

**COMBINED PREVALENCE OF OVERWEIGHT AND OBESITY
(BMI ≥ 25.0 kg/m²) AMONG ADULTS AGE 20 TO 80+
YEARS, BY GENDER, RACE/ETHNICITY, AND AGE:
UNITED STATES, 1960-1994.⁴⁸**

Gender, race/ethnicity, age 20 years and older, age adjusted:	NHES I 1960-62 (age 20-74)	NHANES I 1971-74 (age 20-74)	NHANES II 1976-80 (age 20-74)	HHANES 1982-84 (age 20-74)	NHANES III 1988-94 (age ≥20)
Both Sexes	43.3	46.1	46.0		54.9
Men	48.2	52.9	51.4		59.4
Women	38.7	39.7	40.8		50.7
White men	48.8	53.7	52.3		61.0
White women	36.1	37.6	38.4		49.2
Black men	43.1	48.9	49.0		56.5
Black women	57.0	57.6	61.0		65.8
White, non-Hispanic men			52.0		60.6
White, non-Hispanic women			37.6		47.4
Black, non-Hispanic men			48.9		56.7
Black, non-Hispanic women			60.6		66.0
Mexican-American men				59.7	63.9
Mexican-American women				60.1	65.9
Age and gender-specific categories:					
Men					
20-29	39.9	38.6	37.0		43.1
30-39	49.6	58.1	52.6		58.1
40-49	53.6	63.6	60.3		65.5
50-59	54.1	58.4	60.8		73.0
60-69	52.9	55.6	57.4		70.3
70-79	36.0	52.7*	53.3*		63.1
80+	N/A**	N/A**	N/A**		50.6
Women					
20-29	17.0	23.2	25.0		33.1
30-39	32.8	35.0	36.8		47.0
40-49	42.3	44.6	44.4		52.7
50-59	55.0	52.2	52.8		64.4
60-69	63.1	56.2	56.5		64.0
70-79	57.4	55.9*	58.2*		57.9
80+	N/A**	N/A**	N/A**		50.1

* Prevalence for age 70 to 74 years ** Not available

Table II-1:

Combined prevalence of overweight and obesity (BMI > 25.0 kg/m²) among adults age 20 to 80+ years, by gender, race/ethnicity, and age: United States, 1960-1994.⁴⁸