studies concerning the drug may produce health
8 benefits in the pediatric population.

9 Now, I want to remind you this is exactly
10 the same charge as we had under the Modernization Act.

11 We are to assess whether the drug, if studied, may
12 produce health benefits in the pediatric population,
13 and whether reformulation of the product would be
14 necessary to study it in the pediatric population.

15 Next.

16 Okay. Now, other things that are outlined
17 in Section 3 is the pediatric study that is to be done
18 on these off-patent drugs, and it directs as to how
19 this process is to be completed.

20 FDA, in consultation with NIH, is to
21 remain in the driver's seat and write the written
22 requests for these off patent drugs, and once the

1 written request is written, we are then to issue it to
2 not only the innovator, if there's still an innovator
3 in the market, but to all approved drug holders of
4 that drug.

5 And they then, within 60 days, are to let
6 us know whether they agree to do the studies that are
7 outlined in the written request. So they get 30 days
8 for the first right of refusal. If none of the
9 holders of the approved applications agree to do the
10 studies, then it will get referred over to NIH, and
11 those holders of the approved application have no
12 right then to bid for the contract.

13 NIH, in consultation with FDA, shall
14 publish a request for contract proposals to conduct
15 the pediatric studies that are described in the
16 written request.

17 So thank you very much. Dr. Bill
18 Rodriguez, Director of Science in the office, is going
19 to talk to you about how we put together this
20 preliminary list.

21 DR. RODRIGUEZ: Thank you.

22 It's interesting that one list led to the

1 other, and what you're going to be hearing about very
2 soon is the hybrid culmination of lists.

3 Next slide, please.

4 Giving equal time to everybody was very
5 important to demonstrate that not only do we produce
6 them from within, but we also get some of the
7 information from our resources that are in the
8 community.

9 And essentially in July of 1999, Dr.
10 Robert Ward, who was chairing the Committee on Drugs
11 of the American Academy of Pediatrics, provided a list
12 back to the FDA, a list which actually had now
13 information from current use by pediatricians.
14 Essentially it had information in terms of ranking
15 which actually have been provided after written and
16 oral requests from the committees, the sections, and
17 also from publications in the American Academy of
18 Pediatric News of general pediatricians in the
19 community.

20 So essentially that information was
21 provided, and there were three categories, priorities
22 that were ranked in the list, and essentially what I

1 did was, if I could have the next slide, please, was
2 first of all to alert you that these were patent and
3 off-patent drugs together, and remember our current
4 mandate is to look at the off-patent drugs.

5 There were 281 drugs that were ranked, and
6 we concentrated on looking at the 126 drugs in
7 priority number one or the highest priority.

8 It's interesting to keep in mind that
9 that, again, is a combination of patent and off-patent
10 drugs, which was exactly the way that the FDA priority
11 lists of '98, '99, 2000, 2001 was composed. You had
12 patent and off-patent drugs in there, too, usually to
13 a ratio of three to four to one.

14 Next one, please.

15 We also used other forces, and as you
16 heard Dr. Roberts speak to you earlier, we used some
17 of the IMS data and also that essentially listed a
18 number of the top ten drugs, and it's interesting
19 again that of those listed in '94, some of them had
20 actually now been labeled, and number two, some of
21 them had received written requests.

22 So some progress was going on, but there

1 were still four in there that did not have a written
2 request, didn't have any labeling in pediatrics, and
3 again, were listed as very high in terms of use.

4 Could I have the next slide, please?

5 So this thing which may not be very
6 readable, but which was provided to you all in your
7 pre-meeting package and it's available again in a more
8 completed version in Dr. Murphy's handout essentially
9 took a look at the top drugs that were listed,
10 including the ones that were in terms of use and not
11 in the FDA list.

12 It included also information that had
13 what's available. As you can see, there are age
14 groups in which pediatric information is needed
15 essentially from our 2,000 lists of drugs and
16 essentially addressed the divisions in there that were
17 responsible for the specific drugs.

18 As you can see, some of them were not in
19 the FDA priority list, and you can see the check mark
20 next to it.

21 Next slide, please.

22 So now we have sort of a, quote, unquote,

1 priority list that is provided to the divisions for
2 input. So essentially they would be able to tell us,
3 "Wait a second, you know. This information is
4 missing, and therefore, this should not be used," or,
5 "we should add this or we should subtract this," so
6 essentially trying to capture as much of the
7 information as we could since we were moving forward
8 in this process.

9 And we ended up with a preliminary
10 priority list that, quote, unquote, is listed in there
11 that included prior Academy of Pediatric lists, the
12 FDA updates in these divisions, and some of the
13 information from the IMS and Children's Hospital
14 Corporation of America data.

