



# Continuity of Support Plan/ IT Contingency Plan





“It is a Dangerous World Out There, and information technology (IT) Leaders like Brain D. Voss (CIO Louisiana State University) know it.”





# Purpose

- Briefly review continuity of support planning/IT contingency planning definitions
- How they fit with business continuity planning and emergency preparedness
- Principles and Processes
- Federal Requirements





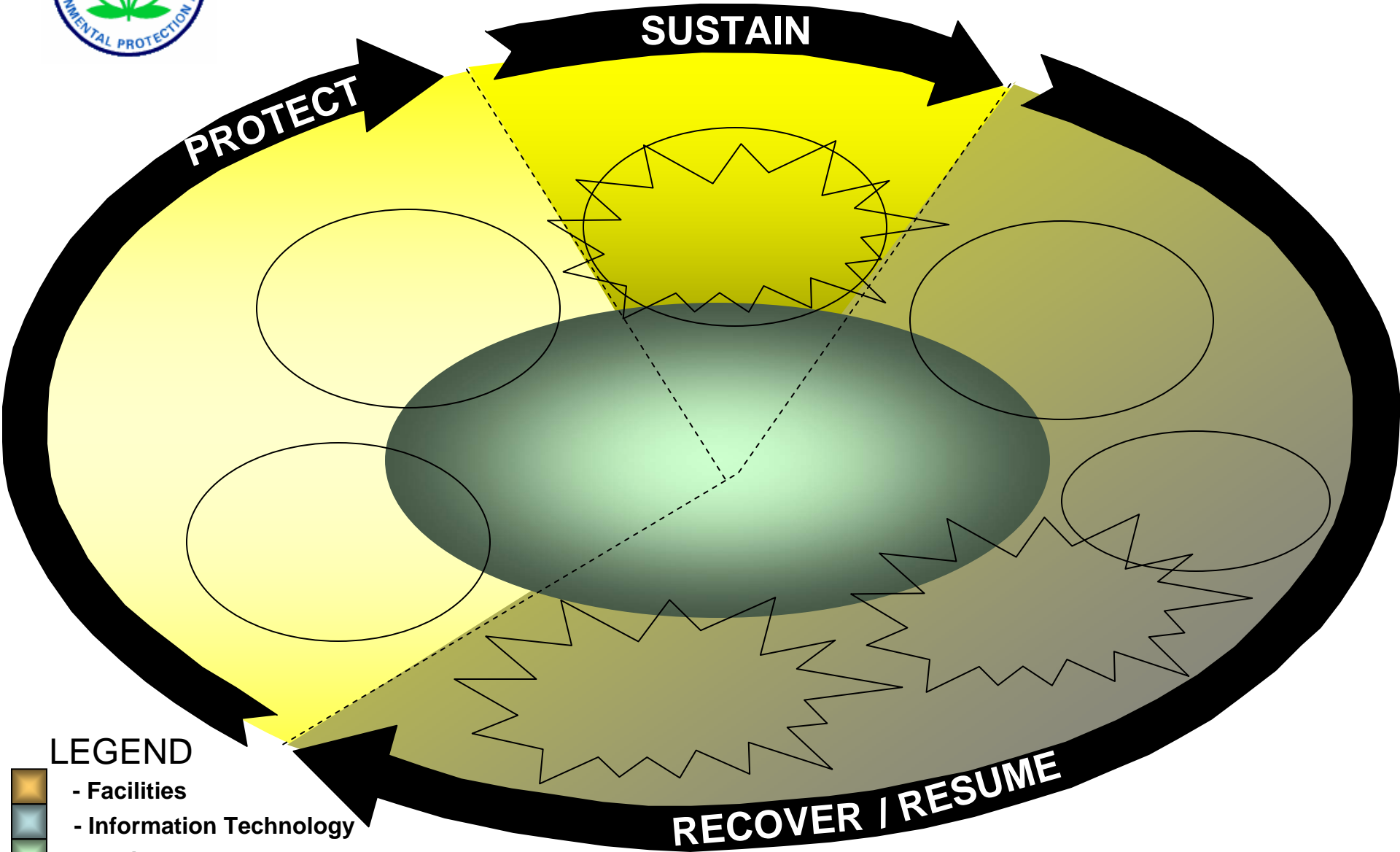
# Training Objectives

- **Reviewing management responsibilities for Continuity of Support Planning/IT Contingency Planning**
- **Ensuring mission critical systems have adequate plans for recovery and resumption**
- **Analyzing business impacts if an IT system goes down**
- **Effectively testing adequacy of plans**
- **Where to go for more help**





# Emergency Preparedness



## LEGEND

- Facilities
- Information Technology
- Business
- Major Impact



# Emergency Preparedness

- **Business Continuity Plan (BCP)**
  - Sustains business functions during and after disruption
  - Written for a specific or Key business process
  - IT systems considered in the BCP in terms of their support to the business processes
  - may not address long-term recovery of processes
  - may not return functions to normal operations (interim business continuity requirements)
- **Business Recovery Plan (BRP)**
  - Addresses the restoration of business process after an emergency.
  - procedures ensure continuity of critical processes throughout an emergency or disruption.
  - Coordinated with the DRP and can be appended to the BCP.



# Emergency Preparedness

- **Continuity of Operations Plan (COOP)**
  - Restores essential functions at an alternate site
  - Performs those functions up to 30 days
  - Designed to support Headquarters elements
  - Developed and executed independently from the BCP (Mandated by PDD 67)
  
- **Continuity of Support Plan/ IT Contingency Plan**
