

1 performance characteristics are critical and require careful  
2 assembly. Temperature control at well-controlled  
3 sub-freezing temperatures may be necessary at certain stages  
4 of compounding.

5           At all times during compounding, environmental  
6 conditions, such as temperature, humidity, and so on, must  
7 be carefully monitored and controlled. Manufacturing  
8 parameters, such as the assay of the concentrate, pressure  
9 filling, in-line heating, and aging, et cetera, add  
10 considerable complexity to the compounding process.

11           It is important to remember that even the simplest  
12 type of DPI requires complex formulation development to  
13 ensure accurate and reproducible dose delivery.

14           [Slide.

15           Errors in compounding have a high potential to  
16 adversely affect safety and effectiveness.

17           All of the factors I have mentioned in the  
18 previous slide need to be carefully controlled to ensure  
19 dosing reproducibility, performance, stability, and  
20 bioavailability where the concept of dosing reproducibility  
21 applies equally to the dose content uniformity and the  
22 particle size distribution.

23           [Slide.

24           The complex formulation and container closure  
25 system require extensive manufacturing controls. Stringent

1 environmental controls are required for air cleanliness,  
2 humidity, and temperature.

3 Temporary exposure to high temperatures or  
4 humidity can disrupt the particle size distribution. In  
5 some cases, exposure to high temperature has resulted in  
6 recalls of commercial products.

7 Some sophisticated equipment required for assembly  
8 include crimpers, pressure fillers, a propellant pump, and  
9 precision product filler.

10 [Slide.

11 Special formulation requirements and attributes of  
12 the container closure system necessitates specialized  
13 technical training for both production and quality  
14 assurance. Lack of proper training in manufacturing  
15 requirements may affect all aspects of product performance.  
16 Inadequate training in quality assurance will prevent  
17 detection of compounding errors.

18 [Slide.

19 Examples of complex tests which are necessary to  
20 ensure product quality include: particle size distribution,  
21 moisture content, leak rate, leachables, and microbial  
22 limits.

23 [Slide.

24 The control of particle size distribution is more  
25 critical for MDI and DPIs than most other conventional

1 dosage forms, and not solely determined by the size of the  
2 drug substance particles initially suspended in the  
3 formulation.

4 Changes in the particle size may lead to a  
5 decrease in efficacy and an increase in systemic exposure.  
6 It is critically dependent on formulation, valve, and the  
7 mouthpiece, and the inability to meet particle size  
8 distribution specifications has resulted in product recalls.

9 [Slide.

10 The control of moisture content is most critical  
11 for MDI suspension formulations and for DPIs. Strict limits  
12 are needed to prevent changes in, for example, particle size  
13 distribution, morphic form, crystal growth, and aggregation.

14 The leak rate is required control because canister  
15 pressure directly influences the performance of the actuator  
16 and valve, and thus, the delivery of the proper dose to the  
17 patient. Leakage of the propellant may be great enough to  
18 influence the composition of the formulation and change the  
19 particle size distribution and/or the dose content  
20 uniformity.

21 Failure to meet leak rate specifications have  
22 resulted in recalls of commercial drug products.

23 [Slide.

24 Leachables result when the liquid formulation  
25 extracts compounds from either elastomeric or plastic

1 components. Identification and quantitation of potential  
2 leachables are necessary.

3 A concentration profile of leachables in the  
4 formulation must be established for each drug product to  
5 prevent undisclosed changes in the container closure  
6 components.

7 [Slide.

8 The testing of microbial content includes testing  
9 for total aerobic count, total yeast and mold count, and  
10 assured freedom from pathogens.

11 Additional testing is necessary to ensure the  
12 formulation does not support the growth of microorganisms,  
13 and the microbial quality is maintained throughout the  
14 expiration dating period.

15 [Slide.

16 Because of the above complex and necessary  
17 criteria for compounding, MDI and DPI drug products clearly  
18 present demonstrable difficulties in this endeavor.

19 These difficulties would likely have an adverse  
20 effect on the safety and effectiveness of such drug  
21 products.

22 [Slide.

23 Difficulties in compounding result from the  
24 following characteristics and requirements: MDIs and DPIs  
25 are sophisticated drug delivery systems that require

1 extensive development to ensure dosing accuracy and  
2 reproducibility.

3           Precise dosing must be achieved by accurate and  
4 reproducible delivery of both the mass and the particle size  
5 distribution of the active. A sophisticated formulation of  
6 the drug product is required to ensure dosing accuracy and  
7 reproducibility. Product-to-product uniformity is critical  
8 for dosing accuracy and is usually difficult to achieve.

9           Reproducible bioavailability of the compounded  
10 drug product is difficult to achieve. Compounding of MDI  
11 and DPI products is very complex. Sophisticated facilities  
12 and equipment are required to ensure the proper compounding  
13 of the drug product.

14           Specialized technical training is essential to  
15 ensure proper compounding, and sophisticated and  
16 difficult-to-perform testing is required to ensure potency  
17 and purity.

18           Thank you.

19           DR. JUHL: Thank you, Dr. Rogers.

20           Are there questions for Dr. Rogers? Elizabeth.

21                           **Committee Discussion**

22           DR. MCBURNEY: Dr. Rogers, thank you for that  
23 presentation. I would like you to help me understand a  
24 little bit better about the delivery system.

25           To my way of thinking, there are actually two

1 components here. One is the compounding of the medication  
2 that is going to be delivered, and the second is the  
3 mechanical device that is going to be used to deliver that  
4 compounded medication.

5           When the pharmacy is carrying it out, the device  
6 that is used, those are not assembled by the pharmacist,  
7 those are the ones that all pre-packaged and used, are they  
8 not?

9           DR. ROGERS: Basically, pharmacists do not  
10 assemble or produce these devices. They don't obtain a  
11 formulation and don't create the drug product from pieces.  
12 In every case, these drug products are assembled and  
13 manufactured, and the formulation created in very secure  
14 manufacturing environments that are unavailable to all but  
15 very few drug companies.

16           It is very difficult even for a good drug company  
17 to make these devices with good and reproducible particle  
18 size distribution and dose content uniformity. So, that the  
19 concept of a pharmacist doing this is hard to understand.

20           DR. McBURNEY: Is there not now -- and I would  
21 turn to the pharmacists on our committee -- is there not now  
22 compounding pharmacists that are doing this presently?

23           MR. WELDER: Not that I know of.

24           DR. McBURNEY: Not at all, even with the dry  
25 powder?

1 MR. WELDER: Not that I know of.

2 DR. ROGERS: Even the simplest dry powder inhalers  
3 would require measurement and controls of the device and  
4 what was put in the device beyond that available.

5 MR. RUSHO: As far as the dry powder inhalers,  
6 there is another delivery system -- and I am blanking on the  
7 name of it -- for delivering of albuterol where the capsule  
8 is partially filled with albuterol and lactose, and you put  
9 it in the device and break the capsule, and it falls down on  
10 a screen. The patient tips her head back, and they can  
11 inhale that.

12 I have had one request prior to budesonide and  
13 fluticasone propionate being available to make one using  
14 triamcinolone. The problems that you just mentioned,  
15 particle size distribution and everything else, were things  
16 that I looked at, and I finally threw up my hands and said  
17 this is not possible.

18 But I think if the agency is considering this, we  
19 need to put that type of dosage form in there, because I can  
20 see that as being able to be compounded much more easily  
21 than the devices you have shown us today.

22 DR. ROGERS: Well, the device that you are talking  
23 about would strictly fall under the category of dry powder  
24 inhalers, single dose devices, so it would be covered.

25 MS. AXELRAD: I would just like to clarify

1 something that I think addresses Dr. McBurney's question.

2           The product that we are talking about here are  
3 combinations of drugs and devices, and they are regulated as  
4 drugs in the Center for Drug Evaluation and Research. New  
5 Drug Applications are submitted for these, and I think that  
6 there is -- as you saw from Dr. Rogers' presentation, there  
7 is an incredibly close interaction between the drug itself  
8 and the device in order to make sure that the dose that is  
9 delivered is the appropriate dose, and we do regulate them  
10 as drugs, so if there is any question about that, you know,  
11 that is why we are concerned about this, because we want to  
12 make sure that somebody doesn't think, oh, this is a simple  
13 thing, we can just take a drug and stick in a pre-packaged  
14 device and give it to a patient, and it will deliver the  
15 appropriate dose, you know, it is not a problem.

16           We think that these are so difficult and so  
17 complex, and there is such a direct connection to safety and  
18 efficacy of the product, that we think that they should be  
19 put on the list of Difficult to Compound products even  
20 though right now maybe nobody is compounding them, but we  
21 want to make sure that even in the future, that they know  
22 that we think that this is something that they shouldn't be  
23 getting into.

24           DR. ROGERS: As I mentioned in my talk, poor  
25 compounding of these types of drugs not only results in a



1 lack of efficacy, but increases systemic exposure, and that  
2 increases systemic side effects.

3 DR. JUHL: There were a couple of opinions offered  
4 through the nodding of heads, and I want to make that is  
5 available for the transcripts. The question was asked are  
6 compounding pharmacists doing this now, and both Tony and  
7 Loyd had nodding of heads, so I would like you to --

8 DR. ALLEN: I am not aware of anybody that is  
9 doing it at this point in time, but one I guess  
10 philosophical thing would be, let's say, five to 10 years  
11 from now, if technology develops to the point that it does  
12 become feasible, where you do have a manufacturer, let's  
13 just say, for example, that has an MDI without an active  
14 drug in it, but that manufacturer has gone through and  
15 tested half a dozen drugs for stability, uniformity, you  
16 know et cetera, and they elect to distribute the MDI without  
17 the active ingredient, and the pharmacist then could simply  
18 prepare a solution, not a suspension which most of your  
19 things were oriented towards, but rather a solution of a  
20 drug, sterile filtrate into the pressurized system with  
21 newer technology, that the compounding pharmacist could then  
22 come back to the committee to open that up if the technology  
23 develops that way in the future.

24 In other words, if we say no today, is that no  
25 forever, or is it still open for new technology that may be

1 coming down the road?

2 MS. AXELRAD: They can come back and show that  
3 there is new technology that is significantly simpler than  
4 it is at this particular point in time for somebody to take  
5 a drug and put it into a device and make a safe and  
6 effective product.

7 MR. WELDER: I have I guess a need for  
8 clarification on your question, Bill. Would you ask again,  
9 because you said it included -- I was under the assumption  
10 we were talking about MDIs and dry powder inhalers as a  
11 multiple dose kind of thing.

12 MR. RUSHO: Well, what I was requested to compound  
13 was a triamcinolone capsule, a partial filled capsule filled  
14 with lactose as a vehicle in order to put in the device, so  
15 you could put it down there and break it, and the patient  
16 could inhale it.

17 That can be compounded right now. I don't know  
18 how much of it is being compounded. But when I looked at  
19 that, one of the things that I looked at was particle size  
20 distribution, and, number one, I didn't have the sieves in  
21 order to tell what particle size I had.

22 I went ahead and made one up just to look at it,  
23 and I looked at it under the microscope, and you could see a  
24 wide variation in particle size. Obviously, this was one of  
25 those areas where it was too complex for me to do it. I had

1 to go back to the physician, and I said, you know, we can't  
2 do it, I am sorry.

3 MR. WELDER: And your comment was that procedure  
4 would be included in this as Difficult to Compound?

5 DR. ROGERS: That is an example of a single dose  
6 dry powder inhaler, and that would be covered under  
7 exemption of dry powder inhalers.

8 MR. WELDER: So, we would --

9 MS. AXELRAD: You would not be able to do it under  
10 this. We are suggesting that that type of a thing would not  
11 be permitted, that it would be placed on the Difficult to  
12 Compound list. That is the proposal.

13 MR. WELDER: I would ask that that would be  
14 reconsidered for a single inhalation kind of thing. As Loyd  
15 said, you know, the technology is changing, but the particle  
16 size would be critical, of course, I realize that, but if  
17 you had a prescription for something that was an inhaled  
18 powder, and it didn't involve a complicated device and  
19 sealing that device, I don't think that should fall in the  
20 same category as what we were talking about the metered dose  
21 inhalers.

22 DR. JUHL: I guess the question I am asking is how  
23 could we ensure that an accurate dose would be delivered in  
24 such a single dose preparation.

25 MR. WELDER: I am not sure, because I have not

1 done this, but if you had an exact amount, say, 2 milligrams  
2 of a substance, and the whole inhalation was done at one  
3 time, you could be assured that it was delivered into the  
4 body. Now, particle size is something else, but I think  
5 this falls into a different category than what I am taking  
6 as the metered dose inhalers and dry powder inhalers. That  
7 is all I am saying.

8 DR. JUHL: And yet the purpose of the dose being  
9 inhaled is to get it into the lung. Whether you had 2  
10 milligrams or not doesn't really tell you whether it gets  
11 into the lungs. As Bill had pointed out, if you had a  
12 micronized particle, then, you would assume that some  
13 portion of that 2 milligrams gets to the lung, and if you  
14 have just regular powder, most of it would be deposited in  
15 the throat.

16 MR. WELDER: That happens in the manufactured  
17 products also.

18 DR. JUHL: It does indeed, but they do have an  
19 estimate in the clinical trials how much gets in and how  
20 much is effective.

21 MR. RUSHO: Just the triamcinolone dry powder,  
22 there was a wide variation in particle size, and that was  
23 supposed to be a micronized particle. Mixing becomes a  
24 problem at that point, too, because you can't mix that in a  
25 mortar and pestle. You know, your lactose has to be of a

1 set particle size, too, and then you have the problem of  
2 weighing this out, and you are doing a partial filled  
3 capsule, not a full capsule.

4           You have to weigh each and every one of those  
5 capsules out. It becomes -- you know, I have no problem  
6 saying it is too complex for a pharmacist to compound.

7           DR. ROGERS: Under the best of circumstances, with  
8 a light microscope, you might be able to estimate a particle  
9 size distribution of the powder under the conditions of  
10 examination under the microscope, but the conditions of  
11 inhalation are different than that, and you are not going to  
12 get the same particle size distribution in the aerosol or in  
13 the inhaled powder that you will see in a microscope.