15 So this is now updated to 2001, and Dr.
16 Murphy will be going into this further on when she
17 speaks to you all.

18 So the third thing that we did -- I mean,
19 the other thing that we did is in the next slide. We
20 provided this preliminary priority list to members of
21 an ad hoc expert panel of the NIHCHD, which
22 represented individuals with, well, recognized

1 expertise of various walks in the pediatric field, and
2 they were to look at it, and Dr. Willoughby will be
3 actually going over the next iteration. As you can
4 see, it's a work in progress, and it will continue to
5 be in progress for a while.

6 Thank you.

7 DR. WILLOUGHBY: I think one of the things
8 that is absolutely clear is the list that we're going
9 to talk about today stands on the shoulders of
10 innumerable individuals who have been doing a lot of
11 work in this area for many years.

12 So NICHD took the list of 19 drugs that
13 Dr. Rodriguez has just told you about, and we convened
14 a panel of experts in pediatric pharmacology and
15 people expert in the use of drugs in pediatric
16 populations in April of 2002.

17 These experts included Dr. Ralph Kauffman,
18 Dr. Richard Gorman, Dr. Lillian Blackmon, Dr Robert
19 Ward, Dr. Philip Walsen (phonetic), and Dr. Wayne
20 Snodgrass.

21 The federal staff present during the
22 consideration by these experts of the list of 19

1 included Dr. Dwayne Alexander, who is the Director of
2 the National Institute of Child Health and Human
3 Development; Dr. George G. Akoya (phonetic); Dr.
4 Gilman Grave; and Dr. Bill Rodriguez from the FDA.
5 And, of course, several of the people I've just
6 mentioned are present today.

7 The group was briefed about much of the
8 information that you've just heard, and they were told
9 that the purpose of the meeting was to review and
10 analyze this preliminary list of 19 drugs and then
11 also to identify other drugs that merited additional
12 study in pediatric populations in their opinion.

13 It was emphasized that the prioritization
14 should be objective and evidence based, and that the
15 needs of children in different age groups and
16 subpopulations should be considered.

17 Dr. Kauffman chaired the meeting and led
18 the group discussion. He began by stating that the
19 PIs, at the Pediatric Pharmacology Research Units had
20 in 1999 reviewed off-patent drugs in need of study,
21 and that they had considered most of the drugs on this
22 list of 19, and there were four in addition which they

1 believed merited consideration: ketamine,
2 amphotericin B, bumetamide, and morphine.

3 Dr. Richard Gorman commented that nonionic
4 contrast agents had not been studied in pediatric
5 populations, and then the group also mentioned that
6 methotrexate, because of its prominent role in the
7 treatment of autoimmune diseases ought to be
8 considered.

9 The group also agreed that they wished to
10 consider diazoxid in the treatment of hypoglycemia be
11 included on the list.

12 So after considerable discussion, and I
13 have the record of those discussions, if the committee
14 would like it entered into the written record of this
15 meeting, the experts were asked to individually, after
16 discussion with each other, but not in consultation
17 with each other, to privately prioritize the group of
18 drugs from the list of 19 and also from the drugs
19 which had been added to the list early in the
20 discussion, that is, the four drugs recommended by the
21 PPRU, the nonionic contrast agents, methotrexate, and
22 diazoxide for the treatment of hypoglycemia.

1 The individuals at that meeting voted
2 separately, and what emerged was what we have chosen
3 to call the highest priority cluster, and then the
4 next highest priority cluster.

5 In the highest priority cluster are
6 dopamine, lorazepam, doputamine, morphine, acyclovir
7 and ketamine.

8 The next highest cluster includes nonionic
9 contrast media, amphotericin B, nitroprusside, and
10 valproate.

11 The remainder of the drugs are arrayed on
12 a lower priority list after that.

13 Now, the reason we are considering these
14 to be a cluster is it isn't possible or reasonable to
15 say, "Here's drug number one. Get it off the blocks.
16 Here's drug number two. Get it off the blocks."

17 Rather we have this cluster which were are
18 going to partner with the FDA in working on through
19 the process that Bill and Rosemary have described in
20 order to see that studies are initiated on these drugs
21 in pediatric populations.

22 And so that essentially is our working

1 preliminary list. Now, you might say, "Well, why rush
2 to a list in this fashion?" although if you consider
3 the background of it, it maybe is not as much of a
4 rush, and that's because the secretary has committed
5 to obligating funds in FY 2002, which ends at the end
6 of September to study drugs on this list.

7 So there's a lot of process even with this
8 preliminary list that needs to be gone through
9 involving the written request and potentially the
10 generation of RFPs.

11 So that was the process that brought the
12 2002 cluster of prioritized drugs to the table today.

13 CHAIRPERSON CHESNEY: Dr. Murphy.

14 DR. MURPHY: What we are going to do is to
15 try to talk a little bit about criteria that we have
16 been using and ask you for your assessment of should
17 we continue to use these criteria, should we expand
18 these criteria, and any other comments you wish to
19 provide us on how to move forward both in development
20 of criteria and the process because those are the
21 focus of the two questions really that we have for you
22 today.

