

List of Acronyms/Abbreviations

ACSM	American College of Sports Medicine
AHRQ	Agency for Healthcare Research and Quality
ANCOVA	Analysis of Covariance
ANOVA	Analysis of Variance
BIVAS	Body Image Visual Analog Scale
BDI	Beck Depression Index
BMI	Body Mass Index
CATCH	Child and Adolescent Trial for Cardiovascular Health
CDC	Centers for Disease Control and Prevention
CHD	Congenital Heart Disease
Comp	Comparison group
ECG	Electrocardiogram
EPC	Evidence-based Practice Center
ES	Effect size
FACT	Functional Assessment of Cancer Therapy
HAD scale	Hospital Anxiety and Depression
HDC	High dose chemotherapy
HF	High frequency
HHI	Herth Hope Index
HMO	Health Maintenance Organization
HS	High structure
IEE	Intervention Effect Estimate
IGF	Insulin-like Growth Factor
kcal	Kilocalories
KPS	Karnofsky Performance Status Scale
LASA	Linear Analog Self-Assessment Measure
LF	Low frequency
LS	Low structure
MAC	Mental Adjustment to Cancer Scale
mCAFT	Modified Canadian Aerobic Fitness Test
MOS-SF	Medical Outcomes Study - Social Functioning
NCI	National Cancer Institute
NKCA	Natural Killer Cell Cytotoxic Activity
NS	Not significant
PA	Physical activity
PACE	Patient-centered Assessment and Counseling for Exercise
PARQ	Physical Activity Readiness Questionnaire
PE	Physical Education
PFS	Piper Fatigue Scale
PKPCT	Power as Knowing Participation in Change Test
POMS	Profile of Mood Status
PSA	Prostate-Specific Antigen
PSBT	Protein of photosystem II reaction center

List of Acronyms/Abbreviations (continued)

RCT	Randomized Controlled Trial
QOL	Quality of life
RSE	Rosenberg Self-Esteem
SAS	Symptom Assessment Scales
SWLS	Satisfaction With Life Scale
SCL	Symptom Checklist
SF-36	Social Functioning - 36
STAI	Strait Anxiety Inventory
TEP	Technical Expert Panel
TOI	Trial Outcome Index
TSCS	Tennessee Self-Concept Scale