

Mississippi National River and Recreation Area

Use the complete site name here (e.g. Palo Alto Battlefield Historic Site). 111 Kellogg Blvd. E., Ste 105 Saint Paul, MN 55101-1256

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News Release

Use a "short-hand" version of the site name here (e.g. Palo Alto Battlefield not Palo Alto Battlefield National Historical Site).

FOR IMMEDIATE RELEASE

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Bike the Mississippi River with a Park Ranger this Summer!

It will be easier than ever to explore the Mississippi River this summer with National Park Service Rangers leading the way. The Mississippi National River and Recreation Area kicks off its first year of the "Bike with a Ranger" program on Sunday, June 5th. Park Rangers will lead free, 3-hour, 8-mile round trips along the Mississippi River within the Mississippi National River and Recreation Area, a unit of the National Park System. The leisurely, family-friendly rides will feature the history, natural resources, and recreational opportunities of the area.

"This is a great opportunity for folks to get out and discover what an amazing river we have in our backyard," stated JoAnn Kyral, Superintendent of the National Park. "Our pilot trips during last year's St. Paul Classic Bike Tour were so popular, we decided to offer them all summer long."

The "Bike with a Ranger" trips are on alternate Sundays, starting either at the National Park Service's Mississippi River Visitor Center in St. Paul, or at Crosby Farm Regional Park, part of the St. Paul Park and Recreation Department. The trips run from June 5th to August 28th and are limited to 20 participants each. Attendance is free, but reservations are required. To register or for more information, call the Mississippi River Visitor Center at (651) 293-0200.

The Mississippi National River and Recreation Area, one of 388 units of the National Park System, extends 72 miles south from the cities of Dayton and Ramsey, through Minneapolis and St. Paul, ending just south of Hastings. The National Park Service works with partners to care for the river's nationally significant resources found here, which include the Mississippi's only gorge and waterfall.

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