1 Next slide.

2 I am also going to talk a little bit about
3 this set of 19 not because we want you to design
4 trials for us -- no -- after this morning, but because
5 we really want you to look at what's going on in the
6 way the clusters look when you begin to apply these
7 criteria of use and impact by definition of where we
8 think the gaps are to that 19 so that you can see how
9 it's beginning to play out when you address our
10 questions that we're asking you.

11 Next slide, please.

12 One thing i did want to emphasize, and
13 Rosemary did a good job of doing this, is that we have
14 had a number of definitions under which we have been
15 working as to how we decide what the benefit would be.

16 One is the meaningful therapeutic definition which is
17 under the rule, pediatric rule, and that definition is
18 a significant improvement in the treatment diagnosis
19 or prevention of a disease compared to marketed
20 products adequately labeled for that use in the
21 relevant pediatric population versus the definition
22 under which we have been working for FDAMA and are

1 working in the present in the best -- I misspoke
2 this morning and said "better." Forgive me. It's the
3 Best Pharmaceuticals Children's Act.

4 So we do have this definition, "produce
5 health benefits," and what we're asking you is beyond
6 looking at the numbers of use and the missing --
7 identifying the gaps, are there any other criteria
8 that we ought to be thinking about as we move forward
9 in trying to define what is producing a health
10 benefit.

11 These are some additional factors one
12 might consider, and we would ask you to think about
13 these and to address some of these as you answer our
14 questions.

15 Certainly you've heard the need for
16 additional options. that's important. That would be
17 a positive factor in why one would develop a written
18 request or wish to have studies conducted in children.

19 You need either a therapy studied or
20 additional therapy studies in serious and life
21 threatening disease, and in pediatrics we have many
22 orphan populations. Not only is all pediatrics

1 considered an orphan population, but certainly the
2 neonate is another subpopulation, and certainly rare
3 diseases within the pediatric population continues to
4 be such populations.

5 Negatives from our perspective, the "me,
6 toos." Do we really need a 15th cephalosporin study
7 in children? Some would argue yes, but that is
8 something I think that what is the definition of
9 enough?

10 I hear somebody say this morning after we
11 have one we shouldn't issue anymore. I think you
12 would get quite an argument on that, that patients
13 can't all tolerate the same product and that's why we
14 do need options.

15 A product may have a higher adverse event
16 or a worse adverse event profile, but if it's the only
17 other option, maybe we do still need to move forward
18 in asking for studies for that product.

19 A narrow therapeutic index when
20 alternatives are available might be considered a
21 negative reason or a reason not to issue a written
22 request.

1 Next please.

2 So our criteria to you, and we're going to
3 stand down here in a minute and ask you to address
4 these. The questions are: for the criteria that we
5 should use in thinking about developing these lists,
6 should our volume, how often these products are used
7 in children -- again, we've heard many products are
8 used quite a lot without ever being studied. How
9 important is that criteria?

10 It is mentioned in our rule. It's
11 mentioned in a number of places as being something we
12 should evaluate.

13 The impact. I've indicated that the
14 impact definition right now is produce health benefit.

15 So how do you really define impact?

16 Are these two criteria adequate for
17 selection of drugs for the list to be studied, parts
18 to be studied that are off patent?

19 And if yes, if that's sufficient, those
20 two alone, would you help us with the definition of
21 produce a health benefit? Any other thoughts about
22 how we might define that?

1 And if not, why not? What other
2 additional factors would you consider? Just some of
3 those that I put up on the slide, if you would.

4 Second would be process. Anne and Dr.
5 Roberts and Rodriguez and Willoughby have described a
6 process here. What do you think about that process?
7 We'd like to have your thoughts about are there other
8 sources the FDA and NIH should consider in the
9 development of the list.

10 And is there any weighting to this
11 process, if one wants to get really precise about it
12 or not?

13 Next.

14 The priority list must be produced by
15 January 4th, 2003. What are the committee's
16 recommendations for facilitating timely input into the
17 development?

18 You've heard about how extensive input has
19 been sought in the past. You've heard about you can
20 get ten different groups in this room and depending on
21 the disease of the group that's representing you will
22 get ten different lists.

1 We do clearly seek input, but we also need
2 to have input in a timely and effective manner that
3 allows us to move forward so that we can have products
4 on this list that get studied. So we wish you to
5 balance that in your consideration today about what
6 process do you think would facilitate input of this
7 committee into development of a list.

8 And in addition to that process for this
9 committee's input also, how would you like to have
10 your updates, if you will? What do you want to hear
11 about? How much detail you want to hear about the
12 studies that were conducted.

13 Certainly I would think you would want to
14 hear about what labeling has been resulting or not
15 resulting, but we'd like to hear what is of interest
16 to you in feedback on an annual basis.

17 Now, I am not going to ask for discussion
18 on the 19 items that we're going to -- well, actually
19 18 because I left auralgan off. I'm going to go
20 through them very quickly, and we don't seem to have a
21 pointer.

