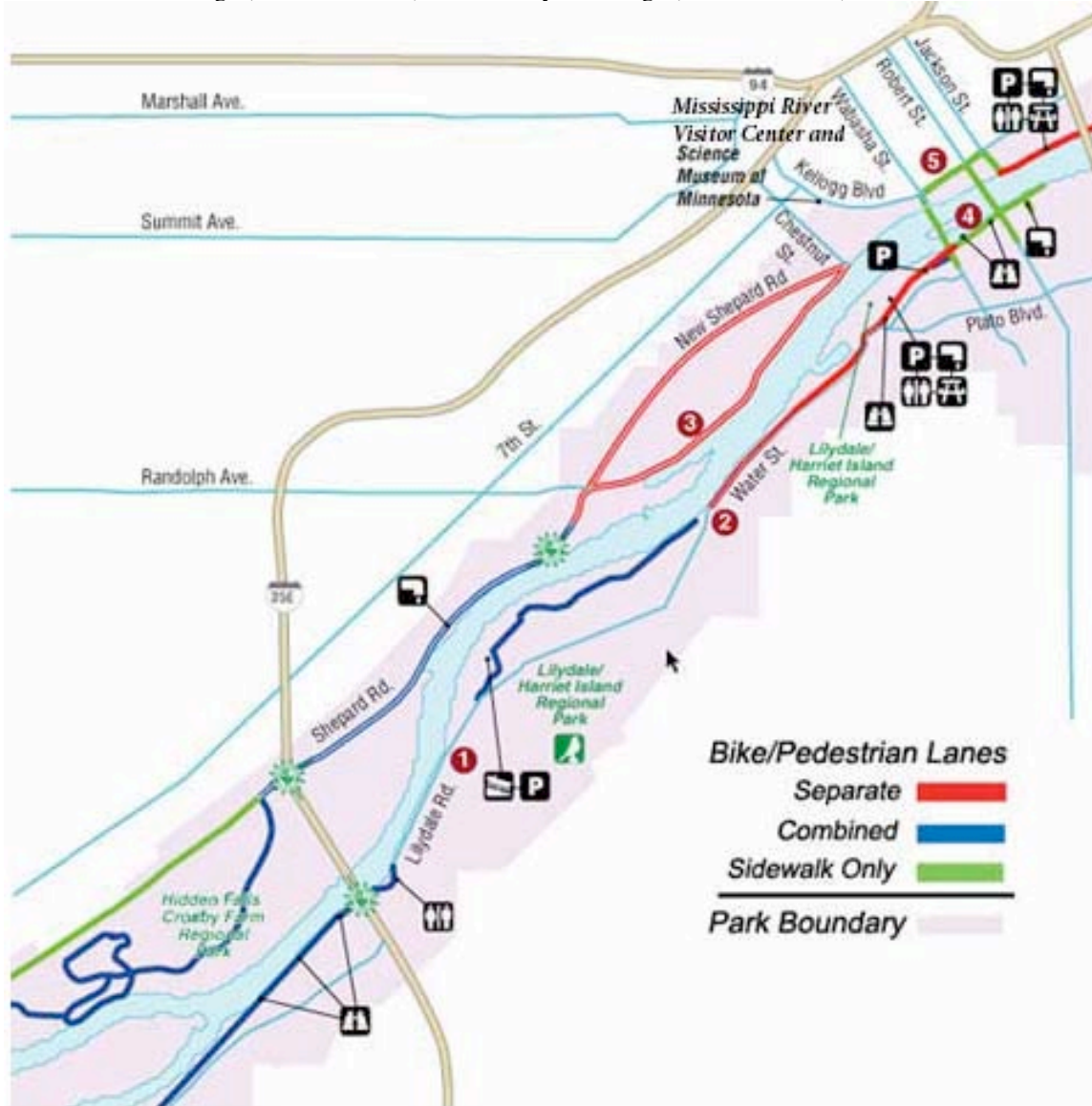




Mississippi National River and Recreation Area

Downtown St. Paul and the West Side

From the 35E bridge (river mile 843.3) to the LaFayette Bridge (river mile 836.6) in downtown St. Paul.



Trail Notes and Gaps:

1. The trail ends at the western edge of Lilydale/Harriet Island Regional Park. If you continue three quarters of a mile along Lilydale Road, you can join the Big Rivers Regional Trail.
2. There is a gap in the trail at the eastern entrance to Lilydale/ Harriet Island Regional Park. Follow Lilydale Road one fifth of a mile until the path picks up again. The road is narrow here and little or no shoulder exists, so be careful. Another short break in the trail occurs where a railroad bridge shrinks Lilydale Road to one lane. The trail continues immediately on both sides of the bridge, so watch for traffic from both directions and follow the road under the bridge.

3. The trail on the east bank follows both the old and new Shepard Roads. Hidden Falls/Crosby Farm Regional Park is the best place to access this trail. Call Saint Paul Parks & Recreation at 651-266-6400 for details.

4. A riverfront walkway stretches along the west bank from Harriet Island to east of the Robert Street Bridge. While ramps and stairs connect to the Wabasha Street Bridge, no direct connection exists to the Robert Street Bridge.

5. Kellogg Park, which overlooks the river, lies along the bluffs of the east bank from Wabasha Street to Robert Street. Sidewalks along the Wabasha Street Bridge connect to Harriet Island, and city sidewalks connect to the Mississippi National River and Recreation Area Headquarters and the Science Museum of Minnesota, home of the Mississippi River Visitor Center. Sidewalks also connect via Kellogg Boulevard and Jackson Road to Lower Landing Park (Link to No 5 below).