

395 \*metrizamide, The Sanofi-Aventis Group.  
396 †disulfiram, Odyssey Pharmaceuticals, Inc.

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## 398 Medication Guide

### 399 Antidepressant Medicines, Depression and Other Serious Mental Illnesses, and Suicidal 400 Thoughts or Actions

#### 401 PARNATE® (PAR-nate) (tranylcypromine sulfate) Tablets

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403 Read the Medication Guide that comes with you or your family member's antidepressant  
404 medicine. This Medication Guide is only about the risk of suicidal thoughts and actions with  
405 antidepressant medicines. **Talk to your, or your family member's, healthcare provider**  
406 **about:**

- 407 • All risks and benefits of treatment with antidepressant medicines
- 408 • All treatment choices for depression or other serious mental illness

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410 **What is the most important information I should know about antidepressant medicines,**  
411 **depression and other serious mental illnesses, and suicidal thoughts or actions?**

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- 413 **1. Antidepressant medicines may increase suicidal thoughts or actions in some children,**  
414 **teenagers, and young adults within the first few months of treatment.**
- 415 **2. Depression and other serious mental illnesses are the most important causes of suicidal**  
416 **thoughts and actions. Some people may have a particularly high risk of having suicidal**  
417 **thoughts or actions.** These include people who have (or have a family history of) bipolar  
418 illness (also called manic-depressive illness) or suicidal thoughts or actions.
- 419 **3. How can I watch for and try to prevent suicidal thoughts and actions in myself or a**  
420 **family member?**
  - 421 • Pay close attention to any changes, especially sudden changes, in mood, behaviors,  
422 thoughts, or feelings. This is very important when an antidepressant medicine is started or  
423 when the dose is changed.
  - 424 • Call the healthcare provider right away to report new or sudden changes in mood,  
425 behavior, thoughts, or feelings.
  - 426 • Keep all follow-up visits with the healthcare provider as scheduled. Call the healthcare  
427 provider between visits as needed, especially if you have concerns about symptoms.

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429 **Call a healthcare provider right away if you or your family member has any of the**  
430 **following symptoms, especially if they are new, worse, or worry you:**

- 431 • Thoughts about suicide or dying
- 432 • Attempts to commit suicide
- 433 • New or worse depression
- 434 • New or worse anxiety

- 435 • Feeling very agitated or restless
- 436 • Panic attacks
- 437 • Trouble sleeping (insomnia)
- 438 • New or worse irritability
- 439 • Acting aggressive, being angry, or violent
- 440 • Acting on dangerous impulses
- 441 • An extreme increase in activity and talking (mania)
- 442 • Other unusual changes in behavior or mood

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444 **What else do I need to know about antidepressant medicines?**

- 445 • **Never stop an antidepressant medicine without first talking to a healthcare provider.**  
446 Stopping an antidepressant medicine suddenly can cause other symptoms.
- 447 • **Antidepressants are medicines used to treat depression and other illnesses.** It is  
448 important to discuss all the risks of treating depression and also the risks of not treating it.  
449 Patients and their families or other caregivers should discuss all treatment choices with the  
450 healthcare provider, not just the use of antidepressants.
- 451 • **Antidepressant medicines have other side effects.** Talk to the healthcare provider about the  
452 side effects of the medicine prescribed for you or your family member.
- 453 • **Antidepressant medicines can interact with other medicines.** Know all of the medicines  
454 that you or your family member takes. Keep a list of all medicines to show the healthcare  
455 provider. Do not start new medicines without first checking with your healthcare provider.
- 456 • **Not all antidepressant medicines prescribed for children are FDA approved for use in**  
457 **children.** Talk to your child's healthcare provider for more information.

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459 This Medication Guide has been approved by the U.S. Food and Drug Administration for all  
460 antidepressants.

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