22 So I wanted to just to through with you --

1 does somebody have a pointer? No? -- what these
2 products look like when we applied use data from the
3 children's health center database that has been newly
4 developed. I want to please lay out the caveats about
5 this database.

6 These are absolute numbers. They have no
7 projection methodology associated with them, unlike
8 the IMS data. So what I'm telling you is the numbers
9 that you see under the CHC data reflect literal
10 absolute numbers for 25 -- is it 25 or 29, Rosemary?
11 I think it's 25 hospitals that range from free-
12 standing children's hospitals to hospitals within
13 larger complexes, and it's from their pharmacies
14 basically.

15 So those are absolute numbers without
16 projection methodology applied to them, while the IMS
17 data is data that is mentioned and has some projection
18 methodology associated with it.

19 Thank you very much.

20 So we have for cardiorenal these five
21 products that have been identified as needing further
22 study in children. You can see that within those 25

1 children's hospitals diazoxide is not used very
2 frequently compared to dopamine. I think that's a
3 level of comparison that you can use this data.
4 That's about all you can do, is just look within the
5 data to compare high use to low use at this point.

6 We also don't have any IMS data on this.
7 Remember IMS is out-patient. It's one of the reasons
8 we have worked for two years now piloting what mix of
9 hospitals we need to try to get sensible data on
10 pediatric in-patient use, because some of the
11 databases we're using were really adult based
12 databases, and when we saw that they had no use of
13 albuterol in the various pediatric age groups, we knew
14 we had a problem.

15 So this database was developed, again, to
16 focus on in-patient databases of pediatric hospitals.

17 And the missing information that's been
18 identified is really from birth to 16 years for all of
19 these for use in hypertension, hypertensive crisis or
20 for digoxin for very specific arrhythmias.

21 We handed out to you just so you would
22 have it to compare as you think about this the actual

1 indication associated with each one of these products,
2 whether it has any pediatric information at all, which
3 included a comment in the pediatric subsection or the
4 dosing section.

5 And we have a new medical author, Suzanne
6 Olness (phonetic), who put this together in the last
7 48 hours because we realized, you know, we were
8 familiar with this list, but maybe you guys wanted to
9 know what is actually in the label for these products
10 right now and whether they have any information at
11 all.

12 So that is also part of the information we
13 provided you.

14 Next one. Go back one, please.

15 I can tell you that right now we are
16 looking at a product out of this cluster to begin
17 development of a written request.

18 Next.

19 For neuroform, and I have clustered these
20 because over and over again if you look at either
21 exclusivity or the products on this list, these are
22 two of the areas which consistently we have indication

1 that not only is there a large amount of use in
2 pediatrics, but also a need to have priority study.

3 So in here we have use that, again, this
4 is in-patient data, varies from in the hundreds to the
5 thousands, 16, 17,000 prescriptions for lorazepam
6 versus our out-patient data, which again is higher,
7 which you might expect, for the some of the treatment
8 ADHD and lower for some of these other products. The
9 promethazine has been on our list for a long time.

10 Somehow this got left off, but this is
11 supposed to be less than two year old. The missing
12 information is less than two year old for controlled
13 nausea and vomiting associated with anesthesia.

14 And I can tell you that we have already
15 looked at one product on this list, which it turns out
16 for technical reasons I won't go into, but that we
17 really can't issue a written request for it because
18 actually part of the molecular entity may still be
19 under patent, and we are now actively looking at a
20 second product on this list to issue a written request
21 for studies for this product in the neuropharm are.

22 Next, please.

1 Quickly, again, just to demonstrate the
2 same sort of thing here in the pulmonary data and the
3 fact that the missing information is birth to six year
4 olds for bronchospasm has been the identified gap.

5 Next please.

6 Antimicrobials, again, we have already
7 looked at one product on here which we will not be
8 issuing a written request, or sometimes as you dig
9 into these more deeply, you find that there are
10 actually other data that you may want to develop or
11 seek in another way.

12 So it doesn't mean that being on the list
13 you will always get a written request.

14 And next one, please.

15 End up with GI, sine that's sort of where
16 we started this morning, and as you can see, a very
17 high use here for metoclopramide, well used for
18 cimetidine.

19 Next please.

20 And that is a quick run-through of the 18
21 products that are presently on the list. It does not
22 include the additional products that the NIH expert

1 panel recommended because we really felt that we want
2 to demonstrate that those were additional products
3 that were brought up, but we wanted to at least apply
4 the data that we could and that we had on these to our
5 presentation today on use.

6 With that, having run through what our
7 present list looks like for us to begin development of
8 written requests and what some of the use data looks
9 like, what the gaps are, we would ask you to answer
10 our questions on criteria and process to help us as we
11 move through what is really a great opportunity if we
12 get funding, if someone would find the money for the
13 funding of all of these studies.

14 But let's be optimists at this point and
15 say that they will assume they will, and we want to
16 move forward with trying to get these products
17 studied.

