

# Halloween SALTITY Pro-Day Cho

Halloween is a cherished tradition but the excitement of the night can cause children to forget to be careful. There is no real trick to making Halloween a real treat for the entire family. The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes. Both kids and adults need to think about safety on this annual day of make-believe. While preparing for October 31, complete the "Pre-Day Safety Checklists" on this page with an adult. Then review and discuss the "Think Ahead for Safety Checklists" on the second page to ensure a SAFE Halloween!

#### 1. Face Design

Before purchasing your special Halloween



makeup, make certain the package contains ingredients that are labeled "Made with U.S. Approved Color Additives," "Laboratory Tested," Meets Federal Standards for Cosmetics," or "Non-Toxic." Follow instructions on package.

#### 2. Costume Accessories

- Knives, swords and other accessories should be made from cardboard or flexible materials. Sharp objects are not safe to carry at night.
  - Trick-or-Treat bags should be light colored or trimmed with retro-reflective tape so you can be seen in the dark.
    - Carry a flashlight to help you see better and be seen more clearly by others.

#### 

Chesapeake Region

Safety



Only wear a costume made with fire-retardant material. Your costume should be loose so warm clothes can be worn underneath. Your costume should not be so long it is a tripping hazard. (Falls are the leading cause of unintentional injuries on Halloween.) If you are out after dark your costume should be made with light colored materials. Strips of retroreflective tape should be used to make you visible. If you are wearing a mask, it should have nose and mouth openings and large eye holes so you can

see clearly. If the mask obstructs your breathing or vision in any way consider

using facial make-up instead.

## Halloween



### Think Ahead for Safety Checklist

1. Makingthe Bounds
Have an adult or an older, responsible youth supervising your outing.
Plan and discuss the route you and your trick-or treater friends will follow. Know the names of all your companions and share them with a parent.
Only travel in familiar areas and along an established route.
Only stop at houses or apartment buildings that are well-lit and never enter a stranger's home.
Establish a return time.
Do not eat any treat until you return home.
Review all appropriate trick-or-treat safety precautions, including pedestrian/traffic safety rules.
Have an adult pin a slip of paper with your name, address and phone number inside a pocket in case you get separated from the group.
Do not enter homes or apartments without adult supervision.
Walk, do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.
Walk on sidewalks, not in the street.
Walk on the left side of the road, facing traffic if there are no sidewalks

