



Patient and Family Education Protocols and Codes (PEPC)

Pediatric Codes

**11th Edition
January 2005**

Documenting the Patient Education Protocols and Codes

Disease	Education Topic	Level of Understanding	Time	Provider Initials	Behavior Goal
Obesity	Exercise	Group	30	XYZ	Goal set: patient will add 30 minutes of exercise to daily routine

OBS-EX-GP-30min-XYZ-GS; Add 30 minutes of exercise to daily routine

Level of Understanding

Good (G)	Fair (F)	Poor (P)	Refuse (R)	Group (Gp)
Verbalizes understanding. Verbalizes decision or desire to change (plan of action indicated). Able to return demonstrate correctly	Verbalizes need for more education. Undecided about making a decision or a change. Return demonstration indicates need for further teaching.	Does not verbalize understanding. Refuses to make a decision or needed changes. Unable to return demonstrate	Refuses Education	Education provided in group. Unable to evaluate individual response

Behavior Goal

Goal Set (GS)	Goal Met (GM)	Goal Not Met (GNM)
State a plan; State a plan how to maintain at least one _____; Write a plan of management; Plan to change _____; A plan to test _____(blood sugar); Choose at least one change to follow _____; Demonstrate _____ and state a personal plan for _____; Identify a way to cope with _____;	Behavior Goal Met	Behavior Goal Not Met

To view the complete Patient Education Protocols and Codes Manual, visit:

www.ihs.gov.

Click on Nationwide Programs and Initiatives, *look in the upper right-hand corner*, and then click on the link to the Patient Education Protocols and Code Manual. You may down-load this pamphlet from the link.

For additional information, contact:

Mary Wachacha at mwachach@hqe.ihs.gov,

Drs. Michale Ratzlaff or Kelton Oliver at mdratzlaff@southcentralfoundation.org, or

Juan Torrez at Juan.Torrez@ihs.gov

Why Use the Codes?

Use of the codes helps nurses, physicians and other health care providers to document and track patient education. While it is frequently desirable to spend 15, 30 even 60 minutes making an assessment of need, providing education and then documenting the encounter, the reality of a busy clinical practice often requires us to do this in a more abbreviated fashion. The codes allow the educator a quick method of documenting that education took place during a given patient visit. The codes are then transferred to the health summary which informs everyone using the chart that a given patient received education on specific topics. The codes are limited in that they do not detail the exact nature of the education. However, using these codes consistently will show the pattern of education provided and encourage subsequent health professionals to do the appropriate follow-up. For instance, a typical health summary for a diabetic patient might show the following history of patient education:

07/19/04 DM-Nutrition, poor understanding, 10 min. (Provider Initials) GS: Pt. will include 5 veg/fruit/day

10/27/04 DM-Foot care, good understanding, 7 min. (Provider Initials)GM: Pt included 5 veg/fruit/day

11/07/04 DM-Exercise, good understanding, 15 min. (Provider Initials) GS: Pt. will walk 5 dys/wk/30 min.

A reasonable interpretation of this summary tells you that this patient is trying to understand management of their diabetes.

SOAP Charting and the Codes

Use of the codes *does not* preclude writing a SOAP note on educational encounters. Whenever a health professional spends considerable time providing education in a one-on-one setting, that visit should be recorded as an independent, stand-alone visit. The primary provider can incorporate the educational information into their SOAP note and use the code to summarize the visit and get the information onto the health summary. If the patient sees both a physician and a nurse during the same visit and the nurse completes a lengthy educational encounter, two PCC forms should be used—one for the physician visit and one for the nursing visit. In that particular case the patient had two primary care encounters during the same day.

PNM-EX	Exercise
PNM-FU	Follow-up
PNM-IS	Incentive Spirometry
PNM-L	Patient Information Literature
PNM-M	Medications
PNM-MNT	Medical Nutrition Therapy
PNM-N	Nutrition
PNM-P	Prevention
PNM-PM	Pain Management
PNM-TE	Tests
PNM-TX	Treatment

POI

POI-FU	Follow-up
POI-I	Information
POI-L	Patient Information Literature
POI-P	Prevention
POI-TE	Tests
POI-TX	Treatment

RSV

RSV-C	Complications
RSV-DP	Disease Process
RSV-FU	Follow-up
RSV-HM	Home Management
RSV-L	Patient Information Literature
RSV-M	Medications
RSV-NEB	Nebulizer
RSV-P	Prevention
RSV-SHS	Second-Hand Smoke
RSV-TE	Tests
RSV-TO	Tobacco (Smoking)

SZ

SZ-C	Complications
SZ-CUL	Cultural/Spiritual Aspects of Health
SZ-DP	Disease Process
SZ-FU	Follow-up
SZ-L	Patient Information Literature
SZ-LA	Lifestyle Adaptations
SZ-M	Medications
SZ-S	Safety and Injury Prevention
SZ-SM	Stress Management
SZ-TE	Tests