18 Thank you very much.

19 CHAIRPERSON CHESNEY: We have an
20 opportunity at this time to hear anybody who would
21 like to speak in the open public hearing, and I
22 understand we do have one speaker.

1 MS. HELLANDER: My name is Martha
2 Hellander, and I'd like to -- well, you know what? I
3 could do it from -- no, I'll come up to the podium.

4 Okay. Is that picking up?

5 Okay. I'm supposed to start with the
6 financial disclosure statement. I never had to do
7 this before. So it's my first time. I have no
8 financial interest in any companies that make lithium
9 products.

10 My organization, the Child and Adolescent
11 Bipolar Foundation, has received some unrestricted
12 educational grants from various pharmaceutical
13 companies, including Solvay and GlaxoSmithKline in
14 combined amounts not exceeding 11 percent last year
15 and not to exceed five percent in our coming fiscal
16 year.

17 I'm really here to represent children with
18 bipolar disorder, and I have not even discussed this
19 with any of our corporate donors.

20 I'm sure you're all aware that we've got a
21 public health crisis in the making due to the recent
22 enormous advances in our ability to diagnose children

1 with bipolar disorder and, on the other hand, the lack
2 of evidence on how to treat them.

3 I'm here to urge you on this committee or
4 the subcommittee to consider placing lithium high on
5 the priority list for testing in children, and I'd
6 like to urge the FDA to do at least a couple of types
7 of studies that have never been done in children and
8 are unlikely to be done by pharmaceutical companies.

9 The Child and Adolescent Bipolar
10 Foundation is a parent-led, not-for-profit
11 organization. We have about 5,000 families now in our
12 first three years that have joined us.

13 Many of us have adults with bipolar
14 illness and several generations, and recent advances
15 in the detection of the disorder in children offer the
16 hope of curing and perhaps even preventing this
17 disorder at its earliest stages.

18 However, the data on treatment options are
19 sorely lacking. We urge the FDA to take a leadership
20 role in establishing safety and efficacy information
21 on lithium, which is off patent and has been safety
22 and effectively used in adults for over 50 years.

1 A little bit about myself as Executive
2 Director of CABF. I've consulted on the design of
3 treatment studies for adolescents with bipolar
4 disorder. I'm the bioethics consultant to a multi-
5 site NIMH funded treatment study.

6 I've participated in strategic planning
7 for the Mood Disorders Group at the NIMH. I've served
8 on an NIMH review committee for studies in child
9 psychiatry, and I'm currently a member of the
10 Pediatric Psychopharmacology Initiative Work Group of
11 the American Academy of Child and Adolescent
12 Psychiatry.

13 My husband is an academic economist, and
14 one more thing. The disorder has caused suicides and
15 ruined lives in many generations in both sides of my
16 family, both myself and my husband's family, which are
17 also filled with accomplished and creative
18 individuals.

19 One of our children was diagnosed six
20 years ago. Her suffering, early diagnosis, and
21 remarkable recovery well before adolescence set me
22 down the path to help others and brought me here to

1 speak with you today.

2 We've been doing some on-line surveys.
3 We're a Web-based organization, and we've just got a
4 new survey tool that I'm having a lot of fun with it.

5 So we did our demographics.

6 So we have a rather, I think, interesting
7 group of parents, very educated and resourceful. They
8 have private insurance, access to great medical care.

9 Our children are in good physical health. They're
10 not living in poverty, and were born or adopted into
11 loving families as far as I can tell.

12 Over half our members have graduated or
13 intend to graduate from college. Twenty-six percent
14 have graduate degrees. Most are married, and 50
15 percent of the spouses hold executive or professional
16 positions.

17 Next slide.

18 I've included in the handouts an article
19 by Dr. Barbara Geller that just came out in the
20 American Journal of Psychiatry reporting on her two-
21 year follow-up on a NIMH funded longitudinal study of
22 about 90 pre-pubital kids with mania. Dr. Geller has

1 served as a consultant or a member of this
2 subcommittee and is also the chair of our
3 organization's professional advisory committee.

4 This is the ages of the kids. They're
5 very impaired in many crucial areas of functioning,
6 and to learn more about the suffering of our children,
7 I'm not going to be able to go into a lot of the
8 details, but please visit our Web site, pbkids.org,
9 and you can learn more there.

10 Okay. These hospitalization rates, by the
11 way, about 60 percent of our kids are under age 12. I
12 want you to keep that in mind as I speak. The
13 hospitalization rates are incredible.

14 Joe Bieterman at Harvard says that 25
15 percent of the kids that he treats have been in the
16 hospital, and he finds that to be just really a lot.

17 More than half of our kids have been
18 hospitalized in a psychiatric in-patient unit. So,
19 you know, this is like the end result of not having
20 been treated and helped by medication or treatment,
21 whatever.

22 Okay. Next slide.

1 There's three grave public health concerns
2 that I'd like to discuss with you today that intersect
3 with childhood bipolar disorder and which are helped
4 with lithium.

