

# **1 EXECUTIVE SUMMARY**

## **1.1 Recommendation on Regulatory Action**

It is recommended that valsartan be “approvable” for use in pediatric patients. Outstanding issues include: understanding how to dose in order to write appropriate instructions for use; and the sponsor providing convincing evidence of safety with regard to transaminase elevations seen in several cases in study A2307.

In addition, two deaths were seen in the open-label phase of the valsartan study in two 1 year-old patients (severe vomiting and diarrhea in one case with no other available data; in the other case, fatal pneumonitis with respiratory failure occurring 11 days after a hospitalization for pneumonitis and hepatitis with valsartan discontinued due to hepatitis).

The question of dosing arises from study A2307 (1-5 year olds), which showed a flat dose-response in the dose-ranging phase; and the results of weight-adjusted dosing in A2302 (6-16 year olds), which showed a high degree of variability, small effects, and do not appear to fit linear, log-linear, or Emax models.

If dosing and titration can be clarified, then the other outstanding issue involves cases of transaminase elevation in A2307; since similar cases were not seen in the older children, it would then be recommended that valsartan be approved in hypertensive patients aged 6-16 years old.

If approved, it is recommended that proposed labeling be amended to include appropriate efficacy and safety information.

## **1.2 Recommendation on Postmarketing Actions**

None

### **1.2.1 Risk Management Activity**

Appropriate information should be communicated to patients and physicians.

### **1.2.2 Required Phase 4 Commitments**

None

### **1.2.3 Other Phase 4 Requests**

None

## 1.3 Summary of Clinical Findings

### 1.3.1 Brief Overview of Clinical Program

The sponsor conducted two clinical studies with nearly identical designs (Written Request Trial C). Study A2302 was the pivotal study conducted in hypertensive children aged 6-16 years. Study A2307 was a supportive study in hypertensive children aged 1-5 years. Per the Trial C design, each study incorporated a two-week double-blind dose-response phase (Phase 1), a two-week double-blind placebo-controlled randomized withdrawal phase (Phase 2), and a voluntary open-label extension.

### 1.3.2 Efficacy

In both studies, results of the randomized withdrawal phase showed a statistically significant difference between pooled valsartan and placebo.

In study A2302, results of the two-week dose-ranging phase showed a negative slope of the mm Hg systolic blood pressure per unit increase in dose ratio that was significantly different from zero, supporting a dose-dependent decrease in systolic blood pressure. From additional analyses, these data, when weight-adjusted (mg/kg), showed slope analyses that were significantly different from zero when fit to a linear, linear model on log transformed weight-adjusted dose, and Emax models; however, the data did not “best fit” any of these models.

In study A2307, results of the two-week dose-ranging phase showed a flat dose-response with decreases from baseline in all dose groups (no placebo arm); the slope analyses was not significantly different from zero.

### 1.3.3 Safety

In A2307 (1-5 years), markedly elevated transaminases were seen at the end-of-study visit in two patients. A third patient subsequently discontinued the study due to hepatitis.

In the A2302 (6-16 years) open-label population, serum creatinine increased by 10% from baseline; in the A2307 open-label population, BUN increased by 15% from baseline. There were two discontinuations from the clinical studies due renal impairment (A2307) and increased creatinine (A2302), respectively.

Two deaths during (or after premature discontinuation from) open-label were noted in A2307. No deaths occurred in A2302.

### 1.3.4 Dosing Regimen and Administration

Study A2302 employed unapproved tablets. A2307 used an unapproved extemporaneous suspension. According to the clinical pharmacology reviewer, exposure of the 1-5 year old children receiving the extemporaneous suspension was higher than in adults receiving

the adult 80 mg tablet; the exposure of the 6-16 year old children receiving pediatric 10 and 80 mg tablets was comparable to adults receiving the adult tablet. The dosing regimen in the two clinical studies is summarized in Figure 1-1, below.

**Figure 1-1 Study Design, Study A2302 and Study A2307**

| Screening                    | Double-blind treatment                             |                | Open-Label  |        |            |
|------------------------------|--|----------------|---|--------|------------|
| Screening Phase <sup>a</sup> | Phase 1 <sup>b</sup><br>(dose-response)            |                | Phase 2 <sup>c</sup><br>(placebo withdrawal)  |        |            |
| Day -7 to Day 0              | Day 0 to Day 14<br>Randomized 2:1:2 (L: M: H) dose |                | Open Label <sup>d</sup>   |        |            |
| Placebo Wash-out             | Study A2302<br>(Ages 6 - 16 years)                 |                | 1:1 Ratio<br><br>Continue Phase 1 dose<br>OR<br>Switch to Placebo   |        |            |
|                              | Study A2307<br>(Ages 1 – 5 years)                  |                |   |        |            |
|                              | Dose   |                |   |        |            |
|                              | Weight < 35 kg                                     |                |   |        |            |
|                              | Low  | 10 mg o.d.     |   | Low    | 5 mg o.d.  |
|                              | Medium   | 40 mg o.d.     |   | Medium | 20 mg o.d. |
| High                         | 80 mg o.d.   | High           | 40 mg o.d.  |        |            |
| Weight ≥ 35 kg               |  | Weight ≥ 18 kg |   |        |            |
| Low                          | 20 mg o.d.   | Low            | 10 mg o.d.  |        |            |
| Medium                       | 80 mg o.d.   | Medium         | 40 mg o.d.  |        |            |
| High                         | 160 mg o.d.  | High           | 80 mg o.d.  |        |            |
|                              |  |                | Weeks 4 to 52   |        |            |
|                              |  |                | Based on trough blood pressure:<br>40mg, 80mg , 160mg or 160 +HCTZ 12.5 mg for children 6-16 years old.<br>20mg, 40 mg, 80mg, and 80mg +HCTZ 12.5 mg for children 1-5 years old |        |            |

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