  - Outline the procedures and capabilities for recovering from disruptions of service to a general support system or major application



# Emergency Preparedness

- **Crisis Communication Plan**
  - Developed by the organization responsible for public outreach
  - Designates specific individuals as the only authority for answering questions from the public regarding disaster response
  - Includes procedures for disseminating status reports to personnel and to the public
- **Cyber Incident Response Plan**
  - Establishes procedures to address cyber attacks against an organization's IT system(s)
  - Designed to enable security personnel to identify, mitigate, and recover from malicious computer incidents





# Emergency Preparedness

- **Disaster Recovery Plan (DRP)**
  - Applies to major or catastrophic events that deny access to the normal facility for an extended period
  - IT-focused plan designed to restore operability of the target system, application, or computer facility at an alternate site
  - Does not address minor disruptions that do not require relocation
- **Occupant Emergency Plan (OEP)**
  - Provides the response procedures for occupants of a facility in the event of a situation posing a potential threat to the health and safety of personnel, the environment, or property
  - Developed at the facility level, specific to the geographic location and structural design of the building
  - The facility OEP may be appended to the BCP, but is executed separately



# IT System Types

- **Systems Types**

- **General Support Systems:** Interconnected set of information resources under the same direct management control that shares common functionality
- **Major Applications:** Applications that require special attention to security due to the risk and magnitude of the harm resulting from the loss, misuse, or unauthorized access to (or modification of) the information in the application
- **Minor Applications:** Other applications



