



Mount St. Helens
National Volcanic Monument
www.fs.fed.us/gpnf/mshnvm

NEWS

From Mount St. Helens
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**MOUNT ST. HELENS
INSTITUTE**
www.mshinstitute.org

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2009 Climbing Permit Sales to begin at 9:00 a.m. PST on February 2nd

AMBOY, WA –Monday, February 2nd will mark the beginning of sales of Mount St. Helens climbing permits for the 2009 climbing season. Starting at 9:00 a.m. PST, climbing permits will be sold online, in-advance through the Mount St. Helens Institute at www.mshinstitute.org. Fees and purchase procedures will be the same as last year.

“This year climbers will be able to gaze into the crater at the massive new lava dome that was erupted between 2004 and 2008 and see the glacier that was pushed aside by the eruption,” said Tom Mulder, Monument Manager. “Interest in climbing Mount St. Helens continues to be high. Even though our weekend climbing dates tend to sell out relatively quickly, the online permit system allows folks to locate and purchase available week day permits up to 24-hours in advance of their climb. Prospective climbers can also sign up for one of the Mount St. Helens Institute’s guided climbs or other expert-led field seminars,” Mulder added.

Permits are required to travel above 4800 foot elevation on the volcano year round. Between April 1st and October 31st a fee of \$22 is charged for each permit and all permit purchases are online. Between May 15th and October 31st there is a limit of 100 permits per day. From November 1st through March 31st, climbing permits are free and are available on a self-registration basis at Marble Mountain Sno-Park and at the Climber’s Register at the Lone Fir Resort in Cougar.

Details about the **climbing Mount St. Helens** are available online at:

<http://www.fs.fed.us/gpnf/recreation/mount-st-helens/permit-system.shtml>

Answers to **Frequently Asked Questions** about climbing and permit system are available at:

<http://www.fs.fed.us/gpnf/recreation/mount-st-helens/climbing-faqs.shtml#permits>

Information about **guided climbs and field seminars** offered by the **Mount St. Helens Institute** is available at:

http://www.mshinstitute.org/field_seminars

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