14           You have to ensure that the device correctly  
15 creates a particle size distribution in the 1 to 5 micron  
16 range, and it is technically impossible. You can't show the  
17 reproducible particle size distribution except under the  
18 most extreme testing conditions in a laboratory.

19           DR. JUHL: And a particle size distribution  
20 doesn't ensure delivery. It depends upon the air flow and  
21 all the other factors that go into that, too.

22           DR. ROGERS: That is true.

23           DR. JUHL: You use particle size distribution as a  
24 quality assurance.

25           DR. ROGERS: That is true. We test it under

1 specific conditions and assumed reproducibility.

2 DR. JUHL: Garnet.

3 DR. PECK: What you have just heard is a  
4 significant comment about lactose as one component. That is  
5 difficult to get in a reduced particle size necessary for  
6 inhalation therapy, and manufacturers are working very hard  
7 at making appropriate lactose for these particular capsules.

8 The particle size distribution is paramount to its  
9 success because you have to dilute out the drug, and the  
10 drug is going to have a distribution. Micronization does  
11 not guarantee a narrow particle size distribution, and you  
12 may have to go through cutting to give you the appropriate  
13 particle size for an inhalation product of this nature as a  
14 capsule.

15 This is a Fison [?] technique for putting the  
16 capsule in an appropriate unit that pinches the unit and you  
17 inhale it. You have to consider also that the patient is  
18 the one that is bringing in the material. It is not a  
19 pressurized device. So, if you do not have appropriate  
20 particle size distribution of both the diluent and the  
21 active, you may have problems with dosing for that  
22 particular patient because you are relying on a patient who  
23 is ill or affected by something, and they are the ones that  
24 are the driving force.

25 So, you have to have a very ideal dosage form.

1 When you get into pressurized systems, and about aerosols,  
2 aerosol products, the container is an integral part of the  
3 drug delivery system, and too many people forget this. It  
4 is not like a capsule or a tablet goes into a bottle. We  
5 are delivering the whole thing, the package and the product  
6 for therapy.

7           So there are many integral parts and what was  
8 reviewed here was excellent in terms of the components of  
9 the valve assembly. Various different materials of  
10 construction are used in there, and so one has to be careful  
11 about all these parts.

12           There was noted particular polymers and also  
13 rubber is within that system, and other things. So, it is  
14 extremely complex, the containment of what we are trying to  
15 deliver. But these little units -- and I can see a possible  
16 need for delivering a few capsules -- but the components and  
17 their size are crucial.

18           DR. ROGERS: Another crucial factor is the  
19 interaction of all the components with each other, the  
20 liquid phase, solid phase, container closure components,  
21 they all interact and there is a large potential for  
22 problems in those interactions that can affect the dosing  
23 and particle size.

24           DR. JUHL: How does one achieve, would achieve  
25 sterility or how do they do it commercially in the

1 spinhealer [?] kind of thing, the contents of the capsule?

2 Obviously, Bill, in your example, you would have need to

3 have some assurance of --

4 MR. RUSHO: In my example, there would not have  
5 been sterility.

6 DR. JUHL: I know, but I wondered how it is done  
7 commercially and is it possible.

8 DR. PECK: You can sterilize dry powders with a  
9 number of different techniques to fill appropriately, but it  
10 would have to be sterile.

11 DR. JUHL: Are capsules considered sterile?

12 DR. PECK: Well, no, that is a fallacy, but I  
13 think there is a little fuzziness here in terms of that  
14 capsule.

15 DR. JUHL: Other questions or comments on this  
16 topic?

17 MS. LaFOLLETTE: I would just like to make the  
18 comment, with all the information that we have heard, which  
19 was wonderful to hear, this is a single dose or multi-dose  
20 inhalers. These are products that really require in-process  
21 testing, qualitative or quality assurance protocols, I just  
22 don't see cuts it here. I mean there are too many things  
23 that can go wrong with, you know, I mean the valve delivery,  
24 the calibration of that. I mean these are things beyond the  
25 scope of compounding pharmacy.



1 DR. ROGERS: Even batch-to-batch variation in  
2 valves is a serious problem.

3 DR. JUHL: I see a hand being raised in the  
4 audience, and although we don't usually allow comment from  
5 the audience, if it is on this particular topic, I would be  
6 happy to entertain a brief comment.

7 If you would identify yourself.

8 DR. ADAMS: My name is Wallace Adams, and I am  
9 with the Food and Drug Administration, CDER.

10 I would like to comment on the issue of the MDIs  
11 and the DPIs just briefly. The Center has spent a lot of  
12 effort in concerning itself with determination of  
13 bioequivalence of metered dose inhalers and dry powder  
14 inhalers, and the recommendations which we have involve both  
15 in vitro and in vivo testing.

16 We have seen a lot of aspects, as Brian Rogers has  
17 talked about this morning, about the critical nature of the  
18 formulation, the materials that go into the product, and in  
19 addition to that, there are in vitro tests.

20 From a bioequivalence standpoint, we do not  
21 believe that in vitro testing only is adequate to assure  
22 these equivalence of two products, and that is to say the  
23 particle size distribution can be the same, the lactose  
24 particle size distribution can be the same, but as was  
25 mentioned, these products are combinations of formulation

1 and device, and it is critical that not only the formulation  
2 be well controlled, but there is the formulation-device  
3 interaction.

4           So, in the case of a solution formulation MDI, not  
5 only must the concentration of the drug in the solution, and  
6 the concentration of the various inactive ingredients be  
7 controlled, but the characteristics of the metering device  
8 are critical, and many firms make these metering valves, and  
9 they would greatly impact the performance of the product.

10           They would the particle size distribution, and  
11 this has direct relevance to the bioavailability. I thought  
12 it was interesting to hear questions or comment about taking  
13 a Ventalin rotocap product or rotohaler product and filling  
14 a different capsule other than Ventalin capsule intended for  
15 the purpose, and using that same device.

16           My suspicion would be that the bioavailability  
17 could be drastically altered by using a formulation  
18 compounded in the pharmacy, and used in that product. Even  
19 if you knew what the particle size distribution is, I am not  
20 sure that you would know what the particle size distribution  
21 of the drug in the innovator product is, and even knowing  
22 that, it is not the particle size distribution determined by  
23 microscopy that is critical so much as aerodynamic particle  
24 size distribution determine by the cascade impactor. This  
25 is not equipment which is available in the pharmacy.

1           This does require, as Brian had indicated,  
2 sophisticated equipment in a well-controlled laboratory.

3           So, there are many aspects to these products,  
4 these combinations of device and formulation which are  
5 critical to the performance of the product, and I think that  
6 we have to be aware, as the discussion has been going this  
7 morning, that these are very complex devices and that in  
8 vitro data alone is not adequate to assure bioequivalence  
9 of the products, but rather we only know that through in  
10 vivo testing, comparative testing.

11           Thank you.

12           DR. JUHL: Thank you.

13           Are there other comments or questions on the  
14 topic?

15           MR. TRISSEL: I will be brief. As I understand  
16 this, it does not include pump sprays nor nebulizers or any  
17 of those kind of other inhalation devices, am I correct?

18           DR. ROGERS: That is true, as being considered at  
19 this point.

20           DR. JUHL: I see the International Academy of  
21 Compounding Pharmacists is represented. Are there comments  
22 that you have on this topic?

23           Would you come to the microphone, please, and  
24 identify yourself.

25           MS. CAPPS: Thank you, Mr. Chairman. My name is

1 Shelley Capps. I am with the International Academy of  
2 Compounding Pharmacists. We have requested, and will  
3 present tomorrow. We do have comments concerning all of  
4 these. We are concerned about the definition, that it is so  
5 broad that it would include some significant compounded  
6 medications, however, there is no compounding being done  
7 currently of the product that has been described here this  
8 morning.

9 DR. JUHL: Thank you.

10 MS. CAPPS: Thank you.

11 DR. JUHL: I assume then that we are ready for the  
12 question, referring to your handout again.

13 Question No. 2. Do you agree that the class of  
14 metered dose inhalers, as described, should be included on  
15 the list of drug products that may not be compounded because  
16 they are difficult to compound properly?

17 Those that agree, would you please signify by  
18 raising your hand?

19 [Show of hands.]

20 DR. JUHL: No opposed.

21 That is unanimous. The committee agrees with that  
22 recommendation.

23 No. 3. Do you agree that the class of dry  
24 powdered inhalers, as described, should be included on the  
25 list of drug products that may not be compounded because

1 they are difficult to compound properly?

2 All those that agree with that recommendation,  
3 please raise your hands.

4 [Show of hands.]

5 DR. JUHL: That, too, is unanimous.

6 We will reconvene at ten minutes after 1:00.

7 [Whereupon, at 11:50 a.m., the proceedings were  
8 recessed, to be resumed at 1:10 p.m.]

A F T E R N O O N S E S S I O N

[1:30 p.m.]

DR. JUHL: Let us resume.

Next on our agenda is the open public hearing. I apologize to our speakers, we are half an hour behind schedule. We won't penalize any of the speakers for our tardiness, but we will assume the full amount of time as necessary for the open public hearing.

We have four speakers who have asked for time and we will see if all are here.

First is Jana Nestlerode who is representing herself to discuss DMPS, if you would like to step to the podium. She has asked for 13 minutes worth of time.

**Open Public Hearing**

MS. NESTLERODE: I have handed out a packet of my information including my remarks today. I don't normally read my remarks, but with 13 minutes I think I had better.

Thank you for the opportunity to address this committee today. I have waited a long time to do this.

My name is Jane Nestlerode. I am a Professor of Criminal Justice at West Chester University in West Chester, Pennsylvania. Before I retired to teaching, I worked in federal and county governments. I know that in that capacity, you are generally overworked and underpaid.

As a government employee, I know the role of

1 entertaining viewpoints and inputs from other people and  
2 that you do so with patience and indulgence, but today I  
3 hope you don't feel that you have to indulge me. I hope  
4 that you will hear me.

5 I was also an Assistant District Attorney in the  
6 Delaware County District Attorney's Office for many years,  
7 and I prosecuted a lot of violent individuals. I knew that  
8 every time I spoke to the jury, what I said mattered. By my  
9 performance, a murdered could go free, to kill again, or he  
10 could be locked up where he couldn't hurt anyone. I was  
11 acutely aware of my responsibilities in that role.

12 But those responsibilities pale in comparison to  
13 the purpose for which I am here today. This may very well  
14 be the most important thing that I do in my entire life.  
15 Dimercapto propane sulfonate (DMPS) is devastating the lives  
16 of too many patients, and this committee has the power to  
17 stop it. I consider this matter urgent. Today, I traveled  
18 here to ask you to withdraw your recommendation of this drug  
19 for inclusion on the List of Bulk Drug Substances That May  
20 Be Compounded by Pharmacists. I made the trip here because  
21 it matters.

22 I am a DMPS survivor. A single injection of DMPS  
23 almost took my life. I went to a doctor recommended by my  
24 dentist for treatment of mild and asymptomatic  
25 hypothyroidism. This doctor ordered a complete blood workup

1 and determined that I had healthy liver, kidney, and immune  
2 functions.

3           Because I had dental amalgams, he wanted to test  
4 my urine for mercury. He told me that he would first have  
5 to inject me with a harmless substance which would make the  
6 mercury show up. I allowed him to inject me, and within  
7 minutes of the injection, I became acutely ill. I spent the  
8 next 13 months trying to recover.

9           I suffered from debilitating physical, cognitive,  
10 and psychological symptoms, consistent with metal poisoning.  
11 My symptoms included nausea to the point where I had to  
12 carry a basin and a towel in my car. I had gnawing stomach  
13 pains, throbbing headaches, joint pain, blurred vision,  
14 sometimes uncontrollable and embarrassing diarrhea, numbness  
15 of the extremities, chest pains, labored breathing, extreme  
16 fatigue, the kind of fatigue that made walking to the  
17 mailbox an enormous effort.

18           In addition, I suffered an inability to  
19 concentrate, short term memory loss to the point where I  
20 couldn't remember where I worked. One morning I struggled  
21 to find some clue as to where I worked, so that I knew where  
22 to go.

23           I experienced severe depression where I would sob  
24 for hours and sometimes days, and I had suicidal ideations.  
25 There were two occasions when I sat with a loaded gun to my



1 head debating whether to pull the trigger.

2 I also suffered frightening psychotic episodes.  
3 At one point my real doctor considered institutionalization.

4 Prior to this injection I had robust health. I  
5 worked out rigorously several times each week and held down  
6 a full time job. I was one of those annoying people who  
7 woke up happy and energetic every day. I had no history of  
8 depression or mental illness.

9 But after the injection of DMPS, I longed for  
10 death. Sleep was my only respite, but the pain would keep  
11 me awake. I listened to audio tapes to take my mind off the  
12 pain that I could drift off to sleep, but as soon as I woke  
13 up, the tears would start because I was back in the hell  
14 that my life had become.

15 I was horrified when I later learned that the  
16 substance that had been injected into me was an unapproved  
17 metal chelator (DMPS), with very serious adverse effects.  
18 It never occurred to me that any doctor would use an  
19 unapproved drug on me.

20 I was not told it was unapproved, nor was I  
21 informed of possible adverse effects. The Commonwealth of  
22 Pennsylvania has since instituted disciplinary action  
23 against this doctor for improper use of injectable drugs,  
24 including DMPS. A copy of a recent Philadelphia newspaper  
25 article about this is attached. I am also instituting my

1 own legal action.

2           Neither the doctor who injected me, or the several  
3 legitimate doctors from whom I subsequently sought help,  
4 knew how to help me. In fact, none of the other doctors had  
5 ever heard of this drug. The occupational health physician  
6 with the University of Pennsylvania had to do research to  
7 learn about it, and still had no idea how to treat me. For  
8 months I lived in despair, not knowing if I would ever  
9 recover. In the end, it was a chemist who saved my life.

10           Heyltex, a subsidiary of Heyl in Germany, is the  
11 primary manufacturer of DMPS in this country. In its  
12 scientific monograph, Heyltex cautions: "DMPS should be  
13 administered parenterally only if oral administration is not  
14 possible."

15           Yet, with the inclusion of DMPS on the list, most  
16 complementary/alternative medicine practitioners are using  
17 this drug by infusion and injection.

