

My HealthVet Gateway to Optimal Health

www.myhealth.va.gov
VA's Award-Winning Personal
Health Record



My HealthVet Fact Sheet

5 Steps to Log on to www.myhealth.va.gov?

1. Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA's My HealthVet website.
2. When there, click the Register Today button. Complete the Registration Page, review and accept the Terms & Conditions and the Privacy Policy for using My HealthVet website.
3. Log into your My HealthVet account and begin to create your Personal Health Record.
4. Begin using My HealthVet to better manage your health and access VA health care and services at your convenience.
5. Bookmark www.myhealth.va.gov as a favorite website.

To get the most out of the My HealthVet Personal Health Record, veterans should get an upgraded account, known as In-Person Authentication (IPA). Upgraded accounts, or IPA, allows veterans to see the names of VA prescriptions online when refilling, not just the numbers, provides access to local VA events and ensures that IPA users are the first to use all new My HealthVet features as they are released. Veterans should ask about IPA at their local VA facilities. It's one step closer to becoming an active partner in VA health care.

What is My HealthVet?

My HealthVet is VA's award-winning online Personal Health Record. It offers veterans anywhere, any time Internet access to VA health care. Launched nationwide in 2003, My HealthVet is the gateway to web-based tools that empower veterans to become better partners in their health care. With My HealthVet, found at www.myhealth.va.gov, America's veterans access trusted, secure, and informed health and benefits information, at their convenience.

My HealthVet Mission:

The mission of My HealthVet is to improve health care for ALL veterans, independent of where they receive care, by providing health information and health assessments via the web. My HealthVet is a progressive Personal Health Record that continues to grow based on veteran feedback.

Why log on to My HealthVet?

My HealthVet provides veterans with one-stop online access to better manage health, make informed health decisions and store important health and military history information. Register at www.myhealth.va.gov and join over half a million others who are active partners in their health care.

Log on to www.myhealth.va.gov and take advantage of these features:

- VA Prescription Refills
- VA Benefits & Services
- Trusted Health Information
- Healthy Living Centers
- Personal Health Journals
- Vitals Tracking & Graphing
- Military Health History
- Activity & Food Journals
- My HealthVet Learning Center

Coming Soon:

- Lab & Appointments
- Secure Messaging
- Wellness Reminders

My HealthVet Fast Facts:

- Over 600,000 registered users
- More than 6.5 million VA prescription refills processed
- Users of Personal Health Records are empowered partners in health care
- My HealthVet offers 24/7 access to VA health care – log on at your convenience and access trusted health information resources
- Winner of online innovation, safety and patient-provider awards.



**Celebrating 5 Years of Online
Access to VA Health Care!**

