

**Table 20. Quality criteria met by studies**

Study	Description		Measurement		Analysis				Results		
	1	2	3	4	5	6	7	8	9	10	11
Berglund et al., 1993 <sup>92</sup>					✓	✓	✓			✓	✓
Berglund et al., 1994 <sup>93</sup>			✓	✓	✓	✓	✓		✓	✓	✓
Burnham and Wilcox 2002 <sup>86</sup>					✓	✓	✓		✓	✓	✓
Chen 1999 <sup>47</sup>					✓	✓					✓
Courneya et al., 2002 <sup>82</sup>		✓	✓	✓	✓	✓	✓		✓	✓	✓
Courneya et al., 2003 <sup>83</sup>		✓	✓	✓	✓	✓	✓		✓	✓	✓
Courneya et al., 2003 <sup>90</sup>		✓	✓	✓	✓	✓	✓		✓	✓	✓
Fairey et al., 2003 <sup>100</sup>		✓	✓	✓	✓	✓	✓		✓	✓	✓
Cunningham et al., 1986 <sup>85</sup>		✓	✓	✓	✓	✓					✓
Dimeo et al., 1999 <sup>106</sup>			✓	✓	✓	✓					✓
Dimeo et al., 1997 <sup>101</sup>			✓	✓	✓	✓				✓	✓
Dimeo et al., 1997 <sup>102</sup>		✓	✓	✓	✓	✓		✓			✓
Djuric et al., 2002 <sup>81</sup>					✓	✓					✓
Hayes et al., 2003 <sup>104</sup>			✓	✓	✓	✓	✓			✓	
MacVicar et al., 1989 <sup>88</sup>			✓	✓	✓	✓	✓				✓
MacVicar et al., 1986 <sup>112</sup>			✓	✓							
McKenzie et al., 2003 <sup>107</sup>			✓	✓	✓	✓	✓		✓	✓	✓
Mock et al., 1994 <sup>99</sup>			✓	✓	✓	✓					✓
Mock et al., 1997 <sup>94</sup>	✓	✓	✓	✓	✓	✓	✓		✓		
Mock et al., 1998 <sup>98</sup>	✓	✓	✓	✓	✓	✓	✓		✓		
Mock et al., 2001 <sup>95</sup>	✓	✓			✓	✓					✓
Pickett et al., 2002 <sup>96</sup>	✓	✓			✓	✓					✓
Na 2000 <sup>105</sup>		✓	✓	✓	✓	✓					✓
Nieman et al., 1995 <sup>103</sup>			✓	✓	✓	✓	✓				✓
Segal et al., 2001 <sup>87</sup>			✓	✓	✓	✓				✓	✓
Segal et al., 2003 <sup>91</sup>			✓	✓	✓	✓		✓	✓	✓	✓
Segar et al., 1998 <sup>84</sup>			✓	✓	✓	✓	✓		✓	✓	✓
Wall, 2000 <sup>213</sup>			✓	✓	✓	✓	✓		✓		✓
Winningham et al., 1989 <sup>108</sup>			✓	✓	✓	✓	✓		✓		✓
Winningham et al., 1988 <sup>89</sup>			✓	✓	✓	✓	✓		✓	✓	✓

**Quality Measures**

*Description*

1. Was the study sample well described as to race/ethnicity, sociodemographics, cancer diagnosis and treatment, as well as age?
2. Was the intervention well described (what, how, who, where)?

*Measurement*

3. Were the outcome and other independent (or predictor) variables valid?
4. Were the outcome and other independent (or predictor) variables reliable (consistent and reproducible)?

*Analysis*

Did the authors conduct appropriate statistical testing by:

5. conducting statistical testing (when appropriate)?
6. reporting which statistical tests were used?
7. controlling for repeated measures in samples that were followed over time?
8. controlling for differential exposure to the intervention?

*Results*

9. Did at least 80 percent of enrolled participants complete the study?
10. Did the authors assess if the units of analysis were comparable prior to exposure to the intervention?
11. Did the authors institute study procedures to limit bias appropriately (e.g., randomization, restriction, matching, stratification or statistical adjustment)?