POISONING

RESPIRATORY SYNCYTIAL VIRUS

RSV-C	Complications
RSV-DP	Disease Process
RSV-FU	Follow-up
RSV-HM	Home Management
RSV-L	Patient Information Literature
RSV-M	Medications
RSV-NEB	Nebulizer
RSV-P	Prevention
RSV-SHS	Second-Hand Smoke
RSV-TE	Tests
RSV-TO	Tobacco (Smoking)

SEIZURE DISORDER

SZ-C	Complications
SZ-CUL	Cultural/Spiritual Aspects of Health
SZ-DP	Disease Process
SZ-FU	Follow-up
SZ-L	Patient Information Literature
SZ-LA	Lifestyle Adaptations
SZ-M	Medications
SZ-S	Safety and Injury Prevention
SZ-SM	Stress Management
SZ-TE	Tests

ST

ST-C	Complications
ST-DP	Disease Process
ST-FU	Follow-up
ST-L	Patient Information Literature
ST-M	Medications
ST-P	Prevention
ST-PM	Pain Management
ST-TE	Tests

SIDS

SIDS-CUL	Cultural/Spiritual Aspects of Health
SIDS-I	Information
SIDS-L	Patient Information Literature
SIDS-P	Prevention
SIDS-S	Safety and Injury Prevention
SIDS-SHS	Second-Hand Smoke

URI

URI-CUL	Cultural/Spiritual Aspects of Health
URI-DP	Disease Process
URI-FU	Follow-up
URI-HM	Home Management
URI-L	Patient Information Literature
URI-M	Medications
URI-P	Prevention

UTI

UTI-AP	Anatomy and Physiology
UTI-DP	Disease Process
UTI-FU	Follow-up
UTI-HY	Hygiene
UTI-L	Patient Information Literature
UTI-M	Medication
UTI-MNT	Medical Nutrition Therapy
UTI-N	Nutrition
UTI-P	Prevention
UTI-PM	Pain Management
UTI-SM	Stress Management
UTI-TE	Tests

STREPTHROAT

ST-C	Complications
ST-DP	Disease Process
ST-FU	Follow-up
ST-L	Patient Information Literature
ST-M	Medications
ST-P	Prevention
ST-PM	Pain Management
ST-TE	Tests

SUDDEN INFANT DEATH SYNDROME

SIDS-CUL	Cultural/Spiritual Aspects of Health
SIDS-I	Information
SIDS-L	Patient Information Literature
SIDS-P	Prevention
SIDS-S	Safety and Injury Prevention
SIDS-SHS	Second-Hand Smoke

UPPER RESPIRATORY INFECTION

URI-CUL	Cultural/Spiritual Aspects of Health
URI-DP	Disease Process
URI-FU	Follow-up
URI-HM	Home Management
URI-L	Patient Information Literature
URI-M	Medications
URI-P	Prevention

URINARY TRACT INFECTION

UTI-AP	Anatomy and Physiology
UTI-DP	Disease Process
UTI-FU	Follow-up
UTI-HY	Hygiene
UTI-L	Patient Information Literature
UTI-M	Medication
UTI-MNT	Medical Nutrition Therapy
UTI-N	Nutrition
UTI-P	Prevention
UTI-PM	Pain Management
UTI-SM	Stress Management
UTI-TE	Tests

2005 Pediatric Codes

IM-L Patient Information Literature
 IM-P Prevention
 IM-SCH Schedule

IMP **IMPETIGO**
 IMP-DP Disease Process
 IMP-FU Follow-up
 IMP-L Patient Information Literature
 IMP-M Medications
 IMP-P Prevention
 IMP-TX Treatment

FLU **INFLUENZA**
 FLU-C Complications
 FLU-DP Disease Process
 FLU-FU Follow-up
 FLU-IM Immunization
 FLU-L Patient Information Literature
 FLU-M Medications
 FLU-MNT Medical Nutrition Therapy
 FLU-N Nutrition
 FLU-P Prevention

INJ **INJURIES**
 INJ-CC Cast Care
 INJ-EQ Equipment
 INJ-EX Exercise
 INJ-FU Follow-up
 INJ-HM Home Management
 INJ-I Information
 INJ-L Patient Information Literature
 INJ-M Medication
 INJ-P Prevention
 INJ-PM Pain Management
 INJ-TE Tests
 INJ-WC Wound Care

NF **NEONATAL FEVER**
 NF-C Complications
 NF-DP Disease Process
 NF-EQ Equipment
 NF-FU Follow-up
 NF-L Patient Information Literature
 NF-M Medications

NF-P Prevention
 NF-TE Testing

NJ **NEONATAL JAUNDICE**
 NJ-C Complications
 NJ-DP Disease Process
 NJ-P Prevention
 NJ-TE Tests
 NJ-TX Treatment

