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## Index of Variables

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| Variable name/description: | Dataset:                                |         |
|----------------------------|---|---------|
| ABPMAGR                    | f27 partic. agreed to abpm              | VISIT   |
| ABPMDBP1                   | f27 1st dias bp by abpm                 | VISIT   |
| ABPMDBP2                   | f27 2nd dias bp by abpm                 | VISIT   |
| ABPMSBP1                   | f27 1st sys bp by abpm                  | VISIT   |
| ABPMSBP2                   | f27 2nd sys bp by abpm                  | VISIT   |
| ACAROT                     | alpha-carotene mcg                      | FFQ     |
| ACT                        | act                                     | VISIT   |
| ADJDBP1                    | 1st dbp                                 | DAILY   |
| ADJDBP2                    | 2nd dbp                                 | DAILY   |
| ADJSBP1                    | 1st sbp                                 | DAILY   |
| ADJSBP2                    | 2nd sbp                                 | DAILY   |
| AECLASS                    | ad evt cls: event classificaion         | AEALL   |
| AESTATUS                   | status of ae event class by cc          | AEALL   |
| AETYPE                     | ad evt cls: type of event               | AEALL   |
| AF_SV                      | (adj) activity factor-screening visit   | DEMOGRA |
| AGE_REL                    | age in five year age groups             | DEMOGRA |
| AGECAT                     | anon surv: age category                 | ANONYMS |
| AGEGROUP                   | age group: y, m, o                      | FFQ     |
| ALANINE                    | alanine g                               | UNITCON |
|                            | alanine g                               | NUTCON  |
| ALC_G                      | calculated: alcohol grams               | DAILY   |
| ALC_S                      | calculated: alcohol servings            | DAILY   |
| ALCCAL                     | calories from alcohol                   | FFQ     |
| ALCCARB                    | carbohydrates from alcohol              | FFQ     |
| ALCGRAM                    | grams of alcohol                        | FFQ     |
| ALCOHOL                    | alcohol g                               | UNITCON |
|                            | elig q: avg number drinks per week?     | DEMOGRA |
|                            | alcohol g                               | NUTCON  |
| ALCOHOLR                   | elig rev q: avg number drinks per week? | DEMOGRA |
| AMTDAIRY                   | rate how much liked amt dairy           | DAQ     |
| AMTFRUIT                   | rate how much liked amt fruit/veg       | DAQ     |
| ANZINC                     | zinc from animal mg                     | FFQ     |
| APPETITE                   | poor appetite                           | SIDEEFF |
| ARACHIDI                   | 20:0 arachidic g                        | NUTCON  |
|                            | 20:0 arachidic g                        | UNITCON |
| ARACHIDO                   | 20:4 arachidonic g                      | NUTCON  |
|                            | 20:4 arachidonic g                      | UNITCON |
| ARGININE                   | arginine g                              | NUTCON  |
|                            | arginine g                              | UNITCON |
| ASH                        | ash g                                   | NUTCON  |
|                            | ash g                                   | UNITCON |
| ASPARTIC                   | aspartic acid g                         | NUTCON  |
|                            | aspartic acid g                         | UNITCON |

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| <b>Variable name/description:</b> | <b>Dataset:</b>   |
|-----------------------------------|---|
| ATTDASH2                          | partic: staff attn helpful<br>DEMOGRA   |
| ATTEND                            | diary: attendance<br>DAILY  |
| AVDBP                             | mean of 2 dbp measurements<br>DAILY   |
| AVSBP                             | mean of 2 sbp measurements<br>DAILY   |
| AWARE                             | partic: would be more aware of food<br>DEMOGRA  |
| BADTASTE                          | partic: bad taste difficult<br>DEMOGRA  |
| BCAROT                            | beta-carotene mcg<br>FFQ  |
| BEHENIC                           | 22:0 behenic g<br>UNITCON<br>22:0 behenic g<br>NUTCON   |
| BLOATING                          | bloating / uncomfortably full<br>SIDEFF   |
| BLOODSAM                          | partic: blood sampling difficult<br>DEMOGRA   |
| BLURSAMP                          | partic: instr. clear lab samples<br>DEMOGRA   |
| BOS_DBP                           | beginning of study dbp<br>OUTCOMES  |
| BOS_NBP                           | baseline: # of bp measures<br>OUTCOMES  |
| BOS_SBP                           | beginning of study sbp<br>OUTCOMES  |
| BPESCAPE                          | hit bp escape (yes/no)<br>OUTCOMES  |
| BPESCLVL                          | bp escape level<br>OUTCOMES   |
| BPESCOUT                          | bp escape outcome<br>OUTCOMES   |
| BPESCVIS                          | bp escape visit<br>OUTCOMES   |
| BPMEAS                            | partic: instr. clear bp measures<br>DEMOGRA   |
| BPMEDS                            | pt his: ever taken meds to control bp<br>DEMOGRA  |
| BREAKS                            | partic: breaks helpful<br>DEMOGRA   |
| BREN                              | blood renin (ng/ml/hr)<br>LAB   |
| BUTYRIC                           | 4:0 butyric g<br>NUTCON<br>4:0 butyric g<br>UNITCON   |
| CA                                | calcium (mg/100g dry wt)<br>VALIDATE  |
| CAFF                              | calculated: servings caff bev<br>DAILY  |
| CAFFEINE                          | caffeine mg<br>NUTCON   |
| CALC                              | calcium mg<br>FFQ   |
| CALCIUM                           | calcium, ca mg<br>UNITCON<br>calcium, ca mg<br>NUTCON   |
| CALCMG                            | calcium (mg)<br>MONITOR   |
| CALLEV                            | diary: calorie level (exc. unit foods)<br>DAILY<br>dash2 calorie level<br>NUTCON<br>calorie level assayed<br>VALIDATE<br>calorie level assayed<br>MONITOR |
| CALS                              | total daily caloric intake<br>FFQ   |
| CALWHO                            | world health org. calories<br>VISIT<br>(adj) world health org. calories<br>DEMOGRA  |
| CAPRIC                            | 10:0 capric g<br>UNITCON<br>10:0 capric g<br>NUTCON   |
| CAPROIC                           | 6:0 caproic g<br>NUTCON<br>6:0 caproic g<br>UNITCON   |
| CAPRYLIC                          | 8:0 caprylic g<br>NUTCON<br>8:0 caprylic g<br>UNITCON   |
| CARB                              | carbohydrate (g/100g dry wt)<br>VALIDATE  |
| CARBO                             | carbohydrates g<br>FFQ  |