5 The first one is addiction, substance use.

6 These kids appear to be biologically vulnerable to
7 becoming addicted, and there's a cite, and the
8 citations are to papers that are in the packet of
9 handouts that I passed out, and I think there's some
10 extra ones up here for people in the back that wanted
11 to get a copy of those.

12 Next slide.

13 As I said, there's evidence that lithium
14 reduces adolescent substance abuse and stabilizes mood
15 in a randomized controlled trial by Barbara Geller.
16 It was only a short-term treatment trial, ten weeks,
17 but she found that lithium significantly reduced
18 substance use and stabilized mood in these kids.

19 The implications of this finding are quite
20 staggering, but it has been largely ignored by the
21 substance abuse treatment community. I have no idea
22 why.

1 Next slide.

2 When unstable, like adults with mania,
3 bipolar kids are impulsive and exercise poor judgment.

4 In one study in Texas by Steven Pliszka,, he
5 screened 50 kids, subsequently brought into a juvenile
6 detention center. Twenty percent of them met full
7 criteria from a manic episode. Another 20 percent met
8 full criteria for a major depressive episode, and I
9 think two percent had a mixed state.

10 If the illness is detected early enough
11 and properly treated, this outcome could possibly or
12 probably, in my opinion, be avoided. So here's
13 another public health crisis for kids that involves
14 kids with mood disorders.

15 Next slide.

16 Dr. Geller also found, and many other
17 researchers find the same -- she studied 90 pre-
18 pubital kids with mania. A full 25 percent of them
19 were suicidal on arrival at her out-patient clinic.
20 There are pre-pubital. These are kids, you know, six,
21 seven, eight years old with serious thoughts.

22 Now, I need you to add if you're taking

1 notes. Your slide may not say the serious thoughts,
2 and when I discussed this with her, she felt that was
3 important to put that in. I just had planner intent.

4 So please note that.

5 Children often talk of wanting to make
6 themselves dead. They don't know the word "suicide."
7 So they say they want to make themselves dead starting
8 as young as three or four, and they make real
9 attempts, like trying to jump out of moving cars on
10 the freeway.

11 This is the one thing that mothers
12 compared notes, and almost all of them do that. So
13 here's a third major public health crisis. Suicide is
14 the third leading cause of death in the 15 to 24 year
15 old range according to the Surgeon General that
16 involves mood disorders.

17 Next slide.

18 Now, the 18 percent mortality rate, that's
19 the lifetime mortality rate for this illness. That's
20 higher than childhood leukemia. That's higher than
21 many cancers.

22 When I tell that to people, they can't

1 believe it because most people don't think of bipolar
2 disorder as a fatal illness, but it is. I tell you we
3 hear every day about young people killing themselves
4 who have been diagnosed with bipolar disorder.

5 The studies that resulted in the 18
6 percent figures, and I think actually the one in the
7 packet says 20 percent. I was going to cite Goodwin-
8 Jamison, but I got that mixed up. They were not in
9 adults, but many of the adults we know to have had
10 early onset.

11 Okay. Lithium is known to reduce the
12 suicide risk sixfold to eightfold. Kay Jamison said
13 the other day -- she's a noted person who has bipolar
14 and is an expert on it -- she said if those numbers
15 came out on a treatment for cancer, it would be the
16 front page headline in The New York Times. There is a
17 drug out there that is off patent that reduces the
18 suicide risk six to eight times.

19 We've got 25 percent of our kids that are
20 suicidal, and it does that -- lithium appears to do
21 that even when it's not effective in stabilizing mood,
22 which is very interesting.

1 No other drugs approved for mania have
2 been shown to have an anti-suicidal effect, to my
3 knowledge, and I could be wrong, but I think that's
4 still the case.

5 Okay. Next slide, please.

6 As you can see from this time line,
7 lithium has been on the market for over 50 years, and
8 kids with mania have been described in the medical
9 literature for nearly that long. Yet we still have no
10 standard treatment for pediatric mania.

11 In your slide, I think I have in 2000 NIMH
12 recognizes pediatric mania, but in fact, '95 was the
13 year that they funded Barbara Geller's phenomenology
14 and course study. So that was they first recognized
15 it.

16 And then in 2000 they held a consensus
17 conference on pediatric mania, and they agreed that
18 you could diagnose it in pre-pubital kids using the
19 DSM-4. So that was a landmark date as well.

20 We still have no standard treatment for
21 pediatric mania.

22 In your handouts is a study by Elizabeth

1 Weller, just a sample. There have been a number of
2 small studies, naturalistic studies, very, you know,
3 promising and interesting, but not large.

4 Lithium was approved in 1970 for mania and
5 maintenance treatment down to age 12, but at the time,
6 no pivotal studies were ever done, and no post
7 marketing surveillance studies or testing in juvenile
8 animal models was ever done.

