

# MEDICATION GUIDE

## XENAZINE (*ZEN-uh-zeen*) (tetrabenazine Tablets

Read the Medication Guide that comes with Xenazine before you start taking it and each time you refill the prescription. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. You should share this information with your family members and caregivers.)

)

### What is the most important information I should know about Xenazine?

- **Xenazine may increase the chance of depression, suicidal thoughts, or suicidal actions in some patients.**
- You should not start taking Xenazine if you are depressed (have untreated depression or depression that is not well controlled by medicine) **or** have suicidal thoughts.)
- Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts or feelings. This is especially important when Xenazine is started and when the dose is changed.)

### Call the doctor right away if you become depressed or have any of the following symptoms, especially if they are new, worse, or worry you:

- You feel sad or have crying spells.
- You are no longer interested in seeing your friends or doing things you used to enjoy.
- You are sleeping a lot *more* or a lot *less* than usual.
- You feel unimportant.
- You feel guilty.
- You feel hopeless or helpless.
- You are more irritable, angry, or aggressive than usual.
- You are more or less hungry than usual or notice a big change in your body weight.
- You have trouble paying attention.
- You feel tired or sleepy all the time.
- You have thoughts about hurting yourself or ending your life.

### What is Xenazine?

Xenazine is a medicine that is used to treat the involuntary movements (chorea) of Huntington's disease. Xenazine does not cure the cause of the involuntary movements, and it does not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.)

It is not known whether Xenazine is safe and effective in children.)

### Who should not take Xenazine?

#### Do not take Xenazine if you:

- are depressed or have thoughts of suicide. See "What is the most important information I should know about Xenazine?")
- have liver problems.)

- are taking a monoamine oxidase inhibitor (MAOI) medicine. Ask your doctor or pharmacist if you are not sure. )
- are taking reserpine. **Do not take medicines that contain reserpine (such as Serpalan® and Renese®-R) with Xenazine. )**  
**If your doctor plans to switch you from taking reserpine to Xenazine, you must wait at least 20 days after your last )**  
**dose of reserpine before you start taking Xenazine.)**

### What should I tell my doctor before taking Xenazine?)

#### Tell your doctor about all your medical conditions, including if you:)

- have emotional or mental problems (for example, depression, nervousness, anxiety, anger, agitation, psychosis, previous suicidal thoughts or suicide attempts).
- have liver disease.
- have any allergies. See the end of this Medication Guide for a complete list of the ingredients in Xenazine.
- have breast cancer or a history of breast cancer.
- have heart disease that is not stable, have heart failure or recently had a heart attack.
- have an irregular heart beat (cardiac arrhythmia).
- are pregnant or plan to become pregnant. It is not known if Xenazine can harm your unborn baby.
- are breast-feeding. It is not known if Xenazine passes into breast milk.

**Tell your doctor about all the medicines you take**, including prescription medicines and nonprescription medicines, vitamins ) and herbal products. Using Xenazine with certain other medicines may cause serious side effects. **Do not start any new medicines ) while taking Xenazine without talking to your doctor first.)**

### How should I take Xenazine?)

- Xenazine is a tablet that you take by mouth.
- **Take Xenazine exactly as prescribed by your doctor.**
- You may take Xenazine with or without food.
- Your doctor will increase your dose of Xenazine each week for several weeks, until you and your doctor find the best dose for you.)
- If you stop taking Xenazine or miss a dose, your involuntary movements may return or worsen in 12 to 18 hours after ) the last dose.)
- Before starting Xenazine, you should talk to your health care provider about what to do if you miss a dose. If you miss ) a dose and it is time for your next dose, do not double the dose. )
- Tell your doctor if you stop taking Xenazine for more than 5 days. **Do not take another dose until you talk to your doctor.)**
- **If your doctor thinks you need to take more than 50 mg of Xenazine each day, you will need to have a blood test to ) see if it is safe for you.)**

### What should I avoid while taking Xenazine?)

Sleepiness (sedation) is a common side effect of Xenazine. While taking Xenazine **do not drive a car or operate dangerous ) machinery until you know how Xenazine affects you.** Drinking alcohol and taking other drugs that may also cause sleepiness ) while you are taking Xenazine may increase any sleepiness caused by Xenazine. )

