

TABLE II-2:

PREVALENCE OF OBESITY (BMI \geq 30.0 KG/M²) AMONG ADULTS AGE 20 TO 80+ YEARS, BY GENDER, RACE/ETHNICITY, AND AGE: UNITED STATES, 1960-1994.⁴⁸

Gender, race/ethnicity, age 20 years and older, age adjusted:	NHES I 1960-62 (age 20-74)	NHANES I 1971-74 (age 20-74)	NHANES II 1976-80 (age 20-74)	HHANES 1982-84 (age 20-74)	NHANES III 1988-94 (age \geq 20)
Both Sexes	12.8	14.1	14.4		22.3
Men	10.4	11.8	12.2		19.5
Women	15.1	16.1	16.3		25.0
White men	10.1	11.4	12.0		20.0
White women	13.7	14.7	14.9		23.5
Black men	13.9	15.9	15.2		20.6
Black women	25.0	28.6	30.2		36.5
White, non-Hispanic men			12.0		19.9
White, non-Hispanic women			14.8		22.7
Black, non-Hispanic men			15.0		20.7
Black, non-Hispanic women			30.0		36.7
Mexican-American men				15.4	20.6
Mexican-American women				25.4	33.3
Age and gender-specific categories:					
Men					
20-29	9.0	8.0	8.1		12.5
30-39	10.4	13.3	12.1		17.2
40-49	11.9	14.2	16.4		23.1
50-59	13.4	15.3	14.3		28.9
60-69	7.7	10.3*	13.5*		24.8
70-79	8.6	11.1**	13.6**		20.0
80+	N/A**	N/A	N/A		8.0
Women					
20-29	6.1	8.2	9.0		14.6
30-39	12.1	15.1	16.8		25.8
40-49	17.1	17.6	18.1		26.9
50-59	20.4	22.0	22.6		35.6
60-69	27.2	24.0*	22.0*		29.8
70-79	21.9	21.0	19.4**		25.0
80+	N/A**	N/A**	N/A		15.1

* Prevalence for age 70 to 74 years ** Not available