OBS **OBESITY**
 OBS-C Complications
 OBS-CUL Cultural/Spiritual Aspects of Health
 OBS-DP Disease Process
 OBS-EX Exercise
 OBS-FU Follow-up
 OBS-L Patient Information Literature
 OBS-LA Lifestyle Adaptations
 OBS-M Medication
 OBS-MNT Medical Nutrition Therapy
 OBS-N Nutrition
 OBS-P Prevention
 OBS-SM Stress Management
 OBS-TE Tests

OM **OTTITIS MEDIA**
 OM-C Complications
 OM-DP Disease Process
 OM-FU Follow-up
 OM-L Patient Information Literature
 OM-LA Lifestyle Adaptations
 OM-M Medications
 OM-P Prevention
 OM-PET Pressure Equalization Tubes
 OM-PM Pain Management
 OM-TE Tests

PNM **PNEUMONIA**
 PNM-C Complications
 PNM-CUL Cultural/Spiritual Aspects of Health
 PNM-DP Disease Process
 PNM-EQ Equipment

AN **ANEMIA**
 AN-C Complications
 AN-DP Disease Process
 AN-FU Follow-up
 AN-L Patient Information Literature
 AN-M Medications
 AN-MNT Medical Nutrition Therapy
 AN-N Nutrition
 AN-PRO Procedures
 AN-TE Tests
 AN-TX Treatments

ABX **ANTIBIOTIC RESISTANCE**
 ABX-C Complications
 ABX-DP Disease Process
 ABX-FU Follow-up
 ABX-L Literature
 ABX-M Medication
 ABX-P Prevention
 ABX-TE Tests

ASM **ASTHMA**
 ASM-C Complications
 ASM-DP Disease Process
 ASM-EQ Equipment
 ASM-EX Exercise
 ASM-FU Follow-up
 ASM-HM Home Management
 ASM-L Patient Information Literature
 ASM-LA Lifestyle Adaptations
 ASM-M Medications
 ASM-MDI Metered-Dose Inhalers
 ASM-MNT Medical Nutrition Therapy
 ASM-N Nutrition
 ASM-NEB Nebulizer
 ASM-PF Peak-Flow Meter
 ASM-SHS Second-Hand Smoke
 ASM-SPA Spacers
 ASM-TE Tests
 ASM-TO Tobacco (Smoking)

BF **BREASTFEEDING**
 BF-AP Anatomy and Physiology
 BF-BB Benefits Of Breastfeeding
 BF-BC Breast Care
 BF-BP Breastfeeding Positions
 BF-CS Collection And Storage Of Breast-Milk
 BF-EQ Equipment
 BF-FU Follow-up
 BF-GD Growth and Development
 BF-HC Hunger Cues
 BF-L Patient Information Literature
 BF-LA Lifestyle Adaptations
 BF-M Maternal Medications
 BF-MK Milk Intake
 BF-MNT Medical Nutrition Therapy
 BF-N Nutrition (Maternal)
 BF-NJ Neonatal Jaundice
 BF-ON Latch-On
 BF-SF Introduction To Solid Foods
 BF-SM Stress Management
 BF-T Teething
 BF-W Weaning

CHN **CHILD HEALTH NEWBORN (0-60 DAYS)**
 CHN-FU Follow-up
 CHN-GD Growth and Development
 CHN-I Information
 CHN-L Patient Information Literature
 CHN-MNT Medical Nutrition Therapy
 CHN-N Nutrition
 CHN-NJ Neonatal Jaundice
 CHN-PA Parenting
 CHN-S Safety and Injury Prevention
 CHN-SF Introduction to Solid Foods
 CHN-SHS Second-Hand Smoke

CHI **CHILD HEALTH INFANT (2-12 MONTHS)**
 CHI-FU Follow up

CHI-GD Growth and Development
 CHI-L Patient Information Literature
 CHI-MNT Medical Nutrition Therapy
 CHI-N Nutrition
 CHI-PA Parenting
 CHI-S Safety and Injury Prevention
 CHI-SF Introduction to Solid Foods
 CHI-SHS Second-Hand Smoke
 CHI-W Weaning

CHT **CHILD HEALTH TODDLER (1-3 YEARS)**

CHT-FU Follow-up
 CHT-GD Growth and Development
 CHT-L Patient Information Literature
 CHT-MNT Medical Nutrition Therapy
 CHT-N Nutrition
 CHT-PA Parenting
 CHT-S Safety and Injury Prevention
 CHT-SF Introduction to Solid Foods
 CHT-SHS Second-Hand Smoke
 CHT-W Weaning

