

1 **MEDICATION GUIDE**
2 **BROVANA** [*Brō vǎ'-nah*]
3 **(arformoterol tartrate) Inhalation Solution**
4

5 **IMPORTANT USE INFORMATION**

6 **1. BROVANA is for use with a standard jet nebulizer machine connected to an air**
7 **compressor. Read the complete instructions for use at the end of this Medication**
8 **Guide before starting BROVANA.**

9 **2. Do not swallow or inject BROVANA. BROVANA is for inhalation use only.**

10 Read the Medication Guide that comes with BROVANA before you start using it and
11 each time you get a refill. There may be new information. This Medication Guide does
12 not take the place of talking to your healthcare provider about your medical condition or
13 treatment.

14 **What is the most important information I should know about BROVANA?**

15 BROVANA is a medicine called a long-acting beta₂-agonist or LABA. BROVANA is
16 used to treat chronic obstructive pulmonary disease (COPD).

- 17 • **In patients with asthma, LABA medicines such as BROVANA may increase the**
18 **chance of asthma-related death from asthma problems.**
- 19 • **It is not known if LABA medicines, such as BROVANA, increase the chance of**
20 **death in patients with chronic obstructive pulmonary disease (COPD).**
- 21 • **BROVANA does not relieve sudden symptoms of COPD.** Always have a short-
22 acting beta₂-agonist medicine with you to treat sudden symptoms. If you do not have
23 an inhaled short-acting bronchodilator, call your healthcare provider to have one
24 prescribed for you.
- 25 • **Get emergency medical care if:**
 - 26 • **breathing problems worsen quickly**
 - 27 • **you use your short-acting beta₂-agonist medicine, but it does not relieve your**
28 **breathing problems**
- 29 • **Do not stop using BROVANA unless told to do so by your healthcare provider**
30 **because your symptoms might get worse.**
- 31 • **BROVANA should not be used in children.** BROVANA has not been studied in
32 children.

33 **What is BROVANA?**

34 **BROVANA is used long term, twice a day (morning and evening), in controlling**
35 **symptoms of chronic obstructive pulmonary disease (COPD) in adults with COPD.**

36 LABA medicines such as BROVANA help the muscles around the airways in your lungs
37 stay relaxed to prevent symptoms, such as wheezing, cough, chest tightness, and
38 shortness of breath.

39 **What should I tell my healthcare provider before using BROVANA?**

40 **Tell your healthcare provider about all of your health conditions, including if you:**

- 41 • **have heart problems**
- 42 • **have high blood pressure**
- 43 • **have seizures**
- 44 • **have thyroid problems**
- 45 • **have diabetes**
- 46 • **have liver problems**
- 47 • **are pregnant or planning to become pregnant.** It is not known if BROVANA
48 can harm your unborn baby.
- 49 • **are breastfeeding.** It is not known if BROVANA passes into your milk and if it
50 can harm your baby.

51 **Tell your healthcare provider about all the medicines you take including**
52 **prescription and non-prescription medicines, vitamins and herbal supplements.**

53 BROVANA and certain other medicines may interact with each other. This may cause
54 serious side effects.

55 Know the medicines you take. Keep a list of them to show your healthcare provider and
56 pharmacist each time you get a new medicine.

57 **How should I use BROVANA?**

58 **Read the step-by-step instructions for using BROVANA at the end of this**
59 **Medication Guide.**

- 60 • Use BROVANA exactly as prescribed. One ready-to-use vial of BROVANA is one
61 dose. The usual dose of BROVANA is 1 ready-to-use vial, twice a day (morning and
62 evening) breathed in through your nebulizer machine. The 2 doses should be about
63 12 hours apart. **Do not use more than 2 vials of BROVANA a day.**
- 64 • Do not mix other medicines with BROVANA in your nebulizer machine.
- 65 • If you miss a dose of BROVANA. Just skip that dose. Take your next dose at your
66 usual time. Do not take 2 doses at one time.
- 67 • While you are using BROVANA twice a day:
 - 68 • **do not use** other medicines that contain a long-acting beta₂-agonist (LABA) for
69 any reason.

- 70 • **do not use** your short-acting beta₂-agonist medicine on a regular basis (four times
71 a day).
- 72 • Make sure you always have a short-acting beta₂-agonist medicine with you. Use your
73 short-acting beta₂-agonist medicine if you have breathing problems between doses of
74 BROVANA.
- 75 • Do not change or stop any of your medicines to control or treat your COPD breathing
76 problems. Your healthcare provider will adjust your medicines as needed.

77 **Call your healthcare provider or get emergency medical care right away if:**

- 78 • your breathing problems worsen with BROVANA
- 79 • you need to use your short-acting beta₂-agonist medicine more often than usual
- 80 • your short-acting beta₂-agonist medicine does not work as well for you at relieving
81 symptoms

82 **What are the possible side effects with BROVANA?**

- 83 • **In patients with asthma, LABA medicines such as BROVANA may increase the**
84 **chance of asthma-related death from asthma problems.**
- 85 • **serious allergic reactions including rash, hives, swelling of the face, mouth, and**
86 **tongue, and breathing problems.** Call your healthcare provider or get emergency
87 medical care if you get any symptoms of a serious allergic reaction.
- 88 • **chest pain**
- 89 • **increased or decreased blood pressure**
- 90 • **a fast and irregular heartbeat**
- 91 • **headache**
- 92 • **tremor**
- 93 • **nervousness**
- 94 • **dry mouth**
- 95 • **muscle cramps**
- 96 • **nausea, vomiting**
- 97 • **dizziness**
- 98 • **tiredness**
- 99 • **low or high blood potassium**
- 100 • **high blood sugar**
- 101 • **high blood acid**

102 • **trouble sleeping**

103 Tell your healthcare provider if you get any side effect that bothers you or that does not
104 go away.

105 These are not all the side effects with BROVANA. Ask your healthcare provider or
106 pharmacist for more information.