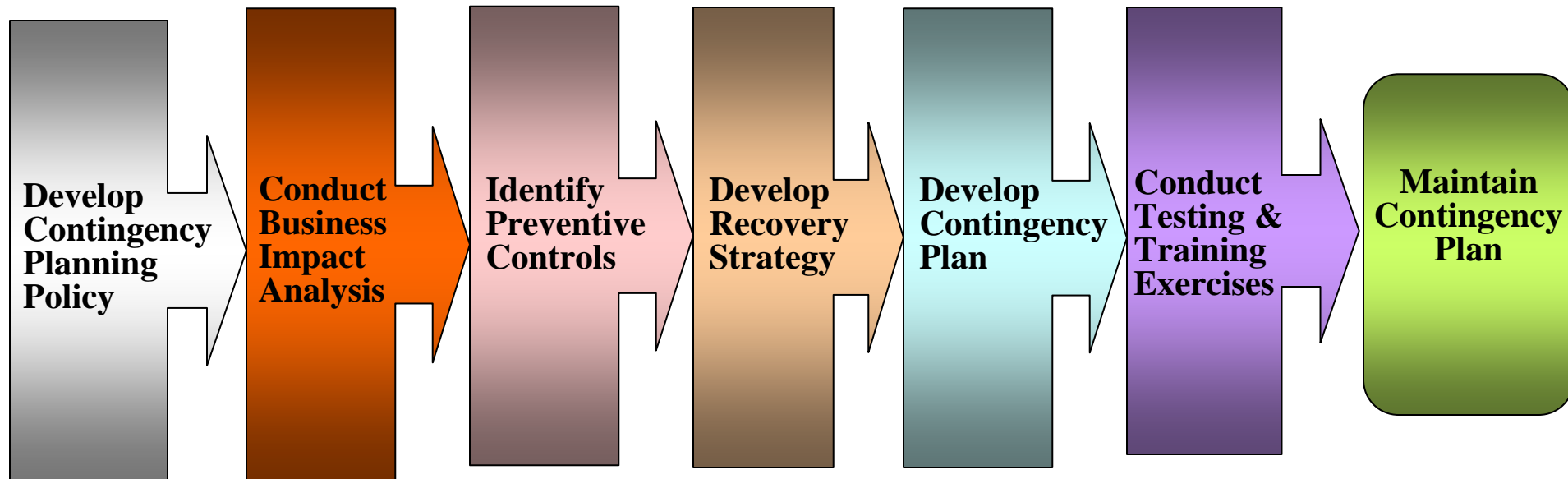


# Continuity of Support Plan and IT Contingency Plan Defined

*IT contingency planning refers to interim measures to recover IT services following an emergency or system disruption. It involves a coordinated strategy involving plans, procedures, and technical measures that enables the recovery of IT systems, operations, and data after a disruption*



# Contingency Plan Process





# Step One - Planning Policy

- **The Agency Network Security Policy requires IT system owners:**
  - **Develop, implement, and maintain a planning capability to address disruption of service to their IT systems**
  - **Document procedures for executing this capability**
  - **Incorporate documented procedures into their system security planning activities**
  - **Review and test their plans on an annual basis**
  - **Ensure all personnel are trained in the plan**

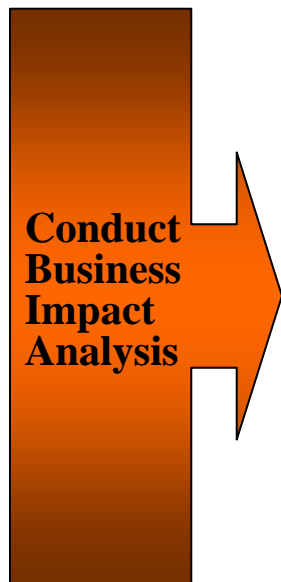


**Develop  
Contingency  
Planning  
Policy**



# Step Two – Conducting a Business Impact Analysis (BIA)

- **Structured and disciplined process**
- **Identifies**
  - **Consequences & ramifications to the organization's mission operations if an IT system goes down**
  - **Appropriate recovery steps and priorities when faced with system disruptions**
- **Characterizes system requirements, processes, and interdependencies**
- **Correlates specific system components with the critical services**





# Conducting a BIA

- Builds on Existing Security and Risk Management Activities
- System Categorization
- Threat & Vulnerability Identification
- For more information
  - The NIST SP 800-30 – *Risk Management* and NIST SP 800-60, *Guide for Mapping Types of Information and Information Systems to Security Categories*