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| Variable name/description: | Dataset:  |
|----------------------------|---|
| CARBOS                     | carbohydrates g<br>UNITCON                          |
|                            | carbohydrates g<br>NUTCON                           |
| CARDGAST                   | adv evnt: cardio/gastro event<br>AEALL              |
| CAROT                      | pro-a carotenes mcg<br>FFQ                          |
| CAROTENE                   | carotene re<br>NUTCON                               |
|                            | carotene re<br>UNITCON                              |
| CGHL_DBP                   | dbp change from hi to low sodium<br>OUTCOMES        |
| CGHL_SBP                   | sbp change from hi to low sodium<br>OUTCOMES        |
| CGHM_DBP                   | dbp change from hi to intermed sodium<br>OUTCOMES   |
| CGHM_SBP                   | sbp change from hi to intermed sodium<br>OUTCOMES   |
| CGML_DBP                   | dbp change from intermed to low sodium<br>OUTCOMES  |
| CGML_SBP                   | sbp change from intermed to low sodium<br>OUTCOMES  |
| CHNGDOSE                   | f17 past mo. changed dosage<br>VISIT                |
| CHOICEBV                   | partic: free bevs helpful<br>DEMOGRA                |
| CHOL                       | cholesterol (mg/100g dry wt)<br>VALIDATE            |
| CHOLEST                    | cholesterol mg<br>FFQ                               |
| CHOLESTE                   | cholesterol mg<br>NUTCON                            |
|                            | cholesterol mg<br>UNITCON                           |
| CLINICV                    | anon surv: daily clinic visit difficult?<br>ANONYMS |
| CLSTAFF                    | partic: clinical staff helpful<br>DEMOGRA           |
| CLUPANOD                   | 22:5 clupanodonic g<br>NUTCON                       |
| COHORT                     | cohort<br>DAILY                                     |
|                            | cohort<br>ANONYMS                                   |
|                            | cohort<br>SIDEFF                                    |
|                            | cohort<br>DEMOGRA                                   |
|                            | cohort<br>OUTCOMES                                  |
|                            | cohort<br>VISIT                                     |
|                            | cohort<br>AEALL                                     |
|                            | cohort<br>LAB                                       |
|                            | cohort<br>MONITOR                                   |
|                            | cohort<br>FFQ                                       |
|                            | cohort<br>DAQ                                       |
|                            | cohort<br>ABPM_D2                                   |
| COMMUTE                    | partic: commuting/parking difficult<br>DEMOGRA      |
| COMP1                      | diary: comp attendance score<br>DAILY               |
| COMP2                      | diary: comp caff bev score<br>DAILY                 |
| COMP3                      | diary: comp alc bev score<br>DAILY                  |
| COMP4                      | diary: comp food not eat score<br>DAILY             |
| COMP5                      | diary: comp non-study food score<br>DAILY           |
| COMPARE                    | f21 compare w/usual activity<br>VISIT               |
| COMPFEED                   | completed feeding (all 3 periods)<br>OUTCOMES       |
|                            | completed feeding (all 3 periods)<br>DEMOGRA        |
| COMPSC                     | diary: overall compliance score<br>DAILY            |
| COMPSTDY                   | completed attendance (all 3 periods)<br>OUTCOMES    |
|                            | completed attendance (all 3 periods)<br>DEMOGRA     |
| CONDAIRY                   | how willing to continue amt dairy<br>DAQ            |
| CONDIET                    | how willing to continue diet<br>DAQ                 |

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| Variable name/description: | Dataset:                               |          |
|----------------------------|--|----------|
| CONFRUIT                   | how willing to continue amt fruit/veg  | DAQ      |
| CONSALT                    | how willing to continue salt level     | DAQ      |
| CONSTIP                    | constipation                           | SIDEEFF  |
| CONSUME                    | anon surv: always eat all dash2 foods? | ANONYMS  |
| COOKFAM                    | partic: cooking for family difficult   | DEMOGRA  |
| COPPER                     | copper, cu mg                          | NUTCON   |
|                            | copper, cu mg                          | UNITCON  |
| CRYPTO                     | cryptoxanthin mcg                      | FFQ      |
| CUFFSIZE                   | f27 cuff size                          | VISIT    |
| CURCA                      | urinary calcium (mg/24hr)              | LAB      |
| CURCR                      | urinary creatinine (g/24hr)            | LAB      |
| CURK                       | urinary potassium (mmol/24hr)          | LAB      |
| CURNA                      | urinary sodium (mmol/24hr)             | LAB      |
| CURPH                      | urinary phosphorus (mg/24hr)           | LAB      |
| CURUN                      | urinary urea nitrogen (mg/24hr)        | LAB      |
| CYSTINE                    | cystine g                              | UNITCON  |
|                            | cystine g                              | NUTCON   |
| DASH2REL                   | adv evnt: dash2 related event          | AEALL    |
| DAY                        | menu day of week                       | NUTCON   |
|                            | day of week (1-7) (last wk has 9 days) | DAILY    |
|                            | day of week (1-7) (last wk has 9 days) | AEALL    |
| DBP                        | abpm diastolic bp                      | ABPM_D2  |
| DBP_HI                     | dbp at high sodium                     | OUTCOMES |
| DBP_LO                     | dbp at low sodium                      | OUTCOMES |
| DBP_MED                    | dbp at intermed sodium                 | OUTCOMES |
| DBP1                       | f27 1st rz bp diastolic                | VISIT    |
| DBP1_HI                    | dbp week 1 hi sodium                   | OUTCOMES |
| DBP1_LO                    | dbp week 1 lo sodium                   | OUTCOMES |
| DBP1_MED                   | dbp week 1 int sodium                  | OUTCOMES |
| DBP2                       | f27 2nd rz bp diastolic                | VISIT    |
| DBP2_HI                    | dbp week 2 hi sodium                   | OUTCOMES |
| DBP2_LO                    | dbp week 2 lo sodium                   | OUTCOMES |
| DBP2_MED                   | dbp week 2 int sodium                  | OUTCOMES |
| DBP3_HI                    | dbp week 3 hi sodium                   | OUTCOMES |
| DBP3_LO                    | dbp week 3 lo sodium                   | OUTCOMES |
| DBP3_MED                   | dbp week 3 int sodium                  | OUTCOMES |
| DBP4_HI                    | dbp week 4 hi sodium                   | OUTCOMES |
| DBP4_LO                    | dbp week 4 lo sodium                   | OUTCOMES |
| DBP4_MED                   | dbp week 4 int sodium                  | OUTCOMES |
| DDIARY                     | partic: daily diary helpful            | DEMOGRA  |
| DECAF                      | calculated: servings decaf bev         | DAILY    |
| DECRFOOD                   | partic: would reduce consumption       | DEMOGRA  |
| DECRSALT                   | partic: would reduce salt              | DEMOGRA  |
| DESIRE                     | partic: desire other foods difficult   | DEMOGRA  |
| DGROUP1                    | dash group 1: dairy (reg)              | FFQ      |
| DGROUP10                   | dash group 10: nuts, seeds, legumes    | FFQ      |
| DGROUP11                   | dash group 11: sweets                  | FFQ      |

