

Are your patients at risk from eating fish?



PCB Facts

New Bedford Harbor is heavily contaminated with PCBs.

Eating large amounts of fish or shellfish containing PCBs may cause adverse health effects including: liver and immune system damage; neurological, developmental and reproductive effects; and cancer.

Tips for Patients



Advise pregnant women, those who may become pregnant, nursing mothers and young children **not to eat** seafood caught from New Bedford Harbor (see closed areas map on reverse).



Advise women of child bearing age that they can safely eat 12 ounces of cooked fish per day from a store or restaurant.

For more information, call the U.S. Environmental Protection Agency at 1-888-372-7341 ext.81403



EPA

United States
Environmental Protection
Agency New England





Fish Smart—Use this Chart



Don't eat any fish



Don't eat any lobster



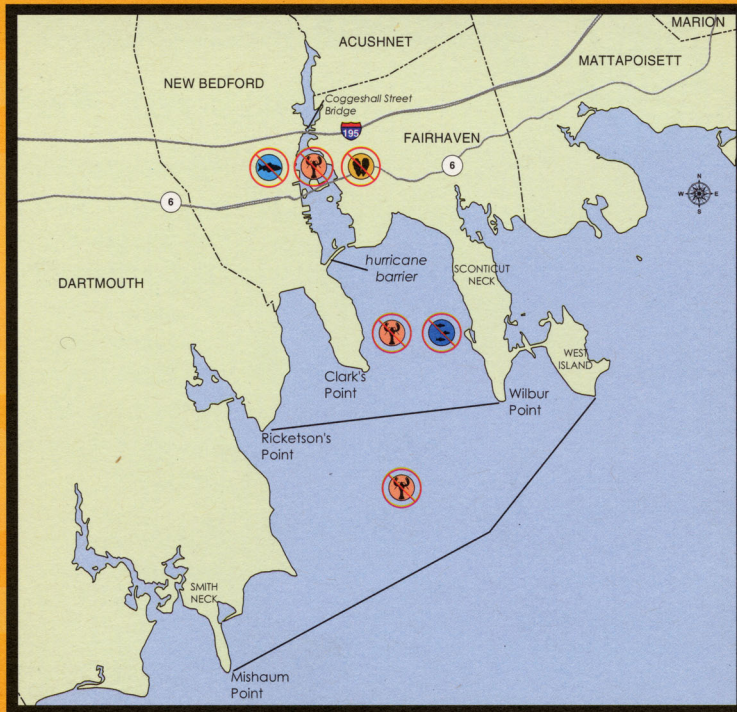
Don't eat any shellfish



Don't eat any bottom fish:

- flounder
- tautog
- scup
- eel

Map Produced By The US EPA New England GIS Center
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