# System Categorization

<b>Security Objective</b> Adverse effect on individual or organizational operations or assets	<b>Potential Impact:</b> <b>Low</b> <b>Limited</b>	<b>Potential Impact:</b> <b>Moderate</b> <b>Serious</b>	<b>Potential Impact:</b> <b>High</b> <b>Severe or Catastrophic</b>
<b>Confidentiality</b> Limit access Protect privacy	Unauthorized disclosure → Limited harm	Unauthorized disclosure → Serious harm	Unauthorized disclosure → Severe harm
<b>Integrity</b> Prevent change or destruction Ensure authenticity	Unauthorized change or ruin Limited harm →	Unauthorized change or ruin Serious harm →	Unauthorized change or ruin Severe harm →
<b>Availability</b> Ensure timely, reliable access	Disruption of access or use Limited harm	Disruption of access or use Serious harm	Disruption of access or use Severe harm





# Threat & Vulnerability Identification

- Formal process that helps system owners and managers understand the extent to which their IT system is exposed to threats and vulnerabilities.
- Three classifications
  - Natural - e.g., hurricane, torn
  - Environmental - e.g., electric
  - Human - e.g., operator error,



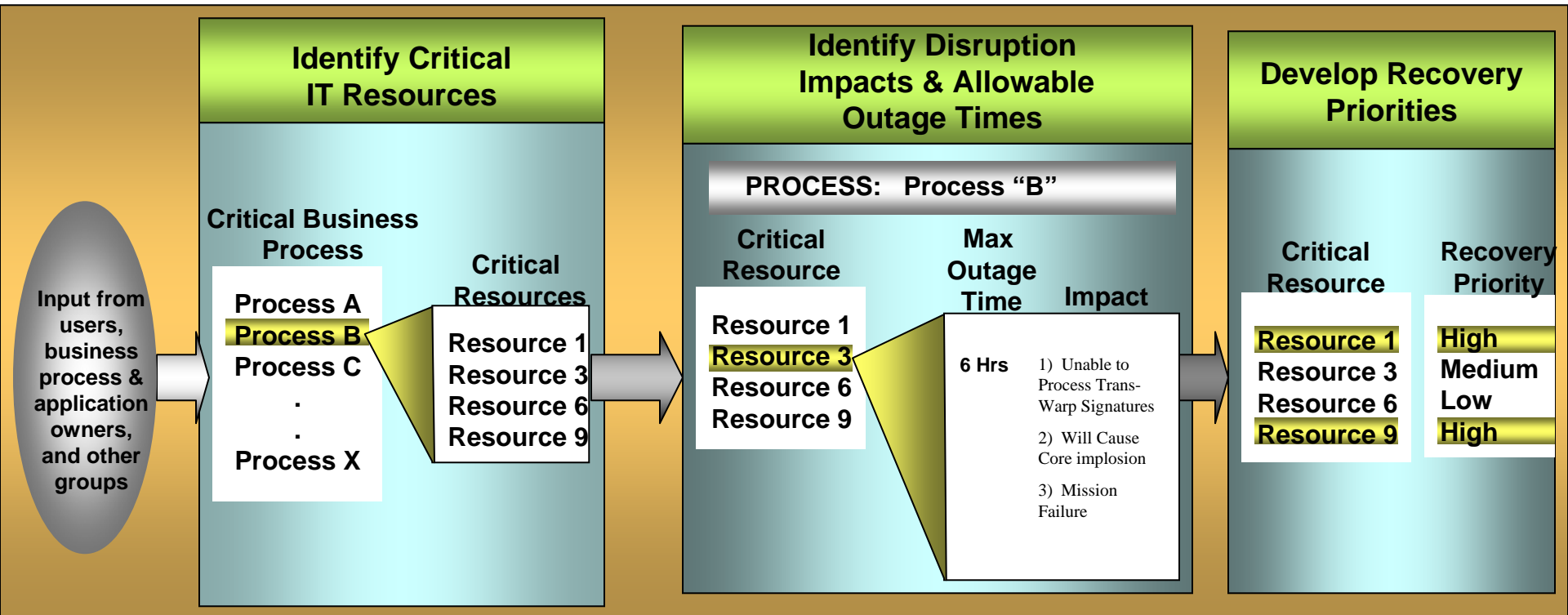


# Threat & Vulnerability Identification

Threat or Vulnerability	Probability of Vulnerability Exploited	Potential Impact: Confidentiality	Potential Impact: Availability	Potential Impact: Integrity
Fire	Medium	Low	High	High
Hurricane	Low	Medium	Medium	Low
Hacker	High	High	High	High