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| Variable name/description: | Dataset:                                 |          |
|----------------------------|--|----------|
| DGROUP2                    | dash group 2: dairy (low-fat)            | FFQ      |
| DGROUP3                    | dash group 3: grains                     | FFQ      |
| DGROUP4                    | dash group 4: fruits & juices            | FFQ      |
| DGROUP5                    | dash group 5: vegetables                 | FFQ      |
| DGROUP6                    | dash group 6: red meats                  | FFQ      |
| DGROUP7                    | dash group 7: poultry                    | FFQ      |
| DGROUP8                    | dash group 8: fish                       | FFQ      |
| DGROUP9                    | dash group 9: fats, oils, dressings      | FFQ      |
| DIARRHEA                   | diarrhea / loose stools                  | SIDEEFF  |
| DIET                       | diet                                     | UNITCON  |
|                            | diet assignment (control or combination) | OUTCOMES |
|                            | diet                                     | VALIDATE |
|                            | diet assignment (control or combination) | ABPM_D2  |
|                            | diet                                     | NUTCON   |
|                            | diet assignment (control or combination) | DEMOGRA  |
|                            | diet assignment (control or combination) | LAB      |
|                            | diet                                     | MONITOR  |
| DIETFIB                    | fiber, total dietary g                   | UNITCON  |
|                            | dietary fiber                            | FFQ      |
|                            | fiber, total dietary g                   | NUTCON   |
| DIETHELP                   | partic: dieticians helpful               | DEMOGRA  |
| DOC_HBP                    | pt his: doctor said had high blood press | DEMOGRA  |
| DOCOSAHE                   | 22:6 docosahexaenoic g                   | UNITCON  |
|                            | 22:6 docosahexaenoic g                   | NUTCON   |
| DONTSKIP                   | partic: would not skip meals             | DEMOGRA  |
| DQI                        | diet quality index                       | FFQ      |
| DRYMOUTH                   | dry mouth                                | SIDEEFF  |
| E_REN                      | flag renin: nondetectable                | LAB      |
| E_URCA                     | flag urinary calcium: sample w/hcl inade | LAB      |
| E_URNA                     | flag urinary sodium: curna>300 mmol      | LAB      |
| E_URPH                     | flag urinary phosphorus: sample w/hcl in | LAB      |
| EAT                        | partic: influenced to eat differently    | DEMOGRA  |
| EATOTHER                   | anon surv: eat non-dash2 foods           | ANONYMS  |
| EDCAT                      | anon surv: education                     | ANONYMS  |
| EDU_REL                    | education completed                      | DEMOGRA  |
| EMP_REL                    | employment status                        | DEMOGRA  |
| ENERG                      | energy (kcal)                            | MONITOR  |
| ENERGYA                    | calculated: calorie level assigned       | DAILY    |
| ENERGYE                    | calculated: calorie level consumed       | DAILY    |
| ENERGYKC                   | energy, kcal                             | NUTCON   |
|                            | energy, kcal                             | UNITCON  |
| ENERGYKJ                   | energy, kj kj                            | UNITCON  |
| EOS1_DBP                   | end of ifp-i dbp                         | OUTCOMES |
| EOS1_NBP                   | end of ifp-i # of week 6 bp measures     | OUTCOMES |
| EOS1_SBP                   | end of ifp-i sbp                         | OUTCOMES |
| EOS1_WT                    | weight at end of ifp-i                   | OUTCOMES |
| EOS2_DBP                   | end of ifp-ii dbp                        | OUTCOMES |

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| Variable name/description: | Dataset:                                 |          |
|----------------------------|--|----------|
| EOS2_NBP                   | end of ifp-ii # of week 10 bp measures   | OUTCOMES |
| EOS2_SBP                   | end of ifp-ii sbp                        | OUTCOMES |
| EOS2_WT                    | weight at end of ifp-ii                  | OUTCOMES |
| EOS3_DBP                   | end of ifp-iii dbp                       | OUTCOMES |
| EOS3_NBP                   | end of ifp-iii # of week 14 bp measures  | OUTCOMES |
| EOS3_SBP                   | end of ifp-iii sbp                       | OUTCOMES |
| EOS3_WT                    | weight at end of ifp-iii                 | OUTCOMES |
| ERUCIC                     | 22:1 erucic g                            | NUTCON   |
|                            | 22:1 erucic g                            | UNITCON  |
| EXCLSTDY                   | adv evnt: excluded from study            | AEALL    |
| EXERCISE                   | pt his: reduce bp: increase exercise     | DEMOGRA  |
| EXPBENE                    | partic: experience beneficial            | DEMOGRA  |
| EXPDIFF                    | partic: experience difficult             | DEMOGRA  |
| EXPINFO                    | partic: experience informative           | DEMOGRA  |
| EXPINTER                   | partic: experience interesting           | DEMOGRA  |
| EXPPLEA                    | partic: experience pleasant              | DEMOGRA  |
| EXPREGR                    | partic: regret agreeing to partic        | DEMOGRA  |
| EXSERV                     | diary: servings non-study foods          | DAILY    |
| EXTHIRST                   | excessive thirst                         | SIDEEFF  |
| FAFR                       | partic: family friends difficult         | DEMOGRA  |
| FAMHXDIA                   | pt his: family history of diabetes       | DEMOGRA  |
| FAMHXHAT                   | pt his: family history of heart attack   | DEMOGRA  |
| FAMHXHTN                   | pt his: family history of high bp        | DEMOGRA  |
| FAMHXKID                   | pt his: family history of kidney problem | DEMOGRA  |
| FAMHXSTR                   | pt his: family history of stroke         | DEMOGRA  |
| FAMILY                     | partic: family/friends helpful           | DEMOGRA  |
| FAT                        | fat (g/100g dry wt)                      | VALIDATE |
|                            | fat g                                    | UNITCON  |
|                            | fat g                                    | NUTCON   |
| FATG                       | total fat (g)                            | MONITOR  |
| FATIGUE                    | fatigue or low energy                    | SIDEEFF  |
| FATPCT                     | total fat as % of calories               | MONITOR  |
| FBREAKS                    | partic: breaks difficult                 | DEMOGRA  |
| FELT                       | overall past two weeks                   | SIDEEFF  |
| FIBBEAN                    | fiber from beans                         | FFQ      |
| FIBFRUIT                   | fiber from fruit                         | FFQ      |
| FIBGRAIN                   | fiber from grain                         | FFQ      |
| FIX_SLP                    | =1 if used default sleep times (10 pm to | ABPM_D2  |
| FOLATE                     | folate mcg                               | UNITCON  |
|                            | folate mcg                               | FFQ      |
|                            | folate ÷ g                               | NUTCON   |
| FOODRSTR                   | partic: instr. clear food restrict.      | DEMOGRA  |
| FOODTYPE                   | partic: instr. clear types of food       | DEMOGRA  |
| FORMCPLT                   | partic: instr. clear forms               | DEMOGRA  |
| FREEDOM                    | partic: lack of freedom difficult        | DEMOGRA  |
| FREEFOOD                   | partic: free food helpful                | DEMOGRA  |
| FRIENDS                    | partic: encourage friends to partic      | DEMOGRA  |