## What are the possible side effects of Xenazine?)

### Xenazine can cause serious side effects, including:)

- **Depression, suicidal thoughts, or actions.** See “What is the most important information I should know about Xenazine?”)
- **Neuroleptic Malignant Syndrome (NMS).** Call your doctor right away and go to the nearest emergency room if ) you develop these signs and symptoms that do not have another obvious cause:
  - high fever
  - stiff muscles
  - problems thinking
  - very fast or uneven heartbeat
  - increased sweating
- **Parkinsonism.** Symptoms of Parkinsonism include: slight shaking, body stiffness, trouble moving or keeping your balance.)
- **Restlessness.** You may get a condition where you feel a strong urge to move. This is called akathisia.)
- **Trouble swallowing.** Xenazine may increase the chance that you will have trouble swallowing. Increased coughing may ) be the first sign that you are having trouble swallowing. Trouble swallowing increases your risk of pneumonia.)
- **Irregular heartbeat.** Xenazine increases your chance of having certain changes in the electrical activity in your heart which ) can be seen on an electrocardiogram (EKG). These changes can lead to a dangerous abnormal heartbeat. Taking Xenazine ) with certain medicines may increase this chance.)
- **Dizziness due to blood pressure changes when you change position (orthostatic hypotension).** Change positions ) slowly from lying down to sitting up and from sitting up to standing when taking Xenazine. Tell your doctor right away if ) you get dizzy or faint while taking Xenazine. Your doctor may need to watch your blood pressure closely.)
- **Tardive dyskinesia (TD).** TD is a condition where there is repeated facial grimacing that cannot be controlled, sticking ) out of the tongue, smacking of the lips, puckering and pursing of the lips, and rapid eye blinking. Xenazine works like other ) drugs that can cause TD. If you get TD with Xenazine, it is possible that the TD will not go away.)

### Common side effects with Xenazine include:)

- sleepiness (sedation) )
- anxiety
- trouble sleeping ))
- restlessness
- depression ) )
- agitation
- tiredness (fatigue) ))
- nausea

**Tell your doctor if you have any side effects. Do not stop taking Xenazine without talking to your doctor first. )**

**Call your doctor for medical advice about side effects. You may report side effects to the Food and Drug ) Administration (FDA) at 1-800-FDA-1088. )**

### **General information about Xenazine**

Xenazine contains the active ingredient tetrabenazine. It also contains these inactive ingredients: lactose, maize starch, talc, and magnesium stearate. The 25-mg tablet, which is pale yellow, also contains yellow iron oxide.

Medicines are sometimes prescribed for conditions that are not listed in a Medication Guide. Do not use Xenazine for a condition for which it was not prescribed. Do not give Xenazine to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about Xenazine. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about Xenazine that is written for healthcare professionals. You can also call the Xenazine Hotline at **1-800-XXX-XXXX** or visit **www.-----.com**.

Issued May 2008

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Distributed by:



Prestwick Pharmaceuticals, Inc.  
1825 K Street NW, Suite 1475  
Washington, DC 20006

Copyright © 2008 by Prestwick Pharmaceuticals, Inc.

## Understanding Your Therapy With Xenazine® (tetrabenazine)

You will be given 2 guides to help you understand your therapy with Xenazine. The first is this guide, *What You Need to Know About Xenazine® (tetrabenazine)*, which tells you about your treatment with Xenazine.

You will also be given the *Xenazine® (tetrabenazine) Medication Guide* every time your prescription is filled. The medication guide is a short version of this guide. You will also receive an *Initial Dosing Plan*.

For more information on your treatment with Xenazine, call the Xenazine toll-free medical information line at 1-800-XXX-XXXX or visit [www.----.com](http://www.----.com) on the Internet. All this information does not take the place of talking to your doctor about your medical condition or your treatment.

### You Are Not Alone

Call the people listed below any time you have a question or are worried about your treatment with Xenazine. Talking to them may help you. Keep their phone numbers near your telephone.

- Your doctor or nurse: \_\_\_\_\_
- The Xenazine toll-free medical information line: 1-800-XXX-XXXX

**Do You Have Questions About  
Your Treatment With Xenazine?**

Call the Xenazine toll-free  
medical information line  
any time you have questions or worries.  
1-800-XXX-XXXX

For more information about Xenazine,  
visit our web site at [www.xxxxxxxx.com](http://www.xxxxxxxx.com)

**Xenazine®**  
(tetrabenazine)