CHP **CHILD HEALTH PRESCHOOL (3-5 YEARS)**

CHP-FU Follow up
 CHP-GD Growth and Development
 CHP-L Patient Information Literature
 CHP-MNT Medical Nutrition Therapy
 CHP-N Nutrition
 CHP-PA Parenting
 CHP-S Safety and Injury Prevention
 CHP-SHS Second-Hand Smoke

CHS **CHILD HEALTH SCHOOL AGE (5-12 YEARS)**

CHS-FU Follow-up
 CHS-GD Growth and Development
 CHS-L Patient Information Literature
 CHS-MNT Medical Nutrition Therapy
 CHS-N Nutrition
 CHS-PA Parenting
 CHS-S Safety and Injury Prevention
 CHS-SHS Second-Hand Smoke
 CHS-SX Sexuality

CHS-TO Tobacco

CHA **CHILD HEALTH ADOLESCENT (12-18 YEARS)**

CHA-AOD Alcohol and Other Drugs
 CHA-FU Follow-up
 CHA-GD Growth and Development
 CHA-L Patient Information Literature
 CHA-MNT Medical Nutrition Therapy
 CHA-N Nutrition
 CHA-PA Parenting
 CHA-S Safety and Injury Prevention
 CHA-SHS Second-Hand Smoke
 CHA-SX Sexuality
 CHA-TO Tobacco

CRP **CROUP**

CRP-C Complications
 CRP-DP Disease Process
 CRP-EQ Equipment
 CRP-FU Follow-up
 CRP-HM Home Management
 CRP-L Patient Information Literature
 CRP-M Medications
 CRP-SHS Second-Hand Smoke

CF **CYSTIC FIBROSIS**

CF-C Complications
 CF-CUL Cultural/Spiritual Aspects of Health
 CF-DP Disease Process
 CF-EQ Equipment
 CF-FU Follow-up
 CF-L Patient Literature Information
 CF-MNT Medical Nutrition Therapy
 CF-N Nutrition
 CF-SHS Second Hand Smoke
 CF-TE Tests
 CF-TO Tobacco (Smoking)
 CF-TX Treatment

DEH **DEHYDRATION**

DEH-C Complications
 DEH-DP Disease Process

DEH-EQ Equipment
 DEH-FU Follow-up
 DEH-L Patient Information Literature
 DEH-P Prevention
 DEH-TE Tests
 DEH-TX Treatments

ECC **EARLY CHILDHOOD CARIES**

ECC-C Complications
 ECC-DP Disease Process
 ECC-FU Follow-up
 ECC-GD Growth and Development
 ECC-L Patient Information Literature
 ECC-LA Lifestyle Adaptations
 ECC-MNT Medical Nutrition Therapy
 ECC-N Nutrition
 ECC-P Prevention
 ECC-PM Pain Management
 ECC-PRO Procedures
 ECC-TE Tests
 ECC-TX Treatment

ECZ **ECZEMA/ATOPIC DERMATITIS**

ECZ-C Complications
 ECZ-DP Disease Process
 ECZ-FU Follow-up
 ECZ-L Patient Information Literature
 ECZ-M Medications
 ECZ-MNT Medical Nutrition Therapy
 ECZ-N Nutrition
 ECZ-P Prevention
 ECZ-WC Wound Care

F **FEVER**

F-C Complications
 F-DP Disease Process
 F-EQ Equipment
 F-FU Follow-up
 F-HM Home Management
 F-L Patient Information Literature
 F-M Medications
 F-TE Tests

FF **FORMULA FEEDING**

FF-FS Formula Feeding Skills
 FF-I Information
 FF-L Patient Information Literature
 FF-ME Maternal Engagement
 FF-NJ Neonatal Jaundice
 FF-S Safety Outcomes
 FF-SF Introduction to Solid Foods

GE **GASTROENTERITIS**

GE-C Complications
 GE-CUL Cultural/Spiritual Aspects of Health
 GE-DP Disease Process
 GE-FU Follow-up
 GE-HM Home Management
 GE-L Patient Information Literature
 GE-M Medications
 GE-MNT Medical Nutrition Therapy
 GE-N Nutrition
 GE-PM Pain Management
 GE-TE Testing
 GE-TX Treatment

GENE **GENETIC DISORDERS**

GENE-BH Behavioral and Social health
 GENE-C Complications
 GENE-EQ Equipment
 GENE-FU Follow-up
 GENE-I Information
 GENE-L Patient Information Literature
 GENE-LA Lifestyle Adaptations
 GENE-MNT Medical Nutrition Therapy
 GENE-N Nutrition
 GENE-P Prevention
 GENE-PA Parenting
 GENE-PT Physical Therapy
 GENE-S Safety and Injury Prevention
 GENE-SM Stress Management
 GENE-TE Tests

IM **IMMUNIZATION**

IM-DEF Deficiency
 IM-FU Follow-up
 IM-I Immunization Information