



## **SAFE SEAS SAN FRANCISCO VIP / MEDIA BOATS SAFETY AWARENESS**

***The following are guidelines to insure your safety during transit on the U.S. Coast Guard Cutter Aspen and the California State Fish and Game's Patrol Boat Steelhead.***

### **What to Bring:**

- Close-toed shoes (Required at all times)
- Foul weather gear and clothing for changing weather
- Sea sickness medication, take one hour prior to boat ride
- Hat, sun glasses, sunscreen
- Binoculars, Camera
- Plastic bags or other protection for electronic gear including cameras - even on a sunny day as ocean spray can ruin sensitive electronics.

### **SAFETY AWARENESS ABOARD**

In preparation for your trip aboard, please review the following introductory comments regarding safety and the use of personal protective equipment aboard the vessel. If you have any questions about the following information, it is important that you address those questions with the designated crew member who will be providing a dockside safety briefing in accordance with US Coast Guard regulations.

### **GENERAL SAFETY CONSIDERATIONS**

Safety considerations aboard a vessel at sea are entirely different from those encountered at home or in the "average" workplace. Although the ships we are using are typically quite stable, it is important to note that the way in which any vessel behaves at sea can be, at times, unpredictable. You should maintain a secure hold on the vessel with at least one hand at all times, especially when moving about the vessel. When transiting from the harbor to your working grounds and later back to the harbor, it is best practice to remain seated for as much of the transit as possible. If you think you may be prone to sea-sickness, you might want to consider taking over-the-counter motion sickness medication, as directed by the manufacturer. Check the directions carefully, as many motion sickness medications are most effective when taken the day before departure.

### **SAFETY BRIEFING**

Prior to departure, you will be required to attend a complete safety briefing with a vessel crewmember, to orient you to the layout of the vessel and the safety equipment carried aboard. The briefing will also address those safety requirements that are specific to your transit. Your undivided attention is required during this briefing, as this will be an appropriate time to ask questions or communicate any last-minute concerns that you may have regarding your trip.

### **PERSONAL PROTECTIVE EQUIPMENT**

The following non-negotiable safety equipment rules apply to all operations, at all times.

- 1) Close-toed shoes are required at all times. In enforcing this requirement, vessel crewmembers will be looking for shoes that cover the entire foot, that are positively secured about the heel, and that have flat, rubber soles.
- 2) If you are spending time on the weather decks seeking relief from sea-sickness, you must wear a work vest or Personal Flotation Device (PFD).

### **LIABILITY WAIVER**

To confirm that you have reviewed and understand these safety considerations prior to departure, you may be asked to sign a waiver of liability.