9 Next slide.

10 In a recent survey, our members reported
11 over 40 different medications used to treat the
12 symptoms of bipolar, none of which are indicated for
13 children under 12, and only one, lithium, for
14 adolescent mania.

15 Okay. This slide shows the number of
16 medications our children have been prescribed during
17 their lifetime, and these kids are mostly under the
18 age of 18. I think there were a few 19, 20 year olds
19 in there, but we had 854 kids of the 944 respondents
20 to the survey. So 854 kids, and we asked each family
21 just to respond about the oldest child if we had more
22 than one with bipolar.

1 Trials of five, ten, and even 15 or more
2 different medications are common, partly due to
3 earlier misdiagnosis or confusion about the diagnosis.

4 But largely because even when they get the
5 correct diagnosis, clinicians have no evidence based
6 data to guide their treatment. We're getting frequent
7 reports of kids being started on gabpentin, for
8 example, as a first line mood stabilizer despite the
9 fact that placebo studies in adults show it's not
10 effective for treatment of mania and it has troubling
11 side effects in children.

12 And I have a reporter calling me today who
13 wants to talk to me about that.

14 Next.

15 This shows how many medications our
16 children are currently taking to treat their symptoms
17 and side effects. Let's see. How did I figure this?

18 Fifty-seven percent of our kids are taking
19 three or more medications. Parents are faced with the
20 terrible choice that they have a child with an illness
21 that's life threatening and certainly impairing, and
22 medications used in adults may be the only treatment

1 available, but we don't really know what the long-term
2 side effects might be or which treatments might have a
3 better long-term safety profile in which children.

4 So we have to take the risks, but we don't
5 know what the risks are. It's a really difficult
6 position to be in.

7 But when you have a suicidal eight year
8 old, you know, there are certain choices, tradeoffs
9 that you will make, parents will make. That's a
10 pretty desperate place to be.

11 Just of interest, the current issue of the
12 American Journal of Psychiatry had three articles in
13 one issue on childhood bipolar disorder, and the
14 editorial by Fred Volkmar writes, "The lack of
15 treatment efficacy data on these conditions is most
16 unfortunate."

17 Next slide.

18 Of the anti-convulsants, most are still on
19 patent, except for tegretol. The same is true of the
20 atypical anti-psychotics and the SSRIs.

21 We strongly support the further testing of
22 all these medications in children, but I'm not

1 focusing on these other needs today since the topic of
2 your hearing today is off-patent medications.

3 As you can see, lithium is being used in
4 about 30 percent of our children, and I did hear
5 yesterday, and I don't know if this is valid. I've
6 been having trouble getting data on how many mentions
7 or prescriptions are written. I heard 93,000 children
8 in America between zero to 17 are taking lithium, but
9 I don't know if that's mentions or, you know,
10 currently or what.

11 Okay. Next slide.

12 In summary we believe that lithium meets
13 all of the requirements of the Best Pharmaceuticals
14 for Children Act, and that the urgent public health
15 crisis of teen substance abuse, teen arrest and
16 incarceration, and teen suicide, all of which include
17 many kids we now know have early onset bipolar
18 disorder, these crises call for lithium testing in
19 children to be given the highest priority by the FDA.

20 In particular, we'd like to see post
21 marketing surveillance studies and juvenile animal
22 studies. We'd like to see requests made for these,

1 and if proposals are not forthcoming, we think they
2 should be appropriated if and when funds are
3 appropriated -- I'm sorry -- they should be undertaken
4 if and when funds are appropriated by Congress.

5 Next slide.

6 I'd like you to take one more look -- this
7 is my last slide -- at our Web site. The little girl
8 with the blond hair and the yellow hat was suicidal at
9 age four, but she's been well since age ten. She's 15
10 now, and in high school and wants to be a therapist
11 when she grows up.

12 The little girl at the top left is now 13,
13 plays the clarinet, and has her black belt in karate.

14 Both of these girls stabilized when
15 lithium was added to their treatment, which includes
16 other medicines currently under patent.

17 The boy with the turtle is Ben Harrelson
18 of Duluth, Minnesota. He had symptoms very early in
19 life, and like most of our kids, was misdiagnosed with
20 ADHD and conduct disorder. He finally was diagnosed
21 with bipolar disorder and stabilized on lithium at
22 about age 12.

1 That was about 15 years ago, and he felt
2 really well, and he asked if he could stay on the
3 lithium indefinitely, but 15 years ago there was no
4 maintenance data to tell the doctor how long kids
5 should stay on lithium, and guess what. There still
6 isn't.

7 So the doctor cut back on his lithium to
8 see if he still needed it. He relapsed and killed
9 himself before they could get his lithium back to a
10 therapeutic level.

11 So in conclusion, please urge the FDA to
12 give lithium its highest priority for testing in
13 children, and also, I offer to be of assistance if
14 there's any way that our organization can be of help
15 to you or to the NIMH in this effort.

