

Table 14. Quality of studies with random treatment assignment at the individual level using criteria of Chalmers et. al.⁸⁰

Author/Year	Method of Treatment Assignment	Control of Selection Bias After Treatment Assignment	Blinding of Participants and Investigators
Hillsdon et al., 2002 ⁹⁷	2	0	1
Halbert et al., 2000 ⁵⁹	2	2	1
Kreuter et al., 2000 ¹³³	1	0	1
Harland et al., 1999 ¹³⁵	2	1	1
Marcus et al., 1998 ⁷³	1	0	1
Blalock et al., 2000 ⁷⁶	1	0	1
Caserta & Gillett, 1998 ¹¹⁵	1	1	1
Chen et al., 1998 ¹⁴⁵	1	0	1
Edye et al., 1989 ¹⁴⁷	1	0	1
Elder et al., 1995 ¹⁴⁸	1	0	1
Gemson & Sloan, 1995 ⁶⁸	1	0	1
Godin et al., 1987 ¹¹⁶	1	0	1
Green et al., 2000 ⁶¹	1	0	1
Keyserling et al., 2002 ¹⁵⁰	2	0	1
Knutsen & Knutsen, 1991 ¹⁵³	1	0	1
Kreuter et al., 2000 ¹³³	1	1	1
Lombard et al., 1995 ⁶⁹	1	0	1
Lovibond et al., 1986 ¹⁵⁶	1	0	1
MacKeen et al., 1985 ¹⁵⁷	1	0	1
Mutrie et al., 2002 ⁷⁰	3	0	1
Ostwald, 1989 ¹⁶⁰	1	0	1
Pereira et al., 1998 ⁶⁴	1	1	1
Stevens et al., 1998 ⁶²	1	0	1