18           I actually support certain aspects of alternative  
19 medicine. But as with any group of professionals, there are  
20 good and bad influences. I believe that those advocating  
21 DMPS are setting back the alternative health care movement  
22 by decades, and giving a bad name to competent and  
23 compassionate practitioners in the field. The issue of  
24 whether amalgams cause chronic mercury poisoning is quite  
25 irrelevant to this matter. This is about detoxification if

1 and when such poisoning does occur.

2           At a prior meeting of this committee, someone said  
3 that it was doubtful that doctors would be pulling patients  
4 in off the street to test them for mercury. Well, they are  
5 not yanking them in by the collar yet, but it is close.

6           You see, mercury is considered a "root" in the  
7 alternative practitioners' lexicon, it causes anything and  
8 everything. Patients are being injected with DMPS for such  
9 diverse medical conditions as headaches, sinus infections,  
10 eczema, depression, hypothyroidism, Lyme's disease, and even  
11 carpal tunnel syndrome.

12           In what has become a very lucrative and callous  
13 cottage industry, these practitioners are convincing even  
14 well patients that they are poisoned by their dental  
15 amalgams, and must undergo amalgam replacement and DMPS  
16 detoxification programs.

17           When patients are injured by these programs, they  
18 are often abandoned because these physicians simply don't  
19 know what to do. It is not just quackery; it is the  
20 practice of experimental medicine on unsuspecting and  
21 uninformed patients on a growing scale, and patients are  
22 paying not only large sums of money for essentially  
23 worthless medical care, but they are sometimes suffering  
24 debilitating adverse effects.

25           I believe that this practice violates the spirit,

1 if not the letter, of the Act which requires a prescription  
2 for an identified patient. My sense is that the Act was  
3 designed to give physicians certain latitude in treating  
4 unique patients, not adopting a protocol for every patient  
5 in the practice.

6 As I learned more, I was alarmed at the number of  
7 patients who health had been adversely affected by DMPS.  
8 Like me, none of them had been told that DMPS was an  
9 experimental drug, none had been asked to sign informed  
10 consent forms, and none were warned of possible side  
11 effects. They had been blindsided, just like I had.

12 Because I felt I had to do something to warn  
13 patients of the dangers no one was talking about, I recently  
14 started a web site. It is [www.dmpsbackfire.com](http://www.dmpsbackfire.com). I first  
15 learned all I could about this drug by speaking with  
16 researchers, toxicologists, and biochemists. Those  
17 individuals have no financial interest in this drug and were  
18 appalled at its use for the treatment of chronic metal  
19 poisoning.

20 At the site, I not only inform patients of what I  
21 learn about the dangers of DMPS, but I also offer to post  
22 patient reports of adverse effects. A summary is attached  
23 which includes in from about two dozen patients who received  
24 this drug in oral or parenteral form.

25 When I first started learning about this drug, I

1 was so naive. I thought all doctors, researchers, and  
2 pharmacists told the truth. I thought we were all on the  
3 same page and shared the same goal of patient health. I am  
4 no longer as naive.

5           You are probably all aware that alternative  
6 medical practitioners view the FDA with, if not disdain,  
7 then fear. I have read that fewer than 1 percent of all  
8 adverse reactions to medications are reported to this  
9 agency. Alternative medical practitioners are probably the  
10 least likely to do so. The last thing they want is FDA  
11 scrutiny.

12           And so I have found what I call a conspiracy of  
13 silence regarding the adverse effects of this particular  
14 drug. Indeed, the president of a large compounding pharmacy  
15 wrote to me at the web site and said, "Shame on you for  
16 suggesting your readers use Medwatch."

17           He went on to tell me to, "get my facts straight,"  
18 that DMPS is now approved by the FDA and that the DMPS  
19 challenge test is "backed by our federal government."

20           A researcher told me that she had never never  
21 heard of an adverse reaction to DMPS. I believed her until  
22 I communicated with one of her patients. He suffered severe  
23 adverse effects from her infusions of DMPS and had been very  
24 vocal to her in his complaints. He left her clinic and  
25 never returned, and no one from the clinic ever asked why.

1 I attended a conference at which a doctor claimed  
2 to never have heard of an adverse reaction to DMPS. It was  
3 becoming a tiresome refrain. Later, I was given a copy of a  
4 letter this same physician had written on behalf of a  
5 patient who had become disabled from a single injection of  
6 DMPS.

7 In that letter, he actually coined the term  
8 "backfire" with regard to this drug. A vice president of a  
9 prominent midwestern laboratory told me off the record that  
10 I would never find an expert to testify about the dangers of  
11 DMPS in my potential malpractice lawsuit because those in  
12 the alternative health field would never testify against a  
13 colleague. It is indeed a conspiracy of silence.

14 It is clear to me that the motive behind the  
15 advocacy of DMPS is not patient health. It is profits. It  
16 is estimated that 180 million Americans have amalgam  
17 fillings. With mercury as a possible cause of just about  
18 any minor or major medical condition, the potential market  
19 is huge. One doctor confided to me that he had increased  
20 his profits by 300 percent in one year by DMPS therapy to  
21 his repertoire. Another physician stated that he has  
22 increased his yearly income into seven digits thanks to the  
23 new DMPS protocols.

24 The protocols do tell the tale. The typical one  
25 involves intravenous administration of DMPS to just about

1 any patient who walks in the door. Indeed, the doctor who  
2 injected me refused to treat a patient because he declined a  
3 DMPS challenge test.

4 Because DMPS oxidizes quickly, it is a free  
5 radical generator, so doctors require patients to return in  
6 a few days for intravenous vitamin C. Because DMPS will  
7 also deplete essential minerals, the patient must return a  
8 third time for intravenous mineral replacement.

9 This trio of IV's is repeated for weeks, months,  
10 sometimes years. For each of these individual intravenous  
11 treatments, patients are charged from \$100 to \$300. I have  
12 patients telling me that they have spent tens of thousands  
13 of dollars for these protocols, and only one has ever told  
14 me that he thought his health had benefitted from it. The  
15 physician profits are simply enormous.

16 It is quite interesting that the protocol for use  
17 of DMPS is by infusion or injection. I have heard that the  
18 preparation of the powder for parenteral use is quite  
19 tricky. It must be done under nitrogen and the ampule must  
20 be topped with nitrogen.

21 To avoid contamination, the DMPS cannot come into  
22 contact with metal during processing, and the ampule cannot  
23 have a metal cap. I am sure a scientist could explain to me  
24 how a metal needle is then used to inject this drug.

25 Besides the summary of patient reports, I have

1 attached a June 27th, 2000 report from a Canadian  
2 toxicologist, Dr. Albert Nantel. This report documents the  
3 adverse effects of DMPS that he witnessed from its oral  
4 administration to 33 patients being treated for acute  
5 arsenic poisoning.

6 Dr. Nantel observed eight patients suffering from  
7 erythema multiforme, four of whom required hospitalization.  
8 Two were released after several days of intravenous  
9 cortisone, but as of the date of the report, two were still  
10 hospitalized with Stevens-Johnson syndrome.

11 One patient suffered bullous lesions of the upper  
12 extremities, and the other suffered severe ulcerations of  
13 all mucous membranes. For the adverse effects from DMPS,  
14 ten patients, or 30 percent, required medical intervention,  
15 and four, 12 percent, required hospitalization.

16 I have also been told that at least two cases of  
17 Stevens-Johnson syndrome from the administration of DMPS  
18 were reported in London, England in the late 1980's. It is  
19 my hope that the FDA will investigate this allegation as  
20 part of its review of this drug.

21 Because they were not accessible from the FDA web  
22 site, I have included with my information three letters sent  
23 in opposition to the inclusion of DMPS on the list. Two are  
24 mine, the other is from Dr. Steven Marcus, a toxicologist,  
25 who is the Executive Director of the New Jersey Poison



1 Information and Education System. Dr. Marcus refers to the  
2 inclusion of DMPS on this list as a "terrible injustice" to  
3 the consumers and the patients of this country."

4 I have come to know that this drug is very  
5 dangerous. Its availability to qualified toxicologists in  
6 cases of acute poisoning by means of an investigative New  
7 Drug Application is appropriate. Its inclusion on the list  
8 is not. I say this not only because I believe DMPS to be an  
9 unusually dangerous drug, but because chemists and  
10 toxicologists have told me that DMSA, dimercaptosuccinic  
11 acid, a drug already approved by the FDA, is comparably  
12 effective and much safer.

13 DMPS is simply not necessary in an effective  
14 program of detoxification for properly diagnosed chronic  
15 metal poisoning and it carries substantial risks of adverse  
16 effects. But, of course, there is a problem with DMSA. It  
17 is used in oral form, and there is not much profit for the  
18 physician.

19 This Tuesday night, night before last, I was asked  
20 to telephone a young woman I will call Jennifer. She was  
21 suffering from what I now refer to as a DMPS backfire. We  
22 spoke for four and a half hours, and her story was  
23 heartwrenching. It all began two years ago.

24 She was in excellent health, but had been having  
25 migraine headaches after being in a car accident. To treat

1 the migraines, her physician began injecting her head, neck,  
2 and face with a combination of DMPS and procaine.

3           Within a few weeks of treatment she was unable to  
4 defecate or urinate and became extremely bloated. She said  
5 her digestive tract just shut down. Her liver and kidney  
6 tests revealed substantial impairment. She began having  
7 heart palpitations and her headaches intensified.

8           Within a short time her hair and skin turned gray.  
9 The ringing in her ears is so severe that she can no longer  
10 hear the rain and she can't hear her beloved bird sing. She  
11 is so disabled and fatigued that she is essentially  
12 housebound. After reading the results of her lab tests, her  
13 new doctor doesn't know how she has survived. Indeed, she  
14 refers to herself as "the walking dead."

15           This committee is in a powerful position to affect  
16 patients' lives. The facility with which DMPS was placed on  
17 this list was frightening to me. I believe that this  
18 committee has been misled as to the "safety" of DMPS, and in  
19 light of this information, I ask you, no, I don't ask you, I  
20 beg you, to withdraw your recommendation of this very  
21 dangerous drug.

22           Thank you and I am willing to answer any questions  
23 here or later.

24           DR. JUHL: Thank you for coming to talk to us.

25           Are there questions or comments from the

1 committee?

2 MS. NESTLERODE: Thank you for hearing me.

3 DR. JUHL: I am sorry. Go ahead, Sarah.

4 DR. SELLERS: It was just a general question, not  
5 necessarily for you. But is this something that the FDA can  
6 look into?

7 MS. AXELRAD: Yes. We have the comment letters on  
8 the rule, and we will certainly take your remarks into  
9 account when we decide whether to put it on the list.

10 MS. NESTLERODE: Thank you very much.

11 DR. JUHL: Refresh my memory, but I think the  
12 basis for our discussion about this drug was as an antidote  
13 for real mercury poisoning, wasn't it?

14 MS. AXELRAD: Right.

15 DR. JUHL: That was our consideration. That was  
16 the only information that we had at that time?

17 MS. AXELRAD: Right, and I believe it is used in  
18 Europe for actual metal poisoning there.

19 MS. NESTLERODE: Yes. Heyl is the primary  
20 manufacturer out of Berlin, and they say that parenteral use  
21 should be used only in acute poisoning cases. It is being  
22 used widespread by psychiatrists, by doctors, by dentists  
23 now for everything because mercury poisoning causes  
24 everything.

25 MS. AXELRAD: One thing we can do is review the

1 literature to see whether the literature, in fact, limits  
2 its use to oral use or suggests safety issues associated  
3 with parenteral use, because one of the things that we did  
4 for some of the other drugs on the bulks list was limit it  
5 to a particular type of use where we felt there were safety  
6 concerns with other kinds of administration.

7 DR. JUHL: I do see a letter in here, although the  
8 top of it is cut off, but I think it is from the New Jersey  
9 Poison and Information system, Dr. Steven Marcus. In his  
10 letter, he suggests that the drug is available by emergency  
11 IND, and I think you had mentioned that, as well, which  
12 would be apparently an alternative route for availability  
13 for those cases that truly need it, so there may be an  
14 alternative way that we can accommodate both its legitimate  
15 need and be able to diminish its illegitimate need.

16 MS. NESTLERODE: I would agree with that. I agree  
17 with Dr. Marcus that in acute poisoning, the IND method is  
18 appropriate and necessary.

19 What has happened now with its inclusion on the  
20 bulk drug list is that its proponents are telling everyone  
21 that it is an approved drug. It has become used more  
22 widespread. I am getting more reports at my web site. I am  
23 fearful of the increase in the human carnage that is coming  
24 with this.

25 Thank you.

1 DR. JUHL: Thank you.

2 If we then could have an update of your findings  
3 at our next meeting or an interim if you have something  
4 sooner than that, we would appreciate that.

5 Other questions or comments on this topic by the  
6 members of the committee?

7 MR. RUSHO: The director of our Poison Control  
8 Center has forwarded the E-mails on this topic, and there is  
9 a lot of traffic on this. The Poison Control Centers, I can  
10 tell you are very upset about the approval of the drug on  
11 the list.

12 MS. AXELRAD: Dr. Juhl, can I ask the committee,  
13 do they have any feelings or information with regard to  
14 whether it is safe if used orally as opposed to  
15 parenterally, whether there is some legitimate use for this  
16 with an oral capsule or a tablet as opposed to parenteral?

17 DR. JUHL: I don't know that anyone on the  
18 committee is prepared with additional information.

19 MR. TRISSEL: Maybe you could refresh my memory.  
20 The committee looked at whatever was presented to it in the  
21 way of toxicity information originally, and I have  
22 absolutely no recollection of that at this time of what was  
23 presented, but it must not have been a striking number of  
24 cases, and it sounds like there are more out there than had  
25 been identified.

1 Will the agency be following up, can they get case  
2 reports for some of these people?

3 MS. AXELRAD: We can certainly look at our  
4 databases to see if we have any adverse event reports in the  
5 system concerning this product.

