Table 3. Percent of different outcome types found in included studies

	Percent of All Outcome Measures (n)	Percent of Studies with Outcome Type (n)
Daily activities	1.0% (1)	2.1% (1)
Exercise sessions	23.2% (23)	36.2% (17)
Fitness activities	1.0% (1)	2.1% (1)
Fitness	15.2% (15)	21.3% (10)
Leisure activity	13.1% (13)	19.1% (9)
Moderate activity	3.0% (3)	6.4% (3)
Other	4.0% (4)	8.5% (4)
Total activity	19.2% (19)	38.3% (18)
Vigorous activity	8.1% (8)	12.8% (6)
Walking	12.1% (12)	14.9% (7)