16 Thank you.

17 CHAIRPERSON CHESNEY: Thank you very much
18 for a very compelling presentation.

19 Dr. Murphy, should we take a break at this
20 point or should we proceed with some of the questions
21 or do you have any strong feelings?

22 DR. MURPHY: Well, I'm a terrible task

1 master. So --

2 CHAIRPERSON CHESNEY: All right. We'll
3 move ahead.

4 DR. MURPHY: I would say let's move ahead
5 and then maybe break right before we ask our European
6 friends to speak if that's okay.

7 CHAIRPERSON CHESNEY: Okay. Am I reading
8 the questions correctly, which are from your slides
9 and the second two slides on page 2 and the first
10 slide on page 3? Is that --

11 DR. MURPHY: That's correct.

12 CHAIRPERSON CHESNEY: Actually, Anne,
13 could you maybe put the first question up? It has to
14 do with criteria.

15 So we'll start with page 2, the middle
16 slide. Yes, okay. Thank you.

17 Are volume of use and impact adequate
18 criteria for the selection of drugs for this list?
19 And if the answer is yes, how should impact be
20 defined? And if not, why not? And what additional
21 factors should be considered?

22 And just to reiterate, Dr. Murphy has

1 already made the point, but we're not going to talk
2 about individual drugs this afternoon. We're talking
3 about the process of developing and maintaining these
4 lists.

5 So would anybody like to comment on the
6 issue of volume and impact being adequate criteria for
7 selection of drugs? Dr. Fink.

8 DR. FINK: I guess I would take the
9 negative to that and say that although they are good
10 criteria, they were not sufficient in that -- and I
11 think the list of drugs illustrates that -- there may
12 be the situation which an off patent drug is replaced
13 or is replaceable by a safer, newer drug that even
14 carries a pediatric indication, and in that setting,
15 even though the older drug may have volume and impact,
16 it's not a very good one to push studying.

17 DR. MURPHY: So would we possibly use the
18 criteria that there are numerous other options then?

19 DR. FINK: Yes.

20 DR. MURPHY: Okay.

21 CHAIRPERSON CHESNEY: Dr. Kauffman.

22 DR. KAUFFMAN: I tend to agree with Dr.

1 Fink in great part, but I think volume still has to be
2 a part of the recipe that we use to select them
3 because it is true that use doesn't necessarily mean
4 appropriate use, and we could all pick examples off of
5 the list we saw a moment ago to illustrate that.

6 But it's a beginning, and then I think we
7 are going to have to add the other criteria that we're
8 going to discuss subsequently to try to flesh this out
9 and probably come up with a weighted list of criteria
10 that will give us a scoring tool to select the highest
11 priority drugs.

12 But certainly utilization or volume
13 utilized will have to be one of them. Impact to me is
14 going to depend on how we define that. Impact
15 economically, impact in terms of child health in that
16 particular disease category.

17 For example, there's several beta agonists
18 on the list that are probably used much, much less
19 commonly than albuterol. Now, should we waste
20 resources in studying those now even though they're
21 off patent and have some use?

22 Cimetidine, there are much, much better H₂

1 blockers out there that have a lot fewer problems
2 associated with them. Should we waste resources
3 enrolling children in studies to study that even
4 though it has some use?

5 Well, probably not, but we're going to
6 have to have other criteria, but I think use is one of
7 the criteria we'll have to include.

8 CHAIRPERSON CHESNEY: Dr. Gorman.

9 DR. GORMAN: I would like to add a
10 suggestion of uniqueness to this list, and not to
11 replace either volume or impact, but a drug that is
12 uniquely indicated for disease whether it has a high
13 therapeutic index or a low therapeutic index or is
14 even considered to be very efficacious.

15 I would think of acyclovir when it first
16 came out or perhaps one of the Alzheimer's drugs when
17 they were the only mover in that field, that these
18 drugs should take a place on the priority list.

19 CHAIRPERSON CHESNEY: Dr. Glode.

20 DR. GLODE: I should just introduce myself
21 to the committee because I came late. I'm Mimi Glode.
22 I'm pediatric infectious disease from the University

1 of Colorado.

2 I also agree that the starting point I
3 think should be volume, but then I think the
4 definition of impact should perhaps be enlarged
5 because I would certainly agree with uniqueness, but I
6 would also, after I looked a volume, I think I would
7 look at the seriousness of the illness being treated,
8 and then I would look at the therapeutic index of the
9 drug.

10 So if I have a dangerous drug and a
11 disease with low morbidity and mortality, that's a big
12 issue to me. On the other hand, if I have a life
13 threatening disease, you know, I again am willing to
14 play things a little bit differently in terms of
15 therapeutic index.

16 CHAIRPERSON CHESNEY: That could
17 potentially come under impact if we define impact to
18 include that.

19 DR. GLODE: Yes, yes.

20 CHAIRPERSON CHESNEY: Dr. Nelson and then
21 Dr. Luban.

22 DR. NELSON: This reminds me of the