6 DR. JUHL: It sounds like the poison center  
7 database would be another place to search.

8 MS. AXELRAD: We can look at that.

9 DR. SASICH: May I make a comment to what Jane  
10 just said?

11 DR. JUHL: Dr. Sasich, would you identify  
12 yourself?

13 DR. SASICH: Oh, excuse me. Larry Sasich,  
14 pharmacist with Citizen's Health Research Group.

15 I checked the FDA's database for DMPS reports, and  
16 there are none in the current database.

17 MR. TRISSEL: Then, you will have to go outside  
18 the database to find that.

19 MS. AXELRAD: We will look at the Poison Control  
20 database.

21 DR. SASICH: Janet just raised an important point.  
22 If it is not approved drug in the United States and it gets  
23 reported to the FDA associated with an adverse drug event,  
24 where does it go?

25 MS. AXELRAD: I think we might have some reports

1 in the system of even of unapproved drugs, yes, we would get  
2 something like that possibly.

3 DR. JUHL: Other comments or questions?

4 [No response.]

5 DR. JUHL: Our second speaker is Larry Sasich, who  
6 was just at the podium. I would like to ask you to return.  
7 Larry Sasich has asked for eight minutes worth of time.

8 DR. SASICH: Good afternoon. As the FDA I am sure  
9 is aware, and perhaps the Advisory Committee members are  
10 also aware, that Public Citizen has long been opposed to the  
11 pharmacy compounding provisions of the Food and Drug  
12 Administration Modernization Act.

13 These anti-scientific provisions of the law permit  
14 compounding pharmacists to conduct an "end run" around the  
15 FDA's drug approval process. They have opened the door for  
16 unethical pharmacists to abuse a professional privilege  
17 granted to them by the public and to perpetrate the quackery  
18 that now goes on, for all practical purposes, unrestrained,  
19 as we have just seen.

20 Given the few options available to this committee  
21 and the FDA within the pharmacy compounding provisions of  
22 FDAMA, we do support the science-based approach taken by the  
23 agency in its concept paper on developing a list of drugs  
24 that cannot be compounded by pharmacists.

25 Clearly, Congress was concerned about the safety

1 and effectiveness of drug products compounded by pharmacists  
2 when it said in FDAMA that the FDA has the responsibility to  
3 identify and place on a list of drugs that cannot be  
4 compounded any product that, "presents demonstrable  
5 difficulties for compounding that reasonably demonstrate an  
6 adverse effect on the safety or effectiveness of that  
7 product."

8           The FDA's approach in developing the list has been  
9 to include certain categories of drugs that are  
10 sophisticated final finished dosage forms and whose  
11 production is technologically complex or requires highly  
12 specialized facilities and trained personnel. This is  
13 scientifically sound, it's intuitive, and within the common  
14 and legal definition of a drug.

15           Science-based regulation has evolved over the past  
16 century with the purpose of preventing avoidable harm to  
17 patients. History and science have taught us that waiting  
18 for a tragedy to materialize before taking regulatory action  
19 needlessly harms patients. Primary prevention, in the form  
20 of enforceable regulations, has always been the best  
21 approach to protecting the public from avoidable  
22 drug-induced injury and death.

23           Any suggestion that the safety of  
24 pharmacy-compounded products is proven because there have  
25 been few reports of serious adverse events is clearly



1 absurd. The FDA's postmarketing adverse event reporting  
2 system does not and cannot identify all instances of harm to  
3 patients from prescription drugs, let alone those from  
4 compounded ones, and this system does not have the  
5 sensitivity to detect a negative impact on patient survival  
6 from the drugs that patients receive.

7           Compounding pharmacists are well aware that they  
8 are under no regulatory requirement to report adverse events  
9 that are associated with the use of their products. Their  
10 financial self-interest makes it even more likely that they  
11 will not report these adverse events.

12           Public Citizen agrees that transdermal delivery  
13 systems, metered dose and dry powder inhaler products must  
14 be placed on the list of drugs that are demonstrably  
15 difficult to compound.

16           We also agree that it should not only be  
17 appropriate, but mandatory, to include all sterile products  
18 that are not compounded in accordance with Chapter 1206 of  
19 the United States Pharmacopeia, on the list, with one  
20 exception.

21           We do not agree that the procedures described in  
22 Chapter 1206 for compounding sterile products from  
23 non-sterile bulk drug substances, even if these procedures  
24 could be enforced, would ensure the safety or effectiveness  
25 of these products. We believe that it is essential that all

1 sterile drug products that are compounded from non-sterile  
2 bulk drug substances be on the list.

3           We have particular concerns about the preparation  
4 of sterile products. Our objection is due in part to a  
5 study cited in the FDA's concept paper that evaluated the  
6 sterility and concentration of 100 samples of 1 percent  
7 pilocarpine eye drops. Of the 100 samples, 66 were prepared  
8 by local pharmacies and 34 were prepared by FDA-regulated  
9 manufacturers.

10           Of the 66 solutions prepared by local pharmacies,  
11 52 or 79 percent were contaminated with bacteria or fungi or  
12 both, whereas only one of 34 or 3 percent of samples  
13 prepared by regulated manufacturers were contaminated. This  
14 result is chilling and it will be repeated more often as a  
15 result of the irresponsible action of Congress in passing  
16 the pharmacy compounding provisions of FDAMA.

17           Chapter 1206 of the USP provides two examples of  
18 high-risk sterile products intended for IV injection that  
19 can be produced from non-sterile bulk drug substances,  
20 morphine and total parenteral nutrition solutions. Because  
21 these products are readily available in a variety of  
22 formulations, we can conceive of no medical reason why they  
23 should be compounded from non-sterile bulk drug substances.

24           Morphine injection is available from numerous  
25 FDA-regulated manufacturers in a large number of varying

1 concentrations including preservative-free morphine  
2 injection.

3           TPN solutions, including dextrose solutions,  
4 vitamins, and trace elements that may be needed to meet the  
5 individual requirements of a patient are available as  
6 sterile products for injection from a number of  
7 FDA-regulated manufacturers.

8           Public Citizen is unable to conceive of a  
9 legitimate medical scenario in which the benefits to a  
10 patient from compounding an injectable product from a  
11 non-sterile bulk drug substance would outweigh the risks.  
12 This is particularly true if the compounded product is  
13 intended to be used in a setting other than an organized,  
14 professionally staffed health care facility.

15           In addition to the products just mentioned, we  
16 urge the FDA to include in the list of drug products that  
17 present demonstrable difficulties in compounding the  
18 following categories of drugs: all sustained or  
19 time-release dosage forms, re-flavored antibiotics that  
20 according to their FDA-approved labeling require  
21 reconstitution by a pharmacist at the time of dispensing,  
22 and enteric-coated products. All products intended fro  
23 sublingual use should also be considered for listing.

24           An article appearing in the September-October 1998  
25 issue of the International Journal of Pharmaceutical

1 Compounding, a trade publication of the International  
2 Academy of Compounding Pharmacists, concerning the  
3 compounding of TPN solutions from non-sterile bulk  
4 substances plainly reveals that the motive for compounding  
5 these solutions is not the health and welfare of patients.  
6 It is instead, in substantial part, financial.

7 I would like to read this brief paragraph.

8 In an effort to eliminate the threat of product  
9 shortfalls and remain competitive with home infusion  
10 companies that were divisions of amino acid solutions  
11 manufacturers, HHCA, which is a home health care company,  
12 refined and developed this compounding method. The company  
13 determined that compounding TPN solutions using bulk drug  
14 substances would be the first step towards full vertical  
15 integration and decreased costs.

16 That concludes my comments, and I thank you very  
17 much for your attention.

18 I just have one observation about your earlier  
19 discussions today. There is an old word that when I was a  
20 real pharmacist that we used to use when we took  
21 FDA-approved sterile products and manipulated them in an  
22 aseptic manner and under environmentally "conditions," and  
23 we called this admixing, not compounding.

24 I think it might be easier in your discussions if  
25 you make the distinction between sterile products that are

1 FDA-approved and manipulated properly and bulk drug  
2 substances that are prepared from non-sterile, excuse me,  
3 sterile products that are prepared from non-sterile bulk  
4 drug substances. Only as a suggestion. It was very  
5 difficult for me to follow the conversation this morning.  
6 It seems you were jumping back and forth between two  
7 different types of products, FDA-approved products and  
8 non-approved FDA products.

9 I would be happy to answer any questions.

10 DR. JUHL: Thank you very much.

11 Questions or comments?

12 [No response.]

13 DR. JUHL: I think we will take up those topics  
14 tomorrow, but I would appreciate it, when we get to that  
15 tomorrow, if anyone on the committee could response to his  
16 challenge of a legitimate medical scenario where there is a  
17 need for bulk drug substances used in TPN or in preparation  
18 of a preservative-free or otherwise morphine.

19 We had reserved some time for Susan Guzzo, but I  
20 don't believe she is here. I think we may have  
21 miscommunicated with each other on which day she was going  
22 to appear, and we will provide time tomorrow.

23 Shelley Capps of the International Academy of  
24 Compounding Pharmacists has asked for a couple of minutes.

25 MS. CAPPS: I really just have a question and

1 appreciate the opportunity to pose it.

2 Will the committee reconsider some of the  
3 decisions that it has made once it hears all of the public  
4 comments, because we are not scheduled to speak until  
5 tomorrow, and many of the things that we are talking about  
6 have been addressed today, so it would seem essentially, our  
7 comments would not be important to the recommendations that  
8 are being made by the committee unless we are given an  
9 opportunity to speak, and then I guess recommendations could  
10 be reconsidered.

11 DR. JUHL: That is why I wanted to make sure that  
12 you had the opportunity to speak on the earlier discussions  
13 that we had. Is there other information on metered dose  
14 inhalers?

15 MS. CAPPS: Our fundamental concern is actually  
16 the law, the language in the law. It specifically says that  
17 a drug product should be considered demonstrably difficult  
18 and does not talk about complete categories of drug  
19 products.

20 So, looking at broad-sweeping categories, this  
21 morning I felt like it was very specific, you got down to  
22 the canisters, and that is probably okay, but as we move  
23 into these other broad categories, there is great concern  
24 and I don't -- that is not what Congress intended. It says  
25 four times in that demonstrably difficult clause that a drug

1 product should be considered, and FDA's own definition of a  
2 drug product is a finished dosage form, for example, tablet,  
3 capsule, solution, et cetera, that contains an active drug  
4 ingredient generally, but not necessarily, in association  
5 with inactive ingredients. The term also includes a  
6 finished dosage form that does not contain an active  
7 ingredient, but is intended to be used as a placebo.

8           So, that clearly defined a drug product, and that  
9 is the term that is used in legislation. So, that is our  
10 fundamental concern with the approach that this committee is  
11 taking, and if you find that valuable, then, maybe some of  
12 the recommendations that you have made would need to be  
13 reconsidered.

14           DR. JUHL: I appreciate that. I think that is a  
15 valid question to be asked, however, it is a question of law  
16 and interpretation, not one of scientific or professional  
17 practice, which is what I view this committee's prerogative  
18 to be.

19           Obviously, if the attorneys determine that your  
20 interpretation is better than their interpretation, then,  
21 that would require the committee to reconsider their  
22 decisions on these things, too, but at this point, I think  
23 my choice is not to engage the committee in a discussion of  
24 law. We are not prepared for that. Technically speaking,  
25 we are a scientific advisory committee.

1 MS. CAPPS: Okay.

2 DR. JUHL: But that is not to say you can't make  
3 your case on the topic tomorrow either.

4 MS. CAPPS: Oh, we certainly will, yes.

5 DR. JUHL: Okay.

6 MS. CAPPS: Also, I would love to claim for the  
7 International Academy of Compounding Pharmacists the  
8 International Journal of Pharmaceutical Compounding, but it  
9 is not our trade journal. So, I just wanted to make that  
10 clarification.

11 Thank you.

12 DR. JUHL: Thank you for the clarification.

13 Comments or suggestions on the Academy's comments?

14 [No response.]

15 DR. JUHL: Is there anyone else in the audience  
16 who would like to avail themselves of the opportunity to  
17 make a presentation to the committee?

18 [No response.]

19 DR. JUHL: Seeing none, we will move forward with  
20 the next topic on our agenda.

21 We will continue with our Demonstrably Difficult  
22 to Compound discussion. The next topic is Transdermal  
23 Delivery Systems. Dr. Vinod Shah and Dr. Amit Mitra, both  
24 of CDER.

25 Welcome.



1                   **Demonstrably Difficult to Compound (Continued)**

2                   **Transdermal Delivery Systems**

3                   DR. SHAH: Thank you, Chairman, and I want to  
4 thank the committee for giving us this opportunity to  
5 discuss the difficulties of compounding especially the  
6 transdermal drug delivery system.

7                   [Slide.]

8                   What I will be talking today is primarily the  
9 system which is coming out as a patch, and I will not be  
10 discussing the areas of other types of skin delivery system,  
11 drug delivery system called the iontophoretic drug delivery.  
12 So, that is not going to be discussed today, it is only  
13 discussing the transdermal drug delivery system, so I just  
14 want to make that differentiation between the two types of  
15 products which are available for skin drug delivery.

16                   [Slide.]

17                   The transdermal drug delivery system is a  
18 self-contained discrete dosage form. It delivers the drug  
19 through intact skin at a controlled rate into the system  
20 circulation. Also, it delivers the drug at the controlled  
21 rate through the skin where the skin or the membrane are the  
22 controlling drug delivery factors.

23                   [Slide.]

24                   The transdermal system is a sophisticated complex  
25 delivery system difficult to formulate. It requires

1 specialized manufacturing process and the equipment.

2           It is formulated to meet specific  
3 biopharmaceutical and functional characteristics. The  
4 materials of construction, how to make a transdermal system,  
5 the configuration and the combination of the drug with the  
6 proper cosolvents, excipient, penetration enhancers, and  
7 membranes are carefully selected and matched to optimize  
8 adhesive properties and drug delivery requirements in the  
9 transdermal drug delivery system.

10           The system is also formulated to deliver the drug  
11 at an optimized rate into the systemic circulation, so that  
12 it should adhere to the skin surface for the expected  
13 duration of time. For example, in some cases, it may be for  
14 a day or in some cases it may be a week, seven days. So,  
15 the transdermal system should stick to the skin for the  
16 expected length of time, and should not cause any skin  
17 irritation or sensitization reactions when it is being used.