107 **How should I store BROVANA?**

108 • Store BROVANA in a refrigerator between 36° to 46°F (2° to 8°C) in the protective
109 foil pouch. Protect from light and excessive heat. **Do not open a sealed pouch until**
110 **you are ready to use a dose of BROVANA. Once a sealed pouch is opened,**
111 **BROVANA must be used right away.** BROVANA may be used directly from the
112 refrigerator.

113 • BROVANA may also be stored at room temperature between 68°F to 77°F (20°C to
114 25°C) for up to 6 weeks (42 days). If stored at room temperature, discard
115 BROVANA if it is not used after 6 weeks or if past the expiration date, whichever is
116 sooner. Space is provided on the packaging to record room temperature storage
117 times.

118 • Do not use BROVANA after the expiration date provided on the foil pouch and vial.

119 • BROVANA should be colorless. Discard BROVANA if it is not colorless.

120 • **Keep BROVANA and all medicines out of the reach of children.**

121 **General Information about BROVANA**

122 Medicines are sometimes prescribed for purposes not mentioned in a Medication Guide.
123 Do not use BROVANA for a condition for which it was not prescribed. Do not give
124 BROVANA to other people, even if they have the same condition. It may harm them.

125 This Medication Guide summarizes the most important information about BROVANA.
126 If you would like more information, talk with your healthcare provider. You can ask
127 your healthcare provider or pharmacist for information about BROVANA that was
128 written for healthcare professionals.

129 • For customer service, call 1-888-394-7377.

130 • To report side effects, call 1-877-737-7226.

131 • For medical information, call 1-800-739-0565.

132 **Instructions for Using BROVANA (arformoterol tartrate) Inhalation Solution**

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134 **BROVANA is used only in a standard jet nebulizer machine connected to an air**
135 **compressor. Make sure you know how to use your nebulizer machine before you**
136 **use it to breathe-in BROVANA or other medicines.**

137 **Do not mix BROVANA with other medicines in your nebulizer machine.**

138 BROVANA comes sealed in a foil pouch. Do not open a sealed pouch until you are
139 ready to use a dose of BROVANA.

- 140 1. Open the foil pouch by tearing on the rough edge along the seam of the pouch.
141 Remove the unit-dose vial of BROVANA and use it right away.
- 142 2. Carefully twist open the top of the unit-dose vial (**Figure 1**).

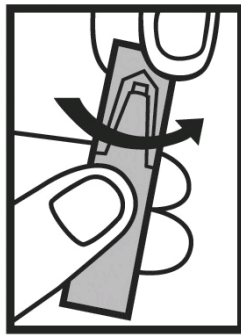


Figure 1

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- 144 3. Squeeze all of the medicine from the vial into the nebulizer medicine cup
145 (reservoir) (**Figure 2**).

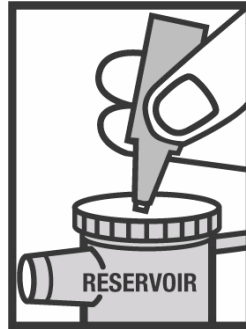


Figure 2

- 146
147 4. Connect the nebulizer reservoir to the mouthpiece (**Figure 3**) or face mask
148 (**Figure 4**).



Figure 3



Figure 4

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- 150 5. Connect the nebulizer to the compressor (**Figure 5**).

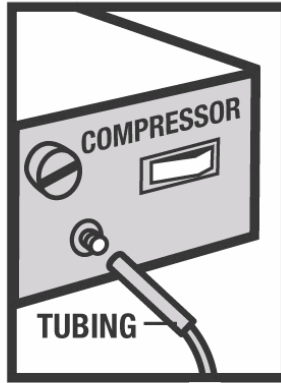


Figure 5

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- 152 6. Sit in a comfortable, upright position. Place the mouthpiece in your mouth
153 (**Figure 6**) (or put on the face mask) and turn on the compressor.

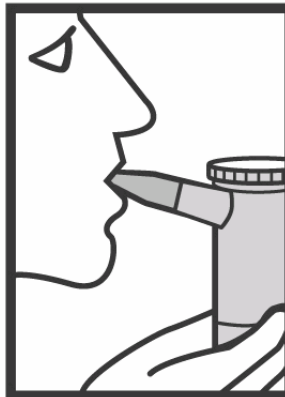


Figure 6

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- 155 7. Breathe as calmly, deeply, and evenly as possible until no more mist is formed in
156 the nebulizer reservoir. It takes about 5 to 10 minutes for each treatment.
- 157 8. Clean the nebulizer (see manufacturer's instructions).

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162 Rx Only

163 This Medication Guide has been approved by the Food and Drug Administration.



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165 Manufactured for: **Sepracor Inc.**

166 Marlborough, MA 01752 USA

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