# Critical Resources Review





# Critical Resources Review Broken Down

- **Identify**
  - **IT resources such as hardware and software**
  - **System interfaces and/or connections**
  - **System information managers and operators**
  - **The business functions the IT system supports**
  - **Critical roles and responsibilities**



# Critical Resources Review Broken Down

## Resource Outage Matrix

- **Identify outage impacts and allowable outage times**
- **Characterize the impact on critical roles if a critical resource is unavailable; also**
- **Identify the maximum acceptable period that the resource could be unavailable before unacceptable impacts resulted**
- **Any cascading effects on the organization**



# Critical Resources Review Broken Down

Resource	Outage Impact	Allowable Outage
Resource "A"	<ul style="list-style-type: none"> <li>• Outage Impact 1</li> <li>• Outage Impact 2</li> <li>• Outage Impact "X"</li> </ul>	Time in Minutes, Hours, Days
Resource "H"	<ul style="list-style-type: none"> <li>• Outage Impact 1</li> <li>• Outage Impact 2</li> <li>• Outage Impact "X"</li> </ul>	Time in Minutes, Hours, Days
Resource "X"	<ul style="list-style-type: none"> <li>• Outage Impact 1</li> <li>• Outage Impact 2</li> <li>• Outage Impact "X"</li> </ul>	Time in Minutes, Hours



## Step Three – Identify Preventive Controls

- **Uninterruptible power supplies**
- **Generators**
- **Air Conditioning**
- **Fire and smoke detectors as well as fire suppression equipment**
- **Water sensors**
- **Plastic tarps**
- **Heat resistant and water proof media containers**
- **Emergency master system shutdowns**
- **Encryption**
- **Frequent, scheduled back-ups**
- **Off site storage**

Identify  
Preventive  
Controls

A large, light-colored arrow with a gradient from light pink to light blue, pointing to the right. The text "Identify Preventive Controls" is written inside the arrow in a bold, black font.



## Step Four - Develop Recovery Strategies

- Strategies to restore services including
  - Data Backup
  - System Function Backup
  - Alternate Sites

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Develop  
Recovery  
Strategy

**Strategies should include a combination of methods that complement one another to provide recovery capability over the full spectrum of incidents**





# Data Back Up

- **System data should be backed up regularly**
- **Policies should specify the frequency of backups (e.g., daily or weekly, incremental or full), based on data criticality and the frequency that new information is introduced**
- **Policies should designate the location of stored data, file-naming conventions or encryption keys, media rotation frequency, and method for transporting data off**





# System Function Back Up

- **The ability to reconstitute an IT system depends on being able to recover the data within an IT system's unique functional environment**
- **Continuity of Support Plans/IT Contingency Plans must also seriously consider system functionality as an inseparable companion to data back up**



# Alternate Sites

- **Geographic area - distance from normal operational location**
- **Accessibility - length of time needed to get to the site**
- **Security - ability to properly secure the data consistent with confidentiality requirements**
- **Environment - structural and environmental conditions**
- **Cost - cost of shipping and operational fees**





# SITE TYPES

Cold

Warm

Hot

Mobile

Mirrored



Facility With Adequate Space & Infrastructure

Partially Equipped Office Space With System Hardware

Fully Equipped Office Space With Full System Hardware

Self Contained Transportable Unit

Fully Redundant Facility With Real-Time Capabilities



# Step Five - Document your Plans



**Develop  
Contingency  
Plan**

- **Federal standards require**
  - **IT Continuity of Support Plans for GSS's**
  - **IT Contingency Plans for MA's**
- **Plans include**
  - **Detailed roles and responsibilities**
  - **Restoration procedures**
  - **Technical requirements for contingency operations**