18           [Slide.]

19           There are four different major types of the  
20 transdermal drug delivery systems. One is called the liquid  
21 reservoir patch where the drug is in solution or suspension,  
22 and it is kept between the backing layer and the rate  
23 controlling membrane.

24           The other type of the system is called the drug in  
25 adhesive patch where the drug is dispersed in adhesive, and

1 it is in direct contact with the skin where it delivers the  
2 drug.

3 The other system is called the polymer matrix  
4 patch where the drug is kept in solution or suspension, and  
5 it is dispersed within a polymer.

6 The last type is a polymer laminate matrix patch  
7 where the drug is dispersed in adhesive in multi-layers  
8 separated by the membranes.

9 The following slide just shows you an example of  
10 the different type of the membranes and the compositions as  
11 to how these patches are being prepared.

12 [Slide.]

13 It is important to keep in mind that we need these  
14 types of sophisticated membranes and the drug dispersions  
15 for the appropriate drug delivery into the skin.

16 [Slide.]

17 Now, we have considered seven different factors to  
18 see whether the drug product could be manufactured or not.  
19 So, the factors considered to show that the products are  
20 demonstrably difficult to compound are the drug delivery  
21 system itself, the drug formulation and consistency, the  
22 bioavailability of the dosage form, and also the complexity  
23 of compounding, facilities and the equipment needed to  
24 manufacture such patches, the training needed to make such  
25 patches, and the testing and the quality assurance aspects.

1           These are the seven factors that we have  
2 considered in evaluating the transdermal dosage form. The  
3 first three factors, the drug delivery system, formulation  
4 and consistency, and the bioavailability will be discussed  
5 by me. After that, Dr. Amit Mitra will come on the podium  
6 and will discuss the other three factors, which is the  
7 complexity of compounding, facilities and equipment,  
8 training, and then I will come back and give you my  
9 concluding slides.

10           [Slide.]

11           Now, the drug delivery system, as indicated  
12 before, each transdermal system is optimized to deliver the  
13 drug at the desired rate into the systemic circulation. The  
14 components are selected based on the physicochemical and  
15 pharmacological properties of the drug to optimize the drug  
16 penetration rate.

17           The variability in the component mixture or  
18 manufacturing process may not ensure adequate  
19 biopharmaceutics quality of the product.

20           Appropriate quality control measures and the  
21 stability of the formulations are essential to ensure dosing  
22 accuracy and reproducibility. It is important to make sure  
23 that each product, each dosage form one after the other will  
24 have the same type of properties, and it will deliver the  
25 drug at the same rate.

1 [Slide.]

2 The drug formulation and the consistency. The  
3 proper formulation is essential again to provide the  
4 consistency and the reproducible drug delivery. Components  
5 of the formulation, which includes the vehicle, the  
6 penetration enhancers or surfactant and adhesives must be  
7 adequately tested and studies for compatibility. You cannot  
8 just take a few components, try to mix it, it may be  
9 incompatible. So, those things need to be studied before it  
10 is being used.

11 These components affect the release rate of the  
12 drug and adherence of the device to the skin, which is the  
13 essential for efficacy of the drug product.

14 [Slide.]

15 The other factors are the vehicle selection is  
16 very important. A vehicle that optimally delivers one drug  
17 substance may not be appropriate for delivery of a different  
18 drug substance.

19 Vehicles can grossly affect the drug  
20 bioavailability and influence the clinical outcome of the  
21 drug.

22 [Slide.]

23 Drug formulations and consistency. The adhesive  
24 selected should provide good skin contact over the total  
25 area of application for entire duration to ensure adequate

1 drug delivery.

2 Interactions with all the components including  
3 skin irritation and sensitization need to be evaluated to  
4 ensure dosing accuracy and reproducibility.

5 [Slide.]

6 From the biopharmaceutics point of view, it is  
7 important to ensure that the product effectiveness, the rate  
8 and extent of drug delivery, the pharmacokinetic  
9 reproducibility, and the optimization of application site  
10 with the formulations are really evaluated before the  
11 transdermal drug delivery system is being introduced. These  
12 are the factors which are being studied extensively before a  
13 formulation is being approved.

14 [Slide.]

15 The bioavailability aspects. Appropriate  
16 biopharmaceutical properties of the transdermal drug  
17 delivery system is most vital to deliver the drug at  
18 optimized rate for therapeutic effectiveness of the drug  
19 product.

20 Lower rates of delivery may result in ineffective  
21 drug concentrations, and higher rates of drug delivery may  
22 result in toxic and adverse reactions.

23 The optimized formulation with adequate adhesive  
24 properties at the site of application are important to  
25 assure reproducible bioavailability and drug effectiveness.

1 These transdermal delivery systems are generally replacing  
2 the orderly administered drugs at different time intervals.  
3 Once a transdermal system is applied, it is being kept maybe  
4 in some cases up to five to seven days, or three days, and  
5 the drug concentrations are maintained. They are maintained  
6 at the constant level profile, and that is really essential  
7 to have the product efficacy.

8           If the rate infiltrate is varied or changed, those  
9 levels will be varied, and the patient may not have a  
10 constant therapeutic effect, and therefore, the proper rate  
11 input is essential for the product quality and effectiveness  
12 to assure that.

13           I think at this stage, Dr. Amit Mitra will be  
14 coming, and he will be talking about the three other factors  
15 before I come back to the last conclusions of the quality.

16           DR. MITRA: Thank you, Vinod.

17           [Slide.]

18           As Dr. Shah mentioned, there are several types of  
19 transdermal products. There are three major types that we  
20 have seen in both my industrial career, as well as in the  
21 FDA - drug in adhesive, drug in reservoir with a membrane,  
22 and drug in matrix with adhesive overlay.

23           The third one, it dropped off because of the size  
24 disadvantage, and now these two categories, that is what we  
25 see.

1 [Slide.]

2 Of the component and composition, of course, there  
3 is an active moiety, and the active moiety, it could be a  
4 new molecular entity or a compendial item, and since a lot  
5 of these transdermal products, they are not new molecular  
6 entities, these are relating to the different type of dosage  
7 form. Therefore, these are compendial.

8 These are pressure sensitive adhesive, solvent,  
9 penetration enhancer, backing, and release liner. On top of  
10 that, the drug in reservoir formulation would have a  
11 membrane, and I will go into the functionality of each one  
12 of those and why those are important.

13 The third show would show you the schematic of  
14 these. There are five components in the drug in reservoir.  
15 Going from the back, there is a backing here, and then there  
16 is drug in the reservoir form with penetration enhancer and  
17 solvent, and then there is a rate controlling membrane on  
18 top of that, and, of course, the adhesive has to be there,  
19 so that the product can be sticking to the skin. There is a  
20 peel-up release liner for this type of product.

21 For the drug in adhesive, it is simpler. There  
22 are three components. There is the backing portion, there  
23 is drug into solution, adhesive formulation, and then there  
24 is a peel-up release liner.

25 [Slide.]



1           As I mentioned earlier, the functional components  
2 are adhesive, penetration enhancer, backing, release liner,  
3 and membrane. I will go into each of them in detail, what  
4 they are composed of, and why they are difficult to control.

5           The adhesives are made out of either silicon or  
6 acrylate or rubber-based polymers. These adhesives would  
7 have to maintain a skin contact for long period of time,  
8 either one to seven days as Vinod mentioned.

9           The penetration enhancer and the backing, the  
10 penetration enhancer has to be compatible with the adhesive,  
11 as well as the active component will have to be compatible  
12 with it.

13           The companies employ technical staff to determine  
14 the suitability of the pressure sensitive adhesives and the  
15 penetration enhancers. It is a very costly process, and the  
16 penetration enhancer itself is responsible for the  
17 penetration enhancement.

18           What we have seen, there are penetration enhancers  
19 like ethanol, which is fairly pure, but there are  
20 penetration enhancers which are like surfactants, which is a  
21 combination of various different components.

22           For characterization of this type of ingredients,  
23 high performance liquid chromatography is necessary to  
24 maintain the consistency in the product performance.

25           The backing is a functional component. The

1 surface of the backing has to be characterized and carefully  
2 evaluated. The corona treatment is a process where an  
3 electrostatic charge is placed on the backing to make it  
4 adhere to the adhesive.

5 With proper characterization and quality control,  
6 the performance of the product would not be achieved. The  
7 release liner has, even though it looks simple, but it has a  
8 functional property to release easily, so that the patient  
9 can take it off and apply the patch quickly.

10 For the drug in reservoir type systems, the  
11 membrane permeability is very important, whereas, the  
12 porosity and the gurley properties of the membrane, in a  
13 sense determine the permeability of the membrane is  
14 important. Without that, the drug would not be delivered at  
15 the proper rate.

16 Ultimately, the pouch is a configuration which is  
17 used for storing these transdermal products, and especially  
18 important for the products components like ethanol. These  
19 components, as I mentioned before, like penetration  
20 enhancers, those enhancers, the penetration rate through the  
21 skin, and if it is not stored properly in a safe manner, the  
22 ethanol is going to evaporate off and we wouldn't get the  
23 efficacy we need.

24 [Slide.]

25 The facilities and the equipment. The facilities

1 involve the installation of the following equipments, like  
2 mixer, dryer, coater-laminator, Slitter, die cutting, and  
3 the pouching equipment.

4           For mixer, usually, the high shear mixer is used  
5 for proper uniformity of the active and the penetration  
6 enhancer in the system. The coater and laminator can be  
7 purchased from outside vendor, however, there is a drying  
8 step involved, which needs installation of an  
9 explosion-proof oven, because of the fact that there are  
10 volatile components involved, and which could be explosive  
11 in nature.

12           Because of the problem associated with  
13 installation of both vacuum processor as well as the dryers,  
14 it is difficult to install in a non-industrial setting.

15           For proper ventilation of the solvent, we need the  
16 ventilation of solvents like hexane, toluene, heptane, ethyl  
17 acetate, which are fairly toxic, and also the pressure  
18 sensitive areas has a small concentration of monomers and  
19 which are fairly toxic, and those have to be ventilated.

20           It is essential that the facilities used have  
21 adequate space to install the equipment and that individuals  
22 with sufficient engineering knowledge and the training be  
23 utilized.

24           [Slide.]

25           The hazard involved, for storage of adhesives and

1 solvents, special solvent cabinets for explosion-proof  
2 solvents are necessary, and as I said earlier, these are  
3 part of the formulation which are operated up. Since  
4 flammable solvents are driven off during the preparation of  
5 the laminate, installation of the explosion-proof oven is  
6 necessary. Moreover, ventilation of the solvents and  
7 monomers are of utmost importance for safety reasons. In  
8 certain areas, the workers need to be put on respirators to  
9 avoid exposure to solvents.

10 [Slide.]

11 As far as the quality control of the finished  
12 product, these are the attributes that are tested - content  
13 of the drug, active drug, which is 90 to 110 percent as a  
14 limit, and assay of the penetration enhancer, and high  
15 performance liquid chromatography is used for determining  
16 the content of the drug of penetration enhancer.

17 The content uniformity, the criteria should meet  
18 USP 905. For release rate, several USP apparatus,  
19 recommended apparatus, App 5, 6, and 7, so installation of  
20 this equipment and proper training of the staff to run this  
21 equipment is necessary, along with an HPLC apparatus, and  
22 the staff to run this equipment is necessary.

23 For residual solvents and residual monomers, since  
24 they are toxic, irritating, or sensitizing, GC is  
25 recommended for monitoring those.

1           The microbiology, it's a non-sterile product. We  
2 ask for total aerobic and mold count, and also absence from  
3 objectionable microorganisms.

4           Finally, there is a pouch integrity test, as I  
5 mentioned earlier. The pouch is where the transdermal drug  
6 is stored, and if a volatile component is there, you have  
7 got to make sure that the pouch is sealed in a way that the  
8 solvent doesn't evaporate off.

9           With that, I will have Dr. Shah make the  
10 preliminary conclusion for FDA.

11           DR. SHAH: Well, we just heard the importance of  
12 testing and the quality assurance from product to product,  
13 from one patch to the next patch, and that is very essential  
14 to assure that the product effectiveness would be maintained  
15 when it is being applied.

16           [Slide.]

17           With these seven factors now then already  
18 considered, our preliminary findings suggest the following:  
19 difficulties in compounding results from the following  
20 characteristics and requirements.

21           The transdermal drug delivery systems are  
22 sophisticated and complex. It requires extensive experience  
23 to develop a product that can ensure dosing accuracy and  
24 reproducibility.

25           Sophisticated equipment and facilities are needed

1 to ensure proper compounding of the transdermal drug  
2 delivery systems.

3           Sophisticated technical training is essential to  
4 ensure the proper compounding of the TDS products, and also  
5 again sophisticated, difficult to perform testing of the  
6 compounded product is required to ensure product-to-product  
7 uniformity from one batch to the other batch, potency,  
8 purity, and quality of the drug product prior to the  
9 dispensing of the product.

10           [Slide.]

11           The preliminary conclusions are we have  
12 tentatively determined that the transdermal drug delivery  
13 system drug products present demonstrable difficulties in  
14 compounding, and these difficulties would likely have an  
15 adverse effect on the safety and effectiveness of such drug  
16 products.

17           Those are our preliminary conclusions, and we will  
18 be happy to answer any questions that the committee may  
19 have.

20           DR. JUHL: Thank you, Dr. Shah and Dr. Mitra.

21           We will open it up to discussion amongst committee  
22 members.

23                           **Committee Discussion**

24           DR. ALLEN: Very nice presentations. I don't have  
25 any problems with that. I don't think anybody is actually

1 compounding transdermal patches anyway, but I would have one  
2 request, and that is, in the definition, at some point,  
3 where we read that it is self-contained discrete dosage  
4 forms, et cetera, could we also include the terminology  
5 commonly called patches, so that we would differentiate  
6 patches from other transdermal types of dosage forms.

7 DR. JUHL: Such as a transdermal cream?

8 DR. ALLEN: Ointments, creams. At least this way  
9 we know exactly what we are referring to.

10 DR. JUHL: It is my understanding that was the  
11 area that you carved out to include.

12 DR. ANDERSON: Yes. I think we worded it, saying  
13 we are only talking about these four types, that is listed  
14 in the paper.

