

## Alcohol, Marijuana, and Inhalant Fact Sheet

Drug	Source	How the Drug is Used	Negative Effects on the Body	How the Drug Works
Marijuana	From the dried leaves and flowers of the cannabis plant	Smoked, baked into brownies or cookies, or brewed like tea	Impairs memory, concentration, perception, and movement	Acts on receptors in the brain, causing increased blood pressure and heart rate, sleepiness, and disruption in attention
Alcohol	Found in beer, wine, and liquor	Consumed by drinking	Impairs concentration, slows reflexes (impaired reaction time), reduces coordination, and causes drowsiness when used in excess	Depresses the central nervous system and can kill neurons when used in excess
Inhalants	Found in rubber cement, paint thinner, fingernail polish remover, and pressurized cans of hair spray and whipped cream	Fumes are either sniffed or inhaled	Decrease coordination and cause a kind of stupor; thinking, memory, and the ability to learn are affected	Suppress nerve action, kill neurons, and change the structure of the brain