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| Variable name/description: | Dataset:                                 |         |
|----------------------------|--|---------|
| FRUITVEG                   | partic: would increase fruits/veg        | DEMOGRA |
| GADOLEIC                   | 20:1 gadoleic g                          | NUTCON  |
|                            | 20:1 gadoleic g                          | UNITCON |
| GIFTS                      | partic: gifts/incent. helpful            | DEMOGRA |
| GLUTAMIC                   | glutamic acid g                          | NUTCON  |
|                            | glutamic acid g                          | UNITCON |
| GLYCINE                    | glycine g                                | NUTCON  |
|                            | glycine g                                | UNITCON |
| GROUP1                     | 1: dairy (reg)                           | FFQ     |
| GROUP10                    | 10: grains (cereal)                      | FFQ     |
| GROUP11                    | 11: mixed (zucchini lasagna)             | FFQ     |
| GROUP12                    | 12: mixed (pizza, chicken pot pie)       | FFQ     |
| GROUP13                    | 13: fruit (juices)                       | FFQ     |
| GROUP14                    | 14: fruit (cranberry juice)              | FFQ     |
| GROUP15                    | 15: fruit (peaches/applesauce/cocktail)  | FFQ     |
| GROUP16                    | 16: fruit (apple/banana/melon/orange)    | FFQ     |
| GROUP17                    | 17: fruit (dried fruits)                 | FFQ     |
| GROUP18                    | 18: vegetables                           | FFQ     |
| GROUP19                    | 19: meat (red)                           | FFQ     |
| GROUP19A                   | 19a: meat (red)                          | FFQ     |
| GROUP19B                   | 19b: meat (sausage)                      | FFQ     |
| GROUP19C                   | 19c: meat (ham)                          | FFQ     |
| GROUP2                     | 2: dairy (low-fat)                       | FFQ     |
| GROUP20                    | 20: meat (poultry)                       | FFQ     |
| GROUP21                    | 21: meat (fish)                          | FFQ     |
| GROUP22                    | 22: fats                                 | FFQ     |
| GROUP23                    | 23: nuts & seeds                         | FFQ     |
| GROUP24                    | 24: legumes                              | FFQ     |
| GROUP25                    | 25: sweets                               | FFQ     |
| GROUP26                    | 26: high-fat snacks                      | FFQ     |
| GROUP27                    | 27: condiments                           | FFQ     |
| GROUP28                    | 28: eggs                                 | FFQ     |
| GROUP29                    | 29: artif. sweet, caffeinated drinks     | FFQ     |
| GROUP3                     | 3: dairy (cheese)                        | FFQ     |
| GROUP30                    | 30: alcoholic beverages                  | FFQ     |
| GROUP4                     | 4: grains (white bread)                  | FFQ     |
| GROUP5                     | 5: grains (muffin)                       | FFQ     |
| GROUP6                     | 6: grains (cake/cookies)                 | FFQ     |
| GROUP7                     | 7: grains (crackers)                     | FFQ     |
| GROUP8                     | 8: grains (pancakes)                     | FFQ     |
| GROUP9                     | 9: grains (cooked cereal/rice)           | FFQ     |
| GROUP99                    | 99: foods not classified                 | FFQ     |
| HDACTOFF                   | f10 hours/week hard activity on days off | VISIT   |
| HDACTWRK                   | f10 hours/week hard activity on work day | VISIT   |
| HDL                        | hdl mg/dl                                | LAB     |
| HEADACHE                   | headache                                 | SIDEEFF |
| HEPTADEC                   | 17:0 heptadecanoic g                     | NUTCON  |

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| Variable name/description: | Dataset:                              |          |
|----------------------------|---------------------------------------|----------|
| HIBP                       | hypertensive at baseline (>=140/90)   | OUTCOMES |
| HISTIDIN                   | histidine g                           | NUTCON   |
|                            | histidine g                           | UNITCON  |
| HOWSALTY                   | rate how salty diet                   | DAQ      |
| HT_REL                     | height (cm)                           | DEMOGRA  |
| ID_REL                     | participant id                        | LAB      |
|                            | participant id                        | SIDEEFF  |
|                            | participant id                        | DAQ      |
|                            | participant id                        | ABPM_D2  |
|                            | participant id                        | VISIT    |
|                            | participant id                        | DEMOGRA  |
|                            | participant id                        | DAILY    |
|                            | participant id                        | FFQ      |
|                            | participant id                        | OUTCOMES |
|                            | participant id                        | AEALL    |
| IFACT                      | f28 interfere home activity           | VISIT    |
| IFSLEEP                    | f28 interfere sleep                   | VISIT    |
| IFWRK                      | f28 interfere work                    | VISIT    |
| IMPUTE1                    | imputed bps for ifp - i               | OUTCOMES |
| IMPUTE2                    | imputed bps for ifp - ii              | OUTCOMES |
| IMPUTE3                    | imputed bps for ifp - iii             | OUTCOMES |
| INCOME_R                   | anon surv: income                     | ANONYMS  |
|                            | total household income                | DEMOGRA  |
| INCRDISC                   | partic: increased discip. helpful     | DEMOGRA  |
| INTV_TWT                   | intervention target wt_avg sv3+all ri | OUTCOMES |
| IRON                       | iron, fe mg                           | UNITCON  |
|                            | iron mg                               | FFQ      |
|                            | iron, fe mg                           | NUTCON   |
| ISOLEUCI                   | isoleucine g                          | UNITCON  |
|                            | isoleucine g                          | NUTCON   |
| ITCHYSKI                   | itchy skin or hives                   | SIDEEFF  |
| K                          | potassium (mg/100g dry wt)            | VALIDATE |
| KCAL                       | kcal assayed                          | VALIDATE |
| KEYS                       | keys score                            | FFQ      |
| LABINFO                    | partic: lab test info helpful         | DEMOGRA  |
| LAKTASTE                   | partic: lack of taste difficult       | DEMOGRA  |
| LAKVAR                     | partic: lack variety difficult        | DEMOGRA  |
| LAURIC                     | 12:0 lauric g                         | NUTCON   |
|                            | 12:0 lauric g                         | UNITCON  |
| LDL                        | ldl mg/dl                             | LAB      |
| LDLHDL                     | ldl/hdl ratio                         | LAB      |
| LEARNBP                    | partic: learning about bp helpful     | DEMOGRA  |
| LEARNFOO                   | partic: learning about food helpful   | DEMOGRA  |
| LEUCINE                    | leucine g                             | UNITCON  |
|                            | leucine g                             | NUTCON   |
| LIKEDIET                   | rate how much liked diet              | DAQ      |
| LIKESALT                   | rate overall saltiness                | DAQ      |



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| Variable name/description: | Dataset:  |
|----------------------------|---|
| LINOLEC                    | linoleic acid (pufa) g<br>FFQ                     |
| LINOLEIC                   | 18:2 linoleic g<br>NUTCON                         |
|                            | 18:2 linoleic g<br>UNITCON                        |
| LINOLENI                   | 18:3 linolenic g<br>UNITCON                       |
|                            | 18:3 linolenic g<br>NUTCON                        |
| LITEHEAD                   | lightheadedness when standing up<br>SIDEFF        |
| LUTEIN                     | lutein mcg<br>FFQ                                 |
| LYCOP                      | lycopene mcg<br>FFQ                               |
| LYSINE                     | lysine g<br>NUTCON                                |
|                            | lysine g<br>UNITCON                               |
| MAGMG                      | magnesium (mg)<br>MONITOR                         |
| MAGNES                     | magnesium, mg mg<br>UNITCON                       |
|                            | magnesium mg<br>FFQ                               |
|                            | magnesium, mg mg<br>NUTCON                        |
| MANGANES                   | manganese, mn mg<br>NUTCON                        |
|                            | manganese, mn mg<br>UNITCON                       |
| MARITAL                    | pt his: marital status<br>DEMOGRA                 |
| MDACTOFF                   | f10 hours/week moderate activity on days<br>VISIT |
| MDACTWRK                   | f10 hours/week moderate activity on work<br>VISIT |
| MEALSCH                    | partic: instr. clear meal schedule<br>DEMOGRA     |
| MEALSOUT                   | partic: how often eat out before<br>DEMOGRA       |
| MEDRSTR                    | partic: instr. clear meds restrict.<br>DEMOGRA    |
| MEDS                       | f17 medicine or nutrition suppl<br>VISIT          |
| MENSTR                     | diary: menstruating?<br>DAILY                     |
| MENU                       | menu<br>VALIDATE                                  |
| METHIONI                   | methionine g<br>UNITCON                           |
|                            | methionine g<br>NUTCON                            |
| MG                         | magnesium (mg/100g dry wt)<br>VALIDATE            |
| MGURK                      | urinary potassium (mg/24hr)<br>LAB                |
| MGURNA                     | urinary sodium (mg/24hr)<br>LAB                   |
| MISSMEAL                   | diary: meals not eaten<br>DAILY                   |
| MISSSERV                   | diary: servings not eaten<br>DAILY                |
| MMURCA                     | urinary calcium (mmol/24hr)<br>LAB                |
| MMURCR                     | urinary creatinine (mmol/24hr)<br>LAB             |
| MMURPH                     | urinary phosphorus (mmol/24hr)<br>LAB             |
| MMURUN                     | urinary urea nitrogen (mmol/24hr)<br>LAB          |
| MODERATE                   | f10 + f21 moderate activity in last mont<br>VISIT |
| MONECOMP                   | partic: monetary comp. helpful<br>DEMOGRA         |
| MONWORK                    | f28 wore monitor at work<br>VISIT                 |
| MOROCTIC                   | 18:4 moroctic g<br>NUTCON                         |
| MUFA                       | fatty acids, monounsaturated g<br>UNITCON         |
|                            | mufa (g/100g dry wt)<br>VALIDATE                  |
|                            | fatty acids, monounsaturated g<br>NUTCON          |
| MYRISTIC                   | 14:0 myristic g<br>NUTCON                         |
|                            | 14:0 myristic g<br>UNITCON                        |
| MYRISTOL                   | 14:1 myristoleic g<br>UNITCON                     |
|                            | 14:1 myristoleic g<br>NUTCON                      |

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| Variable name/description: |  | Dataset: |
|----------------------------|--|----------|
| NA                         | sodium (mg/100g dry wt)                  | VALIDATE |
| NA_LEV                     | sodium level                             | NUTCON   |
|                            | sodium level                             | UNITCON  |
| NA1                        | sodium level during 1st feeding period   | OUTCOMES |
|                            | sodium level during 1st feeding period   | DEMOGRA  |
| NA2                        | sodium level during 2nd feeding period   | DEMOGRA  |
|                            | sodium level during 2nd feeding period   | OUTCOMES |
| NA3                        | sodium level during 3rd feeding period   | DEMOGRA  |
|                            | sodium level during 3rd feeding period   | OUTCOMES |
| NALEV                      | sodium level                             | MONITOR  |
|                            | sodium level                             | VALIDATE |
| NAUSEA                     | nausea or upset stomach                  | SIDEEFF  |
| NIACIN                     | niacin, nicotinic acid mg                | NUTCON   |
|                            | niacin, nicotinic acid mg                | UNITCON  |
|                            | niacin mg                                | FFQ      |
| NUEFOOD                    | partic: new foods difficult              | DEMOGRA  |
| OLEIC                      | oleic acid (mufa) g                      | FFQ      |
|                            | 18:1 oleic g                             | NUTCON   |
|                            | 18:1 oleic g                             | UNITCON  |
| OTHDIET                    | pt his: reduce bp: other special diet    | DEMOGRA  |
| P_HR                       | hour placed (0-23)calculated from phr, p | VISIT    |
| P_TIME                     | placement time (calculated from p_hr, pm | VISIT    |
| PALCBEV                    | csfii: pyr servings alc. bev.            | FFQ      |
| PALMITIC                   | 16:0 palmitic g                          | UNITCON  |
|                            | 16:0 palmitic g                          | NUTCON   |
| PALMITOL                   | 16:1 palmitoleic g                       | UNITCON  |
|                            | 16:1 palmitoleic g                       | NUTCON   |
| PAMPM                      | f27 time of day placed                   | VISIT    |
| PANTOTHE                   | pantothenic acid mg                      | UNITCON  |
|                            | pantothenic acid mg                      | NUTCON   |
| PARM                       | f27 arm used for cuff                    | VISIT    |
| PARTSIM                    | partic: would partic in another study    | DEMOGRA  |
| PCARB                      | percent carbohydrate                     | VALIDATE |
| PCT_MUFA                   | % of cals from mufa                      | FFQ      |
| PCT_PUFA                   | % of cals from pufa                      | FFQ      |
| PCT_SFA                    | % of cals from sfa                       | FFQ      |
| PCTALC                     | % of cals from alcoholic bev             | FFQ      |
| PCTCARB                    | % of calories from carbohydrates         | FFQ      |
| PCTFAT                     | % of calories from fat                   | FFQ      |
| PCTPRO                     | % of calories from protein               | FFQ      |
| PCTSOLID                   | % of calories from solid foods           | FFQ      |
| PCTSWEET                   | % of cals from sweets                    | FFQ      |
| PEGG                       | csfii: pyr servings eggs                 | FFQ      |
| PENTADEC                   | 15.0 pentadecanoic g                     | NUTCON   |
|                            | 15.0 pentadecanoic g                     | UNITCON  |
| PERIOD                     | period of study (sv/ri/ifp1-3)           | DAILY    |
|                            | period of study (sv/ri/ifp1-3)           | AEALL    |

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| Variable name/description: | Dataset:   |
|----------------------------|--|
| PFAT                       | percent fat<br>VALIDATE                          |
| PFISH                      | csfii: pyr servings fish<br>FFQ                  |
| PFRUIT                     | csfii: pyr servings fruit<br>FFQ                 |
| PGFAT                      | csfii: pyr grams of fat<br>FFQ                   |
| PGRAIN                     | csfii: pyr servings grains<br>FFQ                |
| PHENYLAL                   | phenylalanine g<br>UNITCON                       |
|                            | phenylalanine g<br>NUTCON                        |
| PHOS                       | phosphorus mg<br>FFQ                             |
| PHOSPHOR                   | phosphorus, p mg<br>UNITCON                      |
|                            | phosphorus, p mg<br>NUTCON                       |
| PHR                        | f27 hour placed<br>VISIT                         |
| PHYTOSTE                   | phytosterols mg<br>UNITCON                       |
|                            | phytosterols mg<br>NUTCON                        |
| PMILK                      | csfii: pyr servings milk<br>FFQ                  |
| PMIN                       | f27 minute placed<br>VISIT                       |
| PMUFA_N                    | percent mufa normalized<br>VALIDATE              |
| PNUTSEED                   | csfii: pyr servings nuts/seeds<br>FFQ            |
| POTASS                     | potassium mg<br>FFQ                              |
| POTASSIU                   | potassium, k mg<br>NUTCON                        |
|                            | potassium, k mg<br>UNITCON                       |
| POTASSMG                   | potassium (mg)<br>MONITOR                        |
| PPOULTRY                   | csfii: pyr servings poultry<br>FFQ               |
| PPROT                      | percent protein<br>VALIDATE                      |
| PPUFA_N                    | percent pufa normalized<br>VALIDATE              |
| PREDMEAT                   | csfii: pyr servings red meat<br>FFQ              |
| PREPMEAL                   | partic: how often prep meals before<br>DEMOGRA   |
| PREPMOTH                   | partic: how often prep meals during<br>DEMOGRA   |
| PROLINE                    | proline g<br>NUTCON                              |
|                            | proline g<br>UNITCON                             |
| PROT                       | protein g<br>FFQ                                 |
|                            | protein (g/100g dry wt)<br>VALIDATE              |
| PROTEIN                    | protein g<br>UNITCON                             |
|                            | protein g<br>NUTCON                              |
| PROTG                      | protein (g)<br>MONITOR                           |
| PS_RATIO                   | p/s ratio<br>FFQ                                 |
| PSFA_N                     | percent sfa<br>VALIDATE                          |
| PTSUGAR                    | csfii: pyr tsp sugar<br>FFQ                      |
| PUFA                       | fatty acids, polyunsaturated g<br>UNITCON        |
|                            | fatty acids, polyunsaturated g<br>NUTCON         |
|                            | pufa (g/100g dry wt)<br>VALIDATE                 |
| PVEG                       | csfii: pyr servings vegies<br>FFQ                |
| Q2APPE                     | anon surv: when not eat=not hungry<br>ANONYMS    |
| Q2ATEALL                   | anon surv: ate all research food<br>ANONYMS      |
| Q2BORED                    | anon surv: when not eat=bored w/food<br>ANONYMS  |
| Q2DISCOM                   | anon surv: when not eat=caused dscmft<br>ANONYMS |
| Q2DISLIK                   | anon surv: when not eat=dislike food<br>ANONYMS  |
| Q2FORGOT                   | anon surv: when not eat=forgot<br>ANONYMS        |

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| Variable name/description: | Dataset:                                 |          |
|----------------------------|--|----------|
| Q2HURRY                    | anon surv: when not eat=in a hurry       | ANONYMS  |
| Q2ILL                      | anon surv: when not eat=ill              | ANONYMS  |
| Q2INED                     | anon surv: when not eat=food inedible    | ANONYMS  |
| Q2PREP                     | anon surv: when not eat=poor prep        | ANONYMS  |
| Q2SOCIAL                   | anon surv: when not eat=social pressure  | ANONYMS  |
| Q2UNCIR                    | anon surv: when not eat=unusual occsn    | ANONYMS  |
| Q4BORED                    | anon surv: ate other=bored w/stdy food   | ANONYMS  |
| Q4CRAVE                    | anon surv: ate other=crave specific food | ANONYMS  |
| Q4DISCOM                   | anon surv: ate other=caused dscmft       | ANONYMS  |
| Q4FORGOT                   | anon surv: ate other=forgot in study     | ANONYMS  |
| Q4HNGER                    | anon surv: ate other=hunger              | ANONYMS  |
| Q4HURRY                    | anon surv: ate other=in a hurry          | ANONYMS  |
| Q4ILL                      | anon surv: ate other=ill                 | ANONYMS  |
| Q4INED                     | anon surv: ate other=food inedible       | ANONYMS  |
| Q4NONON                    | anon surv: didn't eat any non-study food | ANONYMS  |
| Q4PREP                     | anon surv: ate other=poor prep           | ANONYMS  |
| Q4SOCIAL                   | anon surv: ate other=social pressure     | ANONYMS  |
| Q4UNCIR                    | anon surv: ate other=unusual occsn       | ANONYMS  |
| Q5ALCO                     | anon surv: type other=alcohol            | ANONYMS  |
| Q5DAIRY                    | anon surv: type other=dairy              | ANONYMS  |
| Q5FRUITS                   | anon surv: type other=fruit/veg          | ANONYMS  |
| Q5MEAT                     | anon surv: type other=meat/fish          | ANONYMS  |
| Q5NONON                    | anon surv: didn't eat any non-study food | ANONYMS  |
| Q5SALT                     | anon surv: type other=salty foods        | ANONYMS  |
| Q5SOFT                     | anon surv: type other=soft drinks        | ANONYMS  |
| Q5STARCH                   | anon surv: type other=starchy foods      | ANONYMS  |
| Q5SWEET                    | anon surv: type other=sweets             | ANONYMS  |
| QPERIOD                    | days (ifp only)                          | DAQ      |
| RACE_REL                   | anon surv: 1=aa, 0=nonaa                 | ANONYMS  |
|                            | 1=aa, 0=nonaa                            | DEMOGRA  |
| RATE                       | abpm heart rate                          | ABPM_D2  |
| READNUM                    | reading number: 1-n                      | ABPM_D2  |
| RED_ALC                    | pt his: reduce bp: reduced alcohol       | DEMOGRA  |
| RED_SALT                   | pt his: reduce bp: reduced sodium intake | DEMOGRA  |
| REDUCEWT                   | partic: would reduce weight              | DEMOGRA  |
| RELATIVE                   | pt his: no fam hx of conditions          | DEMOGRA  |
| REPEAT                     | f27 repeated recording?                  | VISIT    |
| REPEATM                    | partic: menu repetition difficult        | DEMOGRA  |
| RESSTAFF                   | partic: research staff helpful           | DEMOGRA  |
| RETINOL                    | retinol mcg                              | FFQ      |
| RI_TWT                     | run-in target wt_avg sv3+2 days ri       | OUTCOMES |
| RIBO                       | riboflavin (b2) mg                       | FFQ      |
| RIBOFLAV                   | riboflavin mg                            | UNITCON  |
|                            | riboflavin mg                            | NUTCON   |
| RVSHOWER                   | f28 taken off for shower                 | VISIT    |
| SALTFOOD                   | partic: salt cravings difficult          | DEMOGRA  |
| SBP                        | abpm systolic bp                         | ABPM_D2  |

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| Variable name/description: | Dataset:                                 |          |
|----------------------------|--|----------|
| SBP_HI                     | sbp at high sodium                       | OUTCOMES |
| SBP_LO                     | sbp at low sodium                        | OUTCOMES |
| SBP_MED                    | sbp at intermed sodium                   | OUTCOMES |
| SBP1                       | f27 1st rz bp systolic                   | VISIT    |
| SBP1_HI                    | sbp week 1 hi sodium                     | OUTCOMES |
| SBP1_LO                    | sbp week 1 lo sodium                     | OUTCOMES |
| SBP1_MED                   | sbp week 1 int sodium                    | OUTCOMES |
| SBP2                       | f27 2nd rz bp systolic                   | VISIT    |
| SBP2_HI                    | sbp week 2 hi sodium                     | OUTCOMES |
| SBP2_LO                    | sbp week 2 lo sodium                     | OUTCOMES |
| SBP2_MED                   | sbp week 2 int sodium                    | OUTCOMES |
| SBP3_HI                    | sbp week 3 hi sodium                     | OUTCOMES |
| SBP3_LO                    | sbp week 3 lo sodium                     | OUTCOMES |
| SBP3_MED                   | sbp week 3 int sodium                    | OUTCOMES |
| SBP4_HI                    | sbp week 4 hi sodium                     | OUTCOMES |
| SBP4_LO                    | sbp week 4 lo sodium                     | OUTCOMES |
| SBP4_MED                   | sbp week 4 int sodium                    | OUTCOMES |
| SELENIUM                   | selenium = g                             | UNITCON  |
| SERINE                     | serine g                                 | UNITCON  |
|                            | serine g                                 | NUTCON   |
| SERIOUS                    | serious illness in past month            | SIDEEFF  |
| SEX                        | anon surv: gender                        | ANONYMS  |
|                            | gender                                   | FFQ      |
|                            | psv: sex of participant                  | DEMOGRA  |
| SFA                        | fatty acids, saturated g                 | UNITCON  |
|                            | fatty acids, saturated g                 | NUTCON   |
|                            | sfa (g/100g dry wt)                      | VALIDATE |
| SFAT                       | saturated fat (sfa) g                    | FFQ      |
| SFR_HR                     | hour went to sleep (0-23)calculated from | VISIT    |
| SFR_TIME                   | time went to sleep (calculated from sfr_ | VISIT    |
| SFRAMP                     | f28 slept from am/pm                     | VISIT    |
| SFRHR                      | f28 slept from hour                      | VISIT    |
| SFRMIN                     | f28 slept from min.                      | VISIT    |
| SHOPCOOK                   | partic: not shopping/cooking helpful     | DEMOGRA  |
| SIDEEFF                    | partic: side effects difficult           | DEMOGRA  |
| SITE_REL                   | site                                     | MONITOR  |
|                            | site                                     | VALIDATE |
| SLEEP_CY                   | "usual" if sleep at night and "unusual"  | ABPM_D2  |
| SLEEPFRO                   | time wake up (hh:mm)                     | ABPM_D2  |
| SLEEPTO                    | time fall asleep (hh:mm)                 | ABPM_D2  |
| SLENGTH                    | partic: study length difficult           | DEMOGRA  |
| SLPOFF                     | f10 hours sleep each night off           | VISIT    |
| SLPWRK                     | f10 hours sleep each work night          | VISIT    |
| SMOK_REL                   | avg cigarettes smoked per day            | DEMOGRA  |
| SMOKE100                   | pt his: smoked 100 cigs in life          | DEMOGRA  |
| SMOKENOW                   | pt his: do you smoke cigs now?           | DEMOGRA  |
| SNACKS                     | partic: snack cravings difficult         | DEMOGRA  |

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| Variable name/description: | Dataset:                                 |             |
|----------------------------|--|-------------|
| SOCIAL                     | partic: social pressures difficult       | DEMOGRA     |
| SODIUM                     | sodium, na mg                            | NUTCON      |
|                            | sodium, na mg                            | UNITCON     |
|                            | sodium level                             | LAB         |
|                            | sodium mg                                | FFQ         |
|                            | sodium level                             | ABPM_D2     |
|                            | SODMG                                    | sodium (mg) |
| SOLIDCAL                   | calories from solid foods                | FFQ         |
| SPECIAL                    | partic: special occ. difficult           | DEMOGRA     |
| STEARIC                    | 18:0 stearic g                           | UNITCON     |
|                            | 18:0 stearic g                           | NUTCON      |
| STO_HR                     | hour woke up (0-23)calculated from stohr | VISIT       |
| STO_TIME                   | time woke up (calculated from sto_hr, st | VISIT       |
| STOAMP                     | f28 stopped sleep am/pm                  | VISIT       |
| STOHR                      | f28 stopped sleep hour                   | VISIT       |
| STOMIN                     | f28 stopped sleep min.                   | VISIT       |
| STUFFNOS                   | stuffy nose                              | SIDEEFF     |
| SV1ADBP                    | sv1 dbp                                  | OUTCOMES    |
| SV1ASBP                    | sv1 sbp                                  | OUTCOMES    |
| SV2ADBP                    | sv2 dbp                                  | OUTCOMES    |
| SV2ASBP                    | sv2 sbp                                  | OUTCOMES    |
| SV3_WT                     | sv3 visit weight in kg                   | DEMOGRA     |
| SV3ADBP                    | sv3 dbp                                  | OUTCOMES    |
| SV3ASBP                    | sv3 sbp                                  | OUTCOMES    |
| TAKE_ANY                   | f17 antacids, etc.                       | VISIT       |
| TASTE                      | change in taste                          | SIDEEFF     |
| TBEER                      | diary: ounces beer                       | DAILY       |
| TCOFFEEA                   | diary: ounces coffee caffeinated         | DAILY       |
| TCOFFEEB                   | diary: ounces coffee decaf               | DAILY       |
| TETRACOS                   | 24:0 tetracosanoic g                     | NUTCON      |
| TFAT                       | total fat g                              | FFQ         |
| THEOBROM                   | theobromine mg                           | NUTCON      |
| THIAMIN                    | thiamin (b1) mg                          | FFQ         |
|                            | thiamin mg                               | UNITCON     |
|                            | thiamin mg                               | NUTCON      |
| THREONIN                   | threonine g                              | NUTCON      |
|                            | threonine g                              | UNITCON     |
| TIME                       | time of abpm reading (hh:mm)             | ABPM_D2     |
| TIMEBP                     | partic: time bp difficult                | DEMOGRA     |
| TIMEMEAL                   | partic: time meals difficult             | DEMOGRA     |
| TIMNODON                   | 20:5 timnodonic g                        | NUTCON      |
|                            | 20:5 timnodonic g                        | UNITCON     |
| TLFOOD                     | partic: too little food difficult        | DEMOGRA     |
| TMFOOD                     | partic: too much food difficult          | DEMOGRA     |
| TML                        | partic: meals too much/little difficult  | DEMOGRA     |
| TOPFAT1                    | top 5 fat contributors: #1               | FFQ         |
| TOPFAT2                    | top 5 fat contributors: #2               | FFQ         |

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| Variable name/description: | Dataset:   |
|----------------------------|--|
| TOPFAT3                    | top 5 fat contributors: #3<br>FFQ  |
| TOPFAT4                    | top 5 fat contributors: #4<br>FFQ  |
| TOPFAT5                    | top 5 fat contributors: #5<br>FFQ  |
| TOPSOD1                    | top 5 sodium contributors: #1<br>FFQ   |
| TOPSOD2                    | top 5 sodium contributors: #2<br>FFQ   |
| TOPSOD3                    | top 5 sodium contributors: #3<br>FFQ   |
| TOPSOD4                    | top 5 sodium contributors: #4<br>FFQ   |
| TOPSOD5                    | top 5 sodium contributors: #5<br>FFQ   |
| TOT_EN                     | calculated: energy intake (including alc<br>DAILY  |
| TOTCHOL                    | total cholesterol (mg/dl)<br>LAB   |
| TOTTRI                     | total blanked triglycerides (mg/dl)<br>LAB   |
| TRYPTOPH                   | tryptophan g<br>NUTCON<br>tryptophan g<br>UNITCON  |
| TSODAE                     | diary: ounces soda caffeinated<br>DAILY  |
| TSODAF                     | diary: ounces soda decaf<br>DAILY  |
| TSPIRITS                   | diary: ounces spirits<br>DAILY   |
| TTEAC                      | diary: ounces tea caffeinated<br>DAILY   |
| TTEAD                      | diary: ounces tea decaf<br>DAILY   |
| TVOL                       | total urine volume (ml)<br>LAB   |
| TWINE                      | diary: ounces wine<br>DAILY  |
| TX                         | treatment assignment: diet+sodium sequen<br>DEMOGRA<br>treatment assignment: diet+sodium sequen<br>OUTCOMES  |
| TYROSINE                   | tyrosine g<br>UNITCON<br>tyrosine g<br>NUTCON  |
| UNITSA                     | diary: unit foods assigned<br>DAILY  |
| UNITSE                     | diary: unit foods eaten<br>DAILY   |
| URINESAM                   | partic: urine sampling difficult<br>DEMOGRA  |
| VALINE                     | valine g<br>UNITCON<br>valine g<br>NUTCON  |
| VHACTOFF                   | f10 hours/week very hard activity on day<br>VISIT  |
| VHACTWRK                   | f10 hours/week very hard activity on wor<br>VISIT  |
| VIGOROUS                   | f10 + f21 vigorous activity in last mont<br>VISIT  |
| VISIT                      | visit<br>VISIT<br>period of study (sv3, int1-3)<br>LAB<br>adv evnt: visit<br>AEALL<br>anon surv: visit<br>ANONYMS<br>6=iv1, 7=iv2, 8=iv3<br>ABPM_D2<br>visit<br>DAQ<br>visit<br>SIDEFF |
| VIT_A_IU                   | vitamin a, iu<br>NUTCON<br>vitamin a, iu<br>UNITCON  |
| VIT_A_RE                   | vitamin a, re<br>UNITCON<br>vitamin a, re<br>NUTCON  |
| VIT_B_12                   | vitamin b-12 $\mu$ g<br>NUTCON<br>vitamin b-12 mcg<br>UNITCON  |
| VIT_B_6                    | vitamin b-6 mg<br>UNITCON<br>vitamin b-6 mg<br>NUTCON  |

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| <b>Variable name/description:</b> | <b>Dataset:</b>   |                           |
|-----------------------------------|---|---------------------------|
| VIT_C                             | vitamin c, ascorbic acid mg<br>vitamin c, ascorbic acid mg    | UNITCON<br>NUTCON         |
| VIT_D                             | vitamin d iu  | UNITCON                   |
| VIT_E                             | vitamin e ate<br>vitamin e ate                                | UNITCON<br>NUTCON         |
| VITAIU                            | vitamin a iu  | FFQ                       |
| VITARE                            | vitamin a re  | FFQ                       |
| VITB6                             | vitamin b6 mg   | FFQ                       |
| VITC                              | vitamin c mg  | FFQ                       |
| VITE                              | vitamin e a-te  | FFQ                       |
| VLDL                              | vldl mg/dl  | LAB                       |
| W24HOUR                           | f28 wore monitor 24 hours                                     | VISIT                     |
| WAISTC                            | waist circum. (cm, avg. of 2 meas.)                           | DEMOGRA                   |
| WATER                             | water g   | NUTCON                    |
| WEEK                              | week of study (1-14)<br>week of study (1-14)<br>week of assay | DAILY<br>AEALL<br>MONITOR |
| WEIGHT                            | weight<br>diary: weight                                       | FFQ<br>DAILY              |
| WEIGHT1                           | avg weight week 1 (run-in)                                    | OUTCOMES                  |
| WEIGHT10                          | avg weight week 10 (ifp-ii)                                   | OUTCOMES                  |
| WEIGHT11                          | avg weight week 11 (ifp-iii)                                  | OUTCOMES                  |
| WEIGHT12                          | avg weight week 12 (ifp-iii)                                  | OUTCOMES                  |
| WEIGHT13                          | avg weight week 13 (ifp-iii)                                  | OUTCOMES                  |
| WEIGHT14                          | avg weight week 14 (ifp-iii)                                  | OUTCOMES                  |
| WEIGHT2                           | avg weight week 2 (run-in)                                    | OUTCOMES                  |
| WEIGHT3                           | avg weight week 3 (ifp-i)                                     | OUTCOMES                  |
| WEIGHT4                           | avg weight week 4 (ifp-i)                                     | OUTCOMES                  |
| WEIGHT5                           | avg weight week 5 (ifp-i)                                     | OUTCOMES                  |
| WEIGHT6                           | avg weight week 6 (ifp-i)                                     | OUTCOMES                  |
| WEIGHT7                           | avg weight week 7 (ifp-ii)                                    | OUTCOMES                  |
| WEIGHT8                           | avg weight week 8 (ifp-ii)                                    | OUTCOMES                  |
| WEIGHT9                           | avg weight week 9 (ifp-ii)                                    | OUTCOMES                  |
| WHEEZING                          | wheezing  | SIDEEFF                   |
| WORKDAYS                          | f10 average # days worked per week                            | VISIT                     |
| WR1                               | f27 1st random zero level                                     | VISIT                     |
| WR2                               | f27 2nd random zero level                                     | VISIT                     |
| WT_REL                            | weight (kg)   | DEMOGRA                   |
| XGURK                             | urinary potassium (mg/g creatinine)                           | LAB                       |
| XGURNA                            | urinary sodium (mg/g creatinine)                              | LAB                       |
| XMURCA                            | urinary calcium (mmol/g creatinine)                           | LAB                       |
| XMURPH                            | urinary phosphorus (mmol/g creatinine)                        | LAB                       |
| XMURUN                            | urinary urea nitrogen (mmol/g creatinine)                     | LAB                       |
| XURCA                             | urinary calcium (mg/g creatinine)                             | LAB                       |
| XURK                              | urinary potassium (mmol/g creatinine)                         | LAB                       |
| XURNA                             | urinary sodium (mmol/g creatinine)                            | LAB                       |
| XURPH                             | urinary phosphorus (mg/g creatinine)                          | LAB                       |



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## Index of Variables

December 5, 2003

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| <b>Variable name/description:</b> |   | <b>Dataset:</b> |
|-----------------------------------|---|-----------------|
| XURUN                             | urinary urea nitrogen (mg/g creatinine) | LAB             |
| ZINC                              | zinc mg                                 | FFQ             |
|                                   | zinc, zn mg                             | UNITCON         |
|                                   | zinc, zn mg                             | NUTCON          |

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