15 DR. JUHL: And it doesn't include creams, it  
16 doesn't include topicals that are on an adhesive, used for  
17 direct application or direct action.

18 DR. ANDERSON: Right, it is the only the four  
19 types that we had put in the paper. Dr. Shah had mentioned  
20 it in the beginning.

21 DR. JUHL: If you would add that clarification,  
22 then, we would be clear.

23 DR. ANDERSON: Sure.

24 DR. SHAH: May I make a comment on that?

25 Generally, the transdermal drug delivery system is defined

1 as one in which it is applied to the skin, the drug is  
2 delivered through the skin, and it goes into the systemic  
3 circulation for any activity.

4 Now, only the nitroglycerine cream and ointment  
5 are the only ones where it does not fall into that category  
6 that it is a patch, because in that case also, it goes to  
7 the skin, and it is being used for the systemic activity, so  
8 that is an exclusion, and that is why we had the cream on  
9 that solvent, I showed you the different types of the  
10 systems.

11 DR. JUHL: So that I am real clear in what is  
12 included in the area of the types of the products that you  
13 are recommending not be available for compounding, they are  
14 patches only?

15 DR. SHAH: Yes.

16 DR. JUHL: And they don't include creams and  
17 ointments.

18 MR. TRISSEL: With that in mind, the second  
19 category there includes cotton pads, and I am not sure that  
20 is what you are talking about. That would be band-aids and  
21 cotton plagets, and whatever.

22 DR. SHAH: Band-aids are different. I am not  
23 talking about the band-aids. I am talking about the  
24 therapeutic drugs where it is prepared, manufactured in the  
25 form of a patch, transdermal delivery, and then it is being



1 administered.

2 MR. TRISSEL: Then, perhaps the terminology cotton  
3 pad needs to be deleted from that.

4 MS. AXELRAD: Could you say for the record where  
5 that is in the concept paper?

6 MR. TRISSEL: It is on page 20, about the second  
7 paragraph, second item.

8 DR. ALLEN: It is actually in the third paragraph  
9 under B, Transdermal Systems. The paragraph starts, "The  
10 four major types," and then you have got number 1, number 2,  
11 and it's the matrix type.

12 DR. ANDERSON: The four major types?

13 DR. ALLEN: Yes. It says, "matrix, which consists  
14 of a solution or suspension."

15 DR. ANDERSON: Why don't we just take the word  
16 "cotton pad" out of the definition.

17 MS. RIFFEE: I think there is further  
18 clarification at the last paragraph on that page, where it  
19 specifically says this does not include things like --

20 DR. ANDERSON: Right.

21 DR. JUHL: Other comments? Does anyone on the  
22 committee have knowledge of pharmacists that are making  
23 patches? Does the Academy have knowledge of pharmacists  
24 that are extemporaneously preparing patches?

25 Let the record show that heads were shaking in the

1 no direction.

2 Are you ready for the question or is there other  
3 discussion?

4 Question No. 4. Do you agree that the class of  
5 transdermal drug systems, as defined in the concept paper,  
6 should be included on the list of drug products that may not  
7 be compounded because they are difficult to compound  
8 properly?

9 MR. TRISSEL: Can we amend that to say "commonly  
10 called patches" or something, so that we are clear on what  
11 we are enacting here?

12 DR. JUHL: We can do that.

13 Do you agree that the class of transdermal drug  
14 systems, as defined in the concept paper, and commonly  
15 called patches, should be included on the list?

16 Are you ready for the question?

17 All those who agree with that recommendation,  
18 please signify by raising your hands.

19 [Show of hands.]

20 DR. JUHL: It is unanimous. Thank you very much.

21 We are now an hour ahead of time. Is the  
22 individual who is scheduled to present the overview for the  
23 committee for tomorrow here, and could we get that out of  
24 the way now?

25 MS. AXELRAD: He isn't here, but we could probably

1 see if we could get him here, if you could give mr perhaps  
2 five minutes, and let me see if I can contact him.

3 DR. JUHL: We can take a 15-minute break and  
4 decide our strategy at that point.

5 [Recess.]

6 DR. JUHL: We will begin. We appreciate the  
7 flexibility of both the FDA staff and the committee members  
8 for allowing us to alter our agenda slightly.

9 We were scheduled tomorrow to have a presentation  
10 to the committee on sterile drug products by Dr. Peter  
11 Cooney, and we have located him, and he has graciously  
12 agreed to give the presentation now, so that will help us  
13 get a headstart tomorrow morning.

14 Please rest assured that the open public session  
15 for 8:30 tomorrow will go off as scheduled. We will not  
16 change that part of our agenda, so that does mean we will be  
17 here overnight for committee members.

18 So, let us proceed. Dr. Cooney.

19 **Sterile Drug Products**

20 DR. COONEY: Thank you. Apparently, my voice mail  
21 didn't work, and I did get contacted, and I am here.

22 [Slide.]

23 The topic, of course, for discussion in this time  
24 slot, as just stated, is the inclusion of sterile drug  
25 products as a class on the list of products that are

1 demonstrably difficult to compound if they are prepared on  
2 procedures other than those described in Chapter 1206 of the  
3 United States Pharmacopeia.

4           Now, the comments that I want to make are from the  
5 perspective of the preparation of drugs as that process  
6 applies to sterilization, sterility assurance, and  
7 microbiological safety of drug products.

8           The FDA and sterile drug product manufacturers are  
9 well aware of the difficulty in production of these drugs,  
10 the pitfalls that can be encountered, and the consequences  
11 to the public health if the processes used to make such  
12 drugs are not well controlled.

13           Sterility of parenteral, ophthalmic, and aqueous  
14 inhalation solution drug products is a fundamental and  
15 essential quality attribute of these products, and as such,  
16 is a critical aspect of the safety assessment of these  
17 products.

18           Sterility assurance cannot be tested into a  
19 product, nor any tests sensitive enough to detect  
20 unacceptable sterility assurance levels in these products.  
21 The preparation of sterile products is an exacting,  
22 difficult, and highly controlled series or processes  
23 especially in the case of aseptically filled products.

24           Critical scientific assessment of the experimental  
25 methods in process controls, tests, and other aspects of

1 this processing is essential to ensure adequate safety of  
2 these products and to protect the public health.

3           Determination of the efficacy of a given  
4 sterilization process for a specific drug product entails a  
5 series of protocols and scientific experiments designed to  
6 demonstrate that the sterilization process and associated  
7 control procedures can reproducibly deliver a sterile  
8 product.

9           The data derived from the experiments and control  
10 procedures allow certain conclusions to be drawn about the  
11 probability of non-sterile product units, sterility  
12 assurance level.

13           The scientific validity of the protocols and  
14 methods, the scientific validity of the results, and the  
15 conclusions drawn from those results constitutes a  
16 validation of the efficacy of the sterilization process.

17           Product testing in concert with total control of  
18 the manipulations, processes, equipment, environment, and  
19 highly trained personnel are required to ensure that the  
20 produced product is sterile.

21           When preparing sterile products, there is  
22 essentially only two ways to do it. Products can be  
23 terminally sterilized, that is, sterilized in their final  
24 containers with no further manipulations which could result  
25 in contamination.

1           Examples of terminal sterilization processes are  
2 autoclaving, radiation, or ethylene oxide. For drug  
3 products, use of autoclaves is by far the most common  
4 method.

5           The other method of preparation, that is, the  
6 other method than terminal sterilization, is by aseptic  
7 processing. Aseptic processing involves the use of  
8 components which are independently sterilized and then  
9 assembled together aseptically.

10           The difference is significant in that there is no  
11 manipulation of product components after sterilization for  
12 terminally sterilized products, whereas, there is such  
13 manipulation for aseptically produced products.

14           [Slide.]

15           Now, so far, all I have talked about concerns  
16 sterility aspects of sterile products. This is, from our  
17 point of view, particularly important because of the  
18 potential for even a single microorganism in a product to  
19 proliferate.

20           Hence, the risk associated with these types of  
21 operations is linked to the potential for introduction of  
22 microorganisms into the product through manipulation during  
23 compounding, and whether the organisms introduced can  
24 proliferate in the product, and under what conditions of  
25 storage, that is, time and temperature, that the product is

1 stored after compounding.

2 [Slide.]

3 Now, USP Chapter 1206 utilizes the concept of  
4 relatively low risk and relatively high risk compounding  
5 operations for production of sterile finished drug products.  
6 Essentially, relatively low or high risk is defined by the  
7 potential for introduction of microbial contamination.

8 Relatively low risk operations are those in which  
9 commercially available, presterilized drug products and  
10 components are used. In addition, the production or  
11 compounding process involves only a few simple and basic  
12 aseptic manipulations in which "closed system" transfers are  
13 used.

14 What is meant here I think is a transfer where  
15 there is a minimum exposure of the contents of a container  
16 to the outside environment. As an example, the penetration  
17 of elastomeric closures with a needle or cannula.

18 Note that the whole idea here with relatively low  
19 risk products is that the chances of inadvertent  
20 contamination are relatively low.

21 [Slide.]

22 Relatively high risk operations are simply those  
23 that offer higher risk of contamination. A relatively  
24 higher risk of contamination could occur because  
25 intermediate closed systems or open systems are used in the

1 compounding operation.

2           Why is that? Because the system containing  
3 sterile product had a greater exposure to the environment.

4           A high risk operation could be one where complex  
5 or numerous aseptic operations are carried out over longer  
6 periods of time. Here again, because the greater the number  
7 of the more complex or the longer the operation is, the  
8 greater the chances for inadvertent contamination.

9           Finally, a relatively high risk operation could be  
10 one where non-sterile drugs substances or components are  
11 used to compound sterile products. Here, additional risk is  
12 added because the non-sterile components have to be  
13 sterilized in-house using a validated sterilization process,  
14 a step not involved in the compounding when presterilized  
15 commercially available materials are used.

16           Now, further concern, of course, is the presence  
17 of contaminants other than viable microorganisms. Such  
18 contaminants, which may be introduced to or contained in or  
19 on the materials used to make the product, may include  
20 products of microbial origin, such as exotoxins or  
21 endotoxins, or non-viable particulates, or chemical  
22 contaminants.

23           It is important to realize here that filtration of  
24 the liquid portion of such products through bacterial  
25 retentive filters will not remove molecular contaminants.



1           So, for example, use of filtration to prepare a  
2 sterile parenteral solution from a non-sterile endotoxin  
3 contaminated powder will not remove the endotoxin component.

4           It is also important to be aware that bacterial  
5 retentive filters, also referred to as sterilizing grade  
6 filters, are not as they are purported to be, absolute.  
7 That is, they do not always render a liquid product sterile  
8 since they will not retain viruses, and they may not retain  
9 all bacteria, especially those of diminutive size.

10           [Slide.]

11           I mention all of this just to emphasize three  
12 points. First, sterility must be built into a product  
13 through the preparation process and its associated controls.

14           Secondly, the preparation processes and associated  
15 controls are unavoidably complex even for the most  
16 sophisticated commercial manufacturers of sterile products.

17           Lastly, any lapse in controls and processes used  
18 to manufacture or compound sterile products can result in  
19 significant public health hazards.

20           [Slide.]

21           Now, I would like to turn for a minute and discuss  
22 the evaluation factors that were discussed earlier this  
23 morning in determining the potential effect of compounding  
24 on the quality, purity, potency of a product as those  
25 factors may relate to the safety and effectiveness of the

1 product.

2 Four of the factors we have determined in a  
3 preliminary sense show a potential to demonstrate adverse  
4 effects of the safety and effectiveness. Those factors are  
5 complexity of compounding, facilities and equipment,  
6 training, and testing and quality assurance programs.

7 [Slide.]

8 Complexity of compounding. The manipulations,  
9 processes, and controls necessary to successfully compound a  
10 sterile product make the procedure unavoidably complex. As  
11 previously stated, the relative risk of a compounding or  
12 manufacturing operation for a sterile product is linked to  
13 the risk for inadvertent contamination.

14 Each step of the process provides an opportunity  
15 for inadvertent contamination. Since contamination by even  
16 a single microorganism may lead to proliferation with time,  
17 significant public health consequences may be the result.  
18 Importantly, the contamination event would be totally  
19 undetected at the time it occurs, and hence, extreme care  
20 must be taken during processing of sterile products.

21 In addition to the possibilities of a single  
22 microorganism contaminating the product, other contaminants,  
23 such as endotoxins, particulates, and foreign chemical  
24 components must be excluded from certain types of sterile  
25 products.

1           Contaminants, whether viable microorganisms or  
2 others, can originate from any or all of the sources during  
3 the preparation of a sterile product. They may come from  
4 the drug substance itself, the water, the containers, the  
5 closures, the equipment, the environment, or maybe, most  
6 importantly of all, the personnel.

7           Exclusion of contaminants then is a complex and  
8 difficult process, so that the manipulations and processes  
9 must be tightly controlled. This factor, namely, complexity  
10 of compounding, would support we think the inclusion of  
11 these products as a demonstrably difficult to compound.

12           [Slide.]

13           Facilities and equipment. The highly controlled  
14 environment and procedures used require exacting standards  
15 and often require sophisticated facilities and equipment.  
16 Since contamination may come from any and all sources during  
17 preparation of sterile products, the facilities and  
18 equipment used in such preparation must also be tightly  
19 controlled.

20           Even if all the components used in the preparation  
21 are of the highest quality possible, contamination can  
22 result from the environment, facilities and equipment, in  
23 which the sterile drug is prepared.

24           Environmentally controlled work spaces suitable  
25 for aseptic processing are necessary, such as laminar air

1 flow work benches or rooms with concomitant design  
2 considerations for surrounding areas.

3 The facilities and equipment are specialized in  
4 design for the purpose of preparation of sterile products.  
5 In other words, they are designed to protect the product  
6 from contamination.

7 A tentative conclusion regarding this factor would  
8 be that it also supports a difficult to compound  
9 classification for sterile products.

10 [Slide.]

11 Training. Pharmacy compounding of sterile  
12 products is likely highly personnel intense, and therefore,  
13 pharmacy personnel involving compounding sterile products  
14 must, of course, have sufficient knowledge, training, and  
15 experience to perform the tasks correctly and safely.

16 Personnel must adhere to uniform and strict  
17 performance standards and have a fairly sophisticated level  
18 of knowledge and training in aseptic technique. Training in  
19 aseptic technique alone, however, would likely be  
20 insufficient. Cleaning, sanitizing, and organization of the  
21 laminar air flow workstation and rooms requires properly  
22 trained operators who should follow written procedures.

23 Special training may also be necessary for gowning  
24 and operation of critical equipment or specialized aseptic  
25 procedures, and any other operation necessary for the

1 preparation of the sterile product.

2 [Slide.]

3 Testing and quality assurance factor. There is a  
4 significant potential for harm to patients if sterile  
5 products are compounded without proper quality assurance  
6 programs in place. Quality assurance can be accomplished  
7 when training, testing, facilities, and equipment are  
8 properly used and monitored.

9 Quality assurance programs help to assure that the  
10 program for preparation of sterile products, as a whole, is  
11 under a state of control. Testing, for example, a testing  
12 program to monitor the microbiological and particulate  
13 quality of the environment is part of the quality assurance  
14 program.

15 For purposes of monitoring microbiological quality  
16 of the environment, non-volumetric methods, such as settling  
17 plates are used, and volumetric methods, such as rooster  
18 centrifugal air samplers can be used.

19 Monitoring and control of personnel, procedures,  
20 facilities, bioburden, equipment, and training programs all  
21 serve to help maintain a state of control in the preparation  
22 of sterile products.

23 Therefore, this aspect would also support a  
24 demonstrably difficult to compound decision.

25 [Slide.]

1 Preliminary conclusions indicate that these  
2 factors, drug delivery system, drug formulation and  
3 consistency, and bioavailability, probably are not as  
4 important as the four factors that I just discussed.

5 Sterile products do not usually require  
6 sophisticated drug delivery systems. They are also not  
7 particularly difficult to formulate in a consistent manner  
8 since many of them are aqueous solutions, and  
9 bioavailability of these drugs is not a major factor in most  
10 cases since most are either injected or delivered directly  
11 to the site of action.

12 [Slide.]

13 So, a tentative conclusion is that these drug  
14 products should be classified as difficult to compound. We  
15 recognize that compounding sterile products is unavoidably  
16 complex and that if such products are compounded incorrectly  
17 there could be significant hazard to patients receiving such  
18 medications.

19 We also recognize that there is a substantial need  
20 for compounded sterile drug products especially in the area  
21 of extemporaneous compounding.

22 If compounding of such products occurs without  
23 adherence to certain standards, the potential for adverse  
24 effects on the safety and effectiveness of these drugs is  
25 increased. FDA has tentatively now concluded that USP

1 Chapter 1206 describes such standards and that products  
2 compounded using these standards would not pose demonstrable  
3 difficulties regarding safety of the drugs compound.

4 [Slide.]

5 We are therefore today asking for advice on at  
6 least three specific questions related to this area.

7 The first is: Should sterile products not  
8 compounded in accordance with USP 1206 be on the list of  
9 drugs that are difficult to compound?

10 Secondly, is USP Chapter 1206 an appropriate  
11 standard?

12 Thirdly, should compliance with USP Chapter 1206  
13 be required for compounding the relatively low-risk sterile  
14 products from sterile components?

15 Thank you.

16 DR. JUHL: Thank you, Dr. Cooney.

17 Do we have questions for Dr. Cooney about his  
18 presentation?

19 **Committee Discussion**

20 DR. JUHL: If I might, let me start out. This has  
21 to do with the suitability of the USP Chapter as opposed to,  
22 say, something else, and in general, I would like to  
23 compliment the agency for the good sense approach that you  
24 have taken in referring to an already acknowledged standard  
25 to refer to. I like doing that rather than having to hammer

1 that out here, and you probably like it even better than I  
2 do. I appreciate that.

3           There are two categories in the USP Chapter and  
4 three in ASHP. Is there a utility in the three versus the  
5 two disregarding where they came from in your review of the  
6 various standards?

7           DR. COONEY: My personal view?

8           DR. JUHL: Yes.

9           DR. COONEY: I believe the individuals who are  
10 involved in the compounding operation itself really are the  
11 best people suited to determine what kind of a low risk or  
12 high risk type category the operation is in.

13           So, the bottom line is you need more care with  
14 high risk operations than with low risk operations just  
15 because there is a higher chance of contamination. So, that  
16 is kind of a subjective judgment that occurs at the time the  
17 operation is going on.

18           I really don't have an opinion on whether the  
19 three categories are better than two or vice versa.

20           DR. JUHL: The purpose, at least as I see it, in  
21 promulgating these guidelines to have the effect of  
22 regulation is to prevent what happened in Pittsburgh with  
23 the pharmacist, who with all good intents, formulated an  
24 ophthalmic preparation that resulted in the loss of sight of  
25 some individuals, but at the same time, not to close down



1 every hospital pharmacy in the country.

2 Do you have an idea where Chapter 1206 fits on  
3 that spectrum, how many hospital pharmacy operations are  
4 able to comply with it in its entirety, and I guess a more  
5 general question, is that chapter written as a minimal  
6 standard guideline or is it written as an ultimate gold  
7 standard, things we should all reach for kind of guideline?

8 DR. COONEY: The chapter itself, of course, claims  
9 not to be prescriptive. The reason the FDA tentatively  
10 concluded that Chapter 1206 is a reasonable standard is that  
11 we believe that if you followed the standard, the products  
12 you would make would not be demonstrably difficult to  
13 compound, and the risk of their being contaminated would be  
14 minimized.

15 We would really like input here today, and one of  
16 the points of this, is to determine the practicality of  
17 complying with that standard, and that is why we asked is it  
18 an appropriate standard.

19 There may be parts of that, that are difficult to  
20 comply with, there may be parts that are not. It is  
21 certain, though, to respond to part of your question, it is  
22 certainly a goal to which to aspire. Whether one could  
23 actually meet every single statement in it, I don't know.  
24 Perhaps the USP could comment better on that.

25 DR. JUHL: I will ask them that question tomorrow.

1 Joe Valentino was here, and he is not here now. Oh, Frank  
2 is here.

3           Could I ask you to come to the microphone, please,  
4 and identify yourself for the record.

5           MR. BARLETTA: My name is Frank Barletta. I am on  
6 the scientific staff of the USP. I am the liaison to the  
7 Water and Parenteral Subcommittee. I have worked for the  
8 last 10 years on this chapter.

9           I can give you the whole history, the whole  
10 shooting match, but I think basically we will wait until  
11 tomorrow and see what develops. But I can give you USP's  
12 official statement, which I will read.

13           "In the May-June 2000 issue of the Pharmacopeial  
14 Forum, USP published a proposal to revise General Chapter  
15 1206 regarding sterile preparations to expand its scope, to  
16 include products for institutional as well as home use.

17           "The revised chapter has not yet been made final.  
18 This USP chapter was developed as an informational chapter  
19 designed to provide guidelines as to what the USP believes  
20 pharmacists should be doing to ensure the proper  
21 preparation, dispensing, and control of sterile  
22 preparations.

23           "It was not developed with the intent that it  
24 constituted minimal standards that must be complied with at  
25 this time. If this is to be the case, USP would have to

1 review the chapter with this in mind prior to its becoming  
2 official to ensure that it was suitable for this purpose.

3 "In this regard, we would welcome the comments of  
4 FDA, pharmacists, their associations, and others to ensure  
5 that it was appropriate for this purpose."

6 The chapter has been published in the PF as a  
7 proposal. It was published in May and June.  
8 Pre-publication copies were sent to several pharmacy  
9 organizations. We are sitting waiting for comments at this  
10 point. So, that is basically where we stand right now.

11 DR. JUHL: Good. I appreciate that. Let me see  
12 if I understand the implications then. As I understand law,  
13 you have complied with the law 100 percent of the time.  
14 With guidelines, it is kind of like my test, if you get an  
15 85 percent, you are doing okay, and we would like you to get  
16 90. So, what I am hearing is that your chapter is not  
17 written for minimal standards, and it would need to be  
18 reexamined were it to be adopted as such.

19 So, my question to the agency, are you willing to  
20 go through this iterative process, reviewing the chapter for  
21 that purpose, or are you saying that the standards that are  
22 proposed in the chapter are what they ought to be, period?

23 MS. AXELRAD: I think we are certainly prepared to  
24 go through the iterative process if it were agreed that that  
25 would be a good starting point, and if the committee were to

1 say that as opposed to some of the other standards that are  
2 out there, that we considered, such as the NABP and the ASHP  
3 standards, you know, once we decided which of these was the  
4 best starting point for this, we would certainly be prepared  
5 to go over it and comment on it, and work with the USP  
6 process to make sure that it was appropriate for what we  
7 were trying to do with it, that may not have been intended  
8 originally when it was written.

9 DR. JUHL: I think given that Congress directed  
10 the agency to work with USP on other things, and the USP has  
11 a long-established open public process, that makes good  
12 sense to begin on that route.

13 MS. AXELRAD: I am sure we would be working on it  
14 anyway. I am sure that we will be commenting on it even  
15 were it just to be an informational chapter that had nothing  
16 to do with compounding. The people in the agency who deal  
17 with these things would be commenting on it in any event.  
18 But if we were trying to use it for this particular purpose,  
19 then, we would certainly be involved.

20 MR. BARLETTA: That is what the briefing said in  
21 the PF, and I will read it.

22 "The chapter will remain an information chapter  
23 since it contains no standards, tests, or assays, nor other  
24 mandatory specifications with respect to any pharmaceutical  
25 article as stated" -- and we give the chapter and verse.

1 It does, however, represent guidelines developed  
2 through a public process by a legally-recognized standard  
3 body, which gives it special national standing.

4 It is numbered 1206 because that is a general  
5 information chapter. Any below 1000 is a mandatory chapter.  
6 That was the intent of the chapter.

7 MR. TRISSEL: The compounding chapter is below  
8 1000, right?

9 MR. BARLETTA: The compounding chapter is a  
10 mandatory chapter. It's 790-something.

11 DR. ALLEN: The compounding chapter originally was  
12 11-something. It was a guideline. But now FDAMA 97  
13 specifically referred to the compounding chapter. It has  
14 not been renumbered to 795.

15 MR. BARLETTA: This could become part of 795,  
16 right? We could have Part A and Part B. It could be very  
17 easily made mandatory, and we have plenty of examples where  
18 general information chapters became mandatory, like the PET  
19 chapter.

20 DR. JUHL: Other questions from the committee?

21 MR. TRISSEL: I would like to comment on your  
22 three versus two categories. Correct me if I am wrong,  
23 Frank, but really the high risk category has two  
24 subcategories within it, so it winds up being three.

25 MR. BARLETTA: Whether you have one and two and

1 subcategories, it is basically the same. I don't know how  
2 much you want to hear about this, but in the very beginning  
3 we did invite ASHP to participate in this whole process, and  
4 they chose to go off on their own and establish their own  
5 guidelines, and they changed it, so that we now have two  
6 guidelines.

7           The USP, however, is the national compendium,  
8 which is recognized in law since 1906. It is not an  
9 organization, professional organization that publishes  
10 guidelines for its members, so there is a big difference  
11 between their guidelines and our guidelines.

12           Ours is a national -- international because there  
13 are about 20 countries that recognize the USP -- I like to  
14 call it the gold standard.

15           MR. TRISSEL: Randy, I haven't finished yet. Not  
16 that the pitch is over --

17           MR. BARLETTA: I am sorry.

18           MR. TRISSEL: What I was getting to with that was  
19 that both standards recognize that there are some sterile  
20 product preparations that are not unavoidably complex, but  
21 nevertheless, have a higher risk to the patient, and that  
22 would be something like prefilling unit dose syringes, a  
23 very simple operation, but if they are stored for long  
24 periods of time, they wind up being a higher risk than a  
25 syringe that is drawn up and used within a short period of

1 time.

2 So, there was this intermediate category, a very  
3 simple operation, but nevertheless, stored for longer  
4 periods, and both of them have that feature in there,  
5 something intermediate.

6 Not all things are truly unavoidably complex, but  
7 I will say that that is true for any compounding from a raw  
8 material that is not sterile.

9 DR. JUHL: Sarah, go ahead.

10 DR. SELLERS: I have a question for Peter.

11 When drug delivery system was decided that it did  
12 not demonstrate any adverse effects, did you look at how  
13 some of these sterile products that are made from  
14 non-sterile materials are being used, because some of them  
15 are being used in complex delivery systems like implanted  
16 intrathecal pumps, where if you do have a variation in the  
17 concentration of that drug from lot to lot, you can  
18 adversely affect your patient. Even a small change in drug  
19 concentration can manifest in either adverse reactions or  
20 withdrawal, for instance, with morphine sulfate,  
21 additionally with nebulized medications that are used in  
22 nebulizers.

23 DR. COONEY: There is no question that there is  
24 risk associated with all of those things. What this was,  
25 was a preliminary conclusion on whether sterile products as

1 a class should be included on the difficult to compound  
2 list, if not, compounded under some certain set of  
3 standards, and there is a lot more examples of problems with  
4 sterile products like you just mentioned.

5 I mean, for example, bioavailability can be a  
6 problem. I mean if you put the wrong preservative in an  
7 ophthalmic preparation, you alter its absorbability into the  
8 site of action in the eye.

9 But in total, we thought that the four items that  
10 I talked about were most important, but the other items are  
11 certainly not without risk.

12 DR. ALLEN: I might mention also with the USP, the  
13 USP is never a finished document. One advantage to the USP  
14 is the entire USP is constantly under revision based upon  
15 input from all different segments of society. That is why  
16 we have basically supplements that come out every six  
17 months.

18 But I would anticipate that the committee, when  
19 any difficulties start coming up, that they would  
20 immediately address those difficulties, and at least the  
21 mechanism is there for constant upgrading and revision  
22 through the USP.

23 MR. TRISSEL: Previously, we were asked about  
24 whether there was any need whatsoever for a high risk  
25 category of compounding from non-sterile raw materials, and



1 I would contend that there is. It is a relatively small  
2 part of the overall sterile product preparation that goes on  
3 in this country, probably less than 1 or 2 percent, but  
4 there are a number of things, some of which this committee  
5 has already dealt with.

6 As I recall, there are two amino acids for  
7 supplements to TPNs, that are only available as raw powders,  
8 and they are used in supplementing TPN, so there would be an  
9 example. We have a problem with implantable pumps that you  
10 had mentioned, only these are for regional therapy for  
11 cancer treatment.

12 The pump manufacturers recommend between doses  
13 that a 50 percent sterile glycerine solution be put in there  
14 as having the right viscosity to keep that patent while  
15 waiting for the next dose of drug.

16 There is no commercial product of 50 percent  
17 sterile glycerine, so we must compound this, and yet it is  
18 in the manufacturer of the pump's labeling to use this. So,  
19 there is an example.

20 We just had a recent one with a leukemia drug that  
21 is experimental, it is under an IND, but the IND specified  
22 that we would acquire this from a contract manufacturer  
23 making it under GMPs, and due to an unfortunate set of  
24 circumstances, we ran out -- not my fault -- but we  
25 solicited input from the agency.

1           We submitted basically an amendment to the IND  
2 allowing us to compound that to keep the patients going.  
3 Unfortunately, we did not get a response for six months, and  
4 during that time we did not use the compounded product, and  
5 we wound up having the GMP product arrive before we ever  
6 needed to use it, but nonetheless, it was an attempt to use  
7 compounding in that way, to keep the patients going.

8           DR. JUHL: How about morphine solutions?

9           MR. TRISSEL: We don't personally use any  
10 compounding of morphine solutions. I was telling Rose-Ellen  
11 earlier we use morphine topically. We compound morphine  
12 topically for local application and wound pain control, but  
13 we don't do any I.V. or intrathecal preparation from raw  
14 powder, but I know it is done elsewhere in society.

15           DR. JUHL: Is that a common practice I guess  
16 within hospitals that hospital pharmacies are compounding  
17 what are essentially copies of commercially available  
18 products, either TPN or morphine or other things?

19           MR. TRISSEL: My opinion?

20           DR. JUHL: Yes.

21           MR. TRISSEL: I think morphine is the principal  
22 example, and I don't know how far it extends beyond that,  
23 but will bet you the vast bulk of those that are copies are  
24 really morphine solutions of one kind or another.

25           DR. JUHL: And those are almost exclusively for

1 financial purposes or are there medical purposes that I am  
2 not aware of?

3 MR. TRISSEL: For a long time it was because we  
4 couldn't get a high concentration morphine, but I think that  
5 is available now. So, it may be for financial reasons where  
6 a patient can't afford it, so it is either, you know, do  
7 this and they control their pain or they don't get it.

8 MR. RUSHO: Just continuing on Larry's comments, I  
9 think there needs to be a high risk category, but I would  
10 make two categories there, one, that is the individualized  
11 patient, so that I am making my morphine bupivacaine  
12 epidural for that patient, and the other one is a batch  
13 preparation, such as progesterone and oil, where I am making  
14 larger quantities.

15 I think there needs to be a differentiation there  
16 when you are dealing with one patient or if you are dealing  
17 with a lot of patients.

18 Now, as far as your comment as far as is morphine  
19 compounded, morphine is compounded at least in our  
20 institution, but it is generally with another drug. It is  
21 like morphine or bupivacaine. I can think of one patient  
22 that's a gunshot wound victim, takes hydromorphone 30  
23 milligrams per mL, and bupivacaine 30 milligrams per mL.  
24 That is done extemporaneously, and I guess tomorrow we will  
25 be talking about quality assurance measures that we use.

1 But, yes, we do a lot of it because we are a  
2 referral hospital, and we do have a pain service.

3 DR. SELLERS: Commercial products are also copied.

4 DR. JUHL: Other comments or questions?

5 MS. HOPE: I have a couple of comments. I wanted  
6 to thank Dr. Cooney for emphasizing the thing about  
7 filtration, because I think it is not as much the type, but  
8 just, you know, I think there is a big over-reliance on  
9 filters to assure sterility, and there is a big  
10 over-reliance when we have a hood. I mean that is a pretty  
11 simple concept that we still haven't got totally across.

12 I think there is a big problem on quality  
13 assurance testing because, like Loyd was talking this  
14 morning, where you have sterility testing that is not back  
15 for a week, but the patient needs it within 24 hours for  
16 stability, but yet if you are going to do that procedure on  
17 a regular basis, I think there should be some testing of it  
18 on some periodic basis to know that your technique is good,  
19 and I think in most of the guidelines we have already  
20 addressed this. I think it is a matter more of enforcement.

21 MR. WELDER: I would just like to comment that I  
22 have a little bit of difficulty with the description that  
23 all sterile products are difficult to compound, and it is  
24 just the wording thing, but I just want to make that  
25 comment, because not all sterile products are difficult.

1 You have to use the correct technique, as you do in any  
2 compounding, but they are not all necessarily difficult to  
3 compound.

4 DR. JUHL: As difficult for whom?

5 MR. WELDER: If you don't know how to do  
6 something, anything is difficult, but we do have people that  
7 know what they are doing, and it is not difficult to  
8 compound.

9 DR. COONEY: Perhaps a better term would be easy  
10 to contaminate.

11 DR. ALLEN: Following up on Bill's comment  
12 concerning the high risk, you know, he made a good  
13 observation, and that is something I think that I will  
14 mention to the committee in charge of 1206, and that is the  
15 two different levels of high risk or compounding from bulk  
16 drug substances, those for individual patients versus those  
17 that are batch compounded quite possibly, a little more  
18 detail on batch compounding with some additional testing  
19 might be a good idea.

20 It is hard to test individual items obviously, but  
21 you can test certain batch-prepared products.

22 MR. RUSHO: First of all, I disagree with testing  
23 individual items because pharmacists do have LAL pyrogen  
24 tests available to them. This is what we use on our  
25 individual products. Products do not go out of our I.V.

1 center that are compounded from non-sterile ingredients  
2 without an LOL test run on them.

3 If it is a batch-prepared, then it goes through  
4 potency testing and sterility testing also, and if we can do  
5 pyrogen testing on it, we will do pyrogen testing on it.

6 DR. ALLEN: Pyrogen testing is no problem. You  
7 can do that in a matter of a few hours, but what I am after  
8 is sterility testing which does take a longer time to get  
9 the results back.

10 MR. RUSHO: Well, I will go back to some of the  
11 comments that were made to me when I took my sterile  
12 products training down at the University of Tennessee. Dr.  
13 Avis told us at that time that a pyrogen test was a better  
14 indicator of quality control than a sterility test.

15 In my own products that I have made, I can make a  
16 product that is sterile, but it is loaded with pyrogens. I  
17 cannot make, I have never been able to make a pyrogen-free  
18 product that is non-sterile. I think the USP chapter needs  
19 to put more emphasis on LAL testing than on that, because  
20 it's geared towards extemporaneous type compounding. That  
21 is where it was developed was in nuclear pharmacy.

22 DR. JUHL: We have wandered into an area that we  
23 know something about. I love that.

24 MS. LaFOLLETTE: I wanted to make a comment about  
25 the bioburden loading to Dr. Cooney, especially on the high

1 risk compounds where we are dealing with non-sterile, and  
2 the bioburden loading could be very high and unknown with  
3 all the different components and packaging that is being  
4 used.

5           It is welcoming to hear that LAL is being used, I  
6 wasn't aware of that, so I would like to hear Dr. Cooney's  
7 comments because sterile filtration won't address all that,  
8 and what type, you know, is autoclaving being used in  
9 hospital settings, is LAL being done, which would be a  
10 preferred over a pyrogen test with the rabbit, comments,  
11 just open comments here I am looking for.

12           DR. COONEY: First, let me comment on the end  
13 product sterility test. It doesn't really tell you a lot  
14 even if you perform it before you release the product, and  
15 there is a lot of different reasons for that.

16           One is that it only tells you if there is viable  
17 microorganisms at the time you did the test. You could have  
18 had  $10^6$  per mL, and they all died off.

19           Also, it only detects organisms that grow in  
20 either of the two test media under either of the two  
21 incubation conditions.

22           Thirdly, most microbiologists recognize that only  
23 about 10 percent of the microorganisms that are around in  
24 the world have been identified so far, so there could be a  
25 plethora of other things.

1           You could have 100 millions AIDS virus particles  
2 in the product, and it would pass perfectly well. But what  
3 it is, as I like to comment on, it is kind of a quality  
4 control thing. It is a system check. If you are badly out  
5 of control, it will tell you that.

6           The LAL testing is a good idea, as well. The  
7 unfortunate part about that is for semi-gram-negative  
8 microorganisms, the LAL detection level of about 0.1  
9 endotoxin unit per mL, you won't get that until after you  
10 have  $10^5$  organisms per mL, and if you have that, and you  
11 inject it into a patient, that's not good either.

12           But that is what I was trying to say in what I  
13 spoke about, that is why for this type of operation, system  
14 control is the only way that you can do it, and you do need  
15 some in-process quality control, monitoring and assessments  
16 of your environment, of the pieces that you are using if  
17 it's non-sterile products, and if you have a non-sterile  
18 drug substance or component that you are going to compound  
19 into a sterile product, and you do do testing, and you do  
20 find that it's very high, you have got to start questioning  
21 where you got that stuff from, and its background.

22           So, all of that together is useful and it is why  
23 it makes -- I appreciate the fact that difficult is probably  
24 a relative term, and not the best way to do it, but it's  
25 easy for these things to become potentially significantly



1 hazardous.

2 MR. TRISSEL: Another problem with LAL is some  
3 drugs interfere with that test, and you can't run them with  
4 LAL, and we have had to use rabbits, go back to rabbits for  
5 some things.

6 It is my perception that most hospital and home  
7 care pharmacies, and probably most other compounding  
8 pharmacies that make sterile products have the facilities,  
9 have the fundamentals of the facilities and procedures for  
10 making those in compliance with this chapter.

11 I think the problem comes when you have the  
12 products made that are truly high risk, made from  
13 non-sterile products, but treated as if they were low risk  
14 because of the lack of knowledge on the part of the  
15 pharmacist and lack of facilities and training in all the  
16 procedures necessary.

17 So, that is what we really should be trying to get  
18 at, is recognizing that difference.

19 MR. RUSHO: I realize that the LAL test does have  
20 some problems as far as some of the drugs. The drugs that  
21 we use, for example, it works fine on, and we have learned  
22 that over the years which drugs we can use it on and which  
23 ones we can't use it on.

24 The progesterone and oil, for example, the oil  
25 sequesters any endotoxins, and so you can't use a pyrogen

1 test on that. You have to depend on a sterility test.

2 I think, going back to your comments, there needs  
3 to be in-process controls. If pharmacists are making these  
4 on a routine basis, they need to have a dry heat oven, they  
5 need to have their beakers dry-heat sterilized, they need to  
6 have this material ready, so they reduce the bioburden when  
7 it comes to the filter.

8 If they don't do that, there is a build-up that  
9 you can see, and if you do the LAL test where you actually  
10 have sequential dilutions, you can see a build-up on your  
11 equipment, and that is why they need to be dry-heat  
12 sterilized, so you depyrogenate the glassware before you use  
13 it.

14 DR. JUHL: Other comments?

15 MR. TRISSEL: One more, I am sorry. The only  
16 reservation I have about Chapter 1206 in the USP is that it  
17 does not anticipate the development of improving technology.  
18 It is descriptive of a fixed technology without any  
19 potential for changing that, improving it in any way, and we  
20 are seeing the proliferation of the use of isolators in this  
21 country, in hospitals, for the first time. They have been  
22 used in Europe in 15 years, but here it is relatively new  
23 technology. It is new to the U.S., but it is probably an  
24 improvement over poorly-maintained clean rooms.

25 So, the only reservation I would have is whether

1 there should be some provision for improvements in  
2 technology that is not now in the USP chapter. That is  
3 probably best addressed with the USP.

4 DR. JUHL: Are you suggesting that -- I mean they  
5 do a revision, so that that could address things, but they  
6 are kind of behind -- you would like to see a paragraph or  
7 two that talks about new technology and the steps to take --

8 MR. TRISSEL: Right, a new technology that  
9 achieves the same end or in a better way or a better end is  
10 not allowed with that chapter, and I would like to see the  
11 chapter contain that, but as I say, it is probably a comment  
12 best directed to the USP.

13 DR. JUHL: Frank, if you would come forward and  
14 address that.

15 MR. BARLETTA: The USP has a chapter on isolators.  
16 That is why we didn't incorporate it in this particular  
17 chapter.

18 MR. TRISSEL: Really. Which one?

19 MR. BARLETTA: I am not sure if it has been  
20 approved or proposed, but that happens to be a Microbiology  
21 Subcommittee responsibility, so there is something going on  
22 there. We looked at that years ago, and we were told to bug  
23 off, that Microbiology has it under control.

24 MR. TRISSEL: Frank, you also ought to take a look  
25 at the PhaSeal system coming from Sweden, which is a

1 microisolator for single-unit vials.

2 MR. BARLETTA: Dr. Allen brought up the subject.  
3 He said that the USP is under continuous revision. That is  
4 what is good about the USP is that -- and it is true with  
5 every monograph and every general chapter -- as things  
6 change, and you people notify us, we revise the monograph  
7 and revise the chapter, so it is under continuous revision.

8 You can't hit everything, and from my experience  
9 with technology moving so fast, you would have to change a  
10 chapter every six months.

11 MR. RUSHO: Are we getting into specifics on 1206  
12 or are we waiting until tomorrow on that?

13 DR. JUHL: I am happy to let us go anywhere we  
14 want to be taken with the exception of making our final  
15 determinations, which I think we need to do tomorrow.

16 MR. RUSHO: I have a couple of comments then. The  
17 section in there on using media fills, I have a real problem  
18 with that. One of the reasons I have the problem is for  
19 three years at the College of Pharmacy, I made my own soy  
20 broth medium, and you have to remember approximately 50  
21 percent of our students have never touched a syringe in  
22 their life before they come to this class, and for three  
23 years I did not have any growth at all, and I had them  
24 making a simulated piggy-back admixture.

25 So, I thought maybe I had a problem with the way I