# Plans Describe

- **Concept of normal operations and emergency operations**
- **Roles and responsibilities**
- **Notification procedures**
- **Recovery procedures**
- **Plans describing how and when a system will return to normal operations (reconstitution phase)**
- **Assumptions which might affect the viability of the plan**
- **References or authorities requiring contingency planning**
- **Record of changes made to the plan due to the dynamic nature of today's IT environments**



# Step Six - Testing and Training

- **Periodic and regular testing, minimally **ANNUALLY**, to**
  - **Confirm effectiveness of the plan**
  - **Identify plan deficiencies**
  - **Evaluate the ability of the "recovery staff" to implement the plan quickly and effectively**
  - **Review for accuracy and completeness**



Conduct  
Testing &  
Training  
Exercises



# Step Six - Training

- **Personnel identified in the plan must be knowledgeable and capable of carrying out the required task(s)**
- **Individuals need to either be trained in the procedures required to support the implementation of the plan, or, trained on the technology used in the solution**
- **Frequency of "tooling the workforce" to support this mission requirement can coincide with the testing phase of the solution, i.e., on the job training**
- **Training requirements need to be captured, documented, and periodically assessed to stay current with technological refreshes**





# Test Types

- **Tabletop Exercises**
  - **Simulates an emergency situation in an informal, stress-free environment**
  - **Constructive discussion**
  - **Cost-effective method of testing crisis management plans, while causing minimal disruption to the organization.**
  - **Last from 2 to 4 hours or longer, depending on the issues discussed**





# Test Types

- **Drills**

- **Drills are used to stimulate automatic responses to routine tasks during a crisis**
- **Drills are repetitive and are performed identically each time they occur**
- **Repetitive nature of drills prepares personnel to perform their duties automatically, even in situations of extreme duress**





# Test Types

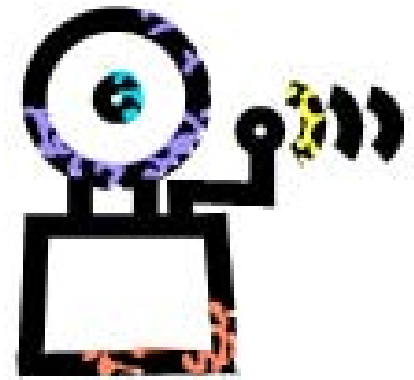
- **Functional Exercises:**
  - Fully simulated, interactive event
  - Focus on policies, procedures, roles, and responsibilities
  - Tests include one or more organizational functions in a time-pressured, realistic simulation
  - Scripts may be written for role player pretending to be external organization contacts
  - Possible relocation to the alternate site
  - Could last from 2 to 8 hours





# Test Types

- **Full-Scale Exercises These**
  - Focus on actual emergency conditions
  - Validate the capability to respond to an emergency
  - Focus on policies, procedures, roles and responsibilities that may be performed
  - Designed to verify the operational capabilities of an organization





# Step 7 – Maintain the Plan

## Maintain Contingency Plan

- ✓ Keep plan updated to reflect current
- ✓ System status
- ✓ Organizational structure

*Federal standards recommend annual reviews for accuracy and completeness, occurrence of significant changes or for regular testing of the plan.*



# MANAGEMENT QUESTIONS

1. Ask for a briefing on your system's contingency plans.
2. Ask specific questions such as:
  - a. How often is the data in the system backed up?
  - b. Where is the back-up data stored?
  - c. What kind of equipment do we need to get the system fully restored so that it is fully functioning?
  - d. What software is installed at our back-up site?
  - e. What telecommunications system do we need?
  - f. If you own a Major Application, confirm who owns the underlying general support system?
3. Confirm/validate the Business Impact Analysis (BIA). Does the analysis correctly reflect your IT